

# BELGIAN TEAM MAP



WORLD ATHLETICS  
RELAYS  
**SILESIA 21**



# DELEGATION

**TEAM LEADER**      **RUTGER SMITH**

**ATHLETE**      **CYNTHIA BOLINGO MBONGO**  
**DYLAN BORLÉE**  
**KÉVIN BORLÉE**  
**PAULIEN COUCKUYT**  
**CAMILLE LAUS**  
**HANNE MAUDENS**  
**JONATHAN SACOOR**  
**ROBIN VANDERBEMDEN**  
**MARGOT VAN PUYVELDE**  
**IMKE VERVAET**

**TEAM COACH**      **JACQUES BORLÉE**  
**CAROLE KABOUD ME BAM**

**PHYSIOTHERAPIST**      **DIDIER VERHASSELT**



**WORLD ATHLETICS  
RELAYS  
SILESIA 21**



# ATHLETES



BELGA

## CYNTHIA BOLINGO MBONGO

Date of birth: 12/01/1993

Club: CABW

Coach: Carole Kaboud Me Bam



BELGA

## PAULIEN COUCKUYT

Date of birth: 19/05/1997

Club: VAC

Coach: Rudi Diels



BELGA

## CAMILLE LAUS

Date of birth: 23/05/1993

Club: OEH

Coach: Jacques Borlée



BELGA

## HANNE MAUDENS

Date of birth: 12/03/1997

Club: VS

Coach: Tim Moriau



BELGA

## MARGO VAN PUYVELDE

Date of birth: 23/05/1993

Club: ASVO

Coach: Philip Gilson



BELGA

## IMKE VERVAET

Date of birth: 11/04/1993

Club: RCG

Coach: Leopold Van Hamme



BELGA

## DYLAN BORLÉE

Date of birth: 20/09/1992

Club: OEH

Coach: Jacques Borlée



BELGA

## KÉVIN BORLÉE

Date of birth: 22/02/1988

Club: OEH

Coach: Jacques Borlée





BELGA

## JONATHAN SACOOR

Date of birth: 01/09/1999

Club: OEH

Coach: Jacques Borlée



BELGA

## ROBIN VANDERBEMDEN

Date of birth: 10/02/1994

Club: SER

Coach: François Gourmet

## NATIONAL RECORDS

<b>4X400M MEN</b>	2.58.52	Julien Watrin, Dylan Borlée, Jonathan Borlée, Kévin Borlée	Rio De Janeiro (BRA)	20/08/16
<b>4X400M WOMEN</b>	3.26.58	Hanne Claes, Imke vervaet, Pauline Couckuyt, Camille Laus	Doha (QAT)	05/10/19
<b>4X400M MIXED</b>	3.14.22	Dylan Borlée, Hanne Claes, Camille Laus, Kévin Borlée	Doha (QAT)	29/09/19

## PALMARES 4X400M, NATIONAL WOMEN TEAM

<b>1980</b>	<b>OG</b>	<b>Moscow/USRR</b>	<b>3.30.7 MT, 7<sup>th</sup></b>
		<i>L. Alearts, R. Berg, A. Michel, R. Wallez</i>	
<b>2010</b>	<b>EC</b>	<b>Barcelona/ESP</b>	<b>3.37.56, 7<sup>th</sup> heats</b>
		<i>A. Dauwens, E Bogemans, W. Den Haeze, L. Cozijns</i>	
<b>2014</b>	<b>EC</b>	<b>Zurich/SUI</b>	<b>3.31.82, 8<sup>th</sup></b>
		<i>L. Libert, O. Borlée, K. Efonye, J. Grillet</i>	
<b>2018</b>	<b>EC</b>	<b>Berlin/GER</b>	<b>3.30.62, 3.27.69 NR, 4<sup>th</sup></b>
		<i>C. Laus, C. Bolingo Mbongo, J. Grillet, H. Claes</i>	
		<i>C. Bolingo Mbongo, H. Claes, J. Grillet, C. Laus</i>	
<b>2019</b>	<b>EC Ind</b>	<b>Glasgow/GBR</b>	<b>3.32.46 NR, 5<sup>th</sup></b>
		<i>C. Bolingo Mbongo, H. Claes, M. Van Puyvelde, C. Laus</i>	
	<b>WC</b>	<b>Doha (QAT)</b>	<b>3.26.58—3.27.15 5<sup>th</sup></b>
		<i>C. Laus, H. Claes, I. Vervaet, P. Couckuyt</i>	
		<i>C. Laus, H. Claes, I. Vervaet, P. Couckuyt</i>	
	<b>World Relays</b>	<b>Yokohama (JAP)</b>	<b>3.30.69, 4<sup>th</sup> heats</b>
		<i>C. Laus, H. Claes, P. Couckuyt, L. Ferauge</i>	

## PALMARES 4X400M, NATIONAL MEN TEAM

<b>2005</b>	<b>Eur. Team Champ.</b>	<b>Leira/POR</b>	<b>3.08.89, 7<sup>th</sup></b>
		<i>N. Duerinck – J. Borlée – K. Borlée – C. Van Branteghem</i>	
<b>2006</b>	<b>Eur. Team Champ.</b>	<b>Prague/CZE</b>	<b>3.03.94, 1<sup>st</sup></b>
		<i>N. Duerinck – J. Borlée – K. Borlée – C. Van Branteghem</i>	
	<b>WC U20</b>	<b>Pekin/CHN</b>	<b>3.05.74—3.07.03, 5<sup>th</sup></b>
		<i>J. Panneel – K. Borlée – A. Ghislain – J. Borlée Reservist : A. Destatte</i>	
		<i>J. Borlée - J. Panneel – A. Ghislain – K. Borlée Reservist : A. Destatte</i>	
<b>2007</b>	<b>Eur. Team Champ.</b>	<b>Munich/GER</b>	<b>3.05.15, 7<sup>th</sup></b>
		<i>K. Borlée – K. Beyens – M. Schoeps – N. Duerinck</i>	



	<b>EC U20</b>	<b>Hengelo/NED</b>	<b>3.07.94—3.09.53, 4<sup>th</sup></b>
	<i>A. Gillet – A. Froidmont – A. Ghislain – J. Haeck Reservist : K - J Borlée</i>		
	<i>A. Gillet – A. Froidmont – A. Ghislain – J. Haeck Reservist : K - J Borlée</i>		
<b>2008</b>	<b>Eur. Team Champ.</b>	<b>Leira/POR</b>	<b>3.03.11, 1<sup>st</sup></b>
	<i>C. Van Branteghem – J. Borlée – K. Beyens – K. Borlée</i>		
	<b>OG</b>	<b>Pekin/CHN</b>	<b>3.00.67—2.59.37 NR, 4<sup>th</sup></b>
	<i>C. Van Branteghem – J. Borlée – A. Ghislain – K. Borlée Reservist: N. Duerinck</i>		
	<i>K. Borlée – J. Borlée – C. Van Branteghem – A. Ghislain Reservist: N. Duerinck</i>		
<b>2009</b>	<b>Eur. Team Champ.</b>	<b>Bergen/NOR</b>	<b>3.07.30, 1<sup>st</sup></b>
	<i>A. Ghislain – V. Vanryckeghem – N. Duerinck – A. Gillet</i>		
	<b>Universiade</b>	<b>Belgrade/SER</b>	<b>3.07.31—3.06.61, 4<sup>th</sup></b>
	<i>N. Duerinck – A. Destatte – A. Froidmont – A. Gillet</i>		
	<i>N. Duerinck – A. Destatte – A. Ghislain – A. Gillet</i>		
	<b>EC U23</b>	<b>Kaunas/LIT</b>	<b>3.07.98—3.04.51, 4<sup>th</sup></b>
	<i>A. Destatte – J. Haeck – V. Vanryckeghem – A. Ghislain</i>		
	<i>A. Ghislain – J. Haeck – A. Destatte – A. Gillet</i>		
	<b>WC</b>	<b>Berlin/GER</b>	<b>3.02.13—3.01.88, 4<sup>th</sup></b>
	<i>A. Gillet – C. Van Branteghem – N. Duerinck – K. Borlée</i>		
	<i>A. Gillet – K. Borlée – N. Duerinck - C. Van Branteghem</i>		
<b>2010</b>	<b>WC ind</b>	<b>Doha/QAT</b>	<b>3.08.84—3.06.94, 2<sup>d</sup></b>
	<i>J. Borlée – A. Gillet – N. Duerinck – K. Borlée</i>		
	<i>C. Van Branteghem – K. Borlée – A. Gillet – J. Borlée</i>		
	<b>Eur. Team Champ.</b>	<b>Budapest/HON</b>	<b>3.05.28, 1<sup>st</sup></b>
	<i>A. Gillet – A. Ghislain – N. Duerinck – J. Borlée Reservist : A. Destatte</i>		
	<b>EC</b>	<b>Barcelona/ESP</b>	<b>3.03.49—3.02.60, 3<sup>d</sup></b>
	<i>A. Gillet – C. Van Branteghem – N. Duerinck – K. Borlée</i>		
	<i>A. Destatte – K. Borlée – C. Van Branteghem – J. Borlée</i>		
<b>2011</b>	<b>EC ind</b>	<b>Paris/FRA</b>	<b>3.06.57, 3<sup>d</sup></b>
	<i>J. Borlée – A. Gillet – N. Duerinck – K. Borlée Reservists : A. Destatte et A. Ghislain</i>		
	<b>Eur. Team Champ.</b>	<b>Izmir/TUR</b>	<b>3.01.59, 1<sup>st</sup></b>
	<i>A. Destatte - A. Gillet - J. Borlée - K. Borlée Reservist : S. Vanhaeren</i>		
	<b>EC U20</b>	<b>Tallinn/EST</b>	<b>3.11.39—3.10.59, 6<sup>th</sup></b>
	<i>S. Thijs – D. Borlée – N. Invernizzi – S. Lins Reservist : S. Vanhaeren</i>		
	<i>S. Thijs – S. Vanhaeren – S. Lins – D. Borlée Reservist : N. Invernizzi</i>		
	<b>WC</b>	<b>Daegu/KOR</b>	<b>3.00.71—3.00.41, 5<sup>th</sup></b>
	<i>A. Gillet – J. Borlée – N. Duerinck – K. Borlée Reservist : A. Destatte</i>		
	<i>J. Borlée – A. Gillet – N. Duerinck – K. Borlée Reservist : A. Destatte</i>		
<b>2012</b>	<b>EC</b>	<b>Helsinki/FIN</b>	<b>3.05.29—3.01.09, 1<sup>st</sup></b>
	<i>N. Duerinck – A. Gillet – J. Bouckaert – K. Borlée Reservist : A. Ghislain</i>		
	<i>A. Gillet – J. Borlée – J. Bouckaert – K. Borlée Reservist : A. Ghislain</i>		
	<b>OG</b>	<b>Londres/GBR</b>	<b>3.01.70—3.01.83, 6<sup>th</sup></b>
	<i>N. Duerinck – J. Borlée – A. Gillet – K. Borlée Reservist : /</i>		
	<i>K. Borlée – A. Gillet – J. Borlée – M. Bultheel Reservist : N. Duerinck</i>		
<b>2013</b>	<b>EC ind</b>	<b>Goteborg/SWE</b>	<b>3.07.98, 4<sup>th</sup></b>
	<i>A. Gillet – K. Borlée – A. Ghislain – T. Rummens Reservist : /</i>		
	<b>Eur. Team Champ.</b>	<b>Dublin/IRL</b>	<b>3.10.25, 2<sup>d</sup></b>
	<i>J. Borlée – S. Thijs – A. Gillet – A. Mathijs</i>		
	<b>EC U23</b>	<b>Tampere/FIN</b>	<b>3.07.09—3.04.90, 2<sup>d</sup></b>
	<i>S. Thijs – S. Lins – S. Vanhaeren – D. Borlée</i>		
	<i>S. Thijs – D. Borlée – S. Vanhaeren – J. Watrin</i>		
	<b>EC U20</b>	<b>Rieti/ITA</b>	<b>3.12.96, heats</b>
	<i>G. Pieters – A. Scrève – B. Luycx – S. De Lange</i>		
	<b>WC</b>	<b>Moscow/RUS</b>	<b>3.00.81—3.01.02, 5<sup>th</sup></b>
	<i>A. Gillet – J. Borlée – D. Borlée – K. Borlée Reservist : A. Destatte</i>		



		<i>J. Borlée — K. Borlée — D. Borlée — W. Oyowé</i> Reservist : <i>A. Destatte</i>	
	<b>Franco. Games</b>	<b>Nice/FRA</b>	<b>3.06.24, 2<sup>d</sup></b>
		<i>R. Vanderbemden—A. Gillet—D. Borlée—W. Oyowé</i>	
<b>2014</b>	<b>World Relays</b>	<b>Nassau/BAH</b>	<b>3.02.79—3.02.97, 7<sup>th</sup></b>
		<i>D. Borlée — J. Borlée — J. Watrin — K. Borlée</i> Reservist : <i>T.Rummens</i>	
	<b>Eur. Team Champ. Tallin/EST</b>		<b>3.04.93, 1<sup>st</sup></b>
		<i>K. Borlée — J. Borlée — J. Watrin — D. Borlée</i> Reservist : <i>D.Pecceu</i>	
	<b>WC U20</b>	<b>Eugene/USA</b>	<b>3.12.57, 17<sup>th</sup></b>
		<i>M. Rossaert — A. Scrève — A. Badji — S. De Lange</i> Reservist : <i>F. Laurens</i>	
	<b>EC</b>	<b>Zurich/SUI</b>	<b>3.03.83—3.02.60, 7<sup>th</sup></b>
		<i>J.Watrin — A. Gillet — M. Bultheel — K. Borlée</i>	
		<i>J.Watrin — S. Vanhaeren — M. Bultheel — K. Borlée</i>	
<b>2015</b>	<b>EC ind</b>	<b>Praha/CZE</b>	<b>3.01.96 NR-ER, 1<sup>st</sup></b>
		<i>J. Watrin — D. Borlée — J. Borlée — K. Borlée</i> Reservist : <i>A. Gillet</i>	
	<b>Eur. Team Champ. Tallin/EST</b>		<b>3.04.93, 1<sup>st</sup></b>
		<i>K. Borlée — J. Borlée — J. Watrin — D. Borlée</i> Reservist : <i>D.Pecceu</i>	
	<b>World Relays</b>	<b>Nassau (BAH)</b>	<b>3.02.41—2.59.33 NR, 3<sup>d</sup></b>
		<i>D. Borlée — J. Borlée — J. Watrin — K. Borlée</i> Réservist : <i>S. Vanhaeren</i>	
	<b>Eur. Team Champ. Tallin (EST)</b>		<b>3.04.93, 1<sup>st</sup></b>
		<i>K. Borlée — J. Borlée — J. Watrin — D. Borlée</i> Réservist : <i>D.Pecceu</i>	
	<b>EC U20</b>	<b>Eskilstuna (SWE)</b>	<b>3.14.71—3.14.12, 5<sup>th</sup></b>
		<i>A. Doom — C. Iguacel — D. Owusu — E. Doraene</i> Réservist : <i>C. Lubon</i>	
	<b>WC</b>	<b>Pékin (CHN)</b>	<b>2.59.28 NR — 3.00.24, 5<sup>th</sup></b>
		<i>D. Borlée — J. Borlée — A. Gillet — K. Borlée</i> Réservists : <i>R. Vanderbemden — J. Watrin</i>	
		<i>J. Borlée — R.Vanderbemden — K. Borlée — A. Gillet</i> Réservist: <i>J. Watrin</i>	
<b>2016</b>	<b>WC ind</b>	<b>Portland (USA)</b>	<b>3.07.39 — 3.09.71, 6<sup>th</sup></b>
		<i>D. Borlée — J. Borlée — R. Vanderbemden — K. Borlée</i> Réservist : <i>T. Rummens</i>	
	<b>EC</b>	<b>Amsterdam (NED)</b>	<b>3.03.15 — 3.01.10, 1<sup>st</sup></b>
		<i>D. Borlée — R. Vanderbemden — J. Borlée — J. Watrin</i> Réservist: <i>K/ Borlée — A. Gillet</i>	
		<i>J. Watrin — J. Borlée — D. Borlée — K. Borlée</i> Réservist: <i>R. Vanderbemden — A. Gillet</i>	
	<b>WC U20</b>	<b>Bydgoszcz (POL)</b>	<b>3.10.78, Heats 11<sup>th</sup></b>
		<i>A. Doom — J. Cobbaert — D. Owusu — G. Huts</i> Réservist: <i>A. Van De Sande</i>	
	<b>OG</b>	<b>Rio de Janeiro (BRA)</b>	<b>2.59.25 NR — 2.58.52 NR, 4<sup>th</sup></b>
		<i>J. Watrin — J. Borlée — D. Borlée — K. Borlée</i> Réservist: <i>R. Vanderbemden — A. Gillet</i>	
		<i>J. Watrin — J. Borlée — D. Borlée — K. Borlée</i> Réservist: <i>R. Vanderbemden — A. Gillet</i>	
<b>2017</b>	<b>EC ind</b>	<b>Belgrade (SRB)</b>	<b>3.07.80, 2<sup>d</sup></b>
		<i>R. Vanderbemden — J. Watrin — K. Borlée — D. Borlée</i> Réservist : <i>J. Borlée</i>	
	<b>World Relays</b>	<b>Nassau (BAH)</b>	<b>3.05.45—3.07.14, 2<sup>d</sup> B-Final</b>
		<i>D. Borlée — J. Watrin — K. Borlée — M. Rossaert</i>	
	<b>Eur. Team Champ. Vaasa (FIN)</b>		<b>3.04.87, 1<sup>st</sup></b>
		<i>A. Doom — R. Vanderbemden — J. Sacoor — M. Rossaert</i>	
	<b>EC U23</b>	<b>Bydgoszcz (POL)</b>	<b>3.08.59 — 3.06.45, 5<sup>th</sup></b>
		<i>A. Doom — C. Iguacel — A. Badji — M. Rossaert</i> Reservist: <i>C. Lubon</i>	
	<b>EC U20</b>	<b>Grosseto (ITA)</b>	<b>3.12.94, 9<sup>th</sup> heats</b>
		<i>S. Van Den Bergh — J. Cobbaert — G. Huts — D. Van Nieuwenhove</i> Reservist: <i>J. Sacoor</i>	
	<b>WC</b>	<b>Londres (GBR)</b>	<b>2.59.47 — 3.00.04, 4<sup>th</sup></b>
		<i>D. Borlée — J. Borlée — R. Vanderbemden — K. Borlée</i> Reservist : <i>J. Sacoor - J. Watrin</i>	
		<i>R. Vanderbemden — J. Borlée — D. Borlée — K. Borlée</i> Reservist : <i>J. Sacoor - J. Watrin</i>	
<b>2018</b>	<b>WC Ind</b>	<b>Birmingham (GBR)</b>	<b>3.05.22 — 3.02.51 NR, 3<sup>d</sup></b>
		<i>D. Borlée — J. Borlée — J. Sacoor — K. Borlée</i>	
	<b>WC U20</b>	<b>Tampere (FIN)</b>	<b>3.09.39 — 3.07.05, 5<sup>th</sup></b>
		<i>S. Mazebo — S. Van Den Bergh — R. Borlée — J. Sacoor</i> Reservist: <i>T. Bras — J. Verstraete</i>	
		<i>S. Van Den Bergh — J. Sacoor — S. Mazebo — R. Borlée</i> Reservist: <i>T. Bras — J. Verstraete</i>	
	<b>EC</b>	<b>Berlin (GER)</b>	<b>3.02.55 — 2.59.47 1<sup>st</sup></b>



	<i>J. Watrin - R. Vanderbemden - J. Sacoor - D. Borlée Réservist: J. &amp; K. Borlée</i>		
	<i>D. Borlée – J. Borlée – J. Sacoor – K. Borlée Réservist: R. Vanderbemden – J. Watrin</i>		
<b>2019</b>	<b>EC Ind</b>	<b>Glasgow (GBR)</b>	<b>3.06.27, 1<sup>st</sup></b>
	<i>J. Watrin - D. Borlée – J. Borlée – K. Borlée Réservist : A. Badji</i>		
	<b>World Relays</b>	<b>Yokohama (JAP)</b>	<b>3.03.70 – 3.02.70, 3<sup>d</sup></b>
	<i>D. Borlée – R. Vanderbemden – J. Watrin – J. Sacoor Réservist: J. Borlée D. Borlée</i>		
	<i>R. Vanderbemden – J. Borlée – J. Sacoor Réserviste: J. Watrin</i>		
	<b>Eur. Team Champ.</b>	<b>Sandnes (NOR)</b>	<b>3.08.96, 4<sup>th</sup></b>
	<i>A. Doom – A. Badji – C. Snyders – J. Sacoor Réservist : R. Vanderbemden</i>		
	<b>WC</b>	<b>Doha (QAT)</b>	<b>3.00.87 – 2.58.78, 3<sup>d</sup></b>
	<i>D. Borlée – J. Watrin – J. Sacoor – K. Borlée Réservist : R. Vanderbemden –</i>		
	<i>A. Doom J. Sacoor – R. Vanderbemden – D. Borlée – K. Borlée Réservistes: J. Watrin – A. Doom</i>		
<b>2021</b>	<b>EC Ind</b>	<b>Torun (POL)</b>	<b>3.06.96, 4<sup>th</sup></b>
	<i>J. Borlée – K. Borlée – D. Borlée – A. Doom Réservist : C. Iguacel</i>		

## PALMARES 4X400M, MIXED TEAM

<b>2019</b>	<b>World Relays</b>	<b>Yokohama (JAP)</b>	<b>3.18.03 – 3.25.74, 8<sup>th</sup></b>
	<i>J. Watrin, C. Laus, L. Schoemaker, D. Borlée</i>		
	<i>J. Watrin, L. Ferauge, H. Claes, J. Sacoor</i>		

## SCHEDULE

DAY 1 – SATURDAY, 1 MAY 2021				DAY 2 – SUNDAY, 2 MAY 2021			
18.30	Shuttle Hurdle R	X	R1	18.30	4x200m	W	R1
<b>19.00</b>	<b>4x400m</b>	<b>W</b>	<b>R1</b>	18.55	4x200m	M	R1
<b>19.35</b>	<b>4x400m</b>	<b>M</b>	<b>R1</b>	<b>19.20</b>	<b>4x400m mixed</b>	<b>X</b>	<b>F</b>
20.08	4x100m	W	R1	19.35	4x100m	M	F
20.39	4x100m	M	R1	19.46	4x100m	W	F
21.08	2x2x400	X	F	19.59	4x200m	W	F
<b>21.22</b>	<b>4x400m Mixed</b>	<b>X</b>	<b>R1</b>	20.13	4x200m	M	F
21.58	Shuttle Hurdle R	X	F	<b>20.26</b>	<b>4x400m</b>	<b>W</b>	<b>F</b>
				<b>20.42</b>	<b>4x400m</b>	<b>M</b>	<b>F</b>



# PALMARES

1	24-25/05/2014	Nassau (BAH)	Belgian selection
2	02-03/05/2015	Nassau (BAH)	1 team : men
3	22-23/04/2017	Nassau (BAH)	1 team : men
4	11-12/05/2019	Yokohama (JAP)	3 teams : women, men, mixed
5	01-02/05/2021	Silesia (POL)	3 teams : women, men, mixed

## BELGIAN PALMARES

	Total	Gold	Silver	Bronze	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	B-Final 1 <sup>st</sup>	B-Final 2 <sup>d</sup>
2014 Nassau	0									1	
2015 Nassau	1			1							
2017 Nassau	0										1
2019 Yokohama	2			1					1		
<b>Total</b>	<b>3</b>			<b>2</b>							

## BELGIAN TOP 8

### Gold Medal

-

### Silver Medal

-

### Bronze Medal

1.	2015	Dylan Borlée, Julien Watrin, Jonathan Borlée, Kévin Borlée	4x400m	2.59.33 NR
2.	2019	Robin Vanderbemden, Jonathan Borlée – Jonathan Sacoor – Dylan Borlée	4x400m	3.02.70

### 4<sup>th</sup> place

-

### 5<sup>th</sup> place

-

### 6<sup>th</sup> place

-

### 7<sup>th</sup> place

-

### 8<sup>th</sup> place

1.	2019	Julien Watrin, Lucie Ferauge, Hanne Claes, Jonathan Sacoor	4x400m	3.25.74
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## B-FINAL

1<sup>st</sup>

1	2014	Dylan Borlée, Jonathan Borlée, Julien Watrin, Kévin Borlée	4x400m	3.02.97
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2<sup>d</sup>

1	2017	Dylan Borlée, Julien Watrin, Michaël Rossaert, Kévin Borlée	4x400m	3.07.14
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## ALL BELGIAN RESULTS

### MEN

<b>4x400m</b>	2015	Final	3 <sup>d</sup> : 2.59.33 NR (D.Borlée, J.Watrin, J.Borlée, K.Borlée)
	2014	B-Final	1 <sup>st</sup> : 3.02.97 (D.Borlée, J.Borlée, J.Watrin, K.Borlée)
	2017	B-Final	2 <sup>st</sup> : 3.07.14 (D.Borlée, J.Watrin, M.Rossaert, K.Borlée)
	2019	Final	3 <sup>d</sup> : 3.02.70 (D. Borlée — R. Vanderbemden – J. Watrin – J. Sacoor)

### WOMEN

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### MIXED

<b>4x400m</b>	2019	Final	8 <sup>th</sup> : 8.25.74 (J. Watrin, L. Ferauge, H. Claes, J. Sacoor)
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