



## Palmarès des Championnats LBFA

### Indoor et Outdoor de relais

## INDOOR

### HOMMES

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#### 4X200m

|      |      |      |                |
|------|------|------|----------------|
| 2008 | Gand | RFCL | 1.30.35        |
| 2009 | Gand | CABW | 1.34.63        |
| 2010 | Gand | RESC | 1.31.55        |
| 2011 | Gand | RESC | 1.29.92        |
| 2012 | Gand | WS   | 1.28.84        |
| 2013 | Gand | WS   | 1.30.25        |
| 2014 | Gand | CABW | <b>1.28.61</b> |
| 2015 | Gand | WS   | 1,29,82        |
| 2016 | Gand | RESC | 1,30,23        |
| 2017 | Gand | CABW | 1,30,36        |
| 2018 | Gand | USBW | 1.29.24        |

### FEMMES

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#### 4X200m

|      |      |      |                |
|------|------|------|----------------|
| 2008 | Gand | RESC | 1.47.21        |
| 2009 | Gand | RESC | 1.47.71        |
| 2010 | Gand | CABW | 1.45.72        |
| 2011 | Gand | CABW | 1.44.50        |
| 2012 | Gand | USBW | 1.46.53        |
| 2013 | Gand | CABW | 1.42.59        |
| 2014 | Gand | CSDY | 1.42.90        |
| 2015 | Gand | CABW | 1,40,31        |
| 2016 | Gand | RESC | 1,43,46        |
| 2017 | Gand | CABW | 1,41,66        |
| 2018 | Gand | CABW | <b>1.39.83</b> |

## OUTDOOR

### HOMMES

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| Pupilles |             | 4X60m |              | Minimes | 4X80m        |
|----------|-------------|-------|--------------|---------|--------------|
| 2011     | Liège       | CSDY  | 35,81        | CSDY    | 41,63        |
| 2012     | Liège       | SER   | 35,19        | CSDY    | 42,41        |
| 2013     | La Louvière | CABW  | 35,92        | CSDY    | 43,47        |
| 2014     | Liège       | IAAC  | 34,64        | SER     | 42,68        |
| 2015     | Bruxelles   | OSGA  | 35,93        | RESC    | 41,79        |
| 2016     | Jambes      | RIWA  | <b>34,60</b> | HF      | 41,41        |
| 2017     | Andenne     | ARCH  | 35,70        | RESC    | <b>41,13</b> |
| 2018     | Schaerbeek  |       |              |         |              |

| <b>Cadets</b> |             | <b>4X100m</b> |              | <b>4X800m</b> |                |
|---------------|-------------|---------------|--------------|---------------|----------------|
| 2011          | Liège       | CABW          | 46,11        | DAMP          | 8.46.06        |
| 2012          | Liège       | RFCL          | 48,06        | CSDY          | 9.51.73        |
| 2013          | La Louvière | CSDY          | 47,23        | CABW          | 9.46.23        |
| 2014          | Liège       | RESC          | <b>44,44</b> | WACO          | 8.48.87        |
| 2015          | Bruxelles   | CSDY          | 46,09        | CSDY          | 9,04,26        |
| 2016          | Jambes      | CRAC          | 46,84        | CABW          | <b>8,26,58</b> |
| 2017          | Andenne     | RESC          | 47,22        | ARCH          | 9,17,85        |
| 2018          | Schaerbeek  |               |              |               |                |

| <b>Scolaires</b> |             | <b>4X100m</b> |              | <b>4X800m</b> |                |
|------------------|-------------|---------------|--------------|---------------|----------------|
| 2011             | Liège       | HERV          | 45,68        | RESC          | 9.00.88        |
| 2012             | Liège       | CABW          | 44,88        | DAMP          | 9.22.62        |
| 2013             | La Louvière | USBW          | 44,35        | CABW          | 8.52.57        |
| 2014             | Liège       | WACO          | 44,15        | CSDY          | <b>8.25.12</b> |
| 2015             | Bruxelles   | USTA          | 44,15        | WACO          | 8,39,65        |
| 2016             | Jambes      | CSDY          | 45,16        | CSDY          | 8,48,95        |
| 2017             | Andenne     | CABW          | <b>44,06</b> | RESC          | 8,36,02        |
| 2018             | Schaerbeek  |               |              |               |                |

| <b>Toutes catégories</b> |             | <b>4X100m</b> |              | <b>4x200m</b> |                |
|--------------------------|-------------|---------------|--------------|---------------|----------------|
| 2011                     | Liège       | RESC          | 42,00        | SER           | 1.27.25        |
| 2012                     | Liège       | RESC          | 42,20        | RESC          | 1.29.48        |
| 2013                     | La Louvière | RESC          | 43,88        | RESC          | 1.27.47        |
| 2014                     | Liège       | RESC          | 42,67        | CRAC          | 1.28.46        |
| 2015                     | Bruxelles   | WS            | <b>41,09</b> | WS            | <b>1,25,87</b> |
| 2016                     | Jambes      | RESC          | 42,05        | RESC          | 1,28,91        |
| 2017                     | Andenne     | SMAC          | 43,27        | CSDY          | 1,33,71        |
| 2018                     | Schaerbeek  |               |              |               |                |

|      |             | <b>4X400m</b> |                | <b>4X800m</b> |                |
|------|-------------|---------------|----------------|---------------|----------------|
| 2011 | Liège       | ACLO          | 3.21.86        | CABW          | 8.05.26        |
| 2012 | Liège       | ACLO          | 3.23.92        | CABW          | 8.30.44        |
| 2013 | La Louvière | CABW          | 3.17.47        | CABW          | 8.15.34        |
| 2014 | Liège       | RESC          | 3.18.20        | WS            | 8.01.05        |
| 2015 | Bruxelles   | SMAC          | <b>3,17,28</b> | CABW          | <b>7,54,65</b> |
| 2016 | Jambes      | SMAC          | 3,20,44        | RIWA          | 8,32,22        |
| 2017 | Andenne     | SMAC          | 3,24,77        | ACLO          | 8,10,33        |
| 2018 | Schaerbeek  |               |                |               |                |

| <b>Masters</b> |             | <b>4X100m</b> |              |
|----------------|-------------|---------------|--------------|
| 2011           | Liège       | HF            | 47,31        |
| 2012           | Liège       | ACO           | 48,12        |
| 2013           | La Louvière | CSDY          | <b>47,29</b> |
| 2014           | Liège       | CSDY          | 48,15        |
| 2015           | Bruxelles   | RESC          | 49,11        |
| 2016           | Jambes      | RESC          | 48,96        |
| 2017           | Andenne     | HUY           | 49,66        |
| 2018           | Schaerbeek  |               |              |

## FEMMES

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| <b>Pupilles</b> |       | <b>4X60m</b> |      | <b>Minimes 4X80m</b> |       |
|-----------------|-------|--------------|------|----------------------|-------|
| 2011            | Liège | SER          | 35,4 | CSDY                 | 44,28 |
| 2012            | Liège | -            | -    | SER                  | 43,37 |

|      |             |      |              |      |              |
|------|-------------|------|--------------|------|--------------|
| 2013 | La Louvière | CABW | 37,55        | ACLO | 42,92        |
| 2014 | Liège       | RESC | 35,84        | ACLO | 42,91        |
| 2015 | Bruxelles   | RESC | <b>33,97</b> | JSMC | 43,87        |
| 2016 | Jambes      | ARCH | 34,85        | RESC | 42,63        |
| 2017 | Andenne     | ARCH | 35,85        | RESC | <b>41,67</b> |
| 2018 | Schaerbeek  |      |              |      |              |

### Cadettes

|      |             | 4X100m |              | 4X800m |                |
|------|-------------|--------|--------------|--------|----------------|
| 2011 | Liège       | RIWA   | 51,64        | MOHA   | 10.30.93       |
| 2012 | Liège       | USTA   | 53,05        | -      | -              |
| 2013 | La Louvière | CSDY   | 50,88        | LACE   | 10.07.83       |
| 2014 | Liège       | CSDY   | <b>50,33</b> | LACE   | <b>9.44.52</b> |
| 2015 | Bruxelles   | SER    | 51,59        | RESC   | 11,36,19       |
| 2016 | Jambes      | HUY    | 50,62        | LACE   | 10,51,91       |
| 2017 | Andenne     | HUY    | 51,71        | LACE   | 10,45,34       |
| 2018 | Schaerbeek  |        |              |        |                |

### Scolaires

|      |             | 4X100m |              | 4X800m |                |
|------|-------------|--------|--------------|--------|----------------|
| 2011 | Liège       | CABW   | 51,14        |        |                |
| 2012 | Liège       | SER    | 53,24        |        |                |
| 2013 | La Louvière | SER    | 53,52        | CABW   | 10.16.48       |
| 2014 | Liège       | CSDY   | 51,35        | CAF    | 11.53.10       |
| 2015 | Bruxelles   | CSDY   | 48,72        | LACE   | <b>9,39,90</b> |
| 2016 | Jambes      | CSDY   | 49,23        | LACE   | 10,51,91       |
| 2017 | Andenne     | CABW   | <b>48,16</b> | ACLO   | 10,36,97       |
| 2018 | Schaerbeek  |        |              |        |                |

### Toutes catégories

|      |             | 4X100m |              | 4X200m |                |
|------|-------------|--------|--------------|--------|----------------|
| 2011 | Liège       | CABW   | 48,43        | CABW   | 1.42.14        |
| 2012 | Liège       | CSDY   | 49,55        | CABW   | 1.46.39        |
| 2013 | La Louvière | CABW   | 48,60        | CABW   | <b>1.39.87</b> |
| 2014 | Liège       | CABW   | <b>47,34</b> | CSDY   | 1.43.54        |
| 2015 | Bruxelles   | RESC   | 47,82        | USBW   | 1,42,14        |
| 2016 | Jambes      | RESC   | 47,44        | RESC   | 1,41,44        |
| 2017 | Andenne     | CSDY   | 47,95        | CABW   | 1,43,99        |
| 2018 | Schaerbeek  |        |              |        |                |

|      |             | 4X400m |                | 4X800m |                |
|------|-------------|--------|----------------|--------|----------------|
| 2011 | Liège       | CABW   | 4.05.35        | CABW   | 9.45.41        |
| 2012 | Liège       | CABW   | 4.03.77        | CABW   | 10.30.99       |
| 2013 | La Louvière | CABW   | 4.01.06        | ACLO   | 10.02.62       |
| 2014 | Liège       | CABW   | 3.56.55        | CABW   | <b>9.25.41</b> |
| 2015 | Bruxelles   | LACE   | 3,59,47        | CABW   | 9,25,72        |
| 2016 | Jambes      | USTA   | 4,01,74        | CABW   | 9,40,14        |
| 2017 | Andenne     | LACE   | <b>3,53,23</b> | LACE   | 9,38,48        |
| 2018 | Schaerbeek  |        |                |        |                |

### Masters

|      |             | 4X100m |              |
|------|-------------|--------|--------------|
| 2011 | Liège       | -      | -            |
| 2012 | Liège       | -      | -            |
| 2013 | La Louvière | ACLO   | 68,66        |
| 2014 | Liège       | USBW   | 57,35        |
| 2015 | Bruxelles   | RESC   | 53,26        |
| 2016 | Jambes      | RESC   | 53,69        |
| 2017 | Andenne     | RESC   | <b>52,98</b> |
| 2018 | Schaerbeek  |        |              |