



Ismaël DEBJANI

800m - 1500m – SENIOR

NE LE **25/09/1990**

CLUB ACTUEL **CABW**

ENTRAINEUR **CHRISTOPHE DUMONT**

PROFESSION **SPORTIF SOUS CONTRAT**

STATUT **HAUT NIVEAU**

RECORDS PERSONNELS

1500m	3.33.06	Genève (SUI)	12/06/2021 RB
1500m indoor	3.36.38	Ostrava (CZE)	03/02/2022 RB
Mile	3.52.70	Oslo (NOR)	01/07/2021
800m	1.46.31	Oordegem-Lede	29/05/2021

PALMARES INTERNATIONAL

2016	CE	1500m	3.49.12	11 ^e	Amsterdam (NED)
2017	CM	1500m	3.43.71	22 ^e (séries)	Londres (GBR)
2018	CE	1500m	3.39.48	8 ^e	Berlin (GER)
2019	CE indoor	1500m	-	Dq (séries)	Glasgow (GBR)
	CM	1500m	3.39.11	31 ^e (séries)	Doha (QAT)
2021	JO	1500m	3.42.18	22 ^e (demies)	Tokyo (JAP)
2022	CM indoor	1500m	3.39.47	13 ^e (séries)	Belgrade (SRB)

PALMARES NATIONAL

2012	CB	800m	1.52.78	5 ^e	Bruxelles
2014	CB	800m	1.49.51	1 ^{er}	Bruxelles
2015	CB	800m	1.49.48	5 ^e	Bruxelles
2016	CB	1500m	3.53.99	3 ^e	Bruxelles
2017	CB	1500m	3.48.44	2 ^e	Bruxelles
2020	CB	1500m	3.47.47	1 ^{er}	Bruxelles
2021	CB indoor	1500m	3.49.52	4 ^e	Louvain-la-Neuve
	CB	800m	1.51.51	5 ^e	Bruxelles
2022	CB indoor	3000m	7.53.16	4 ^e	Louvain-la-Neuve

TITRES FRANCOPHONES

Indoor 800m 2012

EVOLUTION

		Club	800m	1500m	1500m indoor
2012	Senior	CABW	1.50.79	3.58.62	
2013	Senior	CABW	1.48.72	3.51.97	
2014	Senior	CABW	1.48.72	3.44.85	
2015	Senior	CABW	1.47.72	3.42.11	
2016	Senior	CABW	1.47.68	3.35.62	
2017	Senior	CABW	1.46.40	3.33.70	
2018	Senior	CABW	1.48.36	3.35.71	
2019	Senior	CABW	1.50.91	3.36.26	3.57.33
2020	Senior	CABW	1.48.34	3.37.89	3.57.37
2021	Senior	CABW	1.46.31	3.33.06	3.49.52
2022	Senior	CABW			3.36.38

