



## RECORDS DE BELGIQUE CADETS OUTDOOR

### GARCONS:

<b>100</b>	<b>11.03</b>	1.1	<b>RAHMOUN Hoosan/CSF</b>	<b>OORDEGEM</b>	<b>15.10.00</b>
<b>200</b>	<b>22.22</b>	0.9	<b>VAN BELLE Wim/ACP</b>	<b>OORDEGEM</b>	<b>27.06.04</b>
<b>300</b>	<b>35.50</b>		<b>VAN BELLE Wim/ACP</b>	<b>ALOST</b>	<b>11.09.04</b>
<b>400</b>	<b>49.83</b>		<b>ALEXANDER DOOM/FLAC</b>	<b>OORDEGEM</b>	<b>02.09.12</b>
<b>800</b>	<b>1.54.46</b>		<b>LATINNE Mathys/WS</b>	<b>OORDEGEM</b>	<b>26.05.18</b>
<b>1,000</b>	<b>2.29.89</b>		<b>VANDERMESSEN Louis/CABW</b>	<b>SAINT-TROND</b>	<b>23.09.16</b>
<b>1,500</b>	<b>3.55.7</b>		<b>WIJNS Raf/DUFF</b>	<b>ROOSENDAAL/Ned</b>	<b>28.08.79</b>
<b>Mile</b>	<b>4.21.00</b>		<b>VANDERMESSEN Louis/CABW</b>	<b>BRAINE-L'ALLEUD</b>	<b>25.09.16</b>
<b>2,000</b>	<b>5.34.19</b>		<b>VANDERMESSEN Louis/CABW</b>	<b>HEYSEL</b>	<b>01.10.16</b>
<b>100 H</b>	<b>12.88</b>	1.0	<b>VAN NIJLEN Jonas/ACHL</b>	<b>OORDEGEM</b>	<b>08.09.02</b>
<b>300 H</b>	<b>37.75</b>		<b>VANHAEREN Stef/KAPE</b>	<b>TONGRES</b>	<b>08.09.07</b>
<b>1.500 St</b>	<b>4.14.75</b>		<b>VAN DE VELDE Tim/DUFF</b>	<b>DUFFEL</b>	<b>20.06.15</b>
<b>Hauteur</b>	<b>1.98</b>		<b>GHUYS Bram/OEH</b>	<b>KESSEL-LO</b>	<b>07.06.08</b>
<b>Perche</b>	<b>4.65</b>		<b>MESTRE Domitien/FCL</b>	<b>CHARLEROI</b>	<b>20.08.88</b>
<b>Longueur</b>	<b>7.08</b>	1.0	<b>SEGRS Daniel/EA</b>	<b>BERTRIX</b>	<b>20.08.16</b>
<b>Triple saut</b>	<b>13.84</b>		<b>WANLIN Alain/CSDY</b>	<b>RIXENSART</b>	<b>14.10.79</b>
<b>Poids</b>	<b>18.52</b>	4kg	<b>UGWU Mathew/HCO</b>	<b>BEVEREN</b>	<b>29.07.15</b>
	<b>15.54</b>	5kg	<b>ANTHEUNISSENS Ludo/BAC</b>	<b>GENT</b>	<b>08.10.83</b>
<b>Disque</b>	<b>63.22</b>	1kg	<b>COENE Kris/AVLO</b>	<b>GENT</b>	<b>19.09.98</b>
	<b>48.16</b>	1,5kg	<b>VANDAELE Jo/AVMO</b>	<b>OOSTENDE</b>	<b>16.05.87</b>
<b>Marteau</b>	<b>73.44</b>	4kg	<b>DE GRAEUWE Jelle/RCG</b>	<b>MELLE</b>	<b>15.10.94</b>
	<b>57.46</b>	5kg	<b>DE GRAEVE Bart/ACME</b>	<b>EKLO</b>	<b>16.09.89</b>
<b>Javelot</b>	<b>63.68</b>	600g	<b>JANSSENS Bart/DALO</b>	<b>TESSENDERLO</b>	<b>21.09.94</b>
	<b>68.10</b>	new	<b>MORY Niel/VS</b>	<b>TIELT</b>	<b>07.09.14</b>
<b>Pentathlon</b>	<b>3391 pts</b>		<b>PAUWELS Bart/ACW</b>	<b>DILBEEK</b>	<b>26.09.93</b>
			5m80 (lg) 54m14 (jav) 14"69 (100h) 16m26(pds) 1m78 (haut)		
<b>Octathlon</b>	<b>5414 pts</b>		<b>SEGRS Daniel/EA</b>	<b>DILBEEK</b>	<b>30+31.07.16</b>
			11.36 (100) 7m07w 7m02 (lg) 12m85 (pds) 1m92 (ht)		
			14.38 (100h) 3m20 (per) 33m88 (jav) 2.40.20(1000)		
<b>5000 Ma</b>	<b>23.11.8</b>		<b>ZAIDI Salim/MABI</b>	<b>DUFFEL</b>	<b>06.06.92</b>
<b>4x100</b>	<b>44.36</b>		<b>RESC</b>	<b>Naimette</b>	<b>07.09.14</b>
			(E.Taiwo, P. Okeowo, R. Nkiere Danfuname, A. Kasmi)		
<b>4x800</b>	<b>8.16.34</b>		<b>HERMES CLUB OOSTENDE/HCO</b>	<b>OORDEGEM</b>	<b>20.09.98</b>
			(W. De Vlaemynck, R. Biebaw, C. Degraeve, N. Brunet)		

## FILLES :

<b>100</b>	<b>11.80</b>	<b>+1.5</b>	<b>MORTANT Alexandra/CABW</b>	<b>NIVELLES</b>	<b>22.06.19</b>
	11.6		VERGUTS Karin/SVAA	PAPENDAL/Ned	07.06.76
<b>200</b>	<b>24.26</b>		VERGUTS Karin/SVAA	HEYSEL	28.08.76
<b>300</b>	<b>39.26</b>		SCHOEMAKER Liefde/OSGA	HEYSEL	12.08.17
<b>400</b>	<b>55.47</b>		SCHOEMAKER Liefde/OSGA	BRAINE-L'ALLEUD	04.06.17
<b>800</b>	<b>2.06.3</b>		VANSTEENBROEK Betty/LOOI	THIONVILLE/Fra	20.08.78
<b>1,000</b>	<b>2.48.71</b>		BOONEN Tinneke/DUFF	GOES/Ned	14.09.96
<b>1,500</b>	<b>4.24.27</b>		BOONEN Tinneke/DUFF	JAMBES	02.06.96
<b>Mile</b>	<b>4.54.41</b>		TINCK Justine/AVLO	Kessel-Lo	09.08.14
<b>2,000</b>	<b>6.14.87</b>		TINCK Justine/AVLO	Tessengerlo	10.09.14
<b>80 H</b>	<b>11.24</b>	<b>-0.1</b>	MISSINE Sarah/KAAG	LEBBEKE	27.06.10
<b>300 H</b>	<b>42.73</b>		MIEVIS Stefie/ACA	BRUXELLES	04.10.08
<b>1500 St</b>	<b>4.57.20</b>		MAHIEU Margot/DAMP	TESSENDERLO	05.09.04
<b>Hauteur</b>	<b>1.80</b>		COCHUYT Ellen/ACME	TESSENDERLO	09.05.98
<b>Perche</b>	<b>3.76</b>		MILLOEN Sarie/AVZK	<b>BOOISCHOT</b>	<b>07.06.19</b>
<b>Longueur</b>	<b>5.91</b>		WALLEZ Rosine/ASVO	HEYSEL	24.09.72
	<b>5.96</b>	<b>+1.3</b>	OUEDRAOGO Elodie/RCT *	OORDEGEM	10.08.96
<b>Triple saut</b>	<b>12.06</b>	<b>+1.2</b>	MIEVIS Stefie/ACA	ALKEN	19.10.08
<b>Poids</b>	<b>15.10</b>	<b>3kg</b>	DIERICKX Inge/SACN	JEMELLE	20.10.90
<b>Disque</b>	<b>44.37</b>	<b>1kg</b>	VANGEEL Inge/ACBR	EEKLO	05.08.00
<b>Javelot</b>	<b>47.78</b>	<b>500g</b>	WILLEMSSEN Elfje/ARAC	GENTBRUGGE	07.10.00
<b>Marteau</b>	<b>52.72</b>	<b>3kg</b>	GEVERS Tasja/VOLH	EEKLO	20.10.07
<b>Heptathon</b>	<b>3819 pts</b>		DIERICKX Inge/SACN	GENT	16.09.90
			12.04 (80h) 1.66 (ht) 13.69 (pds) 5.59 (lg) 41.08 (jav)		
<b>Hexathlon</b>	<b>4287pts</b>		MEES Sarah/LYRA	HERVE	21+22.08.99
			12"45 (80h) 1m63 (ht) 11m04 (pds) 5m36(lg) 34m49 (jav) 2'15"21 (800)		
<b>3000 Ma</b>	<b>14.19.9</b>		DESMET Sabine/WAC	VALENCIENNES	19.10.86
<b>4x100</b>	<b>47.07</b>		<b>Belgique</b>	OORGEDEM	04.07.09
			C. Brunyninckx, J. Grillet, J. De Roissart, S. Missine		
<b>4x800</b>	<b>9.09.44</b>		<b>AV TOEKOMST/AVT</b>	JAMBES	17.09.00
			(K. Van den Eynde, H. Kippers, K. Strackx, K. Braem)		