



SPAR European Cross Country Championships 2020  
Fingal-Dublin/Ireland



Sunday 13 December 2020

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## TIMETABLE

as on 10 June 2020

09:38	Opening Ceremony
10:00	<b>U20 Men Race</b> (6000m)
10:28	<b>U20 Women Race</b> (4000m)
10:50	<b>U23 Men race</b> (8000m)
11:23	<b>U23 Women race</b> (6000m)
11:53	VC U20 Men individual
11:58	VC U20 Men team
12:05	VC U20 Women Individual
12:10	VC U20 Women team
12:21	<b>Mixed Relay</b> (4 x 1500m)
12:45	VC U23 Men individual
12:50	VC U23 Men team
12:57	VC U23 Women individual
13:02	VC U23 Women team
13:13	<b>Senior Men race</b> (10.000m)
13:53	<b>Senior Women Race</b> (8000m)
14:28	VC Mixed Relay
14:35	VC Senior Men individual
14:40	VC Senior Men team
14:55	VC Senior Women individual
15:00	VC Senior Women team