



## RECORDS LBFA CADETS OUTDOOR

### GARCONS :

100	11.03	RAHMOUN Hoosan	CSF	2000
200	22.34	RAHMOUN Hoosan	CSF	2000
300	35.92	RAHMOUN Hoosan	CSF	2000
400	50.74	BENZIANE Ilias	DACM	2015
800	1.55.13	VANDERMESSEN Louis	CABW	2016
1000	2.29.89	VANDERMESSEN Louis	CABW	2016
1500	3.59.09	VANDERMESSEN Louis	CABW	2016
Mile*	4.21.00	VANDERMESSEN Louis	CABW	2016
2000*	5.34.19	VANDERMESSEN Louis	CABW	2016
100 Haies	13.60	CARMOY Thomas	CRAC	2015
300 Haies	37.79	RASE Fabien	CABW	1990
1500 Steeple	4.19.03	VANDERMESSEN Louis	CABW	2016
Hauteur	1.97	SCHOMELHOUD Michaël	USTA	2001
	1.97	CARMOY Thomas	CRAC	2015
Longueur	6.88	BINAME Eric	RFCL	1998
Triple saut	13.84	WANLIN Alain	CSDY	1979
Perche	4.65	MESTRE Domitien	RFCL	1988
Poids (4 kg)	17.98	LEPEUPLE Alexy	EAH	2015
Poids (5 kg)*	14.74	FRARE Thierry	SER	1980
Disque	59.14	JOIRIS Sullivan	DAMP	1993
Marteau (4 kg)	57.10	JOIRIS Sullivan	DAMP	1993
Marteau (5 kg)*	56.76	CODRON Patrick	MOHA	1988
Javelot	58.91	COLLE Florian	CSDY	2014
Javelot*	57.94	BROUILLARD Arille	MOHA	1980
Pentathlon*	3508 pts	RAUSIN Loïc	SPA	1999
Octathlon	5092 pts	PAQUOT Jonathan	SER	2016
5000 Ma	23.11.8	ZAIDI Salim	MABI	1992
4x100	44.90	Delvaux, Kapenda, Gillis, Kapenda	SMAC	2013
4x800	8.29.6	Godani – Risack – Bosse - Stevens	RFCL	1976

## FILLES :

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100	12.00	GAUTIER Céline	CSDY	2014
200	24.65	TSHILUMBA Tiffany	DAMP	2011
300	39.57	LEPRINCE Laura	DAMP	2010
<b>400</b>	<b>55.47</b>	<b>SCHOEMAKER Liefde</b>	<b>OSGA</b>	<b>2017</b>
800	2.10.91	MICHEL Ludivine	MALM	1995
1000	2.53.22	SERVAIS Laetitia	MALM	2002
1500	4.34.08	VANDERELST Elise	MOHA	2013
Mile	5.01.20	MAHIEU Margot	DAMP	2004
2000	6.44.69	DRAUX Céline	CABW	2012
80 Haies	11.43	LEPRINCE Laura	DAMP	2010
300 Haies	44.06	LEPRINCE Audrey	DAMP	2009
1500 Steeple	4.35.66	MAHIEU Margot	DAMP	2003
Hauteur	1.72	DEBAENE Julie	CRAC	2006
	1.72	PARDOMS Emilie	CABW	2015
Longueur	5.75	COLLIN Nathalie	SCA	1983
Triple saut	11.77	LAMBERT Géraldine	RCB	2007
Perche	3.47	JACOB Delphine	DAMP	2014
Poids	14.03	OLIVIER Brigitte	CAF	1995
Disque	41.43	DODRIMONT Emilie	HF	2014
Marteau	50.89	SUSTELO Irina	IXEL	1998
Javelot	42.23	VISSERS Mélanie	ACO	2013
Pentathlon*	3284 pts	POELMANS Nancy	RFCL	1992
Hexathon	4172 pts	THIAM Nafissatou	RFCL	2009
3000 Ma	15.06.70	DRUGMAND Christel	ACLO	1990
4x100	49.61	Club Sportif de la Dyle (L.PATRIS, E.BOURGOIS, M.COPPENS, C.GAUTHIER)	CSDY	2014
4x800	9.13.32		MALM	1994