



Louis VANDERMESSEN

Steeple-800m-1500m – JUNIOR 2

NE LE **02/04/2001**

CLUB ACTUEL **CABW**

ENTRAINEUR **ALAIN LIGNIER**

PROFESSION **ETUDIANT**

STATUT **ESPOIR SPORTIF**

RECORDS PERSONNELS

800m	1.53.44	Mol	11/08/2018
800m indoor	1.57.40	Gand	15/01/2017
1500m	3.48.87	Ninove	28/07/2018
1500m indoor	3.57.90	Gand	27/01/2018
2000m Steeple	5.46.07	Buenos Aires (ARG)	12/10/2018

PALMARES INTERNATIONAL

2017	EYOF	1500m	4.13.34	9 ^e	Győr (HUN)
2018	CE U18	2000m Steeple	5.51.71	7 ^e	Győr (HUN)
	JOJ	2000m Steeple + cross	5.46.07; 12:34	8 ^e	Buenos Aires (ARG)

PALMARES NATIONAL

2015	CB Cross Cad	Cross		1 ^{er}	Wachtebeke
2016	CB Cad indoor	800m	2.00.97	1 ^{er}	Gand
	CB Cross Cad	Cross		1 ^{er}	Wachtebeke
	CB Cad	1500m Steeple	4.19.03	1 ^{er}	Herentals
2017	CB indoor	1500m	3.59.42	6 ^e	Gand
	CB Cross	Cross		12 ^e	Wachtebeke
	CB Scol	1500m	4.06.72	2 ^e	Mouscron
2018	CB Scol indoor	800m	1.58.50	2 ^e	Gand
	CB Scol	1500m	4.01.21	1 ^{er}	Kessel-Lo
2019	CB Jun indoor	1500m	4.00.91	2 ^e	Gand



TITRES FRANCOPHONES TOUTES CATEGORIES

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TITRES FRANCOPHONES JEUNES

Outdoor	1500m	2017
Indoor	1500m	2016

EVOLUTION

		Club	800m indoor	800m	1500m indoor	1500m	2000m St
2015	Cadet	CABW	2.05.52	2.00.88	-	4.10.14	4.32.85 (1500St)
2016	Cadet	CABW	2.00.97	1.55.13	4.05.27	3.59.09	4.19.03 (1500St)
2017	Scolaire	CABW	1.57.40	1.54.92	3.59.42	4.05.67	-
2018	Scolaire	CABW	1.58.49	1.53.44	3.57.90	3.48.87	5.46.07
2019	Junior	CABW	-	-	4.00.91	3.49.27	-
2020	junior	CABW	-	-	-	-	-

