



RECORDS DE BELGIQUE TOUTES CATEGORIES OUTDOOR

HOMMES :

| | | | | | |
|-------------|----------|------|---|---------------|-------------|
| 100 | 10.02 | | DESRUELLES Ronald/ESC | NAIMETTE | 11.05.85 |
| 200 | 20.19 | +0.7 | STEVENS Patrick/BTC | ROME/ITA | 05.06.96 |
| 300 | 31.87 | | BORLEE Jonathan/WS | LIEGE | 05.07.12 |
| 400 | 44.43 | | BORLEE Jonahntan/WS | LONDON/GB | 04.08.12 |
| 600 | 1.15.35 | | JANSEN Joeri/DUFF | NAIMETTE | 27.08.02 |
| 800 | 1.43.86 | | VAN DAMME Ivo/DCL | MONTREAL/CAN | 25.07.76 |
| 1,000 | 2.15.5 | | VAN DAMME Ivo/DCL | NAMUR | 14.07.76 |
| 1,500 | 3.33.70 | | DEBJANI Ismaïl/CABW | HENGEL/NED | 11.06.17 |
| Mile | 3.51.84 | | HANNES Pieter-Jan/OLSE | OSLO/NOR | 11.06.15 |
| 2,000 | 4.56.10 | | IMPENS Christophe/BTC | NICE/FRA | 10.07.96 |
| 3,000 | 7.26.62 | | MOURHIT Mohamed/CSF | MONACO/MON | 18.08.00 |
| 5,000 | 12.49.71 | | MOURHIT Mohamed/CSF | BRUXELLES | 25.08.00 |
| 10,000 | 26.52.30 | | MOURHIT Mohamed/RFCL | BRUXELLES | 03.09.99 |
| 20,000 | 57.44.4 | | ROELANTS Gaston/DCL | HEIZEL | 20.09.72 |
| Heure | 20.784m | | ROELANTS Gaston/DCL | HEIZEL | 20.09.72 |
| 25,000 | 1.17.35 | | DE BLANDER Marc/ZOVA | DENDERLEEUEW | 02.09.81 |
| 30,000 | 1.33.22 | | DE BLANDER Marc/ZOVA | DENDERLEEUEW | 02.09.81 |
| 1/2 Marat. | 1.00.18 | | MOURHIT Mohamed/RFCL | KOSICE/SVK | 04.10.97 |
| Marathon | 2.06.14 | | ABDI Bashir/RCG | CHICAGO/USA | 13.10.19 |
| 110 H | 13.25 | 1.9 | N'SENGA Jonathan/OCAN | BUDAPEST/HON | 22.08.98 |
| 400 H | 48.91 | | DOLLENDORF Marc/ESC | ATLANTA/USA | 31.07.96 |
| 2000 ST | 5.22.24 | | VAN DIJCK William/LOOI | HECHTEL | 08.08.87 |
| 3000 ST | 8.10.01 | | VAN DIJCK William/LOOI | HEIZEL | 05.09.86 |
| Hauteur | 2.36 | | ANNYS Eddy/VS | GENT | 26.05.85 |
| Perche | 5.76 | | BROEDERS Ben/DCLA | HOF/GER | 29.06.19 |
| Longuer | 8.25 | +0.2 | NYS Erik/AVT | HECHTEL | 06.07.96 |
| Triple saut | 17.00 | | VELTER Michael/RFCL | VILVORDE | 14.05.06 |
| Poids | 19.34 | | SCHROEDER Georges/FCL | HEIZEL | 30.05.76 |
| Disque | 67.26 | | MILANOV Philip/VAC | DOHA/QAT | 06.05.16 |
| Marteau | 71.76 | | VERHEGGHE Marnix/STG | OBOURG | 24.09.89 |
| Javelot | 83.65 | | KLOECK Johan/BRAB | LJUBLJANA/SLO | 23.05.99 |
| Decathlon | 8519pts | | VAN ALPHEN Hans/ VAC | Gotzis/AUT | 26+27.05.12 |
| | | | 10.96 (100) 7.62 (lg) 13.31 (pds) 2.06 (ht) 48.64 (400) 14.55 (110h) 45.45 (dis) 5.10 (per) 64.15 (jav) 4.20.87 (1500) | | |

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|------------------|------------------|-------|---|--------------------|----------|
| 10.000 Ma | 40.04.8 | | MARTENS Jos/HDD | SITTARD/NED | 26.03.88 |
| 20.000 Ma | 1.25.32.4 | | NICQUE Dirk/ABES | TILBURG/NED | 06.04.97 |
| 20km Ma | 1.23.13 | | MARTENS Jos/HDD | GOIRLE/NED | 10.04.88 |
| 30.000 Ma | 2.12.00.7 | | DEJONCKHEERE G./KKS | HEULE | 14.10.89 |
| 50.000 Ma | 4.05.54.8 | | NICQUE Dirk/ABES | ROTTERDAM/NED | 14.06.98 |
| 50km Ma | 3.47.34 | | DEJONCKHEERE G./KKS | ARRAS/FRA | 10.09.89 |
| 2h00 Ma | 27.277m | | DEJONCKHEERE G./KKS | HEULE | 14.10.89 |
| 4x100 | 39.05 | | BELGIQUE | PARIS/FRA | 30.08.03 |
| | | | (N. Bongelo, A. Ferro, K. Beyens, X. De Baerdemaker) | | |
| | 39.81 | clubs | CS FORESTOISE/CSF | OORDEGEM | 16.06.01 |
| | | | (G. Nendada, J. Delhaye, A. Ferro, N. Bongelo) | | |
| 4x200 | 1.24.15 | | RESC | BRUXELLES | 08.05.11 |
| | | | (M. Moral, A. Ghislain, A. Gillet et D. Broothaerts) | | |
| 4x400 | 2.58.52 | | BELGIQUE | RIO DE JANEIRO/BRA | 20.08.16 |
| | | | (J. Watrin, D. Borlée, J. Borlée, K. Borlée) | | |
| | 3.06.06 | clubs | WHITE STAR/WS | OORDEGEM | 01.05.13 |
| | | | (D. Borlée, J. Borlée, A. Destatte, K. Borlée) | | |
| 4x800 | 7.15.8 | | BELGIQUE | BOITSFORT | 08.08.56 |
| | | | (A. Ballieux, A. Langenus, E. Leva, R. Moens) | | |
| | 7.21.9 | clubs | AV TOEKOMST/AVT | NEERPELT | 29.05.85 |
| | | | (J. Maes, M. Corstjens, E. Viskens, T. Westhof) | | |
| 4x1500 | 15.06.8 | | BELGIQUE | SHEFFIELD/GBR | 05.06.92 |
| | | | (M. Corstjens, I. Claes, G. Van Geyte, C. Impens) | | |
| | 15.12.4 | clubs | AV TOEKOMST/AVT | HECHTEL | 14.08.82 |
| | | | (T. Westhof, J. Maes, M. Hex, J-P. Paumen) | | |
| Ekiden | 2.08.09 | | RFCL | BRUXELLES | 30.04.06 |
| | | | (P. Ntahokaraja, D. Gahungu, F. Collignon, -G. Fays, L. Ndayikeza, D. Tasama) | | |

DAMES:

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|-------------|----------|---------|---|--|-------------|
| 100 | 11.04 | 2.0 | GEVAERT Kim/VAC | BRUXELLES | 09.07.06 |
| 200 | 22.20 | 2.0 | GEVAERT Kim/VAC | BRUXELLES | 09.07.06 |
| 300 | 37.47 | | STALS Sandra/RCG | HEVERLEE | 24.07.99 |
| 400 | 51.45 | | GEVAERT Kim/VAC | GENT | 08.05.05 |
| 600 | 1.25.91 | | STALS SANDRA/AVT | NAIMETTE | 27.08.02 |
| 800 | 1.58.31 | | STALS Sandra/RCG | HECHTEL | 01.08.98 |
| 1000 | 2.36.8 | | VAN NUFFEL A-M./EA | BERLIN/Ger | 17.08.79 |
| 1,500 | 4.05.05 | | DEJAEGHERE Veerle/FLAC | ROME/Ita | 12.07.02 |
| Mile | 4.28.11 | | BELETE Almensch /VAC | KESSEL-LO | 18.08.12 |
| 2,000 | 5.42.15 | | DEJAEGHERE Veerle/FLAC | HEUSDEN-ZOLDER | 14.07.01 |
| 3,000 | 8.49.31 | | DEJAEGHERE Veerle/MACI | HELSINKI/FIN | 15.06.00 |
| 5,000 | 15.10.24 | | BELETE Almensch /VAC | LONDON/GB | 07.08.12 |
| 10,000 | 31.03.60 | | RENDERS Marleen/AVT | HEUSDEN | 05.08.00 |
| Heure | 17.264m | | VANDEN BEMPT S./DCLA | WOLUWE | 18.10.03 |
| 1/2 Marat. | 1.08.56 | | RENDERS Marleen/AVT | DEN HAAG/NED | 24.03.02 |
| Marathon | 2.23.05 | | RENDERS Marleen/AVT | PARIS/FRA | 07.04.02 |
| 100 H | 12.71 | v: +1.4 | ZAGRE Anne/RESC | HEUSDEN-ZOLDER | 18.07.15 |
| 400 H | 54.95 | | MERCKEN Ann/AVT | ATLANTA/USA | 29.07.96 |
| 2000 ST | 6.15.60 | | VANDENBEMPT Sigrig/DCLA | HUIZINGEN | 17.08.08 |
| 3000 ST | 9.28.47 | | DEJAEGHERE Veerle/FLAC | NEERPELT | 02.06.07 |
| Hauteur | 2m05 | | HELLEBAUT Tia/AT84 | PEKIN/CHN | 23.08.08 |
| Perche | 4m51 | | SMETS Fanny/CABW | LOUVAIN | 24.08.19 |
| Longueur | 6m86 | +0.9 | THIAM Nafissatou/RFCL | BIRMINGHAM/GBR | 18.08.19 |
| Triple saut | 14m55 | +2.0 | BOLSHAKOVA Svetlana/SPVI | BARCELONE/ESP | 31.07.10 |
| Poids | 17m09 | | BOUMKWO Jolien/RCG | BRUXELLES | 19.06.16 |
| Disque | 61.40 | | GELDHOF Marie-Paule/AVT | EEKLO | 30.04.94 |
| Javelot | 59m32 | | THIAM Nafissatou/RFCL | GÖTZIS/AUT | 28.05.17 |
| Marteau | 67m78 | 4kg | STERCKENDRIES Vanessa/OEH | EEKLO | 28.09.19 |
| Heptathlon | 7013 pts | | THIAM Nafissatou/RFCL | GÖTZIS/AUT | 27+28.05.17 |
| | | | | 13.34 (100h) 1.98 (ht) 14m51 (pds) 24.40 (200) 6m56 (lg) 59m32 (jav) 2.15.24 (800) | |
| Decathlon | 6577 pts | | EVANS Cassandre/HUY | SCHAERBEEK | 28+29.09.19 |
| | | | | 12.62 (100) 35.71 (dis) 3.00 (per) 40.62 (jav) 63.58 (400) | |
| | | | | 15.18 (100h) 5.49w (lg) 11.92 (pds) 1.57 (ht) 5.56.58 (1500) | |
| 5000 Ma | 23.18.2 | | DESMET Sabine/WAC | VILLENEUVE/FRA | 28.05.87 |
| 10.000 Ma | 51.18.9 | | CEULEMANS Christa/FCL | WEERT/NED | 03.06.92 |
| 10km Ma | 49.55 | | DESMET Sabine/WAC | NEW YORK/USA | 02.05.87 |
| 4x100 | 42.54 | | BELGIQUE | PEKIN/CHN | 22.08.08 |
| | | | (O. Borlée, H. Mariën, E. Ouedraogo, K. Gevaert) | | |
| | 45.84 | clubs | VILVOORDE AC | GENT | 06.05.01 |
| | | | (E. Ouedraogo, L. Poelmans, A. Leroi, K. Gevaert) | | |
| 4x200 | 1.37.61 | | C.A. BRABANT WALLON | GAURAIN | 19.09.93 |
| | | | (N. Chevalier, V. Denis, F. Dethier, S. Dethier) | | |
| | 1.37.14 | clubs | C.A. BRABANT WALLON | ANDENNE | 16.09.18 |
| | | | (C. Bolingo Mbongo, L. Ferauge, C. Jeanne*, K. Lambert) | | |
| 4x400 | 3.27.15 | | BELGIQUE | DOHA/QAT | 06.10.19 |
| | | | (H. Claes, I. Vervaeke, P. Couckuyt, C. Laus) | | |
| | 3.43.15 | clubs | K.A.A.GENT/KAAG | HASSELT | 20.09.92 |
| | | | (R. Willems, A. Matthys, K. Hupperts, M. Moreels) | | |
| 4x800 | 8.36.4 | | HERMES CLUB OOSTENDE | WAREGEM | 26.07.86 |
| | | | (G. Vanmassenhove, I. Delagrange, L. Milo, R. Berg) | | |

Ekiden **2.31.13** **DCLA** **BRUXELLES** **13.10.12**
M. Verhaeghe, K.Geypen, D. Lambrechts, V. Van Linden, A. Desaedeleer, S. Vanden Bempt

MIXTE :

4x400 **3.14.22** **BELGIQUE** **DOHA/QAT** **29.09.19**
(D. Borlée, H. Claes, C. Laus, K. Borlée)