



BELGIAN TEAM MAP



EUROPEAN ATHLETICS
INDOOR
CHAMPIONSHIPS
GLASGOW 2019

1 – 3 March 2019
Emirates Arena
Glasgow, GBR

DELEGATION

Head of delegation:	Patricia Dumont	
Team leader:	Frédéric Kimmlingen	
Athletes:	Asanti Badji Eline Berings Cynthia Bolingo Mbongo Dylan Borlée Kévin Borlée Jonathan Borlée Hanne Claes Paulien Couckuyt Ismaël Debjani	Renée Eykens Robin Hendrix Camille Laus Hanne Maudens Claire Orcel Thomas Van Der Plaetsen Margo Van Puyvelde Julien Watrin
Team coaches:	Jacques Borlée Thierry Briquemont Carole Kaboud Me Bam Michael Van der Plaetsen Wim Vandeven	
Personal coaches:	Christophe Dumont Théo Joosten Tim Moriau	
Team doctor:	Cédric Danniau	
Physio:	Marie Roosendaal Nicolas Kerckhof	



ATHLETE

ELINE BERINGS

Date of birth: 28/05/1986
Discipline: 60m Hurdles
Club: RCG
Coach: Philip Gilson
SB: 8.04, Gent, 09/02/2019
PB/NR: 7.92, Torino (ITA), 06/03/2009

Timetable :

Round 1: Saturday, 2 march— 12.31 (local time) / 13.31 (Belgian time)

Semi-Final: Sunday, 3 march—11.25 (local time) / 12.25 (Belgian time)

Final: Sunday, 3 march—18.25 (local time) / 19.25 (Belgian time)



BELGA

CYNTHIA BOLINGO MBONGO

Date of birth: 12/01/1993
Discipline: 400m
Club: CABW
Coach: Carole Kaboud Me Bam
SB/PB/NR: 52.70, Gand, 17/02/2019

Timetable :

Round 1: Friday, 1 march—13.00 (local time) / 14.00 (Belgian time)

Semi-Final: Friday, 1 march—20.36 (local time) / 21.36 (Belgian time)

Final: Saturday, 2 march— 20.10 (local time) / 21.10 (Belgian time)



BELGA

ISMAEL DEBJANI

Date of birth: 25/09/1990
Discipline: 1500m
Club: CABW
Coach: Christophe Dumont
SB/PB: 3.39.91, Liévin, 10/02/2019
NR: 3.37.30, Pieter-Jan Hannes, Birmingham, 21/02/2015

Timetable :

Round 1: Friday, 1 march—11.55 (local time) / 12.55 (Belgian time)

Final: Sunday, 3 march—20.01 (local time) / 21.01 (Belgian time)



BELGA

ATHLETE

RENEE EYKENS

Date of birth: 08/06/1996

Discipline: 800m

Club: AA

Coach: Théo Joosten

SB/PB: 2.02.15, Birmingham (GBR), 16/02/2019

NR: 2.00.46, Sandra Stals, Birmingham (GBR), 20/02/2000

Timetable :

Round 1: Friday, 1 march—11.10 (local time) / 12.10 (Belgian time)

Semi-Final: Saturday, 2 march— 18.06 (local time) / 19.06 (Belgian time)

Final: Sunday, 3 march—19.18 (local time) / 20.18 (Belgian time)



BELGA

ROBIN HENDRIX

Date of birth: 14/01/1995

Discipline: 3000m

Club: OEH

Coach: Tim Moriau

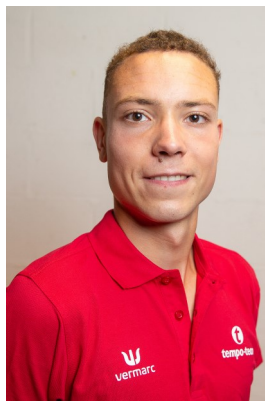
SB/PB: 7.53.89, Linz, 09/02/2019

NR: 7.38.94, Mohammed Mourhit, Lisboa, 11/03/2001

Timetable :

Round 1: Friday, 1 march—12.30 (local time) / 13.30 (Belgian time)

Final: Saturday, 2 march— 19.47 (local time) / 20.47 (Belgian time)



BELGA

HANNE MAUDENS

Date of birth: 12/03/1997

Discipline: Pentathlon

Club: VS

Coach: Wim Vandeven

SB/PB: 4569p, Gent, 03/02/2019

NR: 4877p, Gent, 11/02/2007

Timetable :

Friday, 1 march:

60m H: 10.05 (local time) / 11.05 (Belgian time)

High jump: 10.45 (local time) / 11.45 (Belgian time)

Shot put: 13.15 (local time) / 14.15 (Belgian time)

Long jump: 19.04 (local time) / 20.04 (Belgian time)

800m: 21.15 (local time) / 22.15 (Belgian time)



BELGA

ATHLETE

CLAIRE ORCEL

Date of birth: 02/12/1997

Discipline: High Jump

Club: CSF

Coach: Thierry Briquemont

SB/PB: 1m90, Gand, 17/02/2019

NR: 2m05, Tia Hellebaut, Birmingham (GBR), 03/03/2007

Timetable :

Qualifications Friday, 1 march—19.06 (local time) / 20.06 (Belgian time)

Final: Sunday, 3 march—19.15 (local time) / 20.15 (Belgian time)



BELGA

THOMAS VAN DER PLAETSEN

Date of birth: 24/12/1990

Discipline: Heptathlon

Club: DEIN

Coach: Michaël Van Der Plaetsen

SB: 6132p, Gent, 02-03/02/2019

PB/NR: 6259p, Sopot, 08/03/2014

Timetable :

Saturday, 2 march:

60m: 10.10 (local time) / 11.10 (Belgian time)

Long jump: 12.05 (local time) / 13.05 (Belgian time)

Shot put: 18.02 (local time) / 19.02 (Belgian time)

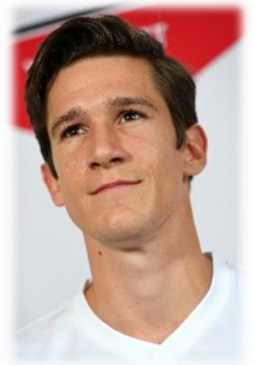
High jump: 19.50 (local time) / 20.50 (Belgian time)

Sunday, 3 march:

60m H: 10.06 (local time) / 11.06 (Belgian time)

Pole vault: 11.15 (local time) / 12.15 (Belgian time)

1000m: 19.37 (local time) / 20.37 (Belgian time)



BELGA

BELGIAN CHEETAHS

NR: 4.14.42, Reg. Atl. Ver. Mechelen (RAM)
(Justine Desondre, Wendy Den Haeze, Ester Van Den Hende, Axelle Dauwens), Gent, 26/12/2009

Timetable :

Final: Sunday, 3 march, 20.40 (local time) - 21.40 (Belgian time)

CYNTHIA BOLINGO MBONGO

Date of birth: 12/01/1993
Club: CABW
Coach: Carole Bam
SB/PB: 52.70, Gand, 17/02/2019



BELGA

HANNE CLAES

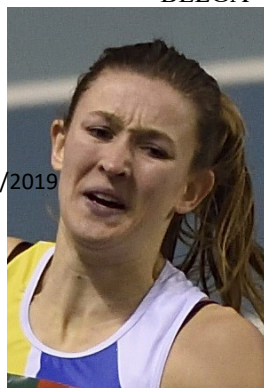
Date of birth: 04/08/1991
Club: RESC
Coach: Jacques Borlée
SB/PB: 53.66, Liévin, 10/02/2019



BELGA

PAULIEN COUCKUYT

Date of birth: 19/05/1997
Club: AVKA
Coach: Rudi Diels
SB/PB: 54.57, Gent, 09/02/2019



J. De Ceulaerde

CAMILLE LAUS

Date of birth: 23/05/1993
Club: RCB
Coach: Jacques Borlée
SB/PB 400m: 53.20, Gand, 09/02/2019



BELGA

MARGO VAN PUYVELDE

Date of birth: 21/12/1995
Club: ASVO
Coach: Philip Gilson
SB: 54.24, Gent, 09/02/2019
PB: 53.73, Gent, 18/02/2017



BELGA

BELGIAN TORNADOS

BELGIAN TORNADOS

NR: 3.02.51, Belgian Tornados (Dylan Borlée, Jonathan Borlée, Jonathan Sacoor, Kévin Borlée)
Birmingham, 04/03/2018

Timetable :

Final: Sunday, 3 march, 20.25 (local time) -
21.25 (Belgian time)

ASAMTI BADJI

Date of birth: 23/03/1995

Club: RESC

Coach: Michel Zimmerman

SB/PB: 47.84, Gand, 17/02/2019



BELGA

BORLEE DYLAN

Date of birth: 20/09/1992

Club: RCB

Coach: Jacques Borlée

SB: 47.58, Liévin, 10/02/2019

PB: 46.25, Praha, 07/03/2015



BELGA

BORLEE JONATHAN

Date of birth: 22/02/1988

Club: RCB

Coach: Jacques Borlée

SB: -

PB: 46.48, Metz,
25/02/2015



BELGA

BORLEE KEVIN

Date of birth: 22/02/1988

Club: RCB

Coach: Jacques Borlée

SB: 46.69, Gent, 17/02/2019

PB: 46.41, Gent, 23/02/2018



BELGA

JULIEN WATRIN

Date of birth: 27/03/1992

Club: DAMP

Coach: François Gourmet

SB: 48.25, Gent, 09/02/2019

PB: 47.06, Kirchberg,
07/02/2015



BELGA

SCHEDULE

DAY 1 - Friday, 1 March

Local Time	Belgian Time	Event	Sex	Round	Athlete
10.03	11.03	Long Jump	M	Qualification	
10.05	11.05	60m H Pentathlon	W		Hanne Maudens
10.20	11.20	400m	M	Round 1	
10.45	11.45	High Jump Pentathlon	W	A/B	Hanne Maudens
11.10	12.10	800m	W	Round 1	Renée Eykens
11.30	12.30	Shot Put	M	Qualification	
11.55	12.55	1500m	M	Round 1	Ismaël Debjani
12.00	13.00	Triple Jump	W	Qualification	
12.30	13.30	3000m	M	Round 1	Robin Hendrix
12.30	13.30	High Jump	M	Qualification A/B	
13.00	14.00	400m	W	Round 1	Cynthia Bolingo Mbongo
13.15	14.15	Shot Put Pentathlon	W		Hanne Maudens
19.00	20.00	Pole Vault	M	Qualification	
19.02	20.02	Shot Put	W	Qualification	
19.04	20.04	Long Jump Pentathlon	W		Hanne Maudens
19.06	20.06	High Jump	W	Qualification	Claire Orcel
19.10	20.10	1500m	W	Round 1	
19.48	20.48	800m	M	Round 1	
20.25	21.25	Triple Jump	M	Qualification	
20.35	21.35	Shot Put	M	Final	
20.36	21.36	400m	W	Semi-Final	Cynthia Bolingo Mbongo
20.55	21.55	400m	M	Semi-Final	
21.15	22.15	800m Pentathlon	W	Final	Hanne Maudens
21.40	22.40	3000m	W	Final	

DAY 2 - Saturday, 2 March

Local Time	Belgian Time	Event	Sex	Round	Athlete
10.00	11.00	Long jump	W	Qualification	
10.03	11.03	Pole Vault	W	Qualification	
10.10	11.10	60m Heptathlon	M		Thomas Van Der Plaetsen
10.30	11.30	60m	M	Round 1	
11.13	12.13	60m	W	Round 1	
11.57	12.57	60m H	M	Round 1	
12.05	13.05	Long Jump Heptathlon	M		Thomas Van Der Plaetsen
12.31	13.31	60m H	W	Round 1	Eline Berings



tempo-team



SCHEDULE

Local Time	Belgian Time	Event	Sex	Round	Athlete
18.00	19.00	High Jump	M	Final	
18.02	19.02	Shot Put Heptathlon	M		Thomas Van Der Plaetsen
18.06	19.06	800m	W	Semi-Final	Renée Eykens
18.10	19.10	Pole Vault	M	Final	
18.25	19.25	800m	M	Semi-Final	
18.50	19.50	60m	W	Semi-Final	
19.20	20.20	60m	M	Semi-Final	
19.47	20.47	3000m	M	Final	Robin Hendrix
19.50	20.50	High Jump Heptathlon M		A/B	Thomas Van Der Plaetsen
20.10	21.10	400m	W	Final	Cynthia Bolingo Mbongo
20.22	21.22	400m	M	Final	
20.35	21.35	60m	W	Final	
20.50	21.50	60m	M	Final	

DAY 3 - Sunday, 3 March

Local Time	Belgian Time	Event	Sex	Round	Athlete
10.00	11.00	Triple Jump	W	Final	
10.06	11.06	60m Heptathlon	M		Thomas Van Der Plaetsen
11.05	12.05	60m H	M	Semi-Final	
11.15	12.15	Pole Vault Heptathlon M			Thomas Van Der Plaetsen
11.25	12.25	60m H	W	Semi-Final	Eline Berings
11.35	12.35	Long Jump	M	Final	
12.20	13.20	Shot Put	W	Final	
18.00	19.00	Long Jump	W	Final	
18.05	19.05	Pole Vault	W	Final	
18.10	19.10	60m H	M	Final	
18.25	19.25	60m H	W	Final	Eline Berings
18.57	19.57	800m	M	Final	
19.15	20.15	High Jump	W	Final	Claire Orcel
19.18	20.18	800m	W	Final	Renée Eykens
19.35	20.35	Triple Jump	M	Final	
19.37	20.37	1000m Heptathlon	M	Final	Thomas Van Der Plaetsen
20.01	21.01	1500m	M	Final	Ismaël Debjani
20.12	21.12	1500m	W	Final	
20.25	21.25	4x400m	M	Final	Belgian Tornados
20.40	21.40	4x400m	W	Final	Belgian Cheetahs



HISTORY

History

European Indoor Games

1	27.03.1966	Dortmund/Brd	(160m)
2	11-12.03.1967	Praag/Cssr (160m)	
3	09-10.03.1968	Madrid/Esp	(182m)
4	08-09.03.1969	Belgrado/Yug	(195m)

European Indoor Championships

1	14-15.03.1970	Wenen/Aut	(200m)
2	13-14.03.1971	Sofia/Bul	(200m)
3	11-12.03.1972	Grenoble/Fra	(180m)
4	10-11.03.1973	Rotterdam/Ned	(170m)
5	09-10.03.1974	Göteborg/Swe	(196m)
6	08-09.03.1975	Katowice/Pol	(160m)
7	21-22.02.1976	München/Brd	(179m)
8	12-13.03.1977	San Sebastian/Esp	(200m)
9	11-12.03.1978	Milaan/Ita	(200m)
10	24-25.02.1979	Wenen/Aut	(200m)
11	01-02.03.1980	Sindelfingen/Brd	(200m)
12	21-22.02.1981	Grenoble/Fra	(180m)
13	06-07.03.1982	Milaan/Ita	(200m)
14	05-06.03.1983	Budapest/Hun	(200m)
15	03-04.03.1984	Göteborg/Swe	(196m)
16	02-03.03.1985	Athene/Gre	(200m)
17	22-23.02.1986	Madrid/Esp	(164m)
18	21-22.02.1987	Lievin/Fra	(200m)
19	05-06.03.1988	Budapest/Hun	
20	05-06.03.1989	Den Haag/Ned	
21	03-04.03.1990	Glasgow/Gbr	
22	28.02-01.03.1992	Genua/Ita	
23	11-13.03.1994	Bercy-Parijs/Fra	
24	08-10.03.1996	Stockholm/Swe	
25	27.02-01.03.1998	Valencia/Esp	
26	25-27.02.2000	Gent/Bel	
27	01-03.03.2002	Wenen/Aut	
28	04-06.03.2005	Madrid/Esp	
29	02-04.03.2007	Birmingham/Gbr	
30	06-08.03.2009	Turijn/Ita	
31	04-06.03.2011	Bercy-Parijs/Fra	
32	01-03.03.2013	Göteborg/Swe	
33	06-08.03.2015	Praag/Cze	
34	03-05.03.2017	Belgrade/SRB	

HISTORY

Belgian palmares

Year	Top 6	Gold	Silver	Bronze	4th	5th	6th
1966, Dortmund	1			1			
1967, Prague	1					1	
1968, Madrid	0						
1969, Belgrade	1	1					
1970, Vienne	1						1
1971, Sofia	1					1	
1972, Grenoble	1				1		
1973, Rotterdam	3	1	2				
1974, Goteborg	3	2	1				
1975, Katowice	1		1				
1976, Munchen	5	1		1	2	1	
1977, San Sebastian	2	1				1	
1978, Milan	3		2		1		
1979, Vienne	2				1	1	
1980, Sindelfingen	1		1				
1981, Grenoble	2				1	1	
1982, Milan	0						
1983, Budapest	3		1			1	1
1984, Goteborg	3			1	2		
1985, Athènes	5	1		1	1	1	
1986, Madrid	2	1		1			
1987, Liévin	2						2
1988, Budapest	3		1		1		1
1989, La Haye	1						1
1990, Glasgow	0						
1992, Gênes	0						
1994, Bercy-Paris	0						
1996, Stockholm	4	1	1	1			1
1998, Valence	0						
2000, Gand	5		1	1	2		1
2002, Vienne	5	1			1	1	2
2005, Madrid	2	1				1	
2007, Birmingham	2	2					
2009, Turin	1	1					
2011, Bercy-Paris	4			2			2
2013, Göteborg	3				1		2
2015, Prague	4	1	2			1	
2017, Belgrade	2	1	1				
TOTAL	78	16	14	9	14	11	14
	Top 6	Gold	Silver	Bronze	4th	5th	6th

HISTORY

Belgian palmares

Round up

Gold Medals

1	1969	Edgar Salvé	1500m	3.45.9
2	1973	Emiel Puttemans	3000m	7.44.51
3	1974	Fons Brydenbach	400m	46.6
4	1974	Emiel Puttemans	3000m	7.48.6
5	1976	Ivo Van Damme	800m	1.49.2
6	1977	Fons Brydenbach	400m	46.53
7	1985	Bob Verbeeck	3000m	8.10.84
8	1986	Ronald Desruelles	60m	6.61
9	1996	Erik Wymeersch	200m	21.04
10	2002	Kim Gevaert	60m	7.16
11	2005	Kim Gevaert	60m	7.16
12	2007	Tia Hellebaut	High jump	2m05
13	2007	Kim Gevaert	60m	7.12
14	2009	Eline Berings	60mH	7.92
15	2015	Belgian Tornados	4x400m	3.02.87 AR
		<i>Julien Watrin, Dylan Borlée, Jonathan Borlée, Kévin Borlée</i>		
16	2017	Nafissatou Thiam	Pentathlon	4.870p

Silver Medals

1	1973	Herman Mignon	1500m	3.43.16
2	1973	Willy Polleunis	3000m	7.51.86
3	1974	Paul Thys	3000m	7.51.8
4	1975	Ivo Van Damme	800m	1.50.1
5	1978	Ronald Desruelles	Long jump	7.75
6	1978	Emiel Puttemans	3000m	7.49.9
7	1980	Anne-Marie Van Nuffel	800m	2.00.9
8	1983	Jacques Borlee	200m	21.13
9	1988	Ronald Desruelles	60m	6.60
10	1996	Christophe Impens	3000m	7.50.19
11	2000	Patrick Stevens	200m	20.70
12	2015	Nafi Thiam	Pentathlon	4.696p
13	2015	Dylan Borlée	400m	46.25
14	2017	Belgian Tornados	4x400m	3.07.80
		<i>Robin Vanderbenden, Julien Watrin, Kévin Borlée, Dylan Borlée</i>		

Bronze Medals

1	1966	België	4x3x2x1 ronde	3.27.2
		<i>Werner Dyzers, Willy Vandenwyngaerden, Georges Wynants, Albert Van Hoorn</i>		
2	1976	Bruno Brokken	High jump	2.19
3	1984	Ronald Desruelles	60m	6.69
4	1985	Ronald Desruelles	60m	6.64
5	1986	Eddy Annys	High jump	2.28
6	1996	Jonathan Nsenga	60m H	7.66
7	2000	Sandra Stals	800m	2.01.34

HISTORY

8	2011	Adrien Deghelt	60m H	7.57
9	2011	Belgium	4x400m	3.06.57
<i>Jonathan Borlée, Antoine Gillet, Nils Duerinck, Kévin Borlée</i>				

Fourth places

1	1972	Andre Ornelis	3000m	8.11.43
2	1976	Herman Mignon	1500m	3.47.1
3	1976	Sonja Castelein	1500m	4.21.8
4	1978	Anne-Marie Van Nuffel	800m	2.03.8
5	1979	Ronald Desruelles	Long jump	7.79
6	1981	Patrick Desruelles	Pole vault	5.60
7	1984	Chris Soetewey	High jump	1.92
8	1984	Regine Berg	400m	53.41
9	1985	Eddy Annys	High jump	2.24
10	1988	Jonathan Nsenga	60m H	7.59
11	2000	Mohammed Mourhit	3000m	7.49.99
12	2000	Thibaut Duval	Pole vault	5.60
13	2002	Nathan Bongelo	60m	6.67
14	2013	Belgium	4x400m	3.07.98
<i>Antoine Gillet-Kévin Borlée, Arnaud Ghislain-Tim Rummens</i>				

Fifth places

1	1967	Edgar Salvé	1500m	3.53.0
2	1971	Philippe Housiaux	Long jump	7.70
3	1976	Robert Hoofd	800m	1.50.7
4	1977	Geertje Meersseman	1500m	4.18.2
5	1979	Marc Nevens	1500m	3.45.2
6	1981	Anne-Marie Van Nuffel	800m	2.05.37
7	1983	Anne-Marie Van Nuffel	1500m	4.20.73
8	1985	Regine Berg	400m	53.15
9	2002	Thibaut Duval	Pole vault	5.70
10	2005	Joeri Jansen	1500m	3.40.12
11	2013	Almensh Belete	3000m	9.03.89

Sixth places

1	1970	Emiel Puttemans	3000m	7.57.0
2	1983	Chris Soetewey	High jump	1.84
3	1987	Ingrid Delagrange	3000m	9.11.38
4	1987	Ronald Desruelles	200m	21.78
5	1988	Jos Martens	5km Snelw	18.54.67
6	1989	Ronald Desruelles	60m	6.66
7	1996	Johan Lisabeth	60mH	7.78
8	2000	Kim Gevaert	60m	7.22
9	2002	Mohammed Mourhit	3000m	7.59.79
10	2002	Sandra Stals	800m	2.07.33
11	2011	Lindsey De Grande	1500m	4.16.15
12	2011	Thomas Van Der Plaetsen	Heptathlon	6.020p
13	2013	Eline Berings	60mH	8.08
14	2013	Nafissatou Thiam	Pentathlon	4.493p



Glasgow2019athletics.com

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