



## RECORDS LBFA MASTERS OUTDOOR

**CE PALMARES MASTERS EST EN COURS DE MISE A JOUR. SI VOUS POSSEDEZ D'AUTRES INFORMATIONS, MERCI DE LES ENVOYER A [melissa.gillet@lbfa.be](mailto:melissa.gillet@lbfa.be).**

### HOMMES :

100 M	M35	Nsenga	Jonathan	CABW	11.19	2008	
100 M	M40	Branle	Jean-Marie	ARCH	11.03	1988	
100 M	M45	Goeffers	Freddy	RISC	11.53	1997	
100 M	M50	Chenois	Paul-Emile	CRAC	11.79	2007	
100 M	M55	Chenois	Paul-Emile	CRAC	12.13	2014	
100 M	M60	Chenois	Paul-Emile	CRAC	12.48	2017	
100 M	M65	Kumps	José	CSDY	13.60	2015	
100 M	M70	De Rocker	Leopold	GOSP	15.70	2013	
100 M	M75	Ruelle	Georges	CSF	16.75	2000	
100 M	M80	Ruelle	Georges	CSF	18.67	2005	
200 M	M35	Callens	Emmanuel	USTA	23.13	2011	
200 M	M40	Branle	Jean-Marie	ARCH	22.5	1988	
200 M	M45	Chenois	Paul-Emile	CRAC	23.45	2006	
200 M	M50	Chenois	Paul-Emile	CRAC	23.68	2006	
200 M	M55	Chenois	Paul-Emile	CRAC	24.60	2015	
200 M	M60	Chenois	Paul-Emile	CRAC	25.69	2017	
200 M	M65	Kumps	José	CSDY	28.02	2015	
200 M	M70	Smits	Denis	IXEL	34.5	1995	*
200 M	M75	Ruelle	Georges	CSF	35.02	2000	
200 M	M80	Ruelle	Georges	CSF	40.51	2005	
200 M	M85	Gauditiaubois	René	GOSP	52.16	2012	*
300 M	M35	Melchior	Olivier	CABW	35.83	2008	
300 M	M40	Chenois	Paul-Emile	RISC	36.36	1997	
300 M	M45	Chenois	Paul-Emile	CRAC	37.44	2005	
300 M	M50	Chenois	Paul-Emile	CRAC	37.95	2006	
300 M	M55	Chenois	Paul-Emile	CRAC	40.21	2014	
300 M	M60	Chenois	Paul-Emile	CRAC	42.04	2017	
300 M	M65	Kumps	José	CSDY	46.28	2015	
300 M	M70	Cicchelli*	Silvino	CSF	57.68	2013	
300 M	M75	Cicchelli*	Silvino	CSF	61.58	2018	
300 M	M80	Dejean	Pol	CABW	80.74	2013	
400 M	M35	Bakrim	Mustapha	RCAS	49.39	2009	
400 M	M40	Catoir	Léon	RISC	51.43	1994	
400 M	M45	Brusten	Michel	CABW	53.87	2009	*
400 M	M50	Chenois	Paul-Emile	CRAC	53.83	2009	
400 M	M55	Bodart	Vincent	SMAC	56.87	2018	
400 M	M60	Biaumet	André	ACLO	59.50	2010	
400 M	M65	Kumps	José	CSDY	67.79	2015	
400 M	M70	Eraerts	Willy	USBW	1.15.43	2009	*

400 M	M75	Cicchelli*	Silvino	CSF	1.28.45	2018	
400 M	M80	Carroubel	Lucien	USBW	1.42.58	2009	
800 M	M35	Byl	Jean-Charles	WS	1.52.59	2014	
800 M	M40	Flamée	Alain	CSF	1.53.15	2002	
800 M	M45	De Hoef	Henri	ULA	2.04.4	1981	*
800 M	M50	Vandelli	Marino	FAC	2.07.12	1996	
800 M	M55	Biaumet	André	ACLO	2.12.12	2005	
800 M	M60	Biaumet	André	ACLO	2.18.19	2011	
800 M	M65	Vandelli	Marino	FAC	2.26.08	2011	
800 M	M70	Vandelli	Marino	FAC	2.38.37	2015	
800 M	M75	Sel	Michel	ACLO	3.17.72	2017	
800 M	M80	Carroubel	Lucien	USBW	3.45.74	2009	
1000 M	M35	Byl	Jean-Charles	WS	2.27.87	2014	
1000 M	M40	Flamée	Alain	CSF	2.28.18	2001	
1000 M	M45	Moens	Jacques	USBR	2.41.6	1984	*
1000 M	M50	Dreesen	Jan	RFCL	2.41.6	1999	
1000 M	M55	Ebertzheim	Alain	ACLO	3.16.89	2011	*
1000 M	M60	Biaumet	André	ACLO	3.03.61	2012	
1000 M	M65	Vandelli	Marino	FAC	3.15.54	2011	
1000 M	M70	Despontin	Luc	RCB	3.32.10	2018	
1000 M	M75	Carroubel	Lucien	LWA	4.05.43	2004	
1000 M	M80	Carroubel	Lucien	USBW	4.50.45	2009	
1500 M	M35	El Hachimi	Abdelhadi	RFCL	3.46.41	2013	
1500 M	M40	Flamée	Alain	CSF	3.57.07	2002	
1500 M	M45	Sibret	Jean-Marie	DAMP	4.10.3	1985	
1500 M	M50	De Hoef	Henri	ULA	4.22.4	1980	*
1500 M	M55	Cooreman	Jean	RCAS	4.35.52	2003	
1500 M	M60	Heuse	Pierre	HF	4.50.56	2000	
1500 M	M65	Vandelli	Marino	FAC	5.09.69	2011	
1500 M	M70	Despontin	Luc	RCB	5.34.22	2018	
1500 M	M75	Eraerts	Willy	USBW	6.10.36	2013	*
1500 M	M80	Mammerickx	Camille	WS	7.58.33	2010	
Mile	M35	Desmedt	Frédéric	CABW	4.28.51	2011	
Mile	M40	Flamée	Alain	CSF	4.15.98	2002	
Mile	M45	Sneesens	Marc	CSDY	4.50.53	2007	
Mile	M50	Pavone	Emmanuel	DS	4.40.93	2015	
Mile	M55	Francois	Marc	USBW	5.40.26	2012	*
Mile	M60	Heuse	Pierre	HF	5.17.61	2000	
Mile	M65	Eraerts	Willy	USBW	6.03.62	2007	
Mile	M70	Eraerts	Willy	USBW	6.03.47	2009	
Mile	M75	Carroubel	Lucien	USBW	7.28.68	2006	
Mile	M80	Carroubel	Lucien	USBW	8.25.49	2009	
2000 M	M35	Faille	Grégory	DS	5.31.75	2009	
2000 M	M40	Flamée	Alain	CSF	5.25.11	2002	
2000 M	M45	Scohier	Jean-Luc	MOHA	5.45.90	1995	*
2000 M	M50	Pavone	Emmanuel	DS	5.51.98	2015	
2000 M	M55	Cooreman	Jean	RCAS	6.19.48	2003	
2000 M	M60	Eraerts	Willy	USBW	7.02.64	2000	
2000 M	M65	Eraerts	Willy	USBW	7.30.27	2006	
2000 M	M70	Eraerts	Willy	USBW	7.57.2	2009	
2000 M	M75	Carroubel	Lucien	LWA	8.46.91	2004	
2000 M	M80	Carroubel	Lucien	USBW	10.37.9	2009	
3000 M	M35	Fays	Guy	RFCL	8.02.56	2006	
3000 M	M40	Gahungu	Vital	RFCL	8.19.86	2010	*
3000 M	M45	Moens	Jacques	RACW	8.54.1	1985	*
3000 M	M50	Pavone	Emmanuel	DS	9.02.47	2015	

3000 M	M55	Faveaux	Thierry	ARCH	10.05.85	2019	
3000 M	M60	Keyaerts	Remy	WS	10.24.42	1992	*
3000 M	M65	De Poplimont	Olivier	ROUX	11.24.5	1984	*
3000 M	M70	Carroubel	Lucien	LWA	12.10.50	2000	
3000 M	M75	Sel	Michel	ACLO	13.36.18	2017	
3000 M	M80	Mammerickx	Camille	WS	16.53.53	2008	
2 miles	M35	El Mkabli El Idrissi	Moulay	RCAS	9.42.08	2009	
2 miles	M40	Flamée	Alain	CSF	9.20.18	2001	
2 miles	M45	<i>Theys</i>	<i>Lucien</i>	<i>FLEU</i>	<i>11.07.61</i>	<i>2012</i>	*
2 miles	M50	Pavone	Emmanuel	DS	9.50.13	2015	
2 miles	M55	Cooreman	Jean	RCAS	10.38.52	2003	
2 miles	M60						
2 miles	M65						
2 miles	M70	Eraerts	Willy	USBW	13.20.40	2011	
2 miles	M75	Carroubel	Lucien	LWA	14.43.80	2004	
2 miles	M80	Carroubel	Lucien	USBW	18.02.69	2009	
5000 M	M35	El Hachimi	Abdelhadi	RFCL	13.28.05	2013	
5000 M	M40	Van Renterghem	Walter	CSF	14.38.1	1984	
5000 M	M45	Scohier	Jean-Luc	MOHA	15.10.00	1995	*
5000 M	M50	Pavone	Emmanuel	DS	15.27.57	2015	
5000 M	M55	Monseur	Roger	CABW	16.36.4	1986	
5000 M	M60	Despontin	Luc	RCB	18.36.73	2008	
5000 M	M65	Despontin	Luc	RCB	20.25.29	2017	
5000 M	M70	Hecq	Pierre	ACLO	20.44.13	1998	
5000 M	M75	Sel	Michel	ACLO	23.26.87	2017	
10000 M	M35	Fays	Guy	RFCL	28.36.12	2006	
10000 M	M40	Van Renterghem	Walter	CSF	30.14.18	1984	
10000 M	M45	Salavarda	Henri	RFCL	31.50.5	1982	*
10000 M	M50	Monseur	Roger	CABW	32.51.6	1981	*
10000 M	M55	Monseur	Roger	CABW	34.39.51	1986	
10000 M	M60	Keyaerts	Remy	WS	37.01.1	1990	
10000 M	M65	Eraerts	Willy	USBW	41.24.80	2006	
10000 M	M70	Hecq	Pierre	ACLO	42.05.52	1998	
10000 M	M75						
10000 M	M80	Mammerickx	Camille	WS	61.24.94	2009	
Heure	M35	El Mkabli El Idrissi	Moulay	RCAS	17886m	2009	
Heure	M40	Carnol	Hubert	LACE	18216m	1982	
Heure	M45	Salavarda	Henri	RFCL	18198m	1982	
Heure	M50	Demol	Guy	RCB	17211m	2003	
Heure	M55	Monseur	Roger	CABW	16421m	1986	
Heure	M60	Keyaerts	Remy	WS	15610m	1991	
Heure	M65	Carroubel	Lucien	LWA	15040m	1994	
Heure	M70	Carroubel	Lucien	LWA	14023m	1999	
Heure	M75	Carroubel	Lucien	LWA	12637m	2004	
20000 M	M35						
20000 m	M40	Monseur	Roger	CABW	1.07.32.6	1974	
20000 M	M45	Charles	Jean	CABW	1.12.13.4	1994	
20000 M	M50	Haneuse	Hector	IXEL	1.15.09.0	1981	
20000 M	M55	Posilovic	Mathieu	RISC	1.20.07.5	1994	
20000 M	M60	Gourlet	Marcel	CSF	1.27.04.8	1995	
20000 M	M65	Mammerickx	Camille	WS	1.31.14.0	1994	
20000 M	M70	Mammerickx	Camille	WS	1.46.10.0	2001	
30000 M	M40	Schetpetlevane	Gilbert	BBS	1.48.18.2	1981	
30000 M	M45	Schetpetlevane	Gilbert	IXEL	1.55.07.7	1990	
30000 M	M50	Schetpetlevane	Gilbert	IXEL	1.59.52.0	1994	
30000 M	M55	Somville	René	IXEL	2.19.36.8	1990	

30000 M	M60	Baudoux	François	RCB	2.27.50.0	1994
30000 M	M65	Mammerickx	Camille	WS	2.21.18.0	1994
Marathon	M35	Gerome	Eric	RFCL	2.17.11	2007
Marathon	M40	Gerome	Eric	RFCL	2.19.38	2009
Marathon	M45	Salavarda	Henri	RFCL	2.24.13	1985
Marathon	M50	Demol	Guy	RESC	2.32.05	2005
Marathon	M55	Struyken	Louis	OCAN	2.44.04	1982 *
Marathon	M60	Keyaerts	Remy	WS	2.56.41	1993
Marathon	M65	Despontin	Luc	RCB	3.25.59	2016
Marathon	M70	Boutefeu	Jean	SER	3.55.01	1992 *
Marathon	M75	Boutefeu	Jean	SER	3.54.48	1993
Marathon	M80	De Smaels	Remi	DS	5.17.03	2009
110 M haies (1.067m)	M35	Broothaerts	Damien	RESC	14.12	2018
110 M haies (1.067m)	M40	Borlee	Jean-Pierre	RCB	16.19	1988
110 M haies (1.067m)	M45	Ravets	René	CSF	18.1	1996
110 M haies (1.067m)	M50	Ravets	René	CSF	19.65	2002
110 M haies (1.067m)	M55	Van Assche	Denis	ESC	20.0	1988
110 M haies (99.1 cm)	M35	Broothaerts	Damien	RESC	13.89	2018
110 M haies (99.1 cm)	M40	Fridenberg	André	ACF	15.33	1993
110 M haies (99.1 cm)	M45	De Longueville	Bernard	CABW	16.53	2007
100 M haies (91.4 cm)	M50	De Longueville	Bernard	CABW	15.81	2015
100 M haies (91.4 cm)	M55	Hecq	Marc	RCB	17.43	2005
100 M haies (84 cm)	M60	Ravets	René	CSF	17.85	2009
100 M haies (84 cm)	M65	Evrard	Gilbert	RFCL	18.26	2002
80 M haies (76.2 cm)	M70	Evrard	Gilbert	RFCL	15.46	2006
80 M haies (76.2 cm)	M75	Ody	Yvan	RCB	17.70	2019
400 M haies (91.4 cm)	M35	Bayard	Jean-Christophe	DAMP	55.68	2016
400 M haies (91.4 cm)	M40	Ravets	René	CSF	57.25	1989
400 M haies (91.4 cm)	M45	Ravets	René	CSF	58.26	1995
400 M haies (91.4 cm)	M50	Ravets	René	CSF	65.42	2001
400 M haies (91.4 cm)	M55	Ravets	René	CSF	68.38	2004
400 M haies (91.4 cm)	M60	Ravets	René	CSF	71.18	2009
400 M haies (84 cm)	M50	Ravets	René	CSF	59.92	1999
300 M haies (84 cm)	M55	Evrard	Gilbert	RFCL	49.64	1991 *
300 M haies (76.2 cm)	M60	Ravets	René	CSF	48.34	2009
300 M haies (76.2 cm)	M65	Kumps	José	CSDY	52.13	2015
200 M haies (76.2 cm)	M70	Cicchelli*	Silvino	CSF	42.71	2013
2000 M steeple (91.4cm)	M35	El Mkabli El Idrissi	Moulay	RCAS	6.10.44	2007
2000 M steeple (91.4cm)	M40	El Mkabli El Idrissi	Moulay	RCAS	6.27.21	2010
3000 M steeple (91.4cm)	M35	Faille	Grégory	DS	9.36.14	2008
3000 M steeple (91.4cm)	M40	El Mkabli El Idrissi	Moulay	RCAS	9.53.12	2010
3000 M steeple (91.4cm)	M45	Sibret	Jean-Marie	DAMP	10.17.7	1985
3000 M steeple (91.4cm)	M50	Dreesen	Jan	RFCL	10.33.39	2000
4 X 100 M	M35	CABW		CABW	44.83	2008
4 X 100 M	M40	RISC		RISC	45.12	1997
4 X 100 M	M45	ACO		ACO	48.55	2011
4 X 100 M	M50	ACLO		ACLO	49.42	2004
4 X 100 M	M55	IXEL		IXEL	62.3	1996
4 X 100 M	M60	IXEL		IXEL	61.88	2001
4 X 100 M	M65	IXEL		IXEL	68.51	1997
4 X 100 M	M70	IXEL		IXEL	67.17	2002
4 X 200 M	M35	CSDY		CSDY	1.38.40	2010
4 X 200 M	M40	RISC		RISC	1.36.10	1994
4 X 200 M	M45	RISC		RISC	1.41.03	1999
4 X 200 M	M50	ACLO		ACLO	1.44.31	2004

4 X 200 M	M55	IXEL		IXEL	2.25.97	1999	
4 X 200 M	M60	IXEL		IXEL	2.16.2	1993	
4 X 200 M	M65	IXEL		IXEL	2.35.63	1997	
4 X 200 M	M70	IXEL		IXEL	2.34.50	2001	
4 X 400 M	M35	CABW		CABW	3.42.00	2012	
4 X 400 M	M40	RISC		RISC	3.34.84	1996	
4 X 400 M	M45	RIWA		RIWA	4.01.81	1996	*
4 X 400 M	M50	ACLO		ACLO	3.54.12	2004	
4 X 400 M	M55	CRAC		CRAC	4.24.37	2015	
4 X 400 M	M60	HUY		HUY	4.51.55	2019	
4 X 400 M	M65	IXEL		IXEL	5.52.09	2005	
4 X 400 M	M70	IXEL		IXEL	6.14.49	2001	
4 X 800 M	M35	CABW		CABW	8.24.95	2012	
4 X 800 M	M40	CSF		CSF	9.19.85	1995	*
4 X 800 M	M45						
4 X 800 M	M50	IXEL		IXEL	11.12.6	1992	*
4 X 800 M	M55	IXEL		IXEL	12.51.96	2003	
4 X 800 M	M60	HUY		HUY	10.36.04	2018	
4 X 800 M	M65						
4 X 800 M	M70	IXEL		IXEL	18.38.39	1999	
4 X 1500 M	M50	IXEL		IXEL	22.33.52	1997	
4 X 1500 M	M55						
4 X 1500 M	M60	IXEL		IXEL	25.09.0	1993	
4 X 1500 M	M65	DAMP		DAMP	27.47.6	1993	
4 X 1500 M	M70	IXEL		IXEL	29.37.62	2002	
Hauteur	M35	Joiris	Jérémy	DAMP	1.87	2010	
Hauteur	M40	Moreau	Guy	RCB	2.01	1995	
Hauteur	M45	Chanet	Michel	FCHA	1.78	2005	
Hauteur	M45	Baggio	Livio	HUY	1.78	2011	
Hauteur	M50	Van Assche	Denis	ESC	1.60	1982	*
Hauteur	M55	Hecq	Pierre	CABW	1.51	1985	*
Hauteur	M60	Hecq	Pierre	CABW	1.45	1988	*
Hauteur	M65	Gauditiaubois	René	GOSP	1.31	1992	*
Hauteur	M70	Hecq	Pierre	ACLO	1.30	2000	*
Perche	M35	Simonet	Benoit	SER	4.40	2013	
Perche	M40	Dewil	Jef	ESC	4.71	1991	
Perche	M45	Borrey	Daniel	RCAS	4.60	1995	
Perche	M50	Borrey	Daniel	RCAS	4.50	1995	
Perche	M55	Dewil	Jef	SPA	4.10	2004	
Perche	M60	Dewil	Jef	SPA	3.60	2009	
Perche	M65	De Capitani*	Emilio	CSF	2.50	2012	
Perche	M70	De Capitani*	Emilio	CSF	2.42	2017	
Longueur	M35	Branle	Hugues	CABW	6.99*	2008	
Longueur	M40	Dewael	Philippe	RIWA	6.42	1995	
Longueur	M45	Carvalho	Léonel	MOHA	6.24	1989	
Longueur	M50	Hecq	Pierre	ACLO	5.75	1979	
Longueur	M55	De Longueville	Bernard	CABW	5.05	2018	
Longueur	M60	Hecq	Pierre	CABW	4.85	1988	*
Longueur	M65	Kumps	José	CSDY	4.55	2015	
Longueur	M65	Henry	Paul	CABW	4.55	2018	
Longueur	M70	De Rocker	Leop	GOSP	3.91	2013	
Longueur	M75	Gauditiaubois	René	GOSP	3.69	2002	
Longueur	M80	Gauditiaubois	René	GOSP	3.05	2008	
Triple-saut	M35	Branle	Hugues	CABW	14.19	2008	
Triple-saut	M40	Cincinatis	Yves	ESC	13.74	2002	

Triple-saut	M45	Carvalho	Léonel	MOHA	13.39	1990
Triple-saut	M50	Evrard	Gilbert	RFCL	11.90	1990
Triple-saut	M55	Evrard	Gilbert	RFCL	10.69	1991
Triple-saut	M60	Henry	Paul	CSDY	11.01	2015
Triple-saut	M65	Henry	Paul	CABW	10.23	2016
Triple-saut	M70	Ody	Yvan	RCB	9.01	2017
Poids 7kg260	M35	Guillaume	Alain	BBS	15.65	2011
Poids 7kg260	M40	Guillaume	Alain	BBS	15.44	2017
Poids 7kg260	M45	Chevalier	Claude	SCA	15.08	1986
Poids 7kg260	M50	Chevalier	Claude	SCA	13.53	1992
Poids 7kg260	M55	Chevalier	Claude	SCA	12.58	1994
Poids 7kg260	M60	Vandezande	Edouard	CSF	11.07	1995
Poids 7kg260	M65	Allard	Daniel	JSMC	9.19	2009
	M65	Somme	Pierre	CRAC	9.19	2018
Poids 7kg260	M70	Bregy	Léon	RFCL	7.85	1989
Poids 7kg260	M75	Bregy	Léon	RFCL	7.92	1995
Poids 7kg260	M80	Hecq	Pierre	ACLO	6.19	2009
Poids 6kg	M50	Chevalier	Claude	SCA	14.60	1992
Poids 6kg	M55	Deperne	André	USBW	12.09	2005
Poids 5kg	M60	Vandezande	Edouard	CSF	13.81	1995
Poids 5kg	M65	Vandezande	Edouard	CSF	13.19	1998
Poids 4kg	M70	Hoessels	Christian	IXEL	10.63	1999
Poids 4kg	M75	Bregy	Léon	RFCL	7.92	1995
Poids 3kg	M80	Hecq	Pierre	ACLO	10.48	2008
Poids 3kg	M85	Gauditiaubois	René	GOSP	7.18	2013
Disque 2kg	M35	Dupont	Christophe	RFCL	42.48	2006
Disque 2kg	M40	Van Schoor	Robert	RFCL	52.22	1988
Disque 2kg	M45	Van Schoor	Robert	RFCL	51.56	1991
Disque 2kg	M50	Van Schoor	Robert	ESC	47.69	1998
Disque 2kg	M55	Van Schoor	Robert	RFCL	45.49	2003
Disque 2kg	M60	Van Schoor	Robert	RESC	41.62	2007
Disque 2kg	M65	Somme	Pierre	CRAC	30.06	2018
Disque 2kg	M70	Gauditiaubois	René	GOSP	22.89	2000
Disque 2kg	M75	Gauditiaubois	René	GOSP	20.96	2002
Disque 2kg	M80	Gauditiaubois	René	GOSP	17.43	2008
Disque 2kg	M85	Gauditiaubois	René	GOSP	13.79	2012
Disque 1.5kg	M50	Van Schoor	Robert	RFCL	50.86	1996
Disque 1.5kg	M55	Evrard	André	UAC	43.72	2009
Disque 1kg	M60	Somme	Pierre	CRAC	46.55	2013
Disque 1kg	M65	Evrard	André	ARCH	41.02	2017
Disque 1kg	M70	Gauditiaubois	René	GOSP	34.93	1998
Disque 1kg	M75	Gauditiaubois	René	GOSP	32.80	2002
Disque 1kg	M80	Gauditiaubois	René	GOSP	27.03	2007
Disque 1kg	M85	Gauditiaubois	René	GOSP	24.11	2013
Marteau 7kg260	M35	Mainil	Frank	MOHA	52.26	2009
Marteau 7kg260	M40	Pierre	Guy	CABW	53.15	2001
Marteau 7kg260	M45	Bettolo	Laurent	ARCH	59.40	2013
Marteau 7kg260	M50	Bettolo	Laurent	ARCH	55.27	2016
Marteau 7kg260	M55	Despontin	Thierry	ARCH	46.31	2014
Marteau 7kg260	M60	Osetek	Jean	RFCL	45.30	1997
Marteau 7kg260	M65	Osetek	Jean	RFCL	35.42	2002
Marteau 7kg260	M70	Sustelo	Antonio	CABW	21.80	2008
Marteau 7kg260	M75	Gauditiaubois	René	GOSP	16.10	2004
Marteau 7kg260	M80	Gauditiaubois	René	GOSP	14.50	2009
Marteau 7kg261	M85	Gauditiaubois	René	GOSP	10.48	2012
Marteau 6kg	M50	Bettolo	Laurent	ARCH	61.56	2016
Marteau 6kg	M55	Osetek	Jean	RFCL	51.82	1992
Marteau 5kg	M60	Osetek	Jean	RFCL	53.68	1997
Marteau 5kg	M65	Osetek	Jean	RFCL	43.27	2002

Marteau 4kg	M70	Osetek	Jean	RFCL	38.88	2006	
Marteau 4kg	M75	Sustelo	Antonio	CABW	32.09	2013	
Marteau 3kg	M80	Gauditiaubois	René	GOSP	26.43	2008	
Marteau 3kg	M85	Gauditiaubois	René	GOSP	21.70	2012	
Javelot 800g	M35	Vasteels	Maurice	CSF	58.39	2012	
Javelot 800g	M40	Schlatter	Jean-Paul	CSF	67.70	1998	
Javelot 800g	M45	Schlatter	Jean-Paul	CSF	57.98	2004	
Javelot 800g	M50	Mac Donald*	Craig	CSF	44.82	2018	
Javelot 800g	M55	Rihoux	Yves	CABW	45.12	1990	
Javelot 800g	M60	Rihoux	Yves	CABW	40.22	1995	
Javelot 800g	M65	Rihoux	Yves	CABW	37.39	2000	
Javelot 800g	M70	Weitz	Paul	GOSP	27.26	1997	
Javelot 800g	M75	Gauditiaubois	René	GOSP	24.76	2002	
Javelot 800g	M80	Gauditiaubois	René	GOSP	20.00	2007	
Javelot 800g	M85	Gauditiaubois	René	GOSP	16.09	2012	
Javelot 700g	M50	Mac Donald*	Craig	CSF	49.36	2018	
Javelot 700g	M55	Lempereur	Jean-Michel	UAC	45.20	2019	
Javelot 600g	M60	Mullender	Erich	LACE	42.51	2004	
Javelot 600g	M65	Neuray	Jean	RCB	34.31	1999	
Javelot 500g	M70	<i>Sibret</i>	<i>Jean-Marie</i>	<i>DAMP</i>	<i>23.55</i>	<i>2010</i>	*
Javelot 500g	M75	Gauditiaubois	René	GOSP	28.02	2005	
Javelot 400g	M80	Gauditiaubois	René	GOSP	23.08	2007	
Javelot 400g	M85	Gauditiaubois	René	GOSP	20.74	2012	
Grand poids 15.880kg	M35	De Geyter	Olivier	USTA	11.98	2011	
Grand poids 15.880kg	M40	Pierre	Guy	CABW	16.18	2005	*
Grand poids 15.880kg	M45	Bettolo*	Laurent	ARCH	17.26	2015	
Grand poids 11.340kg	M50	Bettolo*	Laurent	ARCH	21.14	2017	
Grand poids 11.340kg	M55	Saussus	Jean-Paul	DAMP	16m24	2018	
Grand poids 9.080kg	M60	Evrard	André	FAC	14.81	2015	
Grand poids 9.080kg	M65	Mullender	Erich	LACE	15.48	2011	
Grand poids 7.260kg	M70	Sustelo	Antonio	CABW	12.29	2009	
Grand poids 7.260kg	M75	Sustelo	Antonio	CABW	10.76	2013	
Grand poids 5.450kg	M80	Gauditiaubois	René	GOSP	9.31	2009	
Grand poids 5.450kg	M85	Gauditiaubois	René	GOSP	8.33	2012	
WMA Pentathlon lancer	M35	De Geyter	Olivier	USTA	2577	2010	
WMA Pentathlon lancer	M40	De Geyter	Olivier	USTA	2903	2015	
WMA Pentathlon lancer	M45	Urban	Manfred	MOHA	3312	2019	
WMA Pentathlon lancer	M50	Bettolo	Laurent	ARCH	3500	2017	
WMA Pentathlon lancer	M55	Saussus	Jean-Paul	DAMP	3792	2018	
WMA Pentathlon lancer	M60	Somme	Pierre	CRAC	3477	2014	
WMA Pentathlon lancer	M65	Somme	Pierre	CRAC	3574	2018	
WMA Pentathlon lancer	M70						
WMA Pentathlon lancer	M75	Thys	François	RFCL	2045	2007	
WMA Pentathlon lancer	M80	Gauditiaubois	René	GOSP	2940	2009	
WMA Pentathlon lancer	M85	Gauditiaubois	René	GOSP	2915	2013	
Pentathlon (IAAF)	M35	Herman	Eric	DAMP	2722	2006	
Pentathlon (IAAF)	M40	Ghesquiere	Régis	JSM	2934	1990	*
Pentathlon (IAAF)	M45	Goeffers	Freddy	RISC	2377	1997	*
Pentathlon (IAAF)	M50						
Pentathlon (IAAF)	M55	Kumps	José	CSDY	1549	2007	
Pentathlon (IAAF)	M60	Ody	Yvan	DACM	1312	2007	
Pentathlon (IAAF)	M65	Gauditiaubois	René	GOSP	918	1993	*
Pentathlon (IAAF)	M70	Gauditiaubois	René	GOSP	704	1998	
Pentathlon (IAAF)	M75	Gauditiaubois	René	GOSP	611	2002	
Pentathlon (WMA)	M35	Herman	Eric	DAMP	2827	2006	
Pentathlon (WMA)	M40	Ackaert	Noel	HUY	2598	2014	
Pentathlon (WMA)	M45	Poulain	Philippe	CSDY	3138	2013	

Pentathlon (WMA)	M50	Peromet	Daniel	HUY	3163	2003
Pentathlon (WMA)	M55	Tenret	Henri	CRAC	2413	2013
Pentathlon (WMA)	M60	Hecq	Pierre	CABW	3161	1988
Pentathlon (WMA)	M65	Ody	Yvan	DACM	2727	2013
Pentathlon (WMA)	M70					
Pentathlon (WMA)	M75	Gauditiaubois	René	GOSP	2271	2002
Pentathlon (WMA)	M80	Gauditiaubois	René	GOSP	1470	2009
Pentathlon (WMA)	M85	Gauditiaubois	René	GOSP	1949	2012
Decathlon (IAAF)	M35	Matanda Kaiji	Didier	CRAC	5667	2007
Decathlon (IAAF)	M40	Ghesquiere	Regis	JSM	6032	1991
Decathlon (IAAF)	M45	Ravets	Renè	CSF	4008	1998
Decathlon (IAAF)	M50	Ravets	Renè	CSF	3231	2001
Decathlon (WMA)	M35	Matanda Kaiji	Didier	CRAC	5528	2007
Decathlon (WMA)	M40	Ghesquiere	Regis	JSM	6765	1991
Decathlon (WMA)	M45	Renkin	Jean-Paul	HF	5158	2009
Decathlon (WMA)	M50	Elias	Roland	SER	5584	2010
Decathlon (WMA)	M55	Tenret	Henri	CRAC	4193	2012
Decathlon (WMA)	M60	Kumps	José	CSDY	5414	2010

## DAMES :

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100 M	W35	Libert	Laetitia	USBW	11.69	2015
100 M	W40	Graff	Edith	DAMP	12.6	1982
100 M	W45	Du Bois	Veronique	DAMP	13.10	2007
100 M	W50	Bonnaert	Caroline	RESC	14.01	2016
100 M	W55	Graff	Edith	DAMP	14.17	1999
100 M	W60	Graff	Edith	DAMP	14.70	2002
100 M	W65	Graff	Edith	DAMP	14.86	2007
100 M	W70					
200 M	W35	Libert	Laetitia	USBW	23.63	2015
200 M	W40	Graff	Edith	DAMP	26.2	1982
200 M	W45	Du Bois	Veronique	DAMP	27.64	2007
200 M	W50	Denisty	Danièle	WS	29.59	2016
200 M	W55	Graff	Edith	DAMP	29.76	1998
200 M	W60	Graff	Edith	DAMP	31.76	2005
200 M	W65	Graff	Edith	DAMP	31.62	2007
300 M	W35	Libert	Laetitia	USBW	37.96	2016
300 M	W40	Amellal	Maryam	CABW	41.82	2014
300 M	W45	Amellal	Maryam	CABW	43.08	2018
300 M	W50	Denisty	Danièle	WS	47.43	2016
300 M	W55	Graff	Edith	DAMP	49.12	1999
300 M	W60	Graff	Edith	DAMP	52.11	2005
300 M	W65	Pater	Jocelyne	ACLO	55.74	2019
400 M	W35	Libert	Laetitia	USBW	52.88	2015
400 M	W35	Amellal	Maryam	CABW	59.32	2012
400 M	W40	Amellal	Maryam	CABW	58.56	2014
400 M	W45	Wright	Carol	WS	62.1	1995
400 M	W50	Wright	Carol	WS	66.12	2000
400 M	W55	Blaude	Marie Anne	SMAC	68.34	2008
400 M	W60	Wright	Carol	SMAC	75.98	2010
400 M	W65	Pater	Jocelyne	ACLO	79.69	2019
800 M	W35	Detienne	Sophie	CABW	2.12.84	2013



800 M	W40	Detienne	Sophie	CABW	2.14.86	2016	
800 M	W45	Loubele	Nathalie	DAMP	2.20.51	2013	
800 M	W50	Wright	Carol	WS	2.28.80	2000	
800 M	W55	Rabeux	Christine	SMAC	2.39.24	2017	
800 M	W60	Wright	Carol	SMAC	2.52.59	2010	
800 M	W65	Pater	Jocelyne	ACLO	3.04.40	2019	
800 M	W70						
1000 M	W35	Steels	Mimi	ESC	2.55.49	1981	
1000 M	W40	Loubele	Nathalie	BBS	2.52.62	2010	
1000 M	W45	Wright	Carol	WS	3.06.48	1995	
1000 M	W50	Wright	Carol	WS	3.16.05	2000	
1000 M	W55	Wright	Carol	WS	3.31.48	2006	
1000 M	W60	Van Caekenberghe	Myriam	IXEL	3.53.37	1995	
1000 M	W65	Van Caekenberghe	Myriam	RCB	4.21.88	2000	
1500 M	W35	Steels	Mimi	ESC	4.36.3	1981	*
1500 M	W40	Loubele	Nathalie	BBS	4.28.98	2010	
1500 M	W45	Loubele	Nathalie	BBS	4.37.97	2012	
1500 M	W50	Rabeux	Christine	SMAC	5.20.22	2013	
1500 M	W55	Justin	Danielle	MALM	5.13.27	2007	
1500 M	W60	Van Caekenberghe	Myriam	IXEL	6.06.94	1995	
1500 M	W65	Van Caekenberghe	Myriam	RCB	7.11.44	2001	*
1500 M	W70	Winderickx	Louise	DAMP	7.31.33	2005	
Mile	W35	V Droogenbroeck	Virginie	USBW	5.09.31	2008	
Mile	W40	Loubele	Nathalie	BBS	4.54.37	2010	
Mile	W45	Deghilage	Marie-Thérèse	MOHA	5.29.3	1985	
Mile	W50	Wright	Carol	WS	5.48.94	2000	
Mile	W55	Van Caekenberghe	Myriam	IXEL	6.24.2	1990	
Mile	W60	Van Caekenberghe	Myriam	IXEL	6.37.8	1995	
Mile	W65	Van Caekenberghe	Myriam	RCB	7.33.74	2000	
2000 M	W35	Loubele	Nathalie	BBS	6.20.57	2005	
2000 M	W40	Loubele	Nathalie	BBS	6.17.39	2011	
2000 M	W45	<i>Bourquin</i>	<i>Linda</i>	<i>CABW</i>	<i>7.29.76</i>	<i>2009</i>	*
2000 M	W50	Deghilage	Marie-Thérèse	MOHA	7.28.1	1987	*
2000 M	W55	Van Caekenberghe	Myriam	IXEL	8.08.11	1990	
2000 M	W60	Van Caekenberghe	Myriam	IXEL	8.31.2	1995	
2000 M	W65	Van Caekenberghe	Myriam	RCB	9.18.85	2000	
3000 M	W35	Baouf	Fatiha	CABW	9.25.49	2008	
3000 M	W40	Loubele	Nathalie	BBS	9.36.18	2010	
3000 M	W45	Loubele	Nathalie	DAMP	9.55.18	2013	
3000 M	W50	Rabeux	Christine	SMAC	11.26.78	2013	
3000 M	W55	Van Caekenberghe	Myriam	IXEL	12.29.7	1990	*
3000 M	W60	Parisis	Marie-Christine	ACLO	12.49.03	2016	
3000 M	W65	Crul	Rosa	USBW	14.47.92	2006	
2 miles	W35	Van Droogenbroeck	Virginie	USBW	11.28.33	2007	
2 miles	W40						
2 miles	W45	Bonazza	Isabelle	HUY	15.16.73	2017	
2 miles	W50	Bonazza	Isabelle	HUY	14.56.36	2019	
2 miles	W55	Bourgeat	Catherine	CSF	14.08.92	2018	
2 miles	W60	Parisis	Marie-Christine	ACLO	14.02.96	2017	
5000 M	W35	Baouf	Fatiha	CABW	15.36.60	2006	
5000 M	W40	Loubele	Nathalie	BBS	16.32.80	2010	
5000 M	W45	Loubele	Nathalie	BBS	16.48.20	2012	
5000 M	W50	Justin	Danielle	MALM	19.24.71	2006	
5000 M	W55	Justin	Danielle	RFCL	19.12.18	2008	
5000 M	W60	Parisis	Marie-Christine	ACLO	22.11.57	2017	

10000 M	W35	Baouf	Fatiha	CABW	32.36.23	2006	
10000 M	W40	V Droogenbroeck	Virginie	CABW	37.02.57	2011	
10000 M	W45	<i>Covens</i>	<i>Benedicte</i>	RESC	42.05.27	2012	*
10000 M	W50	Van Caekenberghe	Myriam	IXEL	42.46.83	1989	*
10000 M	W55	Justin	Danielle	MALM	39.03.51	2007	
10000 M	W60	Justin	Danielle	RFCL	42.48.69	2017	
Heure	W35	V Droogenbroeck	Virginie	USBW	16385m	2006	
Heure	W40	Bury	Claudine	ACLO	15450m	1993	*
Heure	W45	De Smet	Bernadette	USBW	13730m	2009	
Heure	W50	Van Caekenberghe	Myriam	IXEL	13662m	1987	*
Heure	W55	Van Caekenberghe	Myriam	IXEL	13510m	1990	
Heure	W60	Parisis	Marie-Christine	ACLO	13143m	2016	
Heure	W65	Crul	Rosa	USBW	10207m	2009	
20000 M	W35	Brel	Béatrice	IXEL	1.28.58.0	1989	
20000 M	W40	Brel	Béatrice	IXEL	1.28.56.0	1990	
30000 M	W40	Genot	Jocelyne	IXEL	2.29.36.0	1990	
Marathon	W35	Milo	Linda	RISC	2.33.05	1995	
Marathon	W40	V Droogenbroeck	Virginie	CABW	2.46.44	2011	
Marathon	W45	Bourquin	Linda	CABW	3.13.13	2010	*
Marathon	W50	Van Caekenberghe	Myriam	IXEL	3.14.06	1987	*
Marathon	W55	Parisis	Marie-Christine	ACLO	3.19.13	2010	
Marathon	W60	Van Caekenberghe	Myriam	IXEL	3.30.56	1995	
Marathon	W65	Van Caekenberghe	Myriam	RCB	3.45.33	2000	
100 M (haies 84cm)	W35	Guillet	Laurence	RESC	14.50	2017	
100 M (haies 84cm)	W40	Guillet	Laurence	CABW	14.98	2020	
100 M (haies 84cm)	W45	Denisty	Daniele	WS	16.68	2011	
100 M (haies 84cm)	W50	Pater	Jocelyne	ACLO	20.72	2004	
80 M haies (76.2 cm)	W40	Wery	Myriam	DAMP	12.80	2000	
80 M haies (76.2 cm)	W45	Denisty	Daniele	WS	12.92	2011	
80 M haies (76.2 cm)	W50	Denisty	Daniele	WS	14.09	2016	
80 M haies (76.2 cm)	W55	Graff	Edith	DAMP	14.46	1999	
80 M haies (68.6 cm)	W60	Graff	Edith	DAMP	14.03	2005	
80 M haies (68.6 cm)	W65	Graff	Edith	DAMP	14.03	2008	
400 M haies (76.2 cm)	W35	Amellal	Maryam	RCB	64.73	2010	
400 M haies (76.2 cm)	W40	Amellal	Maryam	CABW	66.83	2014	
400 M haies (76.2 cm)	W45	Pater	Jocelyne	ACLO	81.95	2003	*
400 M haies (76.2 cm)	W50	Pater	Jocelyne	ACLO	83.04	2007	
400 M haies (76.2 cm)	W55						
300 M haies (76.2 cm)	W50	Pater	Jocelyne	ACLO	55.69	2005	
300 M haies (76.2 cm)	W55	Pater	Jocelyne	ACLO	55.86	2009	
300 M haies (76.2 cm)	W60	Pater	Jocelyne	ACLO	59.99	2014	
300 M haies (76.2 cm)	W65	Pater	Jocelyne	ACLO	63.76	2019	
2000 M steeple (76.2cm)	W35						
2000 M steeple (76.2cm)	W40	Redenz	Ursula	LACE	8.33.33	2004	*
2000 M steeple (76.2cm)	W45						
2000 M steeple (76.2cm)	W50						
2000 M steeple (76.2cm)	W55	Joannes	Claire	DAMP	10.22.30	2004	
3000 M steeple (76.2cm)	W35						
4 X 100 M	W35	CABW (Dressen-Noel-Detienne-Amellal)		CABW	52.76	2013	
4 X 100 M	W40	USBW (Vandoooren-Meyer-Desmet-Cooke)		USBW	57.38	2010	

4 X 100 M	W45	WS		WS	65.47	2001	*
4 X 100 M	W50	WS		WS	68.66	2007	
4 X 100 M	W60	WS		ACLO	75.08	2015	
4 X 200 M	W35	RESC		RESC	1.53.15	2015	
	Bonnaert Caroline, Cardenas Ojito Janet, Nkumu Bakuba Nancy, Guillet Laurence						
4 X 200 M	W40						
4 X 200 M	W45	ACLO		ACLO	2.18.27	2003	
4 X 200 M	W50	WS		WS	2.23.06	2006	
4 X 400 M	W35	LBFA		LBFA	4.12.89	2015	
	Amellal Maryam (CABW), Cardenas Ojito Janet (RESC), Guillet Laurence (RESC), Nkumu Bakuba Nancy (RESC)						
4 X 400 M Club	W35	RESC		RESC	4.42.09	2015	
	Guillet Laurence, Cardenas Ojito Janet, Lecart Valérie, Nkumu Bakuba Nancy						
4 X 400 M	W40	ACLO		ACLO	5.01.47	2003	
4 X 800 M	W35	CABW		CABW	10.08.13	2010	
4 X 800 M	W40	BBS		BBS	10.43.26	2007	
4 X 800 M	W45	HUY		HUY	12.15.09	2017	
4 X 800 M	W60	ACLO		ACLO	14.34.17	2017	
Hauteur	W35	Wery	Myriam	DAMP	1.62	1999	
Hauteur	W40	Wery	Myriam	DAMP	1.59	2000	
Hauteur	W45	Wery	Myriam	DAMP	1.56	2006	
Hauteur	W50	Denisty	Daniele	WS	1.39	2018	
Hauteur	W55	Graff	Edith	DAMP	1.37	1999	
Hauteur	W60	Graff	Edith	DAMP	1.41	2004	
Hauteur	W65	Graff	Edith	DAMP	1.32	2007	
Perche	W35	Zubiolo	Sophie	ARCH	3.40	2009	
Perche	W40	Du Bois	Véronique	DAMP	3.22	2004	
Perche	W45	Du Bois	Véronique	DAMP	3.01	2008	
Perche	W50	Mimmo	Angela	RCAS	2.00	2002	
Perche	W55	Derksen	Amely	WS	1.50	2004	
Longueur	W35	Graff	Edith	DAMP	5.45	1978	
Longueur	W40	Graff	Edith	DAMP	5.39	1983	
Longueur	W45	Hennart	Sandrine	USTA	5.16	2019	
Longueur	W50	Graff	Edith	DAMP	4.75	1992	
Longueur	W55	Graff	Edith	DAMP	4.80	2000	
Longueur	W60	Graff	Edith	DAMP	4.69	2002	
Longueur	W65	Graff	Edith	DAMP	4.42	2007	
Triple-saut	W35	Desmasures	Françoise	SER	11.13	1999	
Triple-saut	W40	Clement	Anne-Catherine	DAMP	10.22	2016	
Triple-saut	W45	Graff	Edith	DAMP	9.65	1988	
Triple-saut	W50	Graff	Edith	DAMP	9.15	1996	
Triple-saut	W55	Graff	Edith	DAMP	9.56	2000	
Triple-saut	W60	Graff	Edith	DAMP	9.35	2006	
Triple-saut	W65	Graff	Edith	DAMP	9.32	2007	
Poids 4kg	W35	Deleeuw	Brigitte	SCA	15.79	1993	
Poids 4kg	W40	Chalon	Betty	DAMP	11.39	1988	*
Poids 4kg	W45	Chalon	Betty	DAMP	10.91	1993	*
Poids 4kg	W50	Denisty	Daniele	WS	9.81	2017	
Poids 4kg	W55	Graff	Edith	DAMP	9.80	1998	
Poids 4kg	W60	Graff	Edith	DAMP	8.44	2002	
Poids 4kg	W65	Graff	Edith	DAMP	7.76	2008	
Poids 3kg	W50	Denisty	Daniele	WS	11.73	2018	
Poids 3kg	W55	Chalon	Betty	DAMP	10.30	2003	
Poids 3kg	W60	Graff	Edith	DAMP	9.58	2002	
Poids 3kg	W65	Graff	Edith	DAMP	8.99	2007	

Disque 1kg	W35	Deleeuw	Brigitte	SCA	47.88	1993	
Disque 1kg	W40	Boucquegneau	Marie-France	MOHA	39.50	1995	*
Disque 1kg	W45	Wauters	Maggy	MOHA	33.74	2000	
Disque 1kg	W50	Denisty	Danièle	WS	32.57	2016	
Disque 1kg	W55	Chalon	Betty	DAMP	26.98	2004	
Disque 1kg	W60	Joye	Carine	JSMC	29.60	2017	
Disque 1kg	W65	Emonts Gast	Roswitha	LACE	19.70	2011	
Disque 1kg	W70						
Marteau 4kg	W35	Luyimi Mbala	Sarah	SMAC	49.47	2018	
Marteau 4kg	W40	Reckelbus	Laurence	RCAS	46.42	2015	
Marteau 4kg	W45	Debouver	Viviane	CSF	35.28	2006	
Marteau 4kg	W50	Denisty	Danièle	WS	33.56	2016	
Marteau 4kg	W55	Chalon	Betty	DAMP	24.29	2004	
Marteau 4kg	W60	Clément	Annette	CRAC	23.86	2015	
Marteau 4kg	W65	Crul	Helena	BBS	15.24	1997	
Marteau 3kg	W50	Denisty	Danièle	WS	39.12	2019	
Marteau 3kg	W55	Graff	Edith	DAMP	32.39	1999	
Marteau 3kg	W60	Graff	Edith	DAMP	33.35	2002	
Marteau 3kg	W65	Graff	Edith	DAMP	29.61	2007	
Javelot 600g	W35	Forthomme	Laurence	RFCL	39.98	2006	
Javelot 600g	W40	Hojka	Anne	USBW	40.28	2016	
Javelot 600g	W45	Denisty	Daniele	WS	34.25	2014	
Javelot 600g	W50	Denisty	Danièle	WS	30.30	2018	
Javelot 600g	W55	De Ridder	Godelieve	WS	24.30	2011	
Javelot 600g	W60	Niedrich	Erika	RCAS	18.56	2005	
Javelot 500g	W50	Denisty	Danièle	WS	31.50	2016	
Javelot 500g	W55	De Ridder	Godelieve	WS	23.88	2011	
Javelot 400g	W60	Graff	Edith	DAMP	22.45	2002	
Javelot 400g	W65	Derksem	Amely	WS	14.26	2013	*
Grand poids 9.080kg	W35	Reckelbus	Laurence	RCAS	13.86	2014	
Grand poids 9.080kg	W40	Reckelbus	Laurence	RCAS	13.45	2015	
Grand poids 9.080kg	W45	Denisty	Daniele	WS	11.35	2011	
Grand poids 7.260kg	W50	Denisty	Daniele	WS	13.27	2016	
Grand poids 7.260kg	W55	Marneffe	Anne-Marie	HUY	9.69	2017	
Grand poids 5.450kg	W60						
WMA Pentathlon lancer	W35	Reckelbus	Laurence	RCAS	2988	2014	
WMA Pentathlon lancer	W40	Reckelbus	Laurence	RCAS	3335	2015	
WMA Pentathlon lancer	W45	Debouver	Viviane	CSF	2628	2007	
WMA Pentathlon lancer	W50	Denisty	Daniele	WS	3537	2019	
WMA Pentathlon lancer	W55	De Ridder	Godelieve	WS	2402	2011	
Pentathlon (IAAF)	W35	Denisty	Daniele	SMAC	3004	2004	
Pentathlon (IAAF)	W40	Denisty	Daniele	FCHA	3047	2007	
Pentathlon (IAAF)	W45	Denisty	Daniele	WS	2646	2011	
Pentathlon (IAAF)	W50	Pater	Jocelyne	ACLO	1475	2004	
Pentathlon (WMA)	W35	Degheus	Nadine	RCB	3561	1984	
Pentathlon (WMA)	W40	Denisty	Daniele	FCHA	3663	2007	
Pentathlon (WMA)	W45	Denisty	Daniele	WS	3935	2011	
Pentathlon (WMA)	W50	Denisty	Danièle	WS	3726	2016	
Pentathlon (WMA)	W55	Graff	Edith	DAMP	3915	1997	
Pentathlon (WMA)	W60	Graff	Edith	DAMP	4195	2005	
Pentathlon (WMA)	W65	Pater	Jocelyn	ACLO	3144	2019	
Heptathlon (IAAF)	W35	Degheus	Nadine	RCB	4678	1984	
Heptathlon (IAAF)	W40	Denisty	Daniele	SMAC	4062	2006	
Heptathlon (IAAF)	W45	Denisty	Daniele	WS	3843	2011	

Heptathlon (IAAF)	W50 Pater	Jocelyne	ACLO	1649	2005
Heptathlon (IAAF)	W55 Pater	Jocelyne	ACLO	4300	2009
Heptathlon (IAAF)	W60 Pater	Jocelyne	ACLO	4203	2015
Heptathlon (IAAF)	W65 Pater	Jocelyne	ACLO	4145	2019
Decathlon (IAAF)	W35 Zubiolo	Sophie	ARCH	4103	2008
Decathlon (IAAF)	W40 Denisty	Daniele	FCHA	4963	2007