

100m dames

1	Callie Lizzie	Nzukou Wakam	MOHA	12.17
2	Lauryn	Adewoye	AVT	12.24
3	Luca	Heyvaert	LEBB	12.26
4	Perrine	Cossez	USTA	12.29
5	Erine	Collard	SER	12.29
6	Alexandra	Bekisz	HF	12.31
7	Evy	Seghers	OEH	12.32
8	Anouchka	Kadiamba	ACW	12.37

400m dames

1	Hilary	Udechukwu	KAPE	57.47
2	Ilana	Hanssens	ASVO	57.79
3	Anais	Van Snick	ASVO	58.02
4	Kato	Moustie	DEIN	58.22
5	Beryl	Owusu	RCG	58.39
6	Emma	Delanghe	USBW	59.13
7	Caroline	Vanhamme	JSMC	59.66
8	Imke	De Ceuleners	MACW	59.76

1000m dames

					IAAF-score
1	Syrah	Ghijsselings	KAAG	04:24.41	1017
2	Annelies	Nijssen	ATLA	02:11.18	971
3	Emma	Vandeghinste	DUFF	04:33.40	952
4	Emma	D'haene	AZW	02:12.44	950
5	Laure	Bilo	ASVO	02:13.36	936
6	Lucie	Grandjean	CAF	02:13.77	929
7	Océane	Kouassi Aka	OSGA	02:14.53	917
8	Margaux	Geets	DUFF	02:16.24	890
9	Marine	Joblin	RESC	02:16.64	884
10	Charlotte	Van Laethem	HCO	04:43.73	880
11	Abigail	Michalec	WS	04:45.68	866
12	Marie	Mazzoli	DAMP	02:18.21	859
13	Emma	Verbrugghe	HUY	02:19.12	845
14	Antje	Valkeneers	AVT	02:19.43	841
15	Rune	Breye	AZW	04:52.59	820
16	Sophie	Laloux	CSDY	05:02.42	756

4x100m dames

1	AC Waasland	ACW	49.04
2	ASV Oudenaarde	ASVO	49.04
3	AV Toekomst	AVT	49.06
4	Vlierzele Sportief	VS	49.41
5	Seraing Athlétisme	SER	49.85
6	Mons-Obourg HA	MOHA	50.01
7	AC Lyra	LYRA	50.11
8	AC Herentals	ACHL	50.60

100m hommes

1	Frederik	Nielsen	CABW	10.88
2	Arthur	Bovy	RFCL	11.02
3	Olivier	Lifrange	WS	11.08
4	Stan	Servaes	RCT	11.11
5	Jente	Hauttekeete	KAAG	11.13
6	Emiel	Botterman	DEIN	11.18
7	Yarne	Stegmans	ADD	11.29
8	Gautier	Brichet	MOHA	11.30

Hauteur hommes

1	Sten	Geenens	ASVO	2m06
2	Thomas	Van Der Poel	BRAB	2m05
3	Arne	Min	LYRA	1m99
4	Lennert	Verduyn	ABES	1m94
5	Arne	Bemong	LOOI	1m85
6	Emilien	Zgajewski	ACLO	1m81

1000m hommes

					IAAF-score
1	Abdullah	Dubad	KKS	03:56.64	902
2	Arne	Vergison	RCG	01:55.39	878
3	Tom	Delrez	RFCL	01:56.63	846
4	Mathys	Latinne	WS	01:56.73	843
5	Gregoire	Demamet	SMAC	01:56.85	840
6	Victor	Bettens	EA	01:57.01	836
7	Goran	Duijsters	AVT	01:57.31	828
8	Thomas	Borry	SPBO	01:57.63	820
9	Tomas	De Langhe	DAC	01:57.69	818
10	Quentin	Paquot	WACO	01:58.12	807
11	Clément	Labar	ARCH	01:58.18	806
12	Wout	De Waegenare	KKS	01:58.25	804
13	Rune	Baeke	RIEM	01:59.50	773
14	Noah	Konteh	OLSE	04:10.81	732
15	Lucas	Demaret	ACLO	2:02.63	698
16	Donald	Lalmand	WS	4:39.43	453

4 x 100m hommes

1	AC Deinze	DEIN	42.94
2	KAA Gent	KAAG	43.38
3	Looise AV	LOOI	43.63
4	Flanders AC	FLAC	44.24
5	R Excelsior SC	RESC	45.05
6	White Star Woluwé	WS	45.25
7	AV Lokeren	AVLO	45.29
8	Dilbeek AC	DAC	45.30