



EUROPEAN
ATHLETICS
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EICH Toruń 2021

Medical Clearance and Sanitary Protocol for Teams

as of 8 January 2021

General Information

In order to be able to host the European Athletics Indoor Championships (the „Event”) in Toruń/POL on 4-7 March 2021, the Local Organising Committee - in agreement with the Polish Government Administration and European Athletics - developed the following set of **mandatory sanitary and medical rules and procedures**.

By registering (or being registered) for the Event, **all team members agree and commit to strictly follow** these rules and procedures.

Violation of these rules and procedures **may result in the revocation of the accreditation** issued and prohibition of participation in the Event.

Note: the sanitary and medical clearance procedures described in this document may change in accordance with the development of the COVID-19 pandemic situation in Toruń and Poland. Updates to the document would be circulated as necessary in due time.

Sanitary Rules

- **Wearing a mask** covering the mouth and nose **is obligatory at all times**, except:
 - ✓ **when seated at a table** to have a meal (one must wear a mask if she/he leaves the table for any reason, even for a short period of time);
 - ✓ **during the competition** (from the moment the athletes leave the call room, until they enter the Live Mixed Zone) – *applies to athletes only!*
 - ✓ while doing **active physical exercises** during **warm-up and training** – *applies to athletes only!*
- **Social distancing** of minimum 1,5m - 2m shall be strictly applied **at all times** (except in specific cases where it is not possible to maintain this policy (e.g. medical treatment, competition flow, etc.).
- **Hand hygiene** must be maintained with regular hand washing and the use of disinfectants.

Sanitary Rules

- Any intentional **interaction with a person not accredited** or not directly involved in the organisation of the EICH **is strictly forbidden at all times.**
- **Measurement of the body temperature** will be conducted before:
 - ✓ boarding the airport/train station shuttle service (upon arrival) ;
 - ✓ entering the competition venue (Arena Toruń) or the training venue ;
 - ✓ in case of **high temperature** specific measures and additional medical checks will be applied.
- Defined **secured flows** at the event venues must be strictly followed
- Team members will receive a „**Sanitary Kit**” upon arrival (with 5 multiuse masks and hand disinfectants), however they shall comply with the applicable travel regulations in force and provide themselves in advance with sufficient quantity of masks and hand disinfectants when travelling to Toruń.

Medical Clearance Protocol

Stage 1

- **Before arrival to Poland/Toruń**
- Conduct a RT-PCR test 3-5 days
- Complete the medical online questionnaire
- Give consent to the release of medical information

Stage 2

- **Upon arrival in Poland**
- **Have the hard copy of the RT-PCR test with you**
- Body temperature measurement **when boarding the airport/train station shuttle**
- Conduct of a RT-LAMP test **upon arrival in Toruń**

Stage 3

- **On-site in Toruń**
- Conduct of a RT-LAMP test every fifth (5th) day after the clearance of „Stage 2”
- Body temperature measurement when entering the competition or training venue

Stage 4

- **On-site/before departure**
- Conduct any additional RT-PCR test if requested by the participants for entering homeland

Medical Clearance Protocol

Stage 1

- **Perform one test** to detect SARS CoV2 genetic material (**RT-PCR**) in a nasopharyngeal or oropharyngeal swab. The swab shall be collected 3-5 days before arrival to Toruń (e.g. if arriving on 2 March, the RT-PCR test shall be conducted between 25-27 February). The **result must be negative**. The result of a serological blood test or RT-LAMP will not be accepted!
- As soon as the result of the RT-PCR test is available (still before the departure to Toruń), **complete the medical questionnaire** and **agree on the release of the medical information** in the Event Management System (i.e. not the Entries system) provided by European Athletics and **upload the negative RT-PCR analysis report** (solely in English language).

All costs related to the performance of this stage **remain the responsibility of the respective Member Federation.**

Medical Clearance Protocol

Stage 1

- It is the **responsibility of the Member Federations** to collect and store the original copies of the medical questionnaires and consent forms filled in and signed by the individuals registered for the event.
- Make sure that each individual travelling to Toruń carries the hard copy of his/her negative RT-PCR test as it may have to be presented upon arrival to the local authorities and the organisers.

Medical Clearance Protocol

Stage 2

- The **LOC will organise a RT-LAMP test** to detect SARS CoV2 genetic material in a nasopharyngeal or oropharyngeal swab.
- Testing will take place **in the Main Testing Centre** (Arena Toruń; see appendix 1) **immediately upon arrival in Toruń.**
- Each person tested will have to wait for the analysis result at the Main Testing Centre (which may **take up to 45-60 minutes**) before being able to check-in and get accreditation. The Team Leader shall still retrieve accreditation cards for the whole Team to avoid additional contacts.
- During the RT-LAMP test procedure, masks are obligatory and the consumption of any food or drinks is prohibited.

All costs related to the performance of this stage (incl. the RT-PCR for confirmation in case of a positive RT-LAMP) **are covered by the Local Organising Committee.**

Medical Clearance Protocol

Stages 1 & 2 – result analysis

- **First stage clearance** and **negative on-site RT-LAMP** test
 - ↪ The person will go through the accreditation procedure and will be accommodated in the respective team hotel.
- **First stage clearance** but **positive on-site RT-LAMP** test
 - ↪ The person will not receive accreditation and will be tested with the RT-PCR test. Until the test result is obtained the person will be isolated (app. 6 h) in a dedicated facility.
- **First stage clearance** but **positive on-site RT-LAMP** test and **negative RT-PCR** test
 - ↪ The person will go through the accreditation procedure and will be accommodated in the respective team hotel.
- **First stage clearance** but **positive on-site RT-LAMP** test and **positive RT-PCR** test
 - ↪ The person must undergo isolation (10 days at least) in accordance with Polish public health regulations. Full board accommodation will be organised by the LOC but at the costs of the respective Federation.
 - ↪ Contact tracing to be initiated.

Medical Clearance Protocol

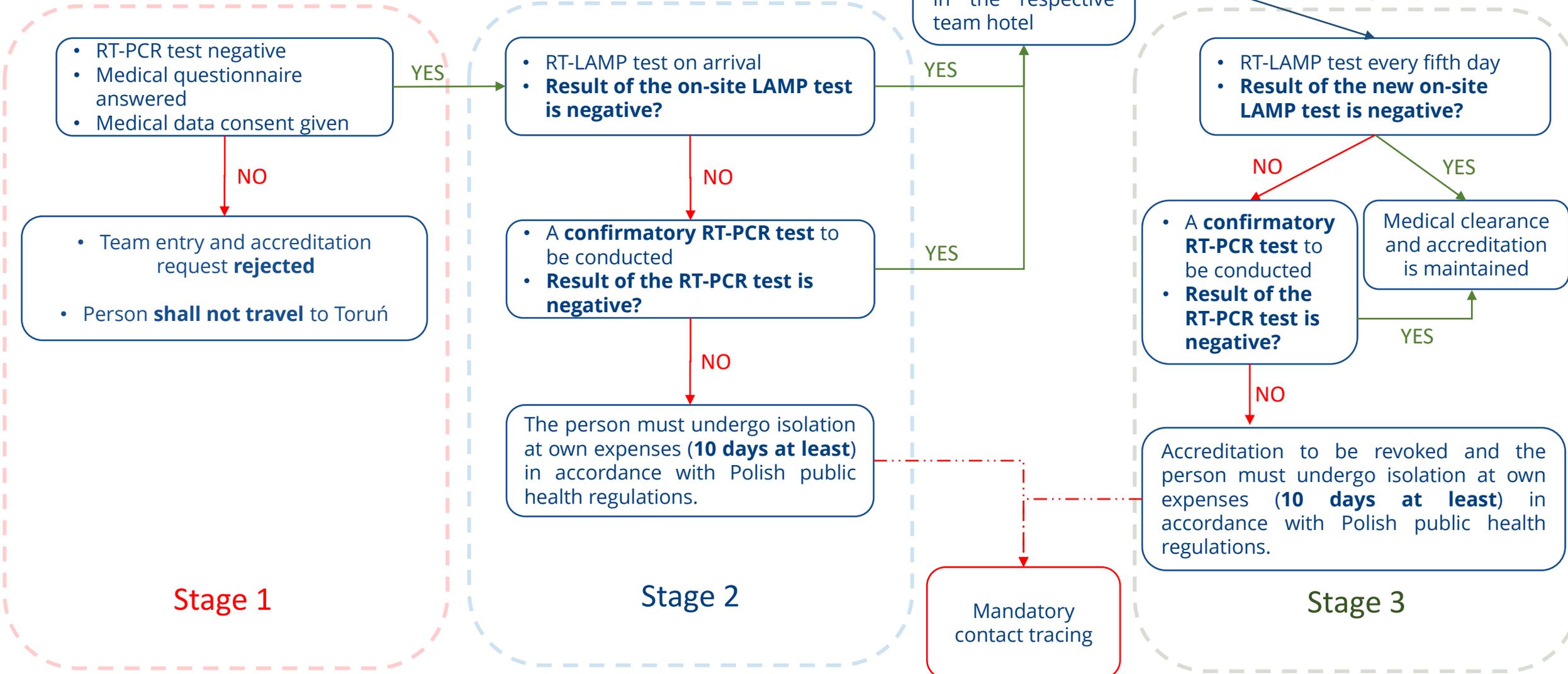
Stage 3

- All accredited people are **required to repeat the RT-LAMP test on every fifth day** after clearing the second stage (on site RT-LAMP testing) of the Medical Clearance Protocol (e.g. if the RT-LAMP test upon arrival in Toruń was performed on 1 March, the next RT-LAMP test will be performed on 6 March).
- **Information about additional RT-LAMP testing will be provided during the accreditation procedure** and reminders will be also sent to the Head of Delegation / Team Leader in due course.
- Testing will take place **in the Main Testing Centre** (Arena Toruń; see appendix 1).

All costs related to the performance of this stage **are covered by the Local Organising Committee.**

Medical Clearance Protocol

Flow



Medical Clearance Protocol

Stage 4

- **Member Federations requiring a negative RT-PCR test** for travelling back to their homeland shall confirm the need for such testing by sending an email to office@torun2021.pl with copy to medical@european-athletics.org by **the final entries deadline (i.e. 24 February at 14:00 CET)**.
- Further information about the conduct of such additional tests will be provided during the accreditation procedure.

All costs related to the performance of these additional tests **remain the responsibility of the respective Member Federation.**

Appendix 1

Main Testing Centre – floor plan

