



## RECORDS DE BELGIQUE CADETS OUTDOOR

### GARCONS:

|             |          |       |   |                 |             |
|-------------|----------|-------|---|-----------------|-------------|
| 100         | 11.03    | 1.1   | RAHMOUN Hoosan/CSF  | ORDEGEM         | 15.10.00    |
| 200         | 22.22    | 0.9   | VAN BELLE Wim/ACP   | ORDEGEM         | 27.06.04    |
| 300         | 35.50    |       | VAN BELLE Wim/ACP   | ALOST           | 11.09.04    |
| 400         | 49.83    |       | ALEXANDER DOOM/FLAC                                       | ORDEGEM         | 02.09.12    |
| 800         | 1.54.70  |       | LATINNE Mathys/WS   | HEYSEL          | 29.04.18    |
| 1,000       | 2.29.89  |       | VANDERMESSEN Louis/CABW                                   | SAINT-TROND     | 23.09.16    |
| 1,500       | 3.55.7   |       | WIJNS Raf/DUFF  | ROOSENDAAL/Ned  | 28.08.79    |
| Mile        | 4.21.00  |       | VANDERMESSEN Louis/CABW                                   | BRAINE-L'ALLEUD | 25.09.16    |
| 2,000       | 5.34.19  |       | VANDERMESSEN Louis/CABW                                   | HEYSEL          | 01.10.16    |
| 100 H       | 12.88    | 1.0   | VAN NIJLEN Jonas/ACHL                                     | ORDEGEM         | 08.09.02    |
| 300 H       | 37.75    |       | VANHAEREN Stef/KAPE                                       | TONGRES         | 08.09.07    |
| 1.500 St    | 4.14.75  |       | VAN DE VELDE Tim/DUFF                                     | DUFFEL          | 20.06.15    |
| Hauteur     | 1.98     |       | GHUYS Bram/OEH  | KESSEL-LO       | 07.06.08    |
| Perche      | 4.65     |       | MESTRE Domitien/FCI                                       | CHARLEROI       | 20.08.88    |
| Longueur    | 7.08     | 1.0   | SEGRS Daniel/EA   | BERTRIX         | 20.08.16    |
| Triple saut | 13.84    |       | WANLIN Alain/CSDY   | RIXENSART       | 14.10.79    |
| Poids       | 18.52    | 4kg   | UGWU Mathew/HCO   | BEVEREN         | 29.07.15    |
|             | 15.54    | 5kg   | ANTHEUNISSENS Ludo/BAC                                    | GENT            | 08.10.83    |
| Disque      | 63.22    | 1kg   | COENE Kris/AVLO   | GENT            | 19.09.98    |
|             | 48.16    | 1,5kg | VANDAELE Jo/AVMO  | OOSTENDE        | 16.05.87    |
| Marteau     | 73.44    | 4kg   | DE GRAEUWE Jelle/RCG                                      | MELLE           | 15.10.94    |
|             | 57.46    | 5kg   | DE GRAEVE Bart/ACME                                       | EKLO            | 16.09.89    |
| Javelot     | 63.68    | 600g  | JANSSENS Bart/DALO  | TESSENDERLO     | 21.09.94    |
|             | 68.10    | new   | MORY Niel/VS  | TIELT           | 07.09.14    |
| Pentathlon  | 3391 pts |       | PAUWELS Bart/ACW  | DILBEEK         | 26.09.93    |
|             |          |       | 5m80 (lg) 54m14 (jav) 14"69 (100h) 16m26(pds) 1m78 (haut) |                 |             |
| Octathlon   | 5414 pts |       | SEGRS Daniel/EA   | DILBEEK         | 30+31.07.16 |
|             |          |       | 11.36 (100) 7m07w 7m02 (lg) 12m85 (pds) 1m92 (ht)         |                 |             |
|             |          |       | 14.38 (100h) 3m20 (per) 33m88 (jav) 2.40.20(1000)         |                 |             |
| 5000 Ma     | 23.11.8  |       | ZAIDI Salim/MABI  | DUFFEL          | 06.06.92    |
| 4x100       | 44.36    |       | RESC  | Naimette        | 07.09.14    |
|             |          |       | (E.Taiwo, P. Okeowo, R. Nkiere Danfuname, A. Kasmi)       |                 |             |
| 4x800       | 8.16.34  |       | HERMES CLUB OOSTENDE/HCO                                  | ORDEGEM         | 20.09.98    |
|             |          |       | (W. De Vlaemynck, R. Biebaw, C. Degraeve, N. Brunet)      |                 |             |

## FILLES :

|             |          |      |  |                 |             |
|-------------|----------|------|--|-----------------|-------------|
| 100         | 11.98    |      | VERGUTS Karin/SVAA   | HEYSEL          | 30.50.76    |
|             | 11.6     |      | VERGUTS Karin/SVAA   | PAPENDAL/Ned    | 07.06.76    |
| 200         | 24.26    |      | VERGUTS Karin/SVAA   | HEYSEL          | 28.08.76    |
| 300         | 39.26    |      | SCHOEMAKER Liefde/OSGA   | HEYSEL          | 12.08.17    |
| 400         | 55.47    |      | SCHOEMAKER Liefde/OSGA   | BRAINE-L'ALLEUD | 04.06.17    |
| 800         | 2.06.3   |      | VANSTEENBROEK Betty/LOOI   | THIONVILLE/Fra  | 20.08.78    |
| 1,000       | 2.48.71  |      | BOONEN Tinneke/DUFF  | GOES/Ned        | 14.09.96    |
| 1,500       | 4.24.27  |      | BOONEN Tinneke/DUFF  | JAMBES          | 02.06.96    |
| Mile        | 4.54.41  |      | TINCK Justine/AVLO   | Kessel-Lo       | 09.08.14    |
| 2,000       | 6.14.87  |      | TINCK Justine/AVLO   | Tessengerlo     | 10.09.14    |
| 80 H        | 11.24    | -0.1 | MISSINE Sarah/KAAG   | LEBBEKE         | 27.06.10    |
| 300 H       | 42.73    |      | MIEVIS Stefie/ACA  | BRUXELLES       | 04.10.08    |
| 1500 St     | 4.57.20  |      | MAHIEU Margot/DAMP   | TESSENDERLO     | 05.09.04    |
| Hauteur     | 1.80     |      | COCHUYT Ellen/ACME   | TESSENDERLO     | 09.05.98    |
| Perche      | 3.75     |      | VERCAUTEREN Anouck/ZELE  | ZELE            | 18.08.07    |
| Longueur    | 5.91     |      | WALLEZ Rosine/ASVO   | HEYSEL          | 24.09.72    |
|             | 5.96     | +1.3 | OUEDRAOGO Elodie/RCT *   | OORDEGEM        | 10.08.96    |
| Triple saut | 12.06    | +1.2 | MIEVIS Stefie/ACA  | ALKEN           | 19.10.08    |
| Poids       | 15.10    | 3kg  | DIERICKX Inge/SACN   | JEMELLE         | 20.10.90    |
| Disque      | 44.37    | 1kg  | VANGEEL Inge/ACBR  | EEKLO           | 05.08.00    |
| Javelot     | 47.78    | 500g | WILLEMSSEN Elfje/ARAC  | GENTBRUGGE      | 07.10.00    |
| Marteau     | 52.72    | 3kg  | GEVERS Tasja/VOLH  | EEKLO           | 20.10.07    |
| Heptathlon  | 3819 pts |      | DIERICKX Inge/SACN   | GENT            | 16.09.90    |
|             |          |      | 12.04 (80h) 1.66 (ht) 13.69 (pds) 5.59 (lg) 41.08 (jav)              |                 |             |
| Hexathlon   | 4287pts  |      | MEES Sarah/LYRA  | HERVE           | 21+22.08.99 |
|             |          |      | 12"45 (80h) 1m63 (ht) 11m04 (pds) 5m36(lg) 34m49 (jav) 2'15"21 (800) |                 |             |
| 3000 Ma     | 14.19.9  |      | DESMET Sabine/WAC  | VALENCIENNES    | 19.10.86    |
| 4x100       | 47.07    |      | Belgique   | OORGEDEM        | 04.07.09    |
|             |          |      | C. Brunyninckx, J. Grillet, J. De Roissart, S. Missine               |                 |             |
| 4x800       | 9.09.44  |      | AV TOEKOMST/AVT  | JAMBES          | 17.09.00    |
|             |          |      | (K. Van den Eynde, H. Kippers, K. Strackx, K. Braem)                 |                 |             |