



## Palmarès des Championnats LBFA

### Cadets – Scolaires Outdoor

- record des championnats-

#### GARÇONS : CADETS

Année	Nom	Club	Perf	Lieu	Année	Nom	Club	Perf
<b>100m</b>					<b>200m</b>			
1995	R.Cikabekka	SER	11.42	La Louvière	1995	R.Colabella	SER	23.20
1996	F.Wattheyne	CABW	11.34	Dampicourt	1996	F.Wattheyne	CABW	23.61
1997	JN.Lefort	HF	11.85	La Louvière	1997	G.Dossogne	SMAC	24.20
1998	E.Biname	RFCL	11.61	Jambes	1998	JN.Lefort	HF	23.73
1999	J.Deneyer	SMAC	11.57	Spa	1999	F.Pierlot	DAMP	24.91
<b>2000</b>	<b>H.Rahmoun</b>	<b>CSF</b>	<b>11.15</b>	Spa	2000	J.Piron	SMAC	24.45
2001	P.Lefevre	SER	11.70		2001	P.Lefevre	SER	23.88
2002	M.Berote	SMAC	11.64	Spa	2002	M.Berote	SMAC	23.84
2003	A.Destatte	RCB	11.59	Verviers	2003	A.Destatte	RCB	23.24
2004	M.Lieneson	JSMC	11.79	Nivelles	2004	A.Froidmont	UAC	23.44
2005	J.Berote	SMAC	11.48	Saint Mard	<b>2005</b>	<b>J.Berote</b>	<b>SMAC</b>	<b>23.05</b>
2006	T.Matine	CSDY	11.85	Verviers	2006	R.Plumat	OSGA	23.51
2007	J.Watrin	DAMP	11.43	Spa	2007	A.Clement	USTA	24.06
2008	O.Diallo	RESC	11.60	Spa	2008	Decruyenaere	MOHA	25.83
2009	O.Diallo	RESC	11.79	Naimette	2009	O.Saive	RFCL	24.64
2010	D.Abib	CSF	11.89	Herve	2010	T.Richard	CSDY	24.20
2011	A.Rosiere	SMAC	11.91	Nivelles	2011	A.Rosiere	SMAC	24.16
2012	F.Tshitwenu	RESC	11.59	Herve	2012	F.Tshitwenu	RESC	23.81
2013	J.Paquot	RFCL	11.24	Saint Mard	2013	R. Kapenda	SMAC	23.09
2014	E.Taiwo	RESC	11.56	Braine l'Alleud	2014	T.Degand	ATH	23.90
2015	E.Taiwo	RESC	11.73	Verviers	<b>2015</b>	<b>A.Carlier</b>	<b>OSGA</b>	<b>23.05</b>
2016	L.Lambotte	RFCL	11.57	Herve	2016	L.Lambotte	RFCL	23.80
2017	A.Wanson	HF	11.63	Bertrix	2017	A.Dehareng	DAMP	23.98
2018	O.Lifrange	WS	11.47	Naimette	2018	O.Lifrange	WS	23.27
<b>400m</b>					<b>800m</b>			
1995	J.Monhonval	DAMP	55.96	La Louvière	1995	T.Carion	ACLE	2.05.25
1996	Y.Boland	SMAC	57.65	Dampicourt	1996	D.Petit	DAMP	2.14.40
1997	C.Schepens	ESC	56.25	La Louvière	1997	N.Pirotte	SMAC	2.00.91
1998	D.Lambin	DAMP	54.70	Jambes	1998	A.Aboulaich	UAC	2.06.18
1999	A.Cellier	ARCH	53.72	Spa	1999	A.Cellier	ARCH	2.04.43
2000	F.Pierlot	DAMP	54.37	Spa	2000	A.Luyckfasseel	CABW	2.06.55
2001	G.Legrand	UAFA	53.41		2001	C.Van hees	ULA	2.03.49
2002	B.Debaty	SMAC	51.80	Spa	2002	M.Delcambre	OSGA	2.06.63
2003	A.Ghislain	UAFA	53.26	Verviers	2003	R.Longerich	MALM	2.02.61
2004	N. Stempnick	DS	53.69	Nivelles	<b>2004</b>	<b>C.Delplan</b>	<b>DS</b>	<b>1.59.35</b>
2005	A.Kinard	ARCH	58.54	Saint Mard	2005	C.Coppens	CABW	2.06.13
2006	T.Matine	CSDY	53.97	Verviers	2006	T.Higny	HF	2.06.57
2007	R.Gillard	SER	54.18	Spa	2007	A.Couwez	MOHA	2.20.88
2008	M.Reginster	RFCL	54.46	Spa	2008	O.Philippe	RCB	2.06.07
2009	O.Christian	HUY	55.3	Naimette	2009	L.Denis	CABW	2.14.98
2010	S.Hinnekenes	USBW	54.05	Herve	2010	A. Guiot	ULA	2.09.55
2011	S.Defauw	USBW	53.91	Nivelles	2011	R.Angonese	DAMP	2.11.36
2012	M. Nolf	RIWA	56.15	Herve	2012	C.Spits	RFCL	2.10.55
2013	J.Marichal	CRAC	55.76	Saint Mard	2013	Z.Au Dah	RIWA	2.05.44
2014	C.Cottin	SMAC	53.84	Braine l'Alleud	2014	E.Crestan	SMAC	2.03.36
<b>2015</b>	<b>I.Benziane</b>	<b>DACM</b>	<b>51.42</b>	Verviers	2015	K.Hermans	USTA	2.06.89
2016	F.Dehout	CRAC	52.36	Herve	2016	A.Schauwers	SPA	2.05.23
2017	N.Rousseau	CABW	53.90	Bertrix	2017	M.Latinne	WS	2.01.31
2018	T.Regis	HERV	54.26	Naimette	2018	T.Delrez	RFCL	2.07.30

## 1500m

1995	M.Stassart	RFCL	4.23.37	La Louvière
1996	A.Vantomme	JSMC	4.34.28	Dampicourt
1997	S.Durez	DS	4.33.88	La Louvière
1998	JF.Meynaert	CABW	4.21.28	Jambes
1999	M.Corhay	RFCL	4.27.19	Spa
2000	M.Delers	ACTE	4.31.30	Spa
2001	M.Delers	ACTE	4.21.43	
2002	B.Bong	HF	4.16.09	Spa
2003	S.Kebdani	ESC	4.29.77	Verviers
2004	F. Caelen	HERV	4.16.72	Nivelles
2005	D.Loupe	DAMP	4.26.05	Saint Mard
2006	M.Delguste	CSDY	4.35.47	Verviers
2007	M.Fourmanoir	MOHA	4.21.16	Spa
2008	D.Fintolini	RFCL	4.20.85	Spa
2009	J.Lhoir	ULA	4.23.07	Naimette
2010	A.Screve	MOHA	4.27.45	Herve
2011	B.Marinx	SMAC	4.22.60	Nivelles
2012	D.Boulvin	CABW	4.18.35	Herve
2013	G.Defrere	CABW	4.24.01	Saint Mard
2014	L.Da Silva	RFCL	4.21.42	Braine l'Alleud
<b>2015</b>	<b>A.Senard</b>	<b>SER</b>	<b>4.12.68</b>	Verviers
2016	J-D.Quoirin	SER	4.35.80	Herve
2017	E.Cook	WS	4.25.37	Bertrix
2018	D.Thirion	HF	4.26.24	Naimette

## 100m H

1995	N.Clement	DAMP	14.28
1996	X.Sautier	SMAC	14.68
1997	A.Petit	BBS	15.43
1998	D.Broothaerts	ESC	15.22
1999	J.Deneyer	SMAC	14.2
2000	V.Vandenhoven	WS	15.1
2001	J.Hublau	CABW	15.33
2002	J.Solot	SMAC	14.31
2003	X.Chalon	DAMP	15.14
2004	S.Goffaux	CABW	13.99
2005	J.Mullender	LACE	14.47
2006	R.Marbehant	RFCL	15.90
2007	L.Kapata	RCB	14.26
2008	M.Missa	CSDY	16.11
2009	T. Durant	CRAC	14.11
2010	M. Durant	CRAC	15.84
2011	T.Ruffacq	DS	14.22
2012	E. Kuckart	UAC	14.14
2013	P.Okeowo	RESC	15.07
2014	P.Okeowo	RESC	14.39
<b>2015</b>	<b>T.Carmoy</b>	<b>CRAC</b>	<b>13.60</b>
2016	B.Paquot	SER	15.31
2017	N.Lohoues	CRAC	14.14
2018	T.Florkin	FCHA	14.20w

## Hauteur

1995	S.Campeneer	USTA	1m81
1996	X.Sautier	SMAC	1m79
1997	B.Braconnier	RFCL	1m85
1998	J.Dehou	LWA	1m70
1999	J.Dehou	ULA	1m86
2000	A.Decoster	SMAC	1m70
2001	E.Douillez	OSGA	1m80
2002	O.Derksen	WS	1m85
2003	Schomelhoud	USTA	1m88
2004	S. Henriet	RCSC	1m73
2005	C.Campener	USTA	1m73

## 300m H

1995	D.Poncelet	DAMP	41.70
1996	A.Thijs	ESC	43.94
1997	S.Pinchart	FCHA	41.34
1998	D.Broothaerts	ESC	42.78
1999	D.Vantricht	CSF	42.98
2000	Y.Amorisson	RFCL	43.45
2001	K.Vanautreve	WS	41.21
2002	J.Jonas	DS	42.40
2003	J.Jonas	DS	41.03
2004	S.Goffaux	CABW	39.80
2005	P.Delavallee	USTA	42.54
2006	F.Gets	RUSTA	42.19
2007	L.Kapata	RCB	41.16
2008	U.Iacolina	OSGA	44.33
2009	P.Willemart	DS	42.01
2010	J.Lannoy	JSMC	43.00
2011	Durant M.	CRAC	44.06
2012	D.Caty	CRAC	42.52
2013	M.Braem	JSMC	43.31
2014	B.Seutin	MOHA	41.91
2015	S.Mazebo	ATH	41.63
2016	V.Bonvin-Draps	IAAC	40.94
<b>2017</b>	<b>B.Paquot</b>	<b>SER</b>	<b>39.79</b>
2018	A. Wahab Mimoun	HF	41.98

## Perche

1995	C.Kessedjan	WS	2m90
1996	Hauglustaine	HF	2m70
1997	T.Bock	CSDY	3m60
1998	C.Pochet	CSDY	3m60
1999	S.Hoffelt	ULA	3m50
2000	M.Govaert	CABW	3m75
2001	G.Nieus	SMAC	3m20
2002	J.Solot	SMAC	3m50
2003	L. Vanhees	ACO	3m70
2004	L. Vanhees	ACO	4m10
2005	R.Darquennes	CABW	3m40

2006	V.Verdeyen	WS	1m73	Verviers	2006	D.Genet	RFCL	3m70
2007	R.Lechien	RIWA	1m72	Spa	2007	L.Mortier	RCB	3m71
2008	J.Vaneeckhout	RIWA	1m79	Spa	<b>2008</b>	<b>A.Art</b>	<b>ACO</b>	<b>4m35</b>
2009	A.Vansteenberge	HF	1m68	Naimette	2009	R.Dombeu	DAMP	3m60
2010	T.Reul	LACE	1m80	Herve	2010	R.Dombeu	DAMP	3m80
2011	X.Vanpoelvoorde	CABW	1m70	Nivelles	2011	M.Kint	CABW	3m20
2012	D.Montilla	RESC	1m76	Herve	2012	M.Nolf	RIWA	3m71
2013	J-B.Nutte	DS	1m76	Saint Mard	2013	D.Montilla	RESC	3m65
2014	M.Monseur	SER	1m82	Braine l'Alleud	2014	F.Colle	CSDY	3m91
<b>2015</b>	<b>T.Carmoy</b>	<b>CRAC</b>	<b>1m90</b>	Verviers	2015	M.Nutte	DS	3m62
2016	N.Lohoues°	CRAC	1m83	Herve	2016	M.Woygnet	DAMP	3m50
2017	N.Gilliaux	WACO	1m85	Bertrix	2017	H.Barthelemy	MOHA	3m75
2018	R.Thibert	HERV	1m73	Naimette	2018	P.Straet	HERV	4m00

## Longueur

1995	N.Clement	DAMP	6m61
1996	G.Michel	DS	6m15
1997	L.Luyckfasseel	CABW	5m62
1998	J.Dock	HUY	5m74
1999		BBS	6m14
2000	H.Rahmoun	CSF	6m49
2001	J.Woygnet	DAMP	5m76
2002	T.Bodson	HERV	6m05
2003	X.Decamp	CABW	5m79
2004	W.Platterborze	LWA	5m62
2005	J.D'Heygere	USTA	5m92
2006	S.Leduc	CSDY	6m52
2007	M.Barbier	JSMC	5m75
2008	R.Lambert	DAMP	6m03
2009	Y.Schlag	RIWA	5m77
2010	P.Renard	HUY	6m15
2011	T.Ruffacq	DS	5m97
2012	E.Kuckart	UAC	6m03
2013	P.Okeowo	RESC	5m74
2014	P.Okeowo	RESC	6m34w
<b>2015</b>	<b>M.Davies</b>	<b>OSGA</b>	<b>6m80</b>
2016	J.Paquot	SER	6m08
2017	A.Wanson	HF	6m18
2018	A.Girard	OSGA	6m24

## Poids

1995	J.Liners	RCAS	12m70
1996	A.Petit	BBS	12m49
1997	A.Petit	BBS	13m49
1998	P.Dessy	RFCL	13m44
1999	L.Kazadi	RCB	14m67
2000	D.Toussaint	DAMP	13m50
2001	R.Chiesi	USBR	14m03
2002	M.Diallo	ESC	12m88
2003	M.Diallo	ESC	13m62
2004	Y.Guemmar	DACM	13m99
2005	A.Merveille	UAFA	14m74
2006	F.Gets	RUSTA	14m74
2007	M.Henen	DAMP	13m21
2008	M.Henen	DAMP	14m17
2009	M.Hourriez	OSGA	14m05
2010	A.Beeckman	RESC	13m06
2011	O.Leclercq	RCB	13m38
2012	J-B.Nutte	DS	14m47
<b>2013</b>	<b>J-B.Nutte</b>	<b>DS</b>	<b>16m24</b>
2014	K.Paquot	SER	12m83
2015	L.Wincq	CABW	14m43
2016	M.Vanydegem	SMAC	11m93
2017	M.Vanydegem	SMAC	16m02

## Triple

1995	La Louvière	N.Petitjean	SPA	11.55
1996	Dampicourt	G.Deprez	ONH	11m02
1997	La Louvière	Y.Franssen	LACE	11m91
1998	Jambes	F.Xhonneux	ESC	11m95
1999	Spa	<b>C.Collin</b>	<b>BBS</b>	<b>13m13</b>
2000	Spa	F.Debrauwere	SPA	11m87
2001		J.Woygnet	DAMP	11m53
2002	Spa	M.Viaene	HERV	12m23
2003	Verviers	X.Chalon	DAMP	12m69
2004	Nivelles	Q. Ruffacq	USTA	11m84
2005	Saint Mard	S.Leloux	UAC	12m56
2006	Verviers	L.Loris	CSF	11m95
2007	Spa	J.Watrin	DAMP	12m57
2008	Spa	O.Diallo	RESC	11m56
2009	Naimette	D.Nsomwe	RCB	12m76
2010	Herve	P.Renard	HUY	12m50
2011	Nivelles	R.Falise	SER	11m55
2012	Herve	C.Hoorens	RESC	12m18
2013	Saint Mard	A.Esukanai	RCB	11m58
2014	Braine l'Alleud	Q.Klinkenberg	HF	10m87
2015	Verviers	A.Zune	SPA	11m35
2016	Herve	L.Grahn°	WS	12m16
2017	Bertrix	G.Lejeune	HERV	11m90
2018	Naimette	E.Grandjean	DAMP	11m91

## Disque

1995	La Louvière	C.Mous	RCAS	39m50
1996	Dampicourt	A.Wauters	SPA	38m54
1997	La Louvière	Vandersmissen	DAMP	38m94
1998	Jambes	D.Qualizza	HERV	36m09
1999	Spa	B.Descamps	MOHA	38m50
2000	Spa	B.Descamps	MOHA	41m13
<b>2001</b>		<b>A.Bailly</b>	<b>MOHA</b>	<b>48m22</b>
2002	Spa	B.Rausin	SPA	40m58
2003	Verviers	A.Sustelo	ESC	41m10
2004	Nivelles	Y.Guemmar	DACM	44m07
2005	Saint Mard	F.Gany	SMAC	42m58
2006	Verviers	C.Delperdange	CRAC	41m69
2007	Spa	M.Henen	DAMP	40m60
2008	Spa	M.Henen	DAMP	44m52
2009	Naimette	M.Hourriez	OSGA	44m16
2010	Herve	G.Kohl	USBW	35m00
2011	Nivelles	E.Quoidbach	DACM	45m16
2012	Herve	N.Stas	RIWA	41m90
2013	Saint Mard	D.Montilla	RESC	46m98
2014	Braine l'Alleud	L.Bovy	WACO	42m16
2015	Verviers	L.Wincq	CABW	41m08
2016	Herve	Q.Marechal	HF	39m35
2017	Bertrix	N.Caucheteux	SER	45m36

2018	J.Van Dycke	CSF	13m66	Naimette	2018	L.Demaret	USTA	38m71
<b>Javelot</b>				<b>Marteau</b>				
1995	T.Carion	ACLE	46m36	La Louvière	1995	G.Vico	MOHA	39m92
1996	V.Chabottaux	ROCA	39m48	Dampicourt	1996	S.Avarello	MOHA	51m72
1997	B.Braconnier	RFCL	48m22	La Louvière	1997	D.Descamps	MOHA	41m48
1998	G.Richez	DS	41m86	Jambes	1998	G.Janssens	CABW	50m31
1999	B.Descamps	MOHA	41m13	Spa	1999	D.Decret	CABW	30m88
2000	D.Gets	USTA	46m89	Spa	2000			
2001	T.Bodson	HERV	43m26	Spa	2001	K.Huygens	DACM	28m82
2002	A.Havard	SPA	41m92	Verviers	2002			
2003	L.Ego	LWA	41m08	Nivelles	2003	A.Sustelo	ESC	40m42
2004	P. Martin	FCHA	45m04	Saint Mard	2004	F.Denys	CABW	47m78
2005	C.Eyere Walker	HF	45m54	Verviers	2005	F.Gany	SMAC	50m21
2006	F.Duchatel	RESC	43m57	Spa	2006	J.Agazzi	CABW	43m78
2007	R.Dufresne	RFCL	43m55	Spa	2007	G.Delafontaine	CABW	42m11
2008	T.bernard	ROCA	41m94	Spa	<b>2008</b>	<b>J.Agazzi</b>	<b>CABW</b>	<b>54m17</b>
2009	T.Branders	BBS	43m98	Naimette	2009	B.Fontaine	CSDY	35m85
2010	T.Reul	LACE	46m12	Herve	2010	Vanderpoorten	SPA	43m13
2011	J.Bruwier	RFCL	49m18	Nivelles	2011	F.Thomas	DAMP	30m86
2012	N.Dartey	DAMP	41.87	Herve	2012	V.Deusscher	CSDY	41m69
2013	F.Colle	CSDY	48m48	Saint Mard	2013	G.Braeckmans	CABW	41m06
<b>2014</b>	<b>F.Colle</b>	<b>CSDY</b>	<b>53m05</b>	Braine l'Alleud	2014	K.Paquot	SER	38m14
2015	B.Navarra	ACLO	42m99	Verviers/Nivelles	2015	F.Vangermeersch	CRAC	36m58
2016	R.Henry	ROCA	42m50	Herve	2016	M.Demey	CSDY	45m19
2017	B.Bouvard	CAF	40m52	Bertrix	2017	N.Laborne	ARCH	44m45
2018	A.Girard	OSGA	47m47	Naimette	2018	D.Point	DAMP	29m74

### Octathlon

1995			
1996	X.Sautier	SMAC	4750pts
1997	T.Bock	CSDY	4011pts
1998	J.Deneyer	SMAC	4397pts
1999	C.Collin	BBS	4807pts
2000	Vandenhoven	WS	4481pts
2001	K.Vanautreuve	WS	4419pts
2002	J.Solot	SMAC	5086pts
2003			
2004	M.Laby	SMAC	4166pts
2005			
2006			
2007	S.Lins	RESC	4052pts
2008	G.Chaspierre	HF	4075pts
2009	D.Elsen	RESC	4868pts
2010	V.Stas	RIWA	4776pts
2011	M.Sturbois	CABW	4283pts
2012	JB.Nutte	DS	4106pts
2013	J-B.Nutte	DS	4812pts
2014	P.Okeowo	RESC	4175pts
2015	J.Paquot	SER	4334pts
<b>2016</b>	<b>J.Paquot</b>	<b>SER</b>	<b>5092pts</b>
2017	A.Deguella	SMAC	4051pts
2018	A.Girard	OSGA	4688pts

### 1500m steeple

1995				
1996				
1997				
1998	Namur			
1999	Bertrix			
2000	Herentals	G.Charlier	OCAN	5.01.03
2001	St Nicolas			
2002	Herve	N.Dieudonne	SMAC	4.39.70
2003	Herentals	J.Lafourte	RFCL	5.11.49
2004	Verviers			
2005	Saint Mard	D.Loupe	DAMP	4.49.16
2006	Herve	T.Higny	HF	4.37.36
2007	Beveren	A.Louvrier	UAFA	5.05.37
<b>2008</b>	Liège	<b>V.Hustin</b>	<b>DAMP</b>	<b>4.31.18</b>
2009	Herentals			
2010	Liège	S.Delplancq	ACLO	5.18.76
2011	Heuzden	L.Guillaume	CSF	5.13.65
2012	Verviers	T.Colquhoun	DS	4.44.07
2013	Bertrix	J.Meeuws	SMAC	4.51.95
2014	Schaerbeek	B.Huberland	WACO	4.51.47
2015	Schaerbeek/Verviers	M.Volders	HF	4.49.95
2016	Bertrix/Herve	R.Querinjean	MALM	5.06.60
2017	Forest/Bertrix	A.Pirenne	HERV	4.50.57
2018	Schaerbeek/Naimette	C.Labar	ARCH	4.35.33

## GARÇONS : SCOLAIRES

Année	Nom	Club	Perf	Lieu	Année	Nom	Club	Perf
<b>100m</b>				<b>200m</b>				
1995	F.Trinteler	DAMP	10.97	La Louvière	1995	S.Cordier	DAMP	22.6
1996	R.Colabella	SER	11.15	Dampicourt	1996	Vandevelde	ESC	22.90
1997	R.Colabella	SER	11.07	La Louvière	1997	Debaerdemaker	SMAC	23.69
1998	J.Delhaye	CSF	11.49	Jambes	1998	R.Bouqueau	USBR	23.57
1999	JN. Lefort	HF	11.26	Spa	1999	B.Noirfalise	HERV	23.48



2000	L.Fenau	USTA	11.42	Spa	2000	D.Broothaerts	ESC	22.75
2001	H.Rahmoun	CSF	10.86		2001	M.Schoeps	UAFA	22.75
2002	J.Thonar	WS	11.41	Spa	2002	J.Thonar	WS	23.02
2003	M.Berote	SMAC	11.12	Verviers	2003	A.Ettuani	ESC	22.95
2004	A. Boven	CSF	11.23	Nivelles	2004	A.Destatte	RCB	22.39
2005	J.Borlée	WS	11.06	Saint Mard	2005	J.Borlée	WS	22.11
2006	S.Heymans	CABW	11.66	Verviers	2006	J.Coppe	ROCA	23.59
2007	T.Matine	CSDY	11.20	Spa	2007	T.Matine	CSDY	22.53
2008	J.Watrin	DAMP	10.89	Spa	2008	R.Plumat	OSGA	22.74
<b>2009</b>	<b>J.Watrin</b>	<b>DAMP</b>	<b>10.81</b>	Naimette	<b>2009</b>	<b>J.Watrin</b>	<b>DAMP</b>	<b>21.65</b>
2010	O.Diallo	RESC	11.13	Herve	2010	Decruyenaere	USTA	23.01
2011	O.Diallo	RESC	11.15	Nivelles	2011	T.Sandron	CSDY	23.14
2012	T.Sandron	CSDY	11.22	Herve	2012	T.Sandron	CSDY	22.79
2013	Q.Tjoen	FCHA	11.08	Saint Mard	2013	C.Brunin	MOHA	22.37
2014	R.Kapenda	SMAC	10.77W	Braine l'Alleud	2014	R.Kapenda	SMAC	22.49
2015	J.Paquot	SER	10.82	Verviers	2015	J.Paquot	SER	21.80
2016	T.Rositano	CRAC	11.09	Herve	2016	T.Rositano	CRAC	22.43
2017	H.Piengon	CABW	11.13	Bertrix	2017	S.Ghislain	SMAC	22.78
2018	A.Pinter	CABW	10.99	Naimette	2018	A.Pinter	CABW	22.37W

#### 400m

1995	F.Ruol	SMAC	50.69	La Louvière
1996	C.Wauters	SPA	51.61	Dampicourt
1997	J.Monhonval	DAMP	50.35	La Louvière
1998	N.Clerckx	USBR	53.79	Jambes
1999	D.Lambin	DAMP	51.85	Spa
2000	S.Wuidar	HUY	50.99	Spa
2001	M.Raets	RCB	50.94	
2002	F.Pierlot	DAMP	51.29	Spa
2003	C.Delaere	MOHA	50.87	Verviers
2004	J. Borlée	SPA	50.51	Nivelles
<b>2005</b>	<b>K.Borlée</b>	<b>WS</b>	<b>48.6</b>	Saint Mard
2006	A.Froidmont	UAC	51.72	Verviers
2007	F.Sevrin	SPA	50.01	Spa
2008	G.Bokuetenge	FCHA	51.58	Spa
2009	Q.Kebon	RFCL	50.54	Naimette
2010	M. Rginster	RFCL	50.34	Herve
2011	R.Vanderbemden	SER	49.48	Nivelles
2012	S.Hinneken	USBW	51.37	Herve
2013	B.Raiwet	SMAC	50.72	Saint Mard
2014	B.Semenou	CABW	51.45	Braine l'Alleud
2015	L.Noel	USBW	49.85	Verviers
2016	L.Noel	USBW	50.03	Herve
2017	S.Mazebo	ATH	49.91	Bertrix
2018	F.Dehout	CRAC	51.03	Naimette

#### 800m

1995	S.Cassart	DAMP	1.57.98
1996	N.Crucifix	WS	2.04.32
1997	F.Janssen	RFCL	2.01.89
1998	C.Levacq	ESC	1.57.06
1999	J.Collot	BBS	1.58.97
2000	A.Cellier	ARCH	2.04.25
2001	A.Cellier	ARCH	2.00.61
2002	T.Haymans	ESC	1.59.23
2003	C.Vanhees	ULA	1.58.81
2004	B.Miller	RESC	1.58.41
2005	A.Ghislain	UAFA	2.01.16
2006	J.Kahia	CSF	1.56.04
2007	C.Coppens	CABW	2.02.4
2008	C.Coppens	CABW	1.57.0
2009	PA.Balhan	SPA	1.55.29
2010	D.Fintolini	RFCL	1.57.81
2011	A.Guiot	ULA	2.05.43
2012	A.Douley	WS	2.05.92
2013	D.Van De Wouwer	CRAC	2.01.12
2014	D.Van De Wouwer	CRAC	1.58.81
2015	E.Crestan	SMAC	1.57.13
<b>2016</b>	<b>E.Crestan</b>	<b>SMAC</b>	<b>1.54.15</b>
2017	A.Senard	SER	1.56.43
2018	A.Schauwers	SPA	2.01.89

#### 1500m

1995	C.Lumen	MOHA	4.06.26	La Louvière
1996	P.Orban	HF	4.17.71	Dampicourt
1997	M.Vandiest	CABW	4.09.98	La Louvière
<b>1998</b>	<b>M.Vandiest</b>	<b>CABW</b>	<b>4.03.59</b>	Jambes
1999	S.Durez	DS	4.13.16	Spa
2000	T.Van Diest	CABW	4.13.74	Spa
2001	E.Van Gasse	RCB	4.07.42	
2002	M.Cremer	LACE	4.19.66	Spa
2003	J.Weerts	DAMP	4.09.71	Verviers
2004	R.Longerich	MALM	4.08.78	Nivelles
2005	T.Vandenabeele	CABW	4.09.55	Saint Mard
2006	N.Azaoum	CSF	4.15.79	Verviers
2007	N. El Berkani	RCAS	4.12.75	Spa
2008	B.Vandeleene	CABW	4.14.42	Spa
2009	D.Fintolini	RFCL	4.11.9	Naimette
2010	P.Brognet	CABW	4.17.65	Herve
2011	T.Brenard	UAC	4.24.50	Nivelles
2012	N.Dumont	HERV	4.18.64	Herve

#### 3000m

1995	O.Bekkali	RFCL	8.58.32
1996	Vandenbergh	CSDY	9.07.73
1997	M.Gilson	USBR	9.30.16
1998	M.Vandamme	SER	9.19.58
1999	F.Scoupe	USBR	9.12.68
2000	S.Heylens	SMAC	8.56.41
2001	J.Goubau	SMAC	9.18.05
2002	F.Hernould	OSGA	9.15.79
2003	F.Hernould	USTA	9.03.84
<b>2004</b>	<b>B. Bong</b>	<b>HF</b>	<b>8.47.14</b>
2005	F.Boula	ARCH	8.53.75
2006	F.Caelen	HERV	9.00.31
2007	V.Poncellet	CABW	9.27.36
2008	V.Poncellet	CABW	9.05.65
2009	R.Bader	HERV	9.35.78
2010	V.Delmez	CSDY	9.16.37
2011	J.Lhoir	ULA	9.16.60
2012	B.Marinx	SMAC	9.13.23

2013	S.Petitjean	RESC	4.11.72	Saint Mard	2013	B.Marinx	SMAC	9.13.62
2014	O.Lonneux	RFCL	4.20.32	Braine l'Alleud	2014	C.Deflandre	HERV	8.57.49
2015	J.Celis	HF	4.15.81	Verviers	2015	X.Kortleven	SMAC	9.21.02
2016	A.Draux	CABW	4.13.97	Herve	2016	J.Broze	RIWA	9.42.68
2017	L.Vandermessen	CABW	4.05.67	Bertrix	2017	A.Lechat	MOHA	9.23.67
2018	E.Cook*	WS	4.17.50	Naimette	2018	T.Dardenne	BBS	9.15.75

### 110m H

1995	A.Reychler	RIWA	15.79
1996	F.Vandeveld	ESC	14.74
1997	N.Clement	DAMP	15.56
1998	FX.Henin	SMAC	16.21
1999	D.Broothaerts	ESC	14.45
2000	D.Broothaerts	ESC	14.01
2001	M.Schoeps	UAFA	15.24
2002	A.Deghelt	SMAC	14.84
2003	S.Seghers	UAFA	14.65
2004	J.Bauwens	ULA	15.40
2005	S.Goffaux	CABW	14.69
2006	S.Goffaux	CABW	14.26
2007	P.Delavallee	USTA	14.62
2008	S.Chapelle	CABW	14.90
2009	L.Kapata	RCB	14.61
2010	T.Durant	CRAC	14.54
2011	T.Durant	CRAC	13.96
2012	V.Stas	RIWA	14.71
2013	T.Ruffacq	DS	14.28
2014	D.Caty	CRAC	14.16
2015	P.Okeowo	RESC	14.81
2016	P.Okeowo	RESC	14.14
<b>2017</b>	<b>T.Carmoy</b>	<b>CRAC</b>	<b>13.76</b>
2018	A.Chapaux	ATH	14.37

### Hauteur

1995	B.Bressa	RISC	1m98
1996	G.Lucas	DAMP	1m89
1997	S.Campeneer	USTA	1m94
1998	Y.Abdissi	SMAC	1m80
1999	T.Bock	CSDY	1m91
2000	J.Dehou	LWA	1m88
2001	A.Decoster	SMAC	1m93
2002	A.Decoster	SMAC	1m90
2003	J.Solot	SMAC	1m89
2004	X.Coster	LWA	1m93
2005	X.Chalon	DAMP	2m00
2006	C.Campener	RUSTA	1m93
2007	C.Campener	USTA	1m95
2008	B.Namurois	RFCL	1m90
2009	R.Lambert	DAMP	1m90
2010	A.Hutlet	DAMP	1m89
2011	A.Vansteenberge	HF	1m83
2012	B.Hougardy	SMAC	1m81
2013	R.Pakuszewski	CABW	1m90
2014	J-B.Nutte	DS	1m91
2015	J-B.Nutte	DS	2m00
2016	T.Carmoy	CRAC	2m07
<b>2017</b>	<b>T.Carmoy</b>	<b>CRAC</b>	<b>2m20</b>
2018	T.Fauconnier	CABW	1m87

### Longueur

1995	V.Foulart	DS	6m48
1996	N.Clement	DAMP	6m46
1997	N.Clement	DAMP	6m92
1998	G.Michel	DS	6m57
1999	E.Biname	RFCL	6m57

### 400m H/300mH

1995	La Louvière	1995	<b>V.Autin</b>	<b>WS</b>	<b>38.99</b>
1996	Dampicourt	1996	F.Bay	RFCL	40.18
1997	La Louvière	1997	N.Naif	ESC	39.36
1998	Jambes	1998	S.Pinchart	FCHA	40.19
1999	Spa	1999	S.Pinchart	FCHA	58.24
2000	Spa	2000	G.Vervloet	ESC	57.34
2001	Spa	2001	X.Deroanne	ROCA	57.27
2002	Verviers	2002	S.Serck	WS	57.06
2003	Nivelles	2003	S.Seghers	UAFA	55.81
2004	Saint Mard	2004	J.Jonas	DS	56.14
2005	Verviers	<b>2005</b>	<b>A.Gillet</b>	<b>BBS</b>	<b>53.86</b>
2006	Spa	2006	M.Laby	FCHA	55.26
2007	Spa	2007	C.Culot	SPA	58.13
2008	Spa	2008	B.Higny	HF	57.88
2009	Naimette	2009	B.Higny	HF	57.99
2010	Herve	2010	A.Hopchet	CABW	57.94
2011	Nivelles	2011	A.Badji	RESC	58.63
2012	Herve	2012	A.Badji	RESC	56.19
2013	Saint Mard	2013	G.Nijs	RESC	59.22
2014	Braine l'Alleud	2014	D.Caty	CRAC	59.47
2015	Verviers	2015	M.Braem	JSMC	57.39
2016	Herve	2016	L.Maggiolini	CSDY	55.60
2017	Bertrix	2017	L.Maggiolini	CSDY	55.52
2018	Naimette	2018	B.Paquot	SER	55.58

### Perche

1995	La Louvière	1995	T.Duval	CABW	3m90
1996	Dampicourt	1996	O.Lambert	CABW	3m40
1997	La Louvière	1997	T.Tevel	CABW	3m80
1998	Jambes	1998	C.Hauglustaine	HF	3m40
1999	Spa	1999	J.Baune	SMAC	4m20
2000	Spa	2000	S.Hoffelt	ULA	4m30
2001	Spa	2001	S.Hoffelt	ULA	4m40
2002	Verviers	2002	G.Nieus	SMAC	3m80
2003	Nivelles	2003	O.Hoffelt	ULA	4m05
2004	Saint Mard	2004	K.Vantricht	CSF	3m70
2005	Verviers	2005	L.Vanhees	ACO	4m50
2006	Spa	<b>2006</b>	<b>L.Vanhees</b>	<b>ACO</b>	<b>4m80</b>
2007	Spa	2007	R.Darquennes	CABW	4m30
2008	Spa	2008	R.Marbehant	RFCL	4m00
2009	Naimette	2009	A.Art	ACO	4m60
2010	Herve	2010	Dewergifosse	SMAC	4m30
2011	Nivelles	2011	R.Dombeu	DAMP	4m00
2012	Herve	2012	R.Dombeu	DAMP	4m20
2013	Saint Mard	2013	M.Sturbois	CABW	4m00
2014	Braine l'Alleud	2014	M.Nolf	RIWA	4m00
2015	Verviers	2015	F.Colle	CSDY	4m40
2016	Herve	2016	F.Colle	CSDY	4m65
2017	Bertrix	2017	M.Nutte	DS	4m40
2018	Naimette	2018	H.Barthelemy	MOHA	4m30

### Triple

1995	La Louvière	1995	V.Foulart	DS	13m42
1996	Dampicourt	1996	V.Foulart	DS	13m60
1997	La Louvière	1997	M.Velter	DAMP	14m03
1998	Jambes	1998	C.Franc	ONH	13m21
1999	Spa	1999	K.Velter	DAMP	13m25

2000	E.Biname	RFCL	6m80	Spa	2000	F.Xhonneux	ESC	14.39
2001	N.Vandiest	RIWA	6m44		2001	V. Vandenhoven	WS	13m39
2002	V.Vandenhoven	SMAC	6m60	Spa	2002	V. Vandenhoven	SMAC	14m31
2003	C.Devivier	SPA	6m51	Verviers	2003	C.Devivier	SPA	13m71
2004	S. Debeer	CSF	6m39	Nivelles	2004	L. Ego	LWA	12m58
2005	B.Carton-Delcourt	UAFA	6m40	Saint Mard	2005	C.Debailleul	RCB	13m72
2006	N.Stempnick	DS	6m76	Verviers	<b>2006</b>	<b>C.Debailleul</b>	<b>RCB</b>	<b>14m71</b>
2007	J.D Heygere	USTA	6m68	Spa	2007	L.Loris	CSF	12m97
2008	L.Loris	CSF	6m45	Spa	2008	J.Watrin	DAMP	13m78
2009	G.Shahbazyan	RFCL	6m63	Naimette	2009	L.Kapata	RCB	14m35
2010	T.Durant	CRAC	6m44	Herve	2010	O.Thomas	CABW	13m55
2011	T.Durant	CRAC	6m56	Nivelles	2011	O.Thomas	CABW	14m65
2012	V.Stas	RIWA	6m60	Herve	2012	F.Sammels	CABW	13m00
2013	H.Houpe	CABW	6m31	Saint Mard	2013	S.Haddouche	USTA	12m50
2014	S.Gillis	SMAC	6m52w	Braine l'Alleud	2014	S.Haddouche	USTA	12m78w
2015	S.Gillis	SMAC	6m80	Verviers	2015	M.Monseur	SER	12m60
<b>2016</b>	<b>M.Davies</b>	<b>OSGA</b>	<b>6m96</b>	Herve	2016	G.Geerts	RESC	13m19
2017	M.Davies	OSGA	6m90	Bertrix	2017	S.Kempeneers	HERV	12m69
2018	T.Fauconnier	CABW	6m56	Naimette	2018	N.Lohoues	CRAC	13m28w

## Poids

1995	S.Joiris	DAMP	15m86	La Louvière
1996	JP.Piron	BBS	15m76	Dampicourt
1997	JF.Linard	FCHA	14m43	La Louvière
1998	X.Sautier	SMAC	15m17	Jambes
1999	A.Petit	BBS	13m76	Spa
2000	L.Rausin	SPA	13m48	Spa
2001	L.Rausin	SPA	14m49	
2002	D.Toussaint	DAMP	14m63	Spa
2003	J.Vanelsuwé	MOHA	15m21	Verviers
2004	B. Rausin	SPA	12m25	Nivelles
2005	N.Stempnick	DS	14m55	Saint Mard
2006	N.Stempnick	DS	15m09	Verviers
2007	F.Gets	USTA	13m73	Spa
2008	F.Gets	USTA	14m14	Spa
2009	J.Guillaume	BBS	14m31	Naimette
2010	S.Hedges	CSDY	15m95	Herve
2011	M.Hourriez	GOSP	13m10	Nivelles
2012	E.Discart	MOHA	13m92	Herve
2013	E.Quoidbach	DACM	14m08	Saint Mard
2014	J-B.Nutte	DS	15m28	Braine l'Alleud
<b>2015</b>	<b>J-B.Nutte</b>	<b>DS</b>	<b>16m73</b>	Verviers
2016	K.Paquot	SER	13m27	Herve
2017	M.Nutte	DS	13m99	Bertrix
2018	M.Vanydeghe	SMAC	14m67	Naimette

## Disque

<b>1995</b>	<b>S.Joiris</b>	<b>DAMP</b>	<b>50m00</b>
1996	JP.Piron	BBS	38m58
1997	C.Mous	CAS	38m06
1998	Y.Hallemans	ESC	36m95
1999	Vandersmissen	DAMP	42m27
2000	L.Rausin	SPA	41m88
2001	L.Rausin	SPA	43m01
2002	N.Hoffman	DACM	39m53
2003	P.Binamé	RFCL	45m18
2004	B. Rausin	SPA	41m23
2005	A.Logist	HF	40m93
2006	J.Arnoys	DACM	42m73
2007	N.Bartholome	CAF	35m27
2008	J.Agazzi	CABW	35m59
2009	A.Housmans	GOSP	41m74
2010	S.Hedges	CSDY	47m00
2011	M.Hourriez	OSGA	47m62
2012	A.Parisse	BBS	43m94
2013	E.Quoidbach	DACM	40m29
2014	M.Baral	USBW	44m96
2015	L.Andre	MOHA	37m39
2016	B.Troisfontaine	SER	39m55
2017	D.Jacques	BBS	36m64
2018	M.Vanydeghe	SMAC	42m48

## Javelot

1995	D.Montois	USBW	53m42	La Louvière
1996	T.Carion	ACLE	46m62	Dampicourt
1997	C.Mous	CAS	51m40	La Louvière
1998	V.Chabottaux	ROCA	48m18	Jambes
1999	K.Ghys	CAS	46m28	Spa
2000	F.Xhonneux	ESC	48m43	Spa
2001	S.Hoffelt	ULA	51m37	
2002	S.Droesbeke	ESC	51m75	Spa
2003	D.Browaey	ESC	47m88	Verviers
2004	A.Havard	SPA	45m90	Nivelles
2005	B.Carton-Delcourt	UAFA	51m30	Saint Mard
2006	P.Martin	FCHA	50m24	Verviers
2007	F.Gets	USTA	50m48	Spa
2008	F.Gets	USTA	50m60	Spa
2009	S.Quertinmont	SMAC	46m55	Naimette
2010	T.Bernard	ROCA	48m81	Herve
2011	R.Pondant	SPA	51m02	Nivelles
2012	T.Porru	RFCL	46m49	Herve

## Marteau

1995	N.Conka	MOHA	55m30
1996	M.Dufour	MOHA	50m96
1997	M.Dufour	MOHA	56m76
1998	S.Avarello	MOHA	51m10
1999	D.Brilot	SMAC	30m55
2000			
<b>2001</b>	<b>N.Pierre</b>	<b>CABW</b>	<b>60m84</b>
2002			
2003	J.Vanelsuwé	MOHA	47m17
2004	T.Moreaux	SMAC	50m21
2005	P.Montigny	DS	42m18
2006	A.Logist	HF	49m50
2007	A.Stevens	CABW	46m54
2008	C.Hermand	CABW	26m75
2009	T.Bernard	ROCA	44m59
2010	T.Moreaux	SMAC	53m21
2011	Q.Vanderpoorten	SPA	38m56
2012	T.Porru	RFCL	31m19

2013	T.Porru	RFCL	49m82	Saint Mard	2013	V.De Busscher	CSDY	44m89
2014	L.Gerits	SER	45m06	Braine l'Alleud	2014	G.Braeckmans	CABW	46m33
2015	L.Bovy	WACO	57m72	Verviers/Nivelles	2015	G.Braeckmans	CABW	52m69
<b>2016</b>	<b>L.Bovy</b>	<b>SER</b>	<b>63m35</b>	Herve	2016	A.Vangermeersch	CRAC	44m76
2017	R.Henry	ROCA	50m65	Bertrix	2017	M.Demey	CSDY	50m94
2018	R.Honry	ROCA	53m49	Naimette	2018	M.Demey	CSDY	56m60

### Enneathlon/Décathlon depuis 2014

1995			
1996	T.Duval	CABW	5843pts
1997	X.Sautier	SMAC	5084pts
1998	X.Sautier	SMAC	6133pts
1999	F.Gourmet	ROCA	5625pts
2000	F.Xhonneux	ESC	5579pts
2001	V.Vandenhoven	WS	5452pts
2002	V.Vandenhoven	SMAC	5881pts
2003			
2004	J.Solot	SMAC	6048pts
2005			
2006			
2007	C.Campeneer	USTA	5700pts
2008	B.Namurois	RFCL	5706pts
2009	S.Lins	RESC	5071pts
2010	D.Elsen	RESC	5622pts
2011	D.Elsen	RESC	6235pts
<b>2012</b>	<b>V.Stas</b>	<b>RIWA</b>	<b>6391pts</b>
2013	M.Alaerts	CABW	5678pts
2014	J-B.Nutte	DS	6250pts
<b>2015</b>	<b>J-B.Nutte</b>	<b>DS</b>	<b>6948pts</b>
2016	J.Kempeneers	CSDY	5359pts
2017	M.Nutte	DS	6035pts
2018	R.Henry	ROCA	6206pts

### 2000m steeple

La Louvière	1995			
	1996	F.Baron	SPA	7.34.6
	1997	T.Vandenbril	CAA	6.40.21
Namur	1998			
Bertrix	1999	J.Ambroise	CSDY	6.55.91
Herentals	2000	J-F.Bragard	HERV	6.40.48
St Nicolas	2001			
Herve	2002	T.Hausmans	MALM	6.21.90
Herentals	2003			
Verviers	2004	N.Dieudonne	SMAC	6.35.80
Saint Mard	2005	B.Merveille	CSF	6.35.26
Herve	2006	F.Thomas	DAMP	6.48.95
Beveren	2007	M.Bragard	JSMC	6.49.53
Liège	2008	D.Emmerechts	RESC	6.27.48
Herentals	2009	A.Louvrier	ATH	6.40.90
Liège	2010	T.Lejuste	ATH	7.04.62
Heusden	2011	L.Compere	SPA	6.56.10
Verviers	2012	L.Kanfoud	CABW	6.23.49
Bertrix	2013	N.Maroye	CABW	6.35.93
Schaerbeek	2014	T.Colquhoun	DS	6.32.14
Schaerbeek/Verviers	2015	J.Murez	USTA	6.32.33
Bertrix/Herve	<b>2016</b>	<b>R.Schyns</b>	<b>HERV</b>	<b>5.55.87</b>
Forest/Bertrix	2017	A.Solbreux	CABW	6.54.18
Schaerbeek/Naimette	2018	A.Pirenne	HERV	6.39.94

### Décathlon Junior

1993	F.Gonet	GOSP	6130pts	Charleroi
1994	F.Gonet	GOSP	5226pts	
1995				La Louvière
1996	S.Crets	HERV	5792pts	
1997	JP.Piron	BBS	5915pts	
1998	JP.Piron	BBS	5990pts	Namur
1999	C.Kessedjan	WS	5623pts	Bertrix
2000	F.Gourmet	ROCA	6668pts	Herentals
2001	F.Gourmet	RFCL	7278pts	St Nicolas
2002	F.Xhonneux	ESC	6749pts	Herve
2003				Herentals
2004	C.Gerckens	LACE	6644pts	Verviers
2005				
2006				Herve
2007	B.Carton	ACLE	7296pts	Beveren
2008	J.D'Heygere	USTA	6385pts	Liège
2009	B.Namurois	RFCL	6579pts	
2010	F.Gets	USTA	6780pts	Liège
2011	Y.Mammerickx	RCB	6099pts	Heuzden
2012	R.Pondant	SPA	5914pts	Verviers
2013	V.Stas	CABW	7011pts	Bertrix
<b>2014</b>	<b>V.Stas</b>	<b>CABW</b>	<b>7299pts</b>	Schaerbeek
2015	F.Schauwers	SPA	6275pts	Schaerbeek
2016	J-B.Nutte	DS	7187pts	Bertrix
2017	M.Lecocq De Pl.	RCB	6462pts	Forest
2018	G.Gobin	SER	6278pts	Schaerbeek



# FILLES : CADETTES

Année	Nom	Club	Perf	Lieu	Année	Nom	Club	Perf	
<b>100m</b>					<b>200m</b>				
1995	S.Bancu	BBS	13.04	La Louvière	1995	P.Mayence	UAC	25.9	
1996	E.Davin	DAMP	12.88	Dampicourt	1996	L.Demaret	CABW	26.93	
1997	L.Demaret	CABW	12.81	La Louvière	1997	L.Demaret	CABW	26.25	
1998	E.Fraselle	DAMP	12.99	Jambes	1998	C.Lempereur	WS	27.2	
1999	A.Remacle	BBS	12.90	Spa	1999	Vandermeulen	HERV	27.01	
2000	S.Deherdt	RCB	12.44	Spa	2000	S.Deherdt	RCB	26.15	
2001	A.D'addario	CSF	12.94		2001	V.Domken	HF	26.42	
2002	R.Gerrebos	SMAC	13.34	Spa	2002	C.Van Boeckel	WRC	27.15	
2003	M.Warzée	SER	12.95	Verviers	2003	S.Adam	DAMP	26.89	
2004	I.De Blauwe	DS	12.92	Nivelles	2004	L.Scimeca	LWA	26.17	
2005	L-A.Remacle	BBS	12.96	Saint Mard	2005	C.Stoffels	LACE	26.75	
2006	F.Procureur	MOHA	12.90	Verviers	2006	W.Labeye	HF	26.82	
2007	C.Hermand	CABW	12.61	Spa	2007	C.Hermand	CABW	25.83	
2008	C.Bolingo	RCB	12.28	Spa	2008	C.Laus	USTA	25.51	
2009	P.Demolder	MOHA	13.22	Naimette	2009	L.Leprince	DAMP	25.91	
2010	T. Tshilumba	DAMP	12.67	Herve	2010	L.Leprince	DAMP	25.25	
2011	F.De Paoli	USTA	12.80	Nivelles	2011	F.De Paoli	USTA	26.6	
2012	C.Vanderveken	RESC	12.87	Herve	2012	V.Warnier	RFCL	26.86	
2013	C.Gautier	CSDY	12.64	Saint Mard	2013	S.Carbonnelle	USTA	25.94	
<b>2014</b>	<b>C.Gautier</b>	<b>CSDY</b>	<b>12.09w/12.00</b>	Braine l'Alleud	2014	C.Gautier	CSDY	25.20w	
2015	L.Camara Aissat	CSF	12.45	Verviers	2015	L.Camara Aissat	CSF	25.68	
2016	A-C.Vranckx	MOHA	12.58w	Herve	2016	A-C.Vranckx	MOHA	26.14	
2017	Y.Ndjip Nyemeck	RCB	12.27	Bertrix	2017	P.Cossez	USTA	25.61	
2018	A.Mortant	CABW	12.49	Naimette	<b>2018</b>	<b>E.Collard</b>	<b>ARCH</b>	<b>24.90</b>	
<b>400m</b>					<b>800m</b>				
1995	L.Devenijn	ACDC	60.3	La Louvière	1995	L.Delbecque	ESC	2.29.88	
1996	S.Leplat	ESC	60.42	Dampicourt	1996	A.Olivier	CAF	2.22.0	
1997	D.Lumen	MOHA	62.46	La Louvière	1997	M.Hendrickx	ACLO	2.27.35	
1998	D.Lumen	MOHA	61.08	Jambes	1998	M.Hendrickx	ACLO	2.26.49	
1999	M.Becker	MALM	59.96	Spa	1999	K.Hendricks	LACE	2.28.57	
2000	V.Domken	HF	60.77	Spa	2000	M.Becker	MALM	2.21.72	
2001	V.Domken	HF	59.64		2001	D.Gillet	BBS	2.20.03	
2002	L.Servais	MALM	59.69	Spa	2002	V.Delvaux	ARCH	2.28.52	
2003	M.Brassel	HUY	60.71	Verviers	2003	L.Servais	MALM	2.16.63	
2004	N. De Bont	CABW	58.45	Nivelles	<b>2004</b>	<b>C.Mahieu</b>	<b>DAMP</b>	<b>2.15.82</b>	
2005	A.Kever	LACE	59.01	Saint Mard	2005	A.Pourcelet	OSGA	2.26.86	
2006	E.Weert	RFCL	61.06	Verviers	2006	L.Prevot	RFCL	2.23.80	
2007	C.Leseultre	UAFA	59.39	Spa	2007	M.Tenaerts	CABW	2.22.2	
2008	C.Leseultre	ATH	58.36	Spa	2008	P.Claude	DAMP	2.23.94	
2009	F. Semaille	CABW	60.27	Naimette	2009	A.Gerardy	ARCH	2.21.99	
2010	F. Semaille	CABW	60.55	Herve	2010	M. Hovine	ATH	2.27.95	
2011	A.Klai	RESC	58.92	Nivelles	2011	C.Draux	CABW	2.22.63	
2012	I. Benziane	DACM	61.58	Herve	2012	C.Draux	CABW	2.25.09	
2013	V.Debougoux	HF	59.38	Saint Mard	2013	C.Vandenbroucke	EAH	2.18.60	
2014	J.Dejemeppe	CSF	59.38	Braine l'Alleud	2014	C.De Bie	FLEU	2.21.43	
2015	J.Thomas	DAMP	59.69	Verviers	2015	N.De Meulemeester	CABW	2.20.68	
2016	L.Schoemaker	OSGA	56.91	Herve	2016	K.Margoum	CSF	2.23.49	
2017	<b>L.Schoemaker</b>	<b>OSGA</b>	<b>56.43</b>	Bertrix	2017	L.Delcommune	HUY	2.22.68	
2018	C. Vanhamme	JSMC	60.44	Naimette	2018	G.Botty	SER	2.16.92	
<b>1500m</b>									
1995	A.Olivier	CAF	4.47.41	La Louvière					
1996	J.Mayon	DAMP	5.07.24	Dampicourt					
1997	S.Albert	LACE	4.59.46	La Louvière					
1998	S.Fortemps	ULA	5.07.80	Jambes					
1999	C.Istace	BOA	4.56.30	Spa					
2000	K.Denoncin	BBS	4.52.94	Spa					
2001	MJ.Lefbvre	UAFA	4.59.23						

2002	A.Laurent	HF	4.55.73	Spa
<b>2003</b>	<b>M.Mahieu</b>	<b>DAMP</b>	<b>4.41.94</b>	Verviers
2004	M.Mahieu	DAMP	4.42.62	Nivelles
2005	A. Van Kerrebroeck	OCAN	5.01.59	Saint Mard
2006	C.Gabriel	MALM	4.59.70	Verviers
2007	A.Etienne	RFCL	5.06.05	Spa
2008	A.Etienne	RFCL	4.55.08	Spa
2009	M.Dauchot	OSGA	5.09.71	Naimette
2010	M. Lecart	USBW	5.00.9	Herve
2011	C.Pohl	RFCL	4.59.14	Nivelles
2012	V.Demeyer	DACM	4.54.85	Herve
2013	C. De Bie	FLEU	4.57.79	Saint Mard
2014	M.Bovy	WS	4.43.77	Braine l'Alleud
2015	A.Deleersnyder	ATH	5.01.51	Verviers
2016	L.Appelmans	CSF	5.04.32	Herve
2017	L.Grandjean	CAF	4.51.10	Bertrix
2018	I.Grandjean	CAF	4.51.47	Naimette

## 80m H

1995	L.Guillet	ESC	12.34
1996	E.Davin	DAMP	12.14
1997	A.Giuliani	ESC	12.77
1998	E.Fraselle	DAMP	12.51
1999	E.Fraselle	DAMP	12.52
2000	T.Atterte	SMAC	12.47
2001	T.Atterte	SMAC	12.43
2002	I.Huybrechts	ESC	12.74
2003	M.Warzée	SER	12.14
2004	L.Cincinatis	CABW	12.27
2005	C.Stoffels	LACE	12.52
2006	C.Petry	FCHA	13.08
2007	S.Wuillaume	RFCL	12.71
2008	C.Bolingo	RCB	12.11
2009	A.Leprince	DAMP	12.16
<b>2010</b>	<b>L. Leprince</b>	<b>DAMP</b>	<b>11.73</b>
2011	S.Vancauwenbergh	DS	12.28
2012	N.Vanderveken	RESC	12.39
2013	M.Schauwers	HF	12.08
2014	M.Schauwers	HF	11.73w
2015	F.Lopez Castellanos	MOHA	12.07
2016	I.Masson	FCHA	11.96
2017	Y.Ndjip Nyemeck	RCB	11.89
2018	E.Goffin	CSF	11.83

## Hauteur

1995	H.Akueni	RSCA	1m59
1996	A.Devaux	JSMC	1m48
1997	S.Gilson	HF	1m55
1998	A.Balthazard	SMAC	1m50
1999	J.Bourgois	EAH	1m53
2000	A-J.Locrel	OSGA	1m58
2001	C.Vanboeckel	WRC	1m53
2002	C.Van Boeckel	WRC	1m62
2003	D.Bernkens	FAC	1m53
2004	M.Dussard	CABW	1m56
2005	A.Roquet	HERV	1m61
2006	J.Debaene	CRAC	1m53
2007	J.Debaene	CRAC	1m59
2008	N.Thiam	RFCL	1m50
2009	N.Thiam	RFCL	1m60
2010	A.Lemmens	RCB	1m56
2011	C.Vanderveken	RESC	1m57
2012	S.Leonard	FCHA	1m59
2013	A.Mercenier	HERV	1m66
2014	M.Schauwers	HF	1m65

## 300m H

1995	La Louvière	1995	G.Vanzeebroek	ESC	48.53
1996	Dampicourt	1996	M.Collin	SMAC	48.58
1997	La Louvière	1997	S.Reniers	CAS	49.04
1998	Jambes	1998	S.Gilson	HF	49.39
1999	Spa	1999	K.Hendricks	LACE	47.46
2000	Spa	2000	K.Hendricks	LACE	47.79
2001		2001	V.Albert	SPA	49.56
2002	Spa	2002	P.Blanquet	DS	48.30
2003	Verviers	2003	P.Blanquet	DS	46.70
2004	Nivelles	2004	N. De Bont	CABW	46.11
2005	Saint Mard	2005			
2006	Verviers	2006	C.Gilles	CABW	47.16
2007	Spa	2007	E.Nysten	CSDY	49.5
2008	Spa	2008	A.Leprince	DAMP	46.99
2009	Naimette	<b>2009</b>	<b>A.Leprince</b>	<b>DAMP</b>	<b>44.95</b>
2010	Herve	2010	J.Esukani	RCB	48.97
2011	Nivelles	2011	J.Brackman	DAMP	46.6
2012	Herve	2012	J.Brackman	DAMP	45.04
2013	Saint Mard	2013	O.Vanherpe	USTA	47.44
2014	Braine l'Alleud	2014	S.Lallemand	FCHA	49.15
2015	Verviers	2015	K.Hamelat	CRAC	48.63
2016	Herve	2016	Z.Kooper	RFCL	47.95
2017	Bertrix	2017	A.Vandermeulen	ATH	45.98
2018	Naimette	2018	K. Lambert	RESC	45.73

## Perche

1995	La Louvière	1995	G.Vanzeebroek	ESC	3m00
1996	Dampicourt	1996			
1997	La Louvière	1997	M.Laval	BBS	2m20
1998	Jambes	1998	J.Maes	SMAC	2m50
1999	Spa	1999	A.Leroy	HERV	2m70
2000	Spa	2000	A.Jadot	RFCL	2m80
2001		2001	A.Jadot	RFCL	2m90
2002	Spa	2002	G.Leterme	CABW	2m70
2003	Verviers	2003	G.Leterme	CABW	3m00
2004	Nivelles	2004	A.Pakuszewski	CABW	2m75
2005	Saint Mard	2005	A.Pakuszewski	CABW	2m75
2006	Verviers	2006	M.Dewergifosse	SMAC	2m60
2007	Spa	2007	L.Renier	ACO	2m90
2008	Spa	2008	H.Ramay	CABW	2m70
2009	Naimette	2009	H.Ramay	CABW	3m16
2010	Herve	2010	C.Calics	CABW	2m60
2011	Nivelles	<b>2011</b>	<b>J.Smal</b>	<b>SMAC</b>	<b>3m31</b>
2012	Herve	2012	M.Vissers	ACO	3m20
2013	Saint Mard	2013	D.Jacob	DAMP	2m90
2014	Braine l'Alleud	2014	D.Jacob	DAMP	2m90

<b>2015</b>	<b>E.Depinois</b>	<b>OSGA</b>	<b>1m70</b>	Verviers	2015	P. Uvier	CABW	2m40
2016	M.Fournaux	CAF	1m53	Herve	2016	O.Mostosi	CABW	2m70
2017	L.Braux	DAMP	1m64	Bertrix	2017	O.Mostosi	CABW	3m20
2018	F.Lousberg	HF	1m60	Naimette	2018	E.Ballas	USBW	2m50

## Longueur

1995	M.Yanga	RISC	4m86	La Louvière
1996	C.Brichet	RCB	4m86	Dampicourt
1997	N.Coelen	HF	5m13	La Louvière
1998	A.Leroy	HERV	5m03	Jambes
1999	A.Leroy	HERV	5m17	Spa
2000	L.Malbecq	RIWA	5m30	Spa
2001	A-J.Locrel	CABW	5m02	
2002	C.Foucart	SMAC	4m87	Spa
2003	L.Scimeca	LWA	5m15	Verviers
2004	L.Diop	CABW	5m10	Nivelles
2005	P.Hostyn	RESC	4m89	Saint Mard
2006	A.Soebbotina	OSGA	5m17	Verviers
2007	E.Loureiro	RFCL	5m04	Spa
2008	C.Verschuere	JSMC	5m01	Spa
<b>2009</b>	<b>L.Leprince</b>	<b>DAMP</b>	<b>5m38</b>	Naimette
2010	K.Duvivier	CABW	5m15	Herve
2011	M.Froidmont	BBS	4m98	Nivelles
2012	C.Orcel	CSF	5m16	Herve
2013	G.Coulon	CSDY	5m19	Saint Mard
2014	S.Carbonnelle	USTA	5m34w/5m21	Braine l'Alleud
2015	F. Lopez Castellanos	MOHA	5m15	Verviers
2016	C.Evans	HUY	5m23w/5m01	Herve
2017	L.Gilson	RFCL	5m26	Bertrix
2018	L.Gilson	RFCL	5m35w	Naimette

## Triple

1995	Zeidler	SPA	10m65
1996	C.Schklar	SPA	10m46
1997	C.Godart	DS	10m54
1998	A.China	RFCL	10m04
1999	C.Kompany	ESC	11m20
2000	A.D'addario	CSF	11m43
2001	A.D'addario	CSF	10m99
2002	G.Davin	DAMP	10m37
2003	S.Adam	DAMP	10m77
2004	L. Diop	CABW	10m93
2005	P.Hostyn	RESC	10m78
2006	M.Ekutshu	RCB	10m92
<b>2007</b>	<b>G.Lambert</b>	<b>RCB</b>	<b>11m77</b>
2008	H.Ramay	CABW	10m48
2009	E.Pharao	RIWA	10m52
2010	K.Duvivier	CABW	11m68
2011	E.Teirlinckx	CABW	10m24
2012	E.Teirlinckx	CABW	10m79
2013	C.Lecomte	RESC	9m98
2014	M.Pecher	RCB	10m00w
2015	C.Violle	HERV	10m20
2016	L.Sandon	RESC	10m01
2017	C.Jemine	HERV	9m92
2018	L.Gilson	RFCL	10m87

## Poids

<b>1995</b>	<b>B.Olivier</b>	<b>CAF</b>	<b>13m57</b>	La Louvière
1996	V.Lucas	DAMP	10m29	Dampicourt
1997	A.Marotte	DAMP	10m84	La Louvière
1998	I.Sustelo	IXEL	12m51	Jambes
1999	A.Lefevre	DAMP	11m99	Spa
2000	J.Nicaise	USBW	10m38	Spa
2001	J.Nicaise	USBW	10m75	
2002	A.Stock	HF	10m85	Spa
2003	L.Demeyer	ESC	10m82	Verviers
2004	A.Scimeca	LWA	10m61	Nivelles
2005	J.Ommenetti	OSGA	10m01	Saint Mard
2006	E.Mouzon	RESC	10m67	Verviers
2007	M.Duhent	ACLE	11m24	Spa
2008	M.Borbose	DAMP	11m40	Spa
2009	N.Thiam	RFCL	12m62	Naimette
2010	L.Camilotto	MOHA	10m25	Herve
2011	L.Soudan	ACLE	10m34	Nivelles
2012	L.Baggio	HUY	11m45	Herve
2013	L.Baggio	HUY	12m66	Saint Mard
2014	E.Buschgens	DAMP	11m81	Braine l'Alleud
2015	F.Etsinda	SER	10m73	Verviers
2016	F.Etsinda	SER	11m02	Herve
2017	A.Vandermeulen	ATH	11m57	Bertrix
2018	A.Vandermeulen	ATH	12m62	Naimette

## Disque

1995	B.Olivier	CAF	36m02
1996	V.Willame	RISC	26m56
1997	C.Menten	FAC	25m54
<b>1998</b>	<b>I.Sustelo</b>	<b>IXEL</b>	<b>38m05</b>
1999	A.Lefevre	DAMP	29m93
2000	J.Halleman	ESC	26m84
2001	L.Willems	HF	28m80
2002	J.Frederic	UAFA	29m83
2003	A.Lowy	CSF	27m20
2004	A.Scimeca	LWA	33m51
2005	A.Bouhy	SPA	30m14
2006	V.Degrugillier	MOHA	31m35
2007	J.Piret	CRAC	27m87
2008	M.Borbose	DAMP	34m28
2009	L.Camilotto	ACLE	28m83
2010	A.Fleury	ACLE	31m62
2011	P.Ramay	CABW	32m24
2012	L.Pletinckx	RCAS	34m36
2013	L.Baggio	HUY	33m91
2014	E.Dodrimont	HF	36m75
2015	C.Thomas	BBS	21m65
2016	I.Soudan	MOHA	27m95
2017	L.Sclavont	CABW	31m34
2018	S.Muller	RCAS	29m98

## Javelot

1995	J.Williams	USBW	32m48	La Louvière
1996	J.Williams	CSF	37m88	Dampicourt
1997	C.Brichet	RCB	35m36	La Louvière
1998	C.Bastin	RFCL	24m49	Jambes
1999	K.Molders	WS	33m86	Spa
2000	J.Halleman	ESC	36m86	Spa
2001	G.Davin	DAMP	29m29	

## Marteau

1995	V.Delbrassine	RISC	26m48
1996			
1997			
1998	C.Lejeune	MOHA	23m34
1999	B.Blaise	SPA	21m78
2000			
2001	A.Malengreau	SMAC	15m02

2002	I.Huybrechts	ESC	35m02	Spa	2002			
2003	F.Lesenfants	SPA	27m30	Verviers	<b>2003</b>	<b>C.Despontin</b>	<b>ARCH</b>	<b>42m07</b>
2004	G. Bree	HERV	29m29	Nivelles	2004	M.Glautier	CABW	30m21
2005	A.Maigret	SMAC	32m39	Saint Mard	2005	V.Degrugillier	MOHA	38m58
2006	C.Laurent	DAMP	34m08	Verviers	2006	V.Degrugillier	MOHA	37m17
2007	J.Piret	CRAC	35m50	Spa	2007	C.Speetjens	MOHA	39m33
2008	L.Liegeois	HF	33m07	Spa	2008	O.Gregoire	SPA	20m24
2009	L.Liegeois	HF	38m92	Naimette	2009	O.Gregoire	SPA	21m14
<b>2010</b>	<b>A.Fleury</b>	<b>ACLE</b>	<b>40m36</b>	Herve	2010			
2011	J.Bernard	CABW	30m10	Nivelles	2011	A.Gofflot	DAMP	30m84
2012	M.Vissers	ACO	39m17	Herve	2012	A.Gofflot	DAMP	40m31
2013	M.Vissers	ACO	38m85	Saint Mard	2013	P.Jungers	DAMP	16m69
2014	C.Thomas	BBS	27m97	Braine l'Alleud	2014	-	-	-
2015	K.Neirynck	OSGA	31m20	Verviers/Nivelles	2015	-	-	-
2016	K.Iven	RESC	34m91	Herve	2016	I.Soudan	MOHA	30m12
2017	K.Iven	RESC	35m85	Bertrix	2017	E.Hofmann	SER	35m30
2018	C.Leonard	SPA	30m42	Naimette	2018	C.Huygens	RESC	32m73

## Hexathlon

1995			
1996	C.Dullier	SPA	3144pts
1997	C.Brichet	RCB	3599pts
1998	A.Remacle	BBS	3404pts
1999	A.Leroy	HERV	3433pts
2000	AJ.Locrel	OSGA	3427pts
2001	AJ.Locrel	CABW	3714pts
2002	S.Thelen	HF	3522pts
2003			
2004	Vanderheyde	WS	3135pts
2005			
2006			
2007	S.Wuillaume	RFCL	3514pts
2008	L.Liegeois	HF	3573pts
<b>2009</b>	<b>N.Thiam</b>	<b>RFCL</b>	<b>4172pts</b>
2010	C.Laurant	SPA	3159pts
2011	M.Froidmont	BBS	3402pts
2012	L.Baggio	HUY	3386pts
2013	A.Mercenier	HERV	3101pts
2014	L.Jacquemart	BBS	3320pts
2015	M.Fournaux	CAF	3083pts
2016	C.Evans	HUY	3697pts
2017	A.Vandermeulen	ATH	3906pts
2018	A.Vandermeulen	ATH	4034pts

## 1500m steeple

1995			
1996			
1997			
1998	Namur		
1999	Bertrix		
2000		A.Dagniaux	OCAN 6.07.66
2001	St Nicolas		
2002	Herve	L.Delponchin	UAFA 6.06.06
2003	Herentals		
2004	Verviers		
2005	Saint Mard	J.Carton Delcourt	UAFA 6.01.84
2006	Herve	J.Carton Delcourt	ACLE 6.00.24
2007	Beveren	E.Piroux	UAFA 5.49.69
2008	Liège	L.Mathieu	DAMP 5.54.03
2009		F.Louvrier	ATH 5.44.25
2010	Liège	E.Vandenabeele	ACLO 6.25.83
2011	Heuzden	M.Bossut	ATH 5.59.09
2012	Verviers		
2013	Bertrix	-	-
2014	Braine l'Alleud	L.Fasciaux	ATH 5.53.52
2015	Schaerbeek/Verviers	L.Fasciaux	ATH 5.54.65
2016	Bertrix/Herve	R.Maroye	CABW 5.58.35
2017	Forest/Bertrix	<b>E.Debie</b>	<b>MOHA 5.34.00</b>
2018	Schaerbeek/Naimette	L.Vasteels	USBW 5.36.34

## FILLES : SCOLAIRES

Année	Nom	Club	Perf	Lieu	Année	Nom	Club	Perf
<b>100m</b>					<b>200m</b>			
1995	I.Ote	RFCL	12.89	La Louvière	1995	I.Ote	RFCL	26.1
1996	I.Ote	RFCL	12.56	Dampicourt	1996	H.Gilson	SER	25.92
1997	S.Leplat	ESC	12.79	La Louvière	1997	H.Gilson	SER	24.98
1998	S.Luyimi	SMAC	12.89	Jambes	1998	A.Giuliani	ESC	26.85
1999				Spa	1999			
2000	A.Remacle	SMAC	12.68	Spa	2000	A.Baudinet	HERV	26.18
2001	S.Deherdt	RCB	12.04		2001	S.Deherdt	RCB	24.67
2002	T.Zinga Botao	WS	12.68	Spa	2002	L.Delplace	SPA	26.26
2003	O.Borlée	SPA	12.27	Verviers	2003	O.Borlée	SPA	25.21
2004	C. Foucart	SMAC	12.82	Nivelles	2004	S.Thelen	HF	25.46
2005	C. Foucart	SMAC	12.68	Saint Mard	2005	L.Diop	CABW	26.06
2006	C.Stoffels	LACE	12.63	Verviers	2006	C.Stoffels	LACE	25.59
2007	A.Zagre	RCB	12.47	Spa	2007	B.Muzembo	SMAC	26.24
2008	F.Procureur	MOHA	12.39	Spa	2008	F.Procureur	MOHA	25.83



2009	C. Bolingo	RCB	12.38	Naimette	2009	C.Laus	USTA	25.21
2010	C. Bolingo	RCB	11.92	Herve	2010	C.Laus	USTA	24.82
2011	C.Gaspar	HF	12.64	Nivelles	2011	L.Leprince	DAMP	25.83
2012	C.Bonhomme	DAMP	12.41	Herve	2012	L.Leprince	DAMP	25.51
2013	C.Bonhomme	DAMP	12.26	Saint Mard	2013	C.Bonhomme	DAMP	25.74
2014	C.Van Der Veken	RESC	12.22w	Braine l'Alleud	2014	V.Debougnoux	HF	25.31w
2015	C.Gautier	CSDY	12.37	Verviers	2015	C.Gautier	CSDY	25.90
2016	C.Gautier	CSDY	11.89	Herve	2016	L.Ferauge	CABW	24.58
<b>2017</b>	<b>L.Ferauge</b>	<b>CABW</b>	<b>11.87</b>	Bertrix	<b>2017</b>	<b>L.Ferauge</b>	<b>CABW</b>	<b>23.97</b>
2018	C.Chavepeyer	ACLO	12.45	Naimette	2018	L.Schoemaker	MOHA	24.83w

#### 400m

1995	C.Martens	RISC	59.07
1996	A.Roobaert	CABW	59.91
1997	S.Leplat	ESC	59.49
1998			
1999	L.Demaret	CABW	59.17
2000	C.Lempereur	WS	61.7
2001	M.Becker	MALM	58.39
2002	V.Domken	HF	60.64
2003	V.Domken	HF	58.91
2004	L.Servais	MALM	58.83
2005	N.Lambin	DAMP	60.19
2006	N.Debont	CABW	60.86
2007	S.Erard	BBS	58.85
2008	P.Hemroulle	HUY	59.24
2009	A. Bamps	HERV	59.27
2010	E. Guillaume	SMAC	58.58
2011	G.Detemmerman	CABW	58.41
2012	N.Maheux	ACLO	58.73
2013	J.Brackman	DAMP	57.31
2014	I.Benziane	DACM	59.72
2015	V.Debougnoux	HF	56.79
2016	O.Ricour	EAH	58.04
<b>2017</b>	<b>N.Thiry</b>	<b>SER</b>	<b>56.28</b>
2018	L.Bosseler	DAMP	60.49

#### 800m

1995	La Louvière	1995	N.Lardinois	ACLO	2.22.05
	Dampicourt	1996	J.Schmickrath	ULA	2.20.54
	La Louvière	1997	G.Schmit	ULA	2.17.47
	Jambes	1998			
	Spa	1999	S.Albert	LACE	2.20.61
	Spa	2000	I.Cecchi	CSDY	2.27.80
		2001	K.Hendricks	LACE	2.19.69
	Spa	2002	A.Dagniaux	SMAC	2.21.30
	Verviers	2003	Y.Laamoumi	UAC	2.19.96
	Nivelles	<b>2004</b>	<b>A. Laurent</b>	<b>HF</b>	<b>2.14.61</b>
	Saint Mard	2005	C.Mahieu	DAMP	2.20.05
	Verviers	2006	A.Boucher	CABW	2.27.3
	Spa	2007	A. Van Kerrebroeck	OCAN	2.17.83
	Spa	2008	C.Jacobs	RCB	2.20.62
	Naimette	2009	S.Bouanati	ATH	2.25.91
	Herve	2010	A.Gerardy	ARCH	2.24.00
	Nivelles	2011	A.Gerardy	ARCH	2.19.63
	Herve	2012	L.Hayez	WS	2.24.91
	Saint Mard	2013	C.Pohl	HF	2.27.84
	Braine l'Alleud	2014	L.Carnol	HF	2.22.22
	Verviers	2015	E.Henrard	LACE	2.19.28
	Herve	2016	C.Baudinet	RFCL	2.14.44
	Bertrix	2017	J.Thomas	DAMP	2.20.34
	Naimette	2018	C.Brever	SER	2.21.21

#### 1500m

1995	N.Rousseau	RFCL	4.43.96
1996	D.Cawet	ESC	5.09.44
1997	V.Marandini	WRC	5.04.17
1998			
1999	B.Machiels	RFCL	5.00.73
2000	C.Collin	SMAC	5.00.43
2001	C.Christelbach	HERV	5.01.47
2002	A-S.Maréchal	HF	4.58.08
2003	A-S.Maréchal	HF	4.54.96
2004	C.Gardien	DAMP	5.06.33
<b>2005</b>	<b>A.Laurent</b>	<b>HF</b>	<b>4.35.97</b>
2006	E.Mol	USTA	4.53.27
2007	S.Alberghs	RFCL	5.07.96
2008	C.Gabriel	MALM	5.03.23
2009	M.Stordeur	FCHA	4.54.08
2010	C.Kniebs	MALM	4.59.76
2011	M.Lecart	USBW	4.58.26
2012	M.Lecart	USBW	5.05.10
2013	H.Sensee	ARCH	4.59.66
2014	C.Draux	CABW	4.51.72
2015	M.Bovy	WS	4.48.88
2016	M.Deswaef	RCB	4.53.62
2017	C.Brever	HERV	5.05.55
2018	C.Hock	FCHA	5.12.17

#### 3000m

1995	La Louvière	1995	L.Rousseau	USBI	10.51.06
	Dampicourt	1996	C.Lallemand	RISC	10.42.28
	La Louvière	<b>1997</b>	<b>J.Mayon</b>	<b>DAMP</b>	<b>10.24.09</b>
	Jambes	1998			
	Spa	1999	C.Dieu	SMAC	12.33.43
	Spa	2000	S.Fievez	USTA	11.03.77
		2001	S.Fievez	USTA	11.12.34
	Spa	2002	C.Christelbach	HERV	11.01.82
	Verviers	2003	C.Pieters	DACM	11.26.88
	Nivelles	2004	A. Saussez	ACLO	10.55.6
	Saint Mard	2005	C.Fievez	USTA	10.56.98
	Verviers	2006	L.Vliegen	RFCL	11.12.25
	Spa	2007	K.Lentz	MALM	11.20.82
	Spa	2008	P.Monfils	CABW	10.57.65
	Naimette	2009	P.Monfils	CABW	10.32.22
	Herve	2010	G.Simon	MOHA	10.44.01
	Nivelles	2011	L.Folie	ULA	11.21.07
	Herve	2012	C.Delbruyere	CABW	11.38.23
	Saint Mard	2013	V.Demeyer	DACM	10.53.68
	Braine l'Alleud	2014	V.Demeyer	DACM	10.33.69
	Verviers	2015	J.Weyrich	BBS	12.12.33
	Herve	2016	K.Smith	RCB	10.36.36
	Bertrix	2017	O.Weber	CRAC	11.05.36
	Naimette	2018	A.Kempeners	CABW	11.12.70

#### 100m H

1995	P.Raffay	RFCL	15.26
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#### 400m H

1995	La Louvière	1995	J.Larou	ESC	43.97
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1996	L.Guillet	ESC	15.51	Dampicourt	1996	AS.Buyse	CABW	46.66
1997	E.Davin	DAMP	14.75	La Louvière	1997	S.Bancu	BBS	45.00
1998				Jambes	1998			
1999	MC.Baudinet	HERV	15.38	Spa	1999	S.Reniers	CAS	72.42
2000	A.Balthazart	SMAC	15.32	Spa	2000	C.Guisset	ROCA	64.71
2001	A.Remacle	SMAC	15.06		2001	K.Hendricks	LACE	62.07
2002	V.Bastin	SER	15.23	Spa	2002	K.Hendricks	LACE	64.09
2003	T.Atterte	SMAC	15.76	Verviers	2003	J.Mottet	RFCL	67.59
2004	C.Foucart	SMAC	15.38	Nivelles	2004	P. Blanquet	DS	66.02
2005	C.Foucart	SMAC	15.05	Saint Mard	2005	M.Rinchon	CABW	69.02
2006	L.Cincinatis	CABW	15.29	Verviers	2006	S.Erad	BBS	67.17
<b>2007</b>	<b>L.Cincinatis</b>	<b>CABW</b>	<b>13.74</b>	Spa	2007	E.Hupperertz	MALM	69.05
2008	E.Mouzon	ESC	14.49	Spa	2008	C.Gilles	CABW	67.11
2009	C.Bolingo	RCB	14.64	Naimette	2009	N.Altimari	ATH	66.29
2010	C.Bolingo	RCB	14.16	Herve	2010	A.Leprince	DAMP	65.05
2011	L. Leprince	DAMP	15.43	Nivelles	2011	A.Leprince	DAMP	65.21
2012	L. Leprince	DAMP	14.10	Herve	2012	J.Badji	RESC	68.52
2013	S. Van Cauwenbergh	DS	13.95	Saint Mard	2013	C.Famenne	CABW	67.02
2014	L.Barthel	BBS	14.45	Braine l'Alleud	<b>2014</b>	<b>J.Brackman</b>	<b>DAMP</b>	<b>63.10</b>
2015	L.Barthel	BBS	14.79	Verviers	2015	F.Savary	CSDY	73.14
2016	M.Schauwers	RESC	14.38	Herve	2016	E.Henry	SER	66.19
2017	I.Masson	FCHA	14.05	Bertrix	2017	A.Schaaf	LACE	67.33
2018	I.Masson	FCHA	14.20w	Naimette	2018	F.Bruno	OSGA	68.21

### Hauteur

1995	A.Gillardin	DAMP	1m63
1996	A.Gillardin	DAMP	1m59
1997	A.Devaux	JSMC	1m55
1998			
1999	J.Marechal	SMAC	1m56
2000	A.Balthazart	SMAC	1m55
2001	V.Adams	MALM	1m68
2002	A-J.Locrel	CABW	1m65
2003	A-J.Locrel	CABW	1m63
2004	C.Dubois	USTA	1m50
2005	L.Kuffer	ULA	1m61
2006	A.Roquet	HERV	1m65
2007	T.Reisch	LACE	1m63
2008	J.Debaene	CRAC	1m67
2009	J.Debaene	CRAC	1m65
2010	N.Thiam	RFCL	1m61
2011	M.Lepoutre	USTA	1m56
2012	S.Bekisz	HF	1m65
2013	S.Leonard	FCHA	1m62
2014	A.Mercenier	HERV	1m65
<b>2015</b>	<b>A.Mercenier</b>	<b>HERV</b>	<b>1m75</b>
2016	E.Pardoms	CABW	1m69
2017	E.Pardoms	CABW	1m69
2018	I.Masson	FCHA	1m67

### Perche

1995	G.Henkinbrant	MOHA	2m70
1996	G.Vanzeebroek	ESC	2m90
1997	M.Collin	SMAC	2m71
1998			
1999	J.Maes	SMAC	2m50
2000	A-F.Krier	ULA	3m10
2001	A.Leroy	HERV	3m40
2002	M.Zitolo	OSGA	2m90
2003	M.Zitolo	DS	3m10
2004	A.L.Richard	ULA	3m20
2005	G.Leterme	CABW	3m40
2006	C.Avril	SMAC	2m60
2007	M.De Wergifosse	SMAC	2m40
2008	L.Renier	ACO	2m70
2009	L.Renier	ACO	3m00
2010	M. D Otreppe	DAMP	3m11
2011	M.Quirin	ACO	3m65
<b>2012</b>	<b>M.Quirin</b>	<b>ACO</b>	<b>3m80</b>
2013	C.Van De Sype	RESC	3m16
2014	C.Van De Sype	RESC	3m00
2015	D.Jacob	DAMP	3m62
2016	D.Jacob	DAMP	3m50
2017	M.Jallow	CSDY	2m90
2018	C.Bloch	SER	3m35

### Longueur

1995	M.Massin	USTA	5m41
1996	H.Gilson	SER	5m54
<b>1997</b>	<b>H.Gilson</b>	<b>SER</b>	<b>6m00</b>
1998			
1999	A.Decock	ESC	5m20
2000	A.Remacle	SMAC	5m65
2001	A.Remacle	SMAC	5m50
2002	S.Olivier	DAMP	5m11
2003	S.Thelen	HF	5m47
2004	A.Boesmans	HUY	4m85
2005	L.Diop	CABW	5m04
2006	A.Roquet	HERV	5m50
2007	F.Gustin	FCHA	5m39
2008	F.Gustin	FCHA	5m31

### Triple

1995	S.Denay	BBS	11m19
1996	A.Gascard	CABW	11m55
1997	C.Schklar	SPA	11m11
1998			
1999	A.Decock	ESC	
2000	C.Kompany	ESC	11m45
2001	S.Olivier	DAMP	11m17
2002	S.Olivier	DAMP	11m40
2003	A.D'addario	CSF	11m47
2004	S. Adam	DAMP	10m94
2005	F.Matumona	RFCL	11m48
2006	J.Elias	FCHA	10m32
2007	A.Bouhy	SPA	10m25
2008	G.Lambert	RCB	11m83

2009	G.Lambert	RCB	5m28	Naimette	<b>2009</b>	<b>G.Lambert</b>	<b>RCB</b>	<b>12m17</b>
2010	H.Ramay	CABW	5m15	Herve	2010	E.Pharao	CSDY	10m41
2011	C.Laurant	SPA	5m12	Nivelles	2011	K.Duvivier	CABW	11m48
2012	M.Froidmont	BBS	5m30	Herve	2012	K.Duvivier	CABW	12m05
2013	C.Orcel	CSF	5m32	Saint Mard	2013	Y.Collard	SPA	10m00
2014	G.Coulon	CSDY	5m52	Braine l'Alleud	2014	C.Van De Sype	RESC	10m71w
2015	M.L.Cooper	MOHA	5m69	Verviers	2015	S.Onana*	DAMP	10m82
2016	A.Semenou	CABW	5m29	Herve	2016	A.Semenou	CABW	10m72
2017	C.Evans	HUY	5m42	Bertrix	2017	G.Dheur	IAAC	10m99
2018	A.Bekisz	HF	5m66w	Naimette	2018	R.Ombeni*	CSF	11m85w

## Poids

1995	D.Bee	RSCA	13m37
<b>1996</b>	<b>B.Olivier</b>	<b>CAF</b>	<b>14m52</b>
1997	S.Reynaerts	ESC	12m05
1998			
1999	I.Sustelo	IXEL	11m91
2000	A.Lefevre	DAMP	10m55
2001	A.Lefevre	DAMP	10m95
2002	V.Waelkens	JSMC	9m66
2003	L.Willems	HF	9m96
2004	A. Stock	HF	10m02
2005	S.Lejeune	HERV	9m33
2006	J.Ommenetti	OSGA	9m44
2007	A.Scimeca	USBW	12m26
2008	E.Mouzon	RESC	10m43
2009	M.Borbouse	DAMP	10m78
2010	M.Borbouse	DAMP	10m76
2011	L.Josse	ACLO	8m98
2012	M.Froidmont	BBS	12m02
2013	C.Van De Sype	RESC	11m85
2014	M.Stavart	CSDY	11m84
2015	L.Baggio	HUY	13m31
2016	E.Buschgens	DAMP	13m31
2017	C.Dendal	OSGA	11m81
2018	C.Dendal	OSGA	12m03

## Javelot

1995	H.Toska	RSCA	41m04
1996	V.Delbrassine	RISC	34m34
1997	J.Williams	CSF	37m94
1998			
1999	J.Sools	RFCL	37m29
2000	K.Molders	WS	33m72
2001	K.Molders	WS	37m16
2002	V.Waelkens	JSMC	31m05
2003	I.Huybrechts	ULA	33m28
2004	A.Lowy	WS	32m28
2005	L.Kuffer	ULA	30m76
2006	M.Dubois	SPA	32m09
2007	C.Laurent	DAMP	32m63
2008	J.Piret	CRAC	34m55
2009	J.Piret	CRAC	36m19
2010	N.Thiam	RFCL	36m39
2011	A.Fleury	ACLE	40m83
2012	J.Bernard	RFCL	32m67
2013	C.Baltus	HERV	33m37
2014	M.Vissers	WACO	37m52
2015	P.Smal	SMAC	42m45
2016	E.Huque	CSDY	31m16
2017	E.Cassandra	HUY	39m53
<b>2018</b>	<b>K.Neirynck</b>	<b>OSGA</b>	<b>42m70</b>

## Disque

La Louvière	1995	Scaramozzino	MOHA	38m86
Dampicourt	1996	B.Olivier	CAF	35m34
La Louvière	1997	Vandenbrande	ESC	35m60
Jambes	1998	A.Lefevre	DAMP	28m75
Spa	1999	I.Sustelo	IXEL	40m55
Spa	<b>2000</b>	<b>I.Sustelo</b>	<b>ESC</b>	<b>45m05</b>
Spa	2001	A.Lefevre	DAMP	32m62
Verviers	2002	L.Willems	HF	36m87
Nivelles	2003	L.Willems	HF	35m90
Saint Mard	2004	A.Lowy	WS	32m91
Verviers	2005	S.Lejeune	HERV	32m06
Spa	2006	M.Barbieux	DS	27m59
Spa	2007	A.Scimeca	USBW	39m45
Naimette	2008	A.Bouhy	SPA	29m08
Herve	2009	M.Borbouse	DAMP	38m29
Nivelles	2010	M.Borbouse	DAMP	38m72
Herve	2011	A.Fleury	ACLE	32m83
Saint Mard	2012	L.Josse	ACLO	35m08
Braine l'Alleud	2013	P.Ramay	CABW	35m74
Verviers	2014	L-M.Pletinckx	RCAS	37m85
Herve	2015	E.Dodrimont	HF	39m94
Bertrix	2016	E.Dodrimont	HF	43m54
Naimette	2017	C.Thomas	BBS	30m03
	2018	L.Sclavont	CABW	35m20

## Marteau

La Louvière	<b>1995</b>	<b>J.Petit</b>	<b>RFCL</b>	<b>52m48</b>
Dampicourt	1996	C.Verbist	WS	29m48
La Louvière	1997	M.Senechal	CABW	33m54
Jambes	1998			
Spa	1999	S.Luyimi	SMAC	34m14
Spa	2000			
Spa	2001			
Verviers	2002			
Nivelles	2003	A.Stock	HF	24m25
Saint Mard	2004	A.Coosemans	HUY	37m95
Verviers	2005	C.Despontin	ARCH	42m92
Spa	2006	S.Laurent	DAMP	37m85
Spa	2007	J.Vanwaeyenberge	RFCL	22m85
Naimette	2008	C.Speetjens	MOHA	37m55
Herve	2009	C.Speetjens	MOHA	35m96
Nivelles	2010	S.Knauf	LACE	19m87
Herve	2011	L.Camilotto	MOHA	39m39
Saint Mard	2012	L.Camilotto	MOHA	52m32
Braine l'Alleud	2013	P.Ramay	CABW	48m62
Verviers/Nivelles	2014	-	-	-
Herve	2015	-	-	-
Bertrix	2016	W.Moukrime	HF	25m00
Naimette	2017	-		
	2018	E.Hofmann	SER	42m44

**Heptathlon**

1995			
1996	A.Gascard	CABW	4054pts
1997	M.Collin	SMAC	3731pts
1998	C.Dullier	SPA	4409pts
1999	C.Dullier	SPA	4102pts
2000	A.Remacle	SMAC	4670pts
2001	A.Remacle	SMAC	4660pts
2002	AJ.Locrel	CABW	3836pts
2003			
2004	S.Dethier	HF	3806pts
2005			
2006			
2007	W.Labeye	HF	4850pts
2008	W.Labeye	HF	5021pts
2009	S.Wuillaume	RFCL	4737pts
2010	N.Thiam	RFCL	4941pts
<b>2011</b>	<b>N.Thiam</b>	<b>RFCL</b>	<b>5458pts</b>
2012	C.Laurant	SPA	4387pts
2013	M-A.Froidmont	BBS	3990pts
2014	S.Léonard	FCHA	4323pts
2015	M.Schauwers	RESC	4525pts
2016	S.Lallemand	FCHA	4107pts
2017	C.Evans	HUY	4512pts
2018	C.Evans	HUY	4601pts

**1500m/2000m steeple**

La Louvière	1995			
	1996			
	1997			
Namur	1998			
Bertrix	1999			
Herentals	2000			
	2001			
St Nicolas	2002			
Herentals	2003			
Verviers	2004	A. Malengreau	SMAC	8.26.83
Saint Mard	2005	C.Mahieu	DAMP	7.16.64
Herve	2006	S.Loosen	RCB	9.24.45
Beveren	2007	P.Bertrand	SPA	8.49.68
	2008	E.Piraux	ATH	8.29.22
	2009	A.Etienne	RFCL	7.56.88
Liège	2010	A.Etienne	RFCL	8.24.20
Heuzden	2011			
Verviers	2012	M.Bossut	ATH	5.38.32
Bertrix	2013	J.Castreman	CABW	7.38.13
Braine l'Alleud	2014	-	-	-
Schaerbeek/Verviers	2015	M.Sabbe	HERV	7.35.38
Bertrix/Herve	<b>2016</b>	<b>M.Sieracki°</b>	<b>USTA</b>	<b>7.25.12</b>
Forest/Bertrix	2017	M.Rompen	HF	8.04.96
Schaerbeek/Naimette	2018	E.Dubie	MOHA	7.49.46

**Heptathlon Junior**

1995				
1996	P.Raffay	RFCL	3609pts	
1997	A.gascard	CABW	3870pts	Namur
1998				Bertrix
1999	C.Schklar	SPA	4170pts	
2000	C.Dullier	SPA	4574pts	St Nicolas
2001				
2002	A.Vanhoye	HF	3228pts	
2003				Herentals
2004	A.Risselin	RCSC	3751pts	Verviers
2005				
2006				Herve
2007	C.Foucart	SMAC	4170pts	Beveren
2008	P.Hostyn	CABW	4131pts	
2009	no			
2010	S.Wuillaume	RFCL	4421pts	Liège
2011				Heuzden
2013	C.Laurant	SPA	4457pts	Bertrix
<b>2014</b>	<b>C.Laurant</b>	<b>SPA</b>	<b>4867pts</b>	Schaerbeek
2015	M.Stavart	CSDY	3981pts	Schaerbeek
2016	G.Coulon	CSDY	4500pts	Bertrix
2017	M.Clamar	HUY	2835pts	Forest
2018	E.Pardoms	CABW	4059pts	Schaerbeek