



## RECORDS LBFA INDOOR JUNIORS

### HOMMES :

60	6.75	VANDEBEMDEN Robin	SER	2013
200	21.35	BORLEE Jonathan	WS	2007
300	34.66	SCHOEPS Matthieu	UAFA	2003
400	46.87	BORLEE Kevin	WS	2006
800	1.49.53	CRESTAN Elliott	SMAC	2018
1000	2.28.45	KAHIA Jérôme	CSF	2008
1500	3.48.5	N'DAYISENGA Jean-Pierre	RACW	1981
Mile	4.14.11	VANDELEENE Briec	CABW	2010
3000	8.27.22	VANDIEST Matthieu	CABW	1999
5000	-			
60 Haies (1,067)	8.00	NSENGA Jonathan	OSGA	1992
<b>60 Haies (1,000)</b>	<b>7.68</b>	<b>CARMOY Thomas</b>	<b>CRAC</b>	<b>2019</b>
<b>Hauteur</b>	<b>2.21</b>	<b>CARMOY Thomas</b>	<b>CRAC</b>	<b>2019</b>
Longueur	7.60	VAN LANCKER Rudy	ESC	1990
Triple saut	15.69	HENRI Yves	SMAC	1982
Perche	5.46	ART Arnaud	FCHA	2012
Poids	16.23	GUILLAUME Jonathan	RESC	2011
Heptathlon	5.689 pts	STAS Vincent	CABW	2014
	7.09 (60) 7m21 (lg) 15m26 (pds) 1m78 (ht) 8.09 (60h) 4m50 (per) 2.43.17 (1000)			
5000 Ma	21.18.46	LEROY Benjamin	MABI	1992
4x200	1.30.67	Tshitwenu-Van Hamme-Nijs-Caty	RESC	2015

## DAMES :

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60	7.39	TSHILUMBA Tiffany	DAMP	2015
<b>200</b>	<b>23.65</b>	<b>FERAUGE Lucie</b>	<b>CABW</b>	<b>2019</b>
300	40.70	DE HERDT Sarah	WRC	2003
<b>400</b>	<b>55.06</b>	<b>FERAUGE Lucie</b>	<b>CABW</b>	<b>2019</b>
800	2.07.72	MICHEL Ludivine	MALM	1999
1000	2.46.21	VANDERELST Elise	MOHA	2017
1500	4.25.45	DESWAEF Mathilde	WS	2018
3000	9.48.63	HOST Sandrine	SER	1993
5000	-			
60 Haies	8.25	TSCHOMBA Myriam	CABW	1996
Hauteur	1.87	THIAM Nafissatou	RFCL	2012
Longueur	6.30	THIAM Nafissatou	RFCL	2013
Triple saut	12.19	DUVIVIER Karine	CABW	2013
Perche	4.10	QUIRIN Margaux	RESC	2014
Poids	14.00	THIAM Nafissatou	RFCL	2013
Pentathlon	4.558 pts	THIAM Nafissatou	RFCL	2013
3000 Ma	15.34.2	GERARD Véronique	MABI	1990
4x200	1.45.02		SMAC	1992