



Florent CAELEN

MARATHON – SENIOR

NE LE **01/03/1989**

CLUB ACTUEL **RFCL**

ENTRAINEUR **HENRI SALAVARDA**

PROFESSION **GEOMETRE**

STATUT **HAUT NIVEAU**

RECORDS PERSONNELS

Marathon	2h12.51	Berlin (GER)	27/09/2015
Semi-marathon	1h04.40	La Haye (NED)	14/03/2010

PALMARES INTERNATIONAL

2008	CE Junior	Cross	30 ^e	Bruxelles
2010	CE cross	Cross esp	54 ^e	Albuferira (POR)
	CE 10.000m	10.000m	Ab.	Marseille (FRA)
2011	CE 10.000m	10.000m	30.17.56	Oslo (NOR)
	Universiade	Semi-marat.	1h11.04	Shenzhen (CHN)
2012	CE cross	Cross esp	66 ^e	Valenje (SLO)
2013	CE 10.000m	10.000m	30'46"	Pravets (SLO)
2015	Universiade	Semi-marat.	1h11.25	Gwangju (KOR)

PALMARES NATIONAL

2006	CB scol	Cross	2 ^e	Ostende
	CB scol	3000m	8.35.69	Louvain
2007	CB jun	5000m	14'45"	
2009	CB	10.000m	31.06.66	Malines
	CB Jun	5000m	15.06.71	Kessel-Lo
2010	CB	5000m	14.05.03	Bruxelles
	CB Jun	5000m	14.45.65	Nivelles
	CB	10.000m	30.30.26	Naimette-Xhovémont
	CB	Semi-marath.	1h06'55	Kuurne

2011	CB	Cross	30.55	22 ^e	Ostende
	CB	Semi-marat.	1h14.21	11 ^e	Diksmuide
2012	CB	10.000m	30.40.13	9 ^e	La Louvière
2013	CB	5000m	14.53.05	6 ^e	Bruxelles
	CB	Semi-marath.	1h08'35	2 ^e	Herve
2016	JO	marathon	2h17.59	44 ^e	Rio De Janeiro (BRA)

TITRES FRANCOPHONES TOUTES CATEGORIES

Outdoor	Cross	2010
Indoor	-	

TITRES FRANCOPHONES JEUNES

Outdoor	Cross	2003-2004-2005-2006-2007-2008
	1500m	2004
	3000m	2006
	5000m	2008
Indoor	-	

EVOLUTION

		Club	10.000m	Semi-mar.	Marathon
2007	Junior	HERV	31.51.81		
2008	Junior	HERV	31.09.88	1h09.48	
2009	Espoir	RFCL	31.06.66	1h05.55	
2010	Espoir	RFCL	29.26.90	1h04.40	
2011	Espoir	RFCL	29.58.44	1h04.51	2h18.30
2012	Senior	RFCL	30.40.13		2h17.30
2013	Senior	RFCL	-		2h18.21
2014	Senior	RFCL	29.33.70		2h16.30
2015	Senior	RFCL	-	1h07.11	2h12.51

