



RECORDS LBFA MASTERS INDOOR

CE PALMARES MASTERS EST EN COURS DE MISE A JOUR. SI VOUS POSSEDEZ D'AUTRES INFORMATIONS, MERCI DE LES ENVOYER A melissa.gillet@lbfa.be.

HOMMES :

M35

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|----------------|-----------|---|------|----------------|----------|
| 60m | 7"09 | DE BAERDEMAKER Xavier | SMAC | Gand | 11.03.17 |
| 200m | 22"13 | BROOThAERTS Damien | RESC | Torun/Pol WKI | 29.03.19 |
| 300m | 37"77 | CALLENS Emmanuel | USTA | Gand | 27.02.11 |
| 400m | 50"64 | BAKRIM Mustapha | RCAS | Gand | 24.01.09 |
| 800m | 1'57"30 | MARRION Geoffrey | CABW | Gand | 11.01.14 |
| 1000m | 2'35"72 | HSAINÉ Jawad | IAAC | Gand | 29.12.12 |
| 1500m | 3'55"57 | MARRION Geoffrey | CABW | Budapest (Hun) | 30.03.14 |
| Mile | 4'57"82 | PROVOOST Erwin | ACLO | Gand | 26.12.17 |
| 3000m | 8'21"63 | EL MOUAZIZ Hamid* | CSF | Gand | 21.02.15 |
| 60mH (99cm) | 7"97 | BROOThAERTS Damien | RESC | Torun (POL) | 29.03.19 |
| Hauteur | 1m93 | HOFFELT Sebastien | ULA | Coque (LUX) | 12.01.19 |
| Perche | 4m60 | ELIAS Roland | RFCL | Sart Tilman | 09.12.94 |
| Longueur | 6m78 | HERMAN Eric | DAMP | Linz (AUT) | 19.03.06 |
| Triple-saut | 14m16 | HERMAN Eric | DAMP | Linz (AUT) | 18.03.06 |
| Poids (7kg260) | 15m92 | LEGROS Noel | FCL | Gand | 18.02.90 |
| Pentathlon AF | 3.411 pts | HERMAN Eric (9.06 – 6.50 – 11.05 – 1.69 – 2.51.62) | DAMP | Linz (AUT) | 16.03.06 |
| 3000m marche | 12'58"9 | MUSIAUX Marc | TAC | Liévin (FRA) | 17.01.88 |
| 5000m marche | 22'44"67 | MUSIAUX Marc | TAC | Gand | 18.01.92 |

M40

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|----------------|----------|---|------|------------------------|----------|
| 60m | 7"12 | DIERICX Philippe | OCAN | Sindelfingen/Ger | 02.03.04 |
| 200m | 23"29 | CHENOIS Paul-Emile | RISC | Birmingham (GBR) | 02.03.97 |
| 300m | 38"76 | COLLIN Didier | UAC | Gand | 23.01.10 |
| 400m | 53"07 | LEGRAND Hugues | RISC | Gand | 28.02.98 |
| 800m | 1'56"45 | FLAMEE Alain | CSF | Gand | 02.03.03 |
| 1000m | 2'39"20 | LUYENS Yves | RCB | Gand | 23.01.10 |
| 1500m | 4'04"00 | FLAMEE Alain | CSF | Gand | 25.01.03 |
| Mile | 4'59"53 | RIGOT Didier | CABW | Gand | 26.12.11 |
| 3000m | 8'30"52 | FLAMEE Alain | CSF | Gand | 17.02.02 |
| 60mH (99cm) | 8"55 | DA SILVA Juan | RCB | Fléron | 02.02.02 |
| Hauteur | 1m80 | CHANET Michel | FCHA | S.Sebastian (ESP) | 09.03.03 |
| | 1m80 | BAGGIO Livio | HUY | Gand | 13.03.10 |
| Perche | 4m75 | DEWIL Jef | ESC | Oreye | 09.03.91 |
| Longueur | 6m35 | POULAIN Philippe | CSDY | Clermont-Ferrand (FRA) | 21.03.08 |
| Triple-saut | 13m75 | CINCINATIS Yves | ESC | Liévin (FRA) | 22.01.00 |
| Poids (7kg260) | 15m30 | GUILLAUME Alain | BBS | Coque (LUX) | 11.02.17 |
| Pentathlon AF | 3087 pts | DE LONGUEVILLE Bernard (9.23 – 5.74 – 9.46 – 1.66 – 3.21.89) | CABW | Helsinki (FIN) | 22.03.07 |
| 3000m marche | 14'30"00 | PIETQUIN Roger | FMC | Charleville M (FRA) | 02.03.80 |
| 5000m marche | 22'45"29 | MUSIAUX Marc | TAC | Gand | 23.01.93 |

M45

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|----------------|----------|---|------|------------------|----------|
| 60m | 7"27 | GOEFFERS Freddy | USLE | Dour | 10.01.98 |
| 200m | 23"55 | CHENOIS Paul Emile | RCSC | Gand | 27.03.04 |
| 300m | 39"86 | BROZE Laurent | RIWA | Gand | 24.02.18 |
| 400m | 54"22 | BRUSTEN Michel | CABW | Gand | 24.01.09 |
| 800m | 2'09"09 | BRUSTEN Michel | CABW | Gand | 31.01.09 |
| 1000m | 2'49"17 | BRIFFEUIL Olivier | ACLO | Gand | 23.02.19 |
| 1500m | 4'24"95 | LECOEUCHE Arnaud | JSMC | Gand | 08.03.20 |
| Mile | 5'04"51 | DEPELCHIN Patrick | UAFA | Gent | 26.12.07 |
| 3000m | 8'59"85 | VANDERBECK Yves | RIWA | Budapest (Hun) | 25.03.14 |
| 60mH (99cm) | 9"29 | DE LONGUEVILLE Bernard | CABW | CI-Ferrand (FRA) | 17.03.08 |
| Hauteur | 1m77 | CHANET Michel | ACO | Gand | 19.02.06 |
| Perche | 4m42 | ELIAS Roland | SER | Gand | 12.03.06 |
| Longueur | 6m25 | POULAIN Philippe | CSDY | Budapest (HUN) | 28.03.14 |
| Triple-saut | 11m37 | CHANTRY François | CABW | Gand | 10.03.19 |
| Poids (7kg260) | 14m60 | GUILLAUME Alain | BBS | Bertrix | 20.11.21 |
| | 14m60 | GUILLAUME Alain | BBS | Louvain-la-Neuve | 06.02.22 |
| Pentathlon AF | 3389 pts | DE LONGUEVILLE Bernard (9.29 - 5.74 - 9.46 - 1.68 - 3.29.90) | CABW | CI-Ferrand (FRA) | 17.03.08 |
| 3000m marche | 19'22"00 | MASSUY Alex | ONH | Binche | 15.01.83 |

M50

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|---------------|----------|---|------|---------------------|----------|
| 60m | 7"65 | GOEFFERS Freddy | ACLO | Dour | 31.01.04 |
| 200m | 24"38 | CHENOIS Paul Emile | CRAC | Gand | 14.12.08 |
| 300m | 38"83 | CHENOIS Paul Emile | CRAC | Gand | 26.12.07 |
| 400m | 55"25 | CHENOIS Paul Emile | CRAC | Gand | 28.12.07 |
| 800m | 2'10"29 | RYJOUKHINE Dmitri | UAC | LLN | 04.01.20 |
| 1000m | 2'53"84 | DE WINTER Peter | RCAS | Gent | 18.03.07 |
| 1500m | 4'29"53 | NEMETH Christian | CABW | Louvain-la-Neuve | 06.02.22 |
| Mile | 5'11"88 | LEGAST Rene | UAC | Gand | 26.12.08 |
| 3000m | 10'17"18 | WOZNY Eric | CRAC | Ancona (ITA) | 29.03.16 |
| 60mH (91cm) | 9"39 | DA SILVA Juan | RCB | Gand | 13.03.10 |
| Hauteur | 1m56 | DA SILVA Juan | RCB | Gand | 13.03.10 |
| Perche | 4m33 | DEWIL Jef | MALM | Oreye | 25.02.01 |
| Longueur | 6m12 | POULAIN Philippe | CSDY | Ancona (ITA) | 01.04.16 |
| Triple-saut | 11m12 | POULAIN Philippe | CSDY | Daegu (KOR) | 19.03.17 |
| Poids (6kg) | 13m72 | DUTHOO Laurent | USTA | Gaurain-Ramecroix | 17.12.22 |
| Pentathlon AF | 3161 pts | GOEFFERS Freddy (9.59 - 5.52 - 10.73 - 1.49 - 4.08.67) | ACLO | S.Sebastian (ESP) | 06.03.03 |
| 3000m marche | 14'42"3 | SCHOUCKENS Robert | MABI | Charleville M (FRA) | 08.01.81 |
| 5000m marche | 31'08"00 | MAGEREN Philippe CABW | Gand | | 16.03.11 |

M55

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|---------------|----------|---|------|---------------------|----------|
| 60m | 7"82 | CHENOIS Paul Emile | CRAC | Gand | 14.03.15 |
| 200m | 25"25 | CHENOIS Paul-Emile | CRAC | Gand | 26.12.14 |
| 300m | 40"63 | CHENOIS Paul-Emile | CRAC | Gand | 23.02.13 |
| 400m | 57"57 | BIAUMET André | ACLO | CI-Ferrand (FRA) | 22.03.08 |
| 800m | 2'14"37 | BIAUMET André | ACLO | Helsinki (FIN) | 24.03.07 |
| 1000m | 2'58"59 | BIAUMET André | ACLO | Gand | 15.12.07 |
| 1500m | 4'54"08 | FILEE Eric | UAC | Gand | 18.12.16 |
| 60mH (91cm) | 9"87 | DE LONGUEVILLE Bernard | CABW | Gand | 10.03.18 |
| Hauteur | 1m60 | CHANET Michel | FCHA | Gand | 12.03.16 |
| Perche | 3m63 | RENKIN Jean-Paul | HERV | Obourg | 21.12.19 |
| Longueur | 5m15 | POULAIN Philippe | CSDY | Louvain-la-Neuve | 06.02.22 |
| Triple-saut | 9m95 | POULAIN Philippe | CSDY | Louvain-la-Neuve | 06.02.22 |
| Poids (6kg) | 12m00 | PEROMET Daniel | HUY | Visé | 29.11.09 |
| Pentathlon AF | 3138 pts | DE LONGUEVILLE Bernard (9.95 - 4.88 - 8.89 - 1.43 - 4.02.60) | CABW | Gand | 04.02.18 |
| 3000m marche | 15'41"0 | SCHOUCKENS Robert | MABI | Charleville M (FRA) | 11.12.83 |
| 5000m marche | 27'10"7 | SCHOUCKENS Robert | MABI | Charleville M (FRA) | 07.12.86 |

M60

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|---------------|----------|---|------|---------------|----------|
| 60m | 8"02 | OZKAN Ercan* | MOHA | Gand | 08.03.14 |
| 200m | 25"71 | CHENOIS Paul-Emile | CRAC | Torun/Pol WKI | 29.03.19 |
| 300m | 42"85 | BIAUMET André | ACLO | Gand | 27.02.11 |
| 400m | 59"71 | BIAUMET André | ACLO | Gand | 14.01.12 |
| 800m | 2'19"65 | BIAUMET André | ACLO | Liévin/Fra | 07.01.12 |
| 1000m | 3'04"99 | EBERTZHEIM Alain | ACLO | Gand | 27.02.11 |
| 1500m | 4'52"25 | EBERTZHEIM Alain | ACLO | Gand | 23.03.11 |
| Mile | 5'19"99 | EBERTZHEIM Alain | ACLO | Gand | 26.12.11 |
| 60mH (84cm) | 10"78 | EVRARD Gilbert | RFCL | Dour | 28.02.98 |
| Hauteur | 1m40 | TENRET Henri | CRAC | Gand | 04.02.18 |
| Perche | 3m00 | DE CAPITANI Emilio | CSF | Gand | 28.02.09 |
| Longueur | 4m67 | HENRY Paul | CSDY | Gand | 09.03.13 |
| Triple-saut | 10m90 | HENRY Paul | CSDY | Torun (POL) | 22.03.15 |
| Poids (5kg) | 12m31 | TENRET Henri | CRAC | Gand | 10.03.18 |
| Pentathlon AF | 1550 pts | LOMBET Benoit (14.84 - 3.28 - 7.62 - 1.15 - 4.56.88) | ARCH | LLN | 02.02.20 |
| 5000m marche | 26'56"2 | SCHOUCKENS Robert | MABI | Liévin (Fra) | 21.01.89 |

M65

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|--------------|----------|--------------------|------|--------------------|----------|
| 60m | 8"40 | CHENOIS Paul-Emile | CRAC | Louvain-la-Neuve | 06.02.22 |
| 200m | 28"15 | CHENOIS Paul-Emile | CRAC | Louvain-la-Neuve | 06.02.22 |
| 300m | 45"71 | KUMPS José | CSDY | Gand | 14.02.15 |
| 400m | 64"91 | BIAUMET André | ACLO | Madrid (ESP) | 20.03.18 |
| 800m | 2'32"61 | BIAUMET André | ACLO | Madrid (ESP) | 20.03.18 |
| 1500m | 5'38"16 | EBERTZHEIM Alain | ACLO | Gand | 12.03.16 |
| 60mH (84cm) | 11"51 | EVRARD Gilbert | RFCL | Bordeaux (FRA) | 10.03.01 |
| Hauteur | 1m45 | ODY Yvan | DACM | Gand | 28.02.09 |
| Perche | 2m70 | DE CAPITANI Emilio | CSF | Gand | 09.03.13 |
| Longueur | 4m33 | HENRY Paul | CABW | Gand | 10.03.18 |
| Triple-saut | 10m21 | HENRY Paul | CABW | Val de Reuil (FRA) | 10.02.17 |
| Poids (5kg) | 10m20 | Osetek Jean | RFCL | Tessengerlo | 11.01.03 |
| 5000m marche | 26'33"83 | Leroy Jeremie | CABW | Gand | 01.02.01 |

M70

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|---------------|----------|--|------|-------------------|----------|
| 60m | 9"61 | ODY Yvan | DACM | Gand | 16.01.16 |
| 200m | 30"36 | KUMPS José | CSDY | Gand | 08.03.20 |
| 300m | 1'08"53 | GONET Michel | GOSP | Gand | 30.12.17 |
| 400m | 1'21"13 | BOVY Daniel | CABW | Gand | 12.03.16 |
| 800m | 2'58"22 | DESPONTIN Luc | RCB | Gand | 08.03.20 |
| 1000m | 3'59"52 | ODY Yvan | DACM | Gand | 02.02.14 |
| 60mH (76,2cm) | 11"32 | ODY Yvan | DACM | Gand | 14.03.15 |
| Hauteur | 1m36 | ODY Yvan | DACM | Budapest (HUN) | 25.03.14 |
| Perche | 2m24 | DE CAPITANI Emilio* | CSF | Woluwé-St-Lambert | 17.12.16 |
| Longueur | 3m94 | ODY Yvan | DACM | Budapest (HUN) | 25.03.14 |
| Triple-saut | 9m48 | HENRY Paul | CABW | Louvain-la-Neuve | 09.01.22 |
| Poids (4kg) | 8m69 | ODY Yvan | DACM | Gand | 01.02.15 |
| Pentathlon AF | 3520 pts | ODY Yvan (11.36 - 3.69 - 8.32 - 1.35 - 4.00.09) | DACM | Gand | 07.02.16 |
| 5000m marche | 29'33"0 | SCHOUCKENS Robert | GOSP | Charleville/Fra | 20.02.99 |

M75

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|---------------|---------|--------------|------|------------------|----------|
| 60m | 10"97 | CABAY Louis | WACO | Sittard (NL) | 25.01.15 |
| 200m | 46"89 | FIT Stéfan | RFCL | Gand | 28.02.09 |
| 1000m | 4'17"87 | ODY Yvan | RCB | Gand | 03.02.19 |
| 60mH (76,2cm) | 12"16 | ODY Yvan | RCB | Torun (Pol) | 27.03.19 |
| Hauteur | 1m26 | ODY Yvan | RCB | Gand | 10.03.19 |
| Perche | 1m60 | GONET Michel | GOSP | Louvain-la-Neuve | 06.02.22 |
| Longueur | 3m37 | ODY Yvan | RCB | Gand | 03.02.19 |
| Triple-saut | 8m20 | ODY Yvan | RCB | LLN | 05.01.20 |

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|---------------|--------|--|------|------|----------|
| Poids (4kg) | 7m95 | SUSTELO Antonio Pere | CABW | Gand | 08.03.14 |
| Pentathlon AF | 3.418p | ODY Yvan (12.31 - 3.37 - 7.51 - 1.25 - 4.17.87) | RCB | Gand | 03.02.19 |

M80

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|--------------|----------|--------------------|------|------|----------|
| 60m | 13"36 | FIT Stéfan | RFCL | Gand | 13.03.10 |
| 200m | 50"12 | FIT Stéfan | RFCL | Gand | 13.03.10 |
| 400m | 1'55"73 | DEJEAN Pol | MOHA | Gand | 12.03.11 |
| Ver | 2m58 | GAUDITIAUBOIS René | GOSP | Gand | 28.02.09 |
| Poids (3kg) | 10m02 | HECQ Pierre | ACLO | Gand | 28.02.09 |
| 5000m marche | 35'36"70 | SCHOUCKENS Robert | GOSP | Gand | 30.01.10 |

M85

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|--------------|----------|--------------------|------|----------------|----------|
| 60m | 13"57 | GAUDITIAUBOIS René | GOSP | Gand | 09.03.13 |
| 400m | 2'24"66 | FIT Stéfan | RFCL | Gand | 12.03.16 |
| Longueur | 2m52 | GAUDITIAUBOIS René | GOSP | Gand | 09.03.13 |
| Poids (3kg) | 7m06 | GAUDITIAUBOIS René | GOSP | Gand | 08.03.14 |
| 3000m marche | 23'19"07 | SCHOUCKENS Robert | OSGA | Budapest (HUN) | 26.03.14 |

M90

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|------|---------|------------|-----|------|----------|
| 400m | 3'14"42 | FIT Stéfan | SER | Gand | 08.03.20 |
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DAMES :

W35

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|---------------|----------|---|------|------------------|----------|
| 60m | 7"54 | LIBERT Laetitia | USBW | Gand | 21.02.15 |
| 200m | 24"40 | LIBERT Laetitia | USBW | Gand | 21.02.15 |
| 300m | 43"37 | AMELLAL Maryam | CABW | Gand | 11.02.12 |
| 400m | 1'00"29 | DETIENNE Sophie | CABW | Gand | 12.03.11 |
| 800m | 2'16"77 | DETIENNE Sophie | CABW | Gand | 20.02.11 |
| 1000m | 2'59"84 | DETIENNE Sophie | CABW | Gand | 27.02.11 |
| 1500m | 4'37"24 | BULTOT Tatiana* | CABW | Gand | 09.02.97 |
| 3000m | 9'41"62 | GAMACHU Tulu Ferahiwat | RFCL | Luxembourg (LUX) | 07.01.17 |
| 60mH (84cm) | 9"03 | GUILLET Laurence | RESC | Ancona (ITA) | 01.04.16 |
| Hauteur | 1m58 | DENISTY Danièle | SMAC | Fléron | 11.12.04 |
| Perche | 3m25 | PLUNUS Séverine | HERV | Gand | 10.03.18 |
| Longueur | 5m07 | AMELLAL Maryam | RCB | Gand | 16.03.11 |
| Triple-saut | 11m11 | CLEMENT Anne-Catherine | DAMP | Gand | 16.03.11 |
| Poids (4kg) | 11m10 | ADAM Bénédicte | RESC | Gand | 16.03.16 |
| Pentathlon AF | 3331 pts | DENISTY Danièle (9.97 - 1.51 - 10.21 - 5.02 - 2.35.63) | SMAC | Linz (AUT) | 16.03.06 |
| 3000m marche | 16'37"76 | ICHARD Geneviève | WS | Gand | 23.01.93 |

W40

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|-------------|---------|------------------------|------|------------------|----------|
| 60m | 8"27 | ADANT Caroline | CSF | Gand | 19.03.18 |
| 200m | 27"43 | GUILLET Laurence | CABW | Louvain-la-Neuve | 29.01.22 |
| 300m | 43"22 | AMELLAL Maryam | CABW | Gand | 22.02.14 |
| 400m | 1'00"70 | AMELLAL Maryam | CABW | Budapest (HUN) | 25.03.14 |
| 800m | 2'26"36 | CARDENAS Ojito Janet | RESC | Gand | 14.03.15 |
| 1000m | 3'01"77 | LOUBELE Nathalie | BBS | Kirchberg (LUX) | 16.12.11 |
| 1500m | 4'36"14 | LOUBELE Nathalie | BBS | Gand | 20.02.11 |
| Mile | 6'04"60 | VANSTEENE Daisy | ACLO | Gand | 26.12.14 |
| 3000m | 9'51"17 | LOUBELE Nathalie | BBS | Gand | 16.03.11 |
| 60mH (76cm) | 9"62 | DENISTY Danièle | FCHA | Eaubonne (FRA) | 01.03.08 |
| Hauteur | 1m56 | DENISTY Danièle | FCHA | Visé | 26.11.06 |
| Perche | 2m90 | PLUNUS Séverine | HERV | LLN | 04.01.20 |
| Longueur | 5m14 | DENISTY Danièle | FCHA | Cl-Ferrand (FRA) | 17.03.08 |
| Triple-saut | 10m78 | CLEMENT Anne-Catherine | DAMP | Ancona (ITA) | 30.03.16 |

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|---------------|----------|--|------|------------------|----------|
| Poids (4kg) | 10m90 | DENISTY Danièle | FCHA | Gand | 27.02.10 |
| Pentathlon AF | 3737 pts | DENISTY Danièle (9.69 - 1.52 - 9.90 - 5.14 - 2.41.99) | FCHA | CI-Ferrand (FRA) | 17.03.08 |
| 3000m marche | 17'12"52 | NICOLAS Myriam | BBS | CI-Ferrand (FRA) | 18.03.08 |
| 4x200m | 1.53.35 | CABW Maryam Amellal, Caroline Adant, Sophie Detienne & Laurence Guillet | CABW | Louvain-la-Neuve | 15.01.22 |

W45

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|---------------|----------|---|------|------------------|----------|
| 60m | 8"42 | DU BOIS Véronique | DAMP | Gand | 11.03.07 |
| | 8"42 | AMELLAL Maryam | CABW | Gand | 10.03.18 |
| | 8.42 | AMELLAL Maryam | CABW | Louvain-la-Neuve | 06.02.22 |
| 200m | 27"46 | AMELLAL Maryam | CABW | Madrid (ESP) | 19.03.18 |
| 300m | 44"01 | AMELLAL Maryam | CABW | Gand | 24.02.18 |
| 400m | 1'03"01 | AMELLAL Maryam | CABW | Gand | 27.01.18 |
| 800m | 2'23"21 | LOUBELE Nathalie | DAMP | Gand | 09.03.13 |
| 1000m | 3'04"87 | LOUBELE Nathalie | DAMP | Coque (LUX) | 21.12.12 |
| 1500m | 4'39"22 | LOUBELE Nathalie | BBS | Gand | 28.01.12 |
| 3000m | 10'09"02 | LOUBELE Nathalie | DAMP | Saarbrücken (D) | 10.02.13 |
| 60mH (76cm) | 9"88 | DENISTY Danièle | WS | Gand | 01.02.14 |
| Hauteur | 1m60 | WERY Myriam | DAMP | Gand | 19.02.06 |
| Perche | 3m01 | DU BOIS Véronique | DAMP | Gand | 08.03.08 |
| Longueur | 5m14 | HENNART Sandrine | USTA | LLN | 25.01.20 |
| Triple | 9m71 | CLEMENT Anne-Catherine | DAMP | Louvain-la-Neuve | 06.02.22 |
| Poids (4kg) | 10m81 | DENISTY Danièle | WS | Gand | 26.01.13 |
| Pentathlon AF | 3781 pts | DENISTY Danièle (9.90 - 1.43 - 10.14 - 4.87 - 2.52.39) | WS | Gand | 31.01.15 |
| 3000m marche | 15'34"96 | NICOLAS Myriam | BBS | Metz (FRA) | 03.02.13 |

W50

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|---------------|-----------|--|------|------------------|----------|
| 60m | 8"85 | BOONAERT Caroline | RESC | Gand | 14.03.15 |
| 200m | 28"38 | AMELLAL Maryam | CABW | Gand | 14.01.23 |
| 300m | 49"18 | DENISTY Danièle | WS | Gand | 25.02.17 |
| 400m | 1'02"76 | AMELLAL Maryam | CABW | Louvain-la-Neuve | 08.01.23 |
| 800m | 2'34"84 | SEMLALI Zaina | RIWA | LLN | 05.01.20 |
| 1000m | 3'32"02 | WRIGHT Carol | WS | Gand | 11.01.04 |
| 1500m | 5'33"44 | DETREZ Martine | RFCL | Louvain-la-Neuve | 06.02.22 |
| Mile | 6'25"27 | WRIGHT Carol | WS | Gand | 23.01.05 |
| 3000m | 12'04"46 | YERNAUX Huguette | BBS | Gand | 16.03.11 |
| 60mH (76cm) | 10"49 | DENISTY Danièle | WS | Gand | 03.02.18 |
| Hauteur | 1m41 | DENISTY Danièle | WS | Lee Valley (GBR) | 17.02.19 |
| Longueur | 4m45 | DENISTY Danièle | WS | Gand | 26.12.16 |
| Poids (3kg) | 11m58 | DENISTY Danièle | WS | Gand | 10.03.18 |
| Pentathlon AF | 3.791 pts | DENISTY Danièle (10.49 - 4.21 - 10.71 - 1.35 - 2.51.47) | WS | Gand | 03.02.18 |
| 3000m marche | 15'15"11 | NICOLAS Myriam | SMAC | Budapest (HUN) | 25.03.14 |

W55

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|---------------|-----------|--|------|------------------|----------|
| 60m | 9"00 | GRAFF Edith | DAMP | Bordeaux (FRA) | 10.03.01 |
| 200m | 31"30 | BOONAERT Caroline | RESC | Gand | 08.03.20 |
| 300m | 51"41 | PATER Jocelyne | ACLO | Gand | 10.01.10 |
| 400m | 1'10"52 | BLAUDE Marie Anne | SMAC | Ancona (ITA) | 26.03.09 |
| 800m | 2'44"46 | WRIGHT Carol | WS | Gand | 28.01.06 |
| 1000m | 3'39"26 | WRIGHT Carol | WS | Gand | 17.12.06 |
| 1500m | 5'25"19 | JUSTIN Danielle | RFCL | Gand | 28.02.09 |
| 3000m | 11'25"70 | JUSTIN Danielle | RFCL | Ancona (ITA) | 25.03.09 |
| 60mH (76cm) | 10.62 | DENISTY Danièle | WS | Dour | 13.02.22 |
| Hauteur | 1m33 | DENISTY Danièle | WS | Louvain-la-Neuve | 09.01.22 |
| Longueur | 4m61 | GRAFF Edith | DAMP | Bordeaux (Fra) | 09.03.01 |
| Poids (3kg) | 10m86 | DENISTY Danièle | WS | Louvain-la-Neuve | 06.02.22 |
| Pentathlon AF | 2.973 pts | PATER Jocelyne (11.77 - 1.18 - 3.40 - 6.17 - 3.01.08) | ACLO | Ancona (ITA) | 27.03.09 |

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|--------------|----------|----------------|------|------|----------|
| 3000m marche | 17'13"78 | NICOLAS Myriam | SMAC | Gand | 16.02.20 |
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W60

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|---------------|----------|--|------|-------------------|----------|
| 60m | 9"23 | GRAFF Edith | DAMP | Linz (AUT) | 18.03.06 |
| 200m | 33"70 | PATER Jocelyne | ACLO | Gand | 26.12.14 |
| 300m | 54"72 | PATER Jocelyne | ACLO | Gand | 02.01.16 |
| 800m | 2'56"35 | PATER Jocelyne | ACLO | Torun (POL) | 26.03.15 |
| 1000m | 3.53.02 | BOURGEAT Catherine | CSF | Louvain-la-Neuve | 20.03.22 |
| 1500m | 6'02"11 | JUSTIN Danielle | RFCL | Daegu (KOR) | 25.03.17 |
| Mile | 6'47"21 | PATER Jocelyne | ACLO | Gand | 26.12.14 |
| 3000m | 12'28"77 | JUSTIN Danielle | RFCL | Ancona (ITA) | 30.03.16 |
| 60mH (68cm) | 10"44 | GRAFF Edith | DAMP | Linz (AUT) | 19.03.06 |
| Hauteur | 1m36 | GRAFF Edith | DAMP | S.Sebastian (ESP) | 07.03.03 |
| Longueur | 4m35 | GRAFF Edith | DAMP | Sindelfingen (D) | 12.03.04 |
| Triple-saut | 9m25 | GRAFF Edith | DAMP | Sindelfingen (D) | 12.03.04 |
| Poids (3kg) | 8m22 | GRIGOLATO Martine | USTA | Gand | 10.03.18 |
| Pentathlon AF | 3231 pts | PATER Jocelyne (12.33 - 1.12 - 6.15 - 3.40 - 3.00.58) | ACLO | Torun (POL) | 27.03.15 |
| 3000m marche | 18'14"00 | PATER Jocelyne | ACLO | Gand | 24.01.15 |

W65

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|---------------|----------|--|------|------------------|----------|
| 60m | 9"21 | GRAFF Edith | DAMP | Cl-Ferrand (FRA) | 18.03.08 |
| 200m | 35"71 | PATER Jocelyne | ACLO | Gand | 08.03.20 |
| 300m | 58"32 | PATER Jocelyne | ACLO | Gand | 28.12.19 |
| 400m | 1'20"57 | PATER Jocelyne | ACLO | Gand | 10.03.19 |
| 800m | 3'08"51 | PATER Jocelyne | ACLO | LLN | 04.01.20 |
| 1000m | 4'11"11 | PATER Jocelyne | ACLO | Gand | 28.12.19 |
| 1500m | 6'39"32 | JUSTIN Danielle | RFCL | Gand | 08.03.20 |
| Mile | 7'11"26 | PATER Jocelyne | ACLO | Gand | 26.12.19 |
| 60mH (68cm) | 10"58 | GRAFF Edith | DAMP | Helsinki (FIN) | 25.03.07 |
| Hauteur | 1m31 | GRAFF Edith | DAMP | Helsinki (FIN) | 24.03.07 |
| Longueur | 4m26 | GRAFF Edith | DAMP | Luxemburg (LUX) | 06.01.07 |
| Triple-saut | 9m12 | GRAFF Edith | DAMP | Gand | 11.03.07 |
| Poids (3kg) | 7m85 | CLEMENT Annette | CRAC | Obourg | 06.02.19 |
| Pentathlon AF | 3300 pts | PATER Jocelyne (13.64 - 1.05 - 6.31 - 3.32 - 3.11.25) | ACLO | LLN | 01.02.20 |
| 3000m marche | 19'16"3 | PATER Jocelyne | ACLO | LLN | 25.01.20 |

W70

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|---------------|-----------|--|------|--------------|----------|
| 200m | 42"58 | JOANNES Claire | DAMP | Gand | 08.03.20 |
| 400m | 1'38"43 | JOANNES Claire | DAMP | Madrid (ESP) | 20.03.18 |
| 800m | 3'53"03 | JOANNES Claire | DAMP | Madrid (ESP) | 19.03.19 |
| 60mH (68cm) | 14"89 | JOANNES Claire | DAMP | Torun (POL) | 29.03.19 |
| Hauteur | 1m14 | JOANNES Claire | DAMP | Torun (POL) | 24.03.19 |
| Longueur | 2m59 | JOANNES Claire | DAMP | Madrid (ESP) | 19.03.18 |
| Poids (3kg) | 7m43 | JOANNES Claire | DAMP | Gand | 10.03.18 |
| Pentathlon AF | 3.258 pts | JOANNES Claire (14.89 - 1.14 - 7.26 - 2.49 - 3.56.45) | DAMP | Torun (POL) | 29.03.19 |

W75

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|---------|------|----------------|------|------------------|----------|
| Hauteur | 1m06 | JOANNES Claire | DAMP | Louvain-la-Neuve | 06.02.22 |
| Poids | 7m77 | JOANNES Claire | DAMP | Louvain-la-Neuve | 06.02.22 |