



Lucie FERAUGE

Sprint – ESPOIR 1

NEE LE **21/04/2000**

CLUB ACTUEL **CABW**

ENTRAINEUR **FRANÇOISE DETHIER**

PROFESSION **ETUDIANTE**

STATUT **ESPOIR SPORTIF**

RECORDS PERSONNELS

100m	11.73 -0.4	Lebbeke	29/06/2019
200m	23.56 +0.2	Gentbrugge	18/05/2019
400m	54.01	Oordegem	01/05/2019
60m	7.42	Gand	22/02/2020
200m indoor	23.42	Gand	22/02/2020
400m indoor	55.06	Gand	02/03/2019
4x400m	3.30.69	Yokohama (JAP)	11/05/2019
4x400m mixte	3.25.74	Yokohama (JAP)	12/05/2019



PALMARES INTERNATIONAL

2017	CE junior	200m	23.92	11 ^e , demi-fin.	Grosseto (ITA)
	CE junior	4x100m	45.28	6 ^e	Grosseto (ITA)
2019	World relays	4x400m	3.30.69	Séries	Yokohama (JAP)
	World Relays	4x400m mixte	3.25.74	8 ^e	Yokohama (JAP)
	CE U20	200m	23.63 -1.7	3 ^e	Boras (SWE)

PALMARES NATIONAL

2015	CB U16 indoor	60m	8.04	6 ^e	Gand
	CB U16 indoor	200m	26.07	1 ^{ère}	Gand
2016	CB indoor	200m	24.70	3 ^e	Gand
	CB U18 indoor	60m	7.76	4 ^e	Gand
	CB U18 indoor	200m	24.51	2 ^e	Gand
	CB U18	200m	26.39		Herentals
2017	CB U18 indoor	60m	7.58	2 ^e	Gand

	CB U18 indoor	200m	24.26	1 ^{ère}	Gand
	CB	200m	23.85	4 ^e	Bruxelles
	CB U18	100m	11.54 w	1 ^{ère}	Mouscron
	CB U18	200m	23.62 w	1 ^{ère}	Mouscron
2018	CB U20 indoor	200m	23.89	1 ^{ère}	Gand
	CB	200m	24.10	2 ^e	Bruxelles
	CB U20	100m	11.82w	1 ^{ère}	Mouscron
	CB U20	200m	24.11	1 ^{ère}	Mouscron
2019	CB indoor	200m	23.65	1 ^{ère}	Gand
	CB U20 indoor	400m	55.06	1 ^{ère}	Gand
	CB univ.	400m	54.01	2 ^e	Oordegem
	CB U20	100m	11.73 -0.4	1 ^{ère}	Lebbeke
	CB U20	200m	23.74 -1.1	1 ^{ère}	Lebbeke
	CB	200m	24.69 +0.8	7 ^e	Bruxelles
2020	CB indoor	200m	23.51	1 ^{ère}	Gand
	CB univ. indoor	60m	7.42	2 ^e	Gand
	CB univ. indoor	200m	23.42	1 ^{ère}	Gand
	CB U23 indoor	60m	7.42	2 ^e	Louvain-la-Neuve
	CB U23 indoor	200m	23.70	2 ^e	Louvain-la-Neuve

TITRES FRANCOPHONES TOUTES CATEGORIES

Indoor	60m	2019-2020
	200m	2019-2020

TITRES FRANCOPHONES JEUNES

Outdoor	100m	2017
	200m	2016-2017
Indoor	60m	2017
	200m	2016-2017

EVOLUTION

		Club	100m	200m	400m	60m	200m i
2015	Cadette	CABW	12.68	25.62	57.76	8.02	26.07
2016	Scolaire	CABW	12.28	24.85	55.37	7.75	24.51
2017	Scolaire	CABW	11.83	23.73	54.33	7.58	24.26
2018	Junior	CABW	11.91	24.09	54.27	7.54	23.89
2019	Junior	CABW	11.73	23.56	54.01	7.54	23.65
2020	Espoir	CABW				7.42	23.42

