

	Marteau	Poids	Disque	Javelot	Poids Lourd				
10.00	W SEN-W35- W40-W45								
10.15									
10.30									
10.45									
11.00	M SEN-M35- M40-M45	W SEN-W35- W40-W45							
11.15									
11.30									
11.45									
12.00			W SEN-W35- W40-W45						
12.15	M50-55	M SEN-M35- M40-M45							
12.30									
12.45									
13.00									
13.15	W50+	M50-55	M SEN-M35- M40-M45	W SEN-W35- W40-W45					
13.30									
13.45									
14.00									
14.15	M60-65	W50+	M50-55	M SEN-M35- M40-M45					
14.30									
14.45									
15.00									
15.15	M70+	M60-65	M50-55	M SEN-M35- M40-M45					
15.30									
15.45								W SEN-W35- W40-W45	
16.00									
16.15		M70+	W50+	M50-55					
16.30									
16.45									
17.00							M SEN-M35- M40-M45		
17.15		M60-65	W50+	M50-55					
17.30									
	A l a s u i t e					M70+	M60-65		
				M70+	M60-65				
20.30						M70+			