



## Palmarès des Championnats LBFA

### Cadets – Scolaires Outdoor

- record des championnats-

#### GARÇONS : CADETS

| Année       | Nom               | Club        | Perf         | Lieu            | Année       | Nom              | Club        | Perf           |
|-------------|-------------------|-------------|--------------|-----------------|-------------|------------------|-------------|----------------|
| <b>100m</b> |                   |             |              |                 | <b>200m</b> |                  |             |                |
| 1995        | R.Cikabekka       | SER         | 11.42        | La Louvière     | 1995        | R.Colabella      | SER         | 23.20          |
| 1996        | F.Wattheyne       | CABW        | 11.34        | Dampicourt      | 1996        | F.Wattheyne      | CABW        | 23.61          |
| 1997        | JN.Lefort         | HF          | 11.85        | La Louvière     | 1997        | G.Dossogne       | SMAC        | 24.20          |
| 1998        | E.Biname          | RFCL        | 11.61        | Jambes          | 1998        | JN.Lefort        | HF          | 23.73          |
| 1999        | J.Deneyer         | SMAC        | 11.57        | Spa             | 1999        | F.Pierlot        | DAMP        | 24.91          |
| <b>2000</b> | <b>H.Rahmoun</b>  | <b>CSF</b>  | <b>11.15</b> | Spa             | 2000        | J.Piron          | SMAC        | 24.45          |
| 2001        | P.Lefevre         | SER         | 11.70        |                 | 2001        | P.Lefevre        | SER         | 23.88          |
| 2002        | M.Berote          | SMAC        | 11.64        | Spa             | 2002        | M.Berote         | SMAC        | 23.84          |
| 2003        | A.Destatte        | RCB         | 11.59        | Verviers        | 2003        | A.Destatte       | RCB         | 23.24          |
| 2004        | M.Lieneson        | JSMC        | 11.79        | Nivelles        | 2004        | A.Froidmont      | UAC         | 23.44          |
| 2005        | J.Berote          | SMAC        | 11.48        | Saint Mard      | <b>2005</b> | <b>J.Berote</b>  | <b>SMAC</b> | <b>23.05</b>   |
| 2006        | T.Matine          | CSDY        | 11.85        | Verviers        | 2006        | R.Plumat         | OSGA        | 23.51          |
| 2007        | J.Watrin          | DAMP        | 11.43        | Spa             | 2007        | A.Clement        | USTA        | 24.06          |
| 2008        | O.Diallo          | RESC        | 11.60        | Spa             | 2008        | Decruyenaere     | MOHA        | 25.83          |
| 2009        | O.Diallo          | RESC        | 11.79        | Naimette        | 2009        | O.Saive          | RFCL        | 24.64          |
| 2010        | D.Abib            | CSF         | 11.89        | Herve           | 2010        | T.Richard        | CSDY        | 24.20          |
| 2011        | A.Rosiere         | SMAC        | 11.91        | Nivelles        | 2011        | A.Rosiere        | SMAC        | 24.16          |
| 2012        | F.Tshitwenu       | RESC        | 11.59        | Herve           | 2012        | F.Tshitwenu      | RESC        | 23.81          |
| 2013        | J.Paquot          | RFCL        | 11.24        | Saint Mard      | 2013        | R. Kapenda       | SMAC        | 23.09          |
| 2014        | E.Taiwo           | RESC        | 11.56        | Braine l'Alleud | 2014        | T.Degand         | ATH         | 23.90          |
| 2015        | E.Taiwo           | RESC        | 11.73        | Verviers        | <b>2015</b> | <b>A.Carlier</b> | <b>OSGA</b> | <b>23.05</b>   |
| 2016        | L.Lambotte        | RFCL        | 11.57        | Herve           | 2016        | L.Lambotte       | RFCL        | 23.80          |
| 2017        | A.Wanson          | HF          | 11.63        | Bertrix         | 2017        | A.Dehareng       | DAMP        | 23.98          |
| 2018        | O.Lifrange        | WS          | 11.47        | Naimette        | 2018        | O.Lifrange       | WS          | 23.27          |
| 2019        | J. Lo Bianco      | RFCL        | 11.49        | Dampicourt      | 2019        | J. Lo Bianco     | RFCL        | 23.23          |
| <b>400m</b> |                   |             |              |                 | <b>800m</b> |                  |             |                |
| 1995        | J.Monhonval       | DAMP        | 55.96        | La Louvière     | 1995        | T.Carion         | ACLE        | 2.05.25        |
| 1996        | Y.Boland          | SMAC        | 57.65        | Dampicourt      | 1996        | D.Petit          | DAMP        | 2.14.40        |
| 1997        | C.Schepens        | ESC         | 56.25        | La Louvière     | 1997        | N.Pirotte        | SMAC        | 2.00.91        |
| 1998        | D.Lambin          | DAMP        | 54.70        | Jambes          | 1998        | A.Aboulaich      | UAC         | 2.06.18        |
| 1999        | A.Cellier         | ARCH        | 53.72        | Spa             | 1999        | A.Cellier        | ARCH        | 2.04.43        |
| 2000        | F.Pierlot         | DAMP        | 54.37        | Spa             | 2000        | A.Luyckfasseel   | CABW        | 2.06.55        |
| 2001        | G.Legrand         | UAFA        | 53.41        |                 | 2001        | C.Van hees       | ULA         | 2.03.49        |
| 2002        | B.Debaty          | SMAC        | 51.80        | Spa             | 2002        | M.Delcambre      | OSGA        | 2.06.63        |
| 2003        | A.Ghislain        | UAFA        | 53.26        | Verviers        | 2003        | R.Longerich      | MALM        | 2.02.61        |
| 2004        | N. Stempnick      | DS          | 53.69        | Nivelles        | <b>2004</b> | <b>C.Delplan</b> | <b>DS</b>   | <b>1.59.35</b> |
| 2005        | A.Kinard          | ARCH        | 58.54        | Saint Mard      | 2005        | C.Coppens        | CABW        | 2.06.13        |
| 2006        | T.Matine          | CSDY        | 53.97        | Verviers        | 2006        | T.Higny          | HF          | 2.06.57        |
| 2007        | R.Gillard         | SER         | 54.18        | Spa             | 2007        | A.Couwez         | MOHA        | 2.20.88        |
| 2008        | M.Reginster       | RFCL        | 54.46        | Spa             | 2008        | O.Philippe       | RCB         | 2.06.07        |
| 2009        | O.Christian       | HUY         | 55.3         | Naimette        | 2009        | L.Denis          | CABW        | 2.14.98        |
| 2010        | S.Hinnekens       | USBW        | 54.05        | Herve           | 2010        | A. Guiot         | ULA         | 2.09.55        |
| 2011        | S.Defauw          | USBW        | 53.91        | Nivelles        | 2011        | R.Angonese       | DAMP        | 2.11.36        |
| 2012        | M. Nolf           | RIWA        | 56.15        | Herve           | 2012        | C.Spits          | RFCL        | 2.10.55        |
| 2013        | J.Marichal        | CRAC        | 55.76        | Saint Mard      | 2013        | Z.Au Dah         | RIWA        | 2.05.44        |
| 2014        | C.Cottin          | SMAC        | 53.84        | Braine l'Alleud | 2014        | E.Crestan        | SMAC        | 2.03.36        |
| <b>2015</b> | <b>I.Benziane</b> | <b>DACM</b> | <b>51.42</b> | Verviers        | 2015        | K.Hermans        | USTA        | 2.06.89        |
| 2016        | F.Dehout          | CRAC        | 52.36        | Herve           | 2016        | A.Schauwers      | SPA         | 2.05.23        |
| 2017        | N.Rousseau        | CABW        | 53.90        | Bertrix         | 2017        | M.Latinne        | WS          | 2.01.31        |

|      |               |      |       |            |      |            |      |         |
|------|---------------|------|-------|------------|------|------------|------|---------|
| 2018 | T.Regis       | HERV | 54.26 | Naimette   | 2018 | T.Delrez   | RFCL | 2.07.30 |
| 2019 | Q. Caucheteux | SER  | 54.23 | Dampicourt | 2019 | R. Thibert | HERV | 2.01.60 |

### 1500m

|             |                 |            |                |                 |
|-------------|-----------------|------------|----------------|-----------------|
| 1995        | M.Stassart      | RFCL       | 4.23.37        | La Louvière     |
| 1996        | A.Vantomme      | JSMC       | 4.34.28        | Dampicourt      |
| 1997        | S.Durez         | DS         | 4.33.88        | La Louvière     |
| 1998        | JF.Meynaert     | CABW       | 4.21.28        | Jambes          |
| 1999        | M.Corhay        | RFCL       | 4.27.19        | Spa             |
| 2000        | M.Delers        | ACTE       | 4.31.30        | Spa             |
| 2001        | M.Delers        | ACTE       | 4.21.43        |                 |
| 2002        | B.Bong          | HF         | 4.16.09        | Spa             |
| 2003        | S.Kebdani       | ESC        | 4.29.77        | Verviers        |
| 2004        | F. Caelen       | HERV       | 4.16.72        | Nivelles        |
| 2005        | D.Loupe         | DAMP       | 4.26.05        | Saint Mard      |
| 2006        | M.Delguste      | CSDY       | 4.35.47        | Verviers        |
| 2007        | M.Fourmanoir    | MOHA       | 4.21.16        | Spa             |
| 2008        | D.Fintolini     | RFCL       | 4.20.85        | Spa             |
| 2009        | J.Lhoir         | ULA        | 4.23.07        | Naimette        |
| 2010        | A.Screve        | MOHA       | 4.27.45        | Herve           |
| 2011        | B.Marinx        | SMAC       | 4.22.60        | Nivelles        |
| 2012        | D.Boulvin       | CABW       | 4.18.35        | Herve           |
| 2013        | G.Defrere       | CABW       | 4.24.01        | Saint Mard      |
| 2014        | L.Da Silva      | RFCL       | 4.21.42        | Braine l'Alleud |
| <b>2015</b> | <b>A.Senard</b> | <b>SER</b> | <b>4.12.68</b> | Verviers        |
| 2016        | J-D.Quoirin     | SER        | 4.35.80        | Herve           |
| 2017        | E.Cook          | WS         | 4.25.37        | Bertrix         |
| 2018        | D.Thirion       | HF         | 4.26.24        | Naimette        |
| 2019        | M. Nicolas      | DAMP       | 4.14.48        | Dampicourt      |

### 100m H

|             |                 |             |              |                 |
|-------------|-----------------|-------------|--------------|-----------------|
| 1995        | N.Clement       | DAMP        | 14.28        | La Louvière     |
| 1996        | X.Sautier       | SMAC        | 14.68        | Dampicourt      |
| 1997        | A.Petit         | BBS         | 15.43        | La Louvière     |
| 1998        | D.Broothaerts   | ESC         | 15.22        | Jambes          |
| 1999        | J.Deneyer       | SMAC        | 14.2         | Spa             |
| 2000        | V.Vandenhoven   | WS          | 15.1         | Spa             |
| 2001        | J.Hublau        | CABW        | 15.33        |                 |
| 2002        | J.Solot         | SMAC        | 14.31        | Spa             |
| 2003        | X.Chalon        | DAMP        | 15.14        | Verviers        |
| 2004        | S.Goffaux       | CABW        | 13.99        | Nivelles        |
| 2005        | J.Mullender     | LACE        | 14.47        | Saint Mard      |
| 2006        | R.Marbehant     | RFCL        | 15.90        | Verviers        |
| 2007        | L.Kapata        | RCB         | 14.26        | Spa             |
| 2008        | M.Missa         | CSDY        | 16.11        | Spa             |
| 2009        | T. Durant       | CRAC        | 14.11        | Naimette        |
| 2010        | M. Durant       | CRAC        | 15.84        | Herve           |
| 2011        | T.Ruffacq       | DS          | 14.22        | Nivelles        |
| 2012        | E. Kuckart      | UAC         | 14.14        | Herve           |
| 2013        | P.Okeowo        | RESC        | 15.07        | Saint Mard      |
| 2014        | P.Okeowo        | RESC        | 14.39        | Braine l'Alleud |
| <b>2015</b> | <b>T.Carmoy</b> | <b>CRAC</b> | <b>13.60</b> | Verviers        |
| 2016        | B.Paquot        | SER         | 15.31        | Herve           |
| 2017        | N.Lohoues       | CRAC        | 14.14        | Bertrix         |
| 2018        | T.Florkin       | FCHA        | 14.20w       | Naimette        |
| 2019        | M. Abdoul Wahab | HF          | 13.95        | Dampicourt      |

### 300m H

|             |                 |            |              |
|-------------|-----------------|------------|--------------|
| 1995        | D.Poncelet      | DAMP       | 41.70        |
| 1996        | A.Thijs         | ESC        | 43.94        |
| 1997        | S.Pinchart      | FCHA       | 41.34        |
| 1998        | D.Broothaerts   | ESC        | 42.78        |
| 1999        | D.Vantricht     | CSF        | 42.98        |
| 2000        | Y.Amorisson     | RFCL       | 43.45        |
| 2001        | K.Vanautreuve   | WS         | 41.21        |
| 2002        | J.Jonas         | DS         | 42.40        |
| 2003        | J.Jonas         | DS         | 41.03        |
| 2004        | S.Goffaux       | CABW       | 39.80        |
| 2005        | P.Delavallee    | USTA       | 42.54        |
| 2006        | F.Gets          | RUSTA      | 42.19        |
| 2007        | L.Kapata        | RCB        | 41.16        |
| 2008        | U.Iacolina      | OSGA       | 44.33        |
| 2009        | P.Willemart     | DS         | 42.01        |
| 2010        | J.Lannoy        | JSMC       | 43.00        |
| 2011        | Durant M.       | CRAC       | 44.06        |
| 2012        | D.Caty          | CRAC       | 42.52        |
| 2013        | M.Braem         | JSMC       | 43.31        |
| 2014        | B.Seutin        | MOHA       | 41.91        |
| 2015        | S.Mazebo        | ATH        | 41.63        |
| 2016        | V.Bonvin-Draps  | IAAC       | 40.94        |
| <b>2017</b> | <b>B.Paquot</b> | <b>SER</b> | <b>39.79</b> |
| 2018        | M. Abdoul Wahab | HF         | 41.98        |
| 2019        | M. Abdoul Wahab | HF         | 39.95        |

### Hauteur

|      |              |      |      |             |
|------|--------------|------|------|-------------|
| 1995 | S.Campeneer  | USTA | 1m81 | La Louvière |
| 1996 | X.Sautier    | SMAC | 1m79 | Dampicourt  |
| 1997 | B.Braconnier | RFCL | 1m85 | La Louvière |
| 1998 | J.Dehou      | LWA  | 1m70 | Jambes      |
| 1999 | J.Dehou      | ULA  | 1m86 | Spa         |
| 2000 | A.Decoster   | SMAC | 1m70 | Spa         |
| 2001 | E.Douillez   | OSGA | 1m80 |             |

### Perche

|      |              |      |      |
|------|--------------|------|------|
| 1995 | C.Kessedjan  | WS   | 2m90 |
| 1996 | Hauglustaine | HF   | 2m70 |
| 1997 | T.Bock       | CSDY | 3m60 |
| 1998 | C.Pochet     | CSDY | 3m60 |
| 1999 | S.Hoffelt    | ULA  | 3m50 |
| 2000 | M.Govaert    | CABW | 3m75 |
| 2001 | G.Nieus      | SMAC | 3m20 |

|             |                  |             |             |                 |             |                |            |             |
|-------------|------------------|-------------|-------------|-----------------|-------------|----------------|------------|-------------|
| 2002        | O.Derksen        | WS          | 1m85        | Spa             | 2002        | J.Solot        | SMAC       | 3m50        |
| 2003        | Schomelhoud      | USTA        | 1m88        | Verviers        | 2003        | L. Vanhees     | ACO        | 3m70        |
| 2004        | S. Henriet       | RCSC        | 1m73        | Nivelles        | 2004        | L. Vanhees     | ACO        | 4m10        |
| 2005        | C.Campener       | USTA        | 1m73        | Saint Mard      | 2005        | R.Darquennes   | CABW       | 3m40        |
| 2006        | V.Verdeyen       | WS          | 1m73        | Verviers        | 2006        | D.Genet        | RFCL       | 3m70        |
| 2007        | R.Lechien        | RIWA        | 1m72        | Spa             | 2007        | L.Mortier      | RCB        | 3m71        |
| 2008        | J.Vaneeckhout    | RIWA        | 1m79        | Spa             | 2008        | A.Art          | ACO        | 4m35        |
| 2009        | A.Vansteenberge  | HF          | 1m68        | Naimette        | 2009        | R.Dombeu       | DAMP       | 3m60        |
| 2010        | T.Reul           | LACE        | 1m80        | Herve           | 2010        | R.Dombeu       | DAMP       | 3m80        |
| 2011        | X.Vanpoelvoorde  | CABW        | 1m70        | Nivelles        | 2011        | M.Kint         | CABW       | 3m20        |
| 2012        | D.Montilla       | RESC        | 1m76        | Herve           | 2012        | M.Nolf         | RIWA       | 3m71        |
| 2013        | J-B.Nutte        | DS          | 1m76        | Saint Mard      | 2013        | D.Montilla     | RESC       | 3m65        |
| 2014        | M.Monseur        | SER         | 1m82        | Braine l'Alleud | 2014        | F.Colle        | CSDY       | 3m91        |
| 2015        | T.Carmoy         | CRAC        | 1m90        | Verviers        | 2015        | M.Nutte        | DS         | 3m62        |
| 2016        | N.Lohoues°       | CRAC        | 1m83        | Herve           | 2016        | M.Woygnet      | DAMP       | 3m50        |
| 2017        | N.Gilliaux       | WACO        | 1m85        | Bertrix         | 2017        | H.Barthelemy   | MOHA       | 3m75        |
| 2018        | R.Thibert        | HERV        | 1m73        | Naimette        | 2018        | P.Straet       | HERV       | 4m00        |
| <b>2019</b> | <b>R.Thibert</b> | <b>HERV</b> | <b>1m92</b> | Dampicourt      | <b>2019</b> | <b>A Pinte</b> | <b>SER</b> | <b>4m52</b> |

### Longueur

|             |                 |             |             |
|-------------|-----------------|-------------|-------------|
| 1995        | N.Clement       | DAMP        | 6m61        |
| 1996        | G.Michel        | DS          | 6m15        |
| 1997        | L.Luyckfasseel  | CABW        | 5m62        |
| 1998        | J.Dock          | HUY         | 5m74        |
| 1999        |                 | BBS         | 6m14        |
| 2000        | H.Rahmoun       | CSF         | 6m49        |
| 2001        | J.Woygnet       | DAMP        | 5m76        |
| 2002        | T.Bodson        | HERV        | 6m05        |
| 2003        | X.Decamp        | CABW        | 5m79        |
| 2004        | W.Platterborze  | LWA         | 5m62        |
| 2005        | J.D'Heygere     | USTA        | 5m92        |
| 2006        | S.Leduc         | CSDY        | 6m52        |
| 2007        | M.Barbier       | JSMC        | 5m75        |
| 2008        | R.Lambert       | DAMP        | 6m03        |
| 2009        | Y.Schlag        | RIWA        | 5m77        |
| 2010        | P.Renard        | HUY         | 6m15        |
| 2011        | T.Ruffacq       | DS          | 5m97        |
| 2012        | E.Kuckart       | UAC         | 6m03        |
| 2013        | P.Okeowo        | RESC        | 5m74        |
| 2014        | P.Okeowo        | RESC        | 6m34w       |
| <b>2015</b> | <b>M.Davies</b> | <b>OSGA</b> | <b>6m80</b> |
| 2016        | J.Paquot        | SER         | 6m08        |
| 2017        | A.Wanson        | HF          | 6m18        |
| 2018        | A.Girard        | OSGA        | 6m24        |
| 2019        | A. Gruson       | RESC        | 6m16        |

### Poids

|      |             |       |       |
|------|-------------|-------|-------|
| 1995 | J.Liners    | RCAS  | 12m70 |
| 1996 | A.Petit     | BBS   | 12m49 |
| 1997 | A.Petit     | BBS   | 13m49 |
| 1998 | P.Dessy     | RFCL  | 13m44 |
| 1999 | L.Kazadi    | RCB   | 14m67 |
| 2000 | D.Toussaint | DAMP  | 13m50 |
| 2001 | R.Chiesi    | USBR  | 14m03 |
| 2002 | M.Diallo    | ESC   | 12m88 |
| 2003 | M.Diallo    | ESC   | 13m62 |
| 2004 | Y.Guemmar   | DACM  | 13m99 |
| 2005 | A.Merveille | UAFA  | 14m74 |
| 2006 | F.Gets      | RUSTA | 14m74 |
| 2007 | M.Henen     | DAMP  | 13m21 |
| 2008 | M.Henen     | DAMP  | 14m17 |
| 2009 | M.Hourriez  | OSGA  | 14m05 |
| 2010 | A.Beeckman  | RESC  | 13m06 |
| 2011 | O.Leclercq  | RCB   | 13m38 |
| 2012 | J-B.Nutte   | DS    | 14m47 |

### Triple

|             |                 |            |              |
|-------------|-----------------|------------|--------------|
| 1995        | N.Petitjean     | SPA        | 11.55        |
| 1996        | G.Deprez        | ONH        | 11m02        |
| 1997        | Y.Franssen      | LACE       | 11m91        |
| 1998        | F.Xhonneux      | ESC        | 11m95        |
| <b>1999</b> | <b>C.Collin</b> | <b>BBS</b> | <b>13m13</b> |
| 2000        | F.Debrauwere    | SPA        | 11m87        |
| 2001        | J.Woygnet       | DAMP       | 11m53        |
| 2002        | M.Viaene        | HERV       | 12m23        |
| 2003        | X.Chalon        | DAMP       | 12m69        |
| 2004        | Q. Ruffacq      | USTA       | 11m84        |
| 2005        | S.Leloux        | UAC        | 12m56        |
| 2006        | L.Loris         | CSF        | 11m95        |
| 2007        | J.Watrin        | DAMP       | 12m57        |
| 2008        | O.Diallo        | RESC       | 11m56        |
| 2009        | D.Nsomwe        | RCB        | 12m76        |
| 2010        | P.Renard        | HUY        | 12m50        |
| 2011        | R.Falise        | SER        | 11m55        |
| 2012        | C.Hoorens       | RESC       | 12m18        |
| 2013        | A.Esukanai      | RCB        | 11m58        |
| 2014        | Q.Klinkenberg   | HF         | 10m87        |
| 2015        | A.Zune          | SPA        | 11m35        |
| 2016        | L.Grahn°        | WS         | 12m16        |
| 2017        | G.Lejeune       | HERV       | 11m90        |
| 2018        | E.Grandjean     | DAMP       | 11m91        |
| 2019        | N. Provoost     | HERV       | 10m94        |

### Disque

|             |                 |             |              |
|-------------|-----------------|-------------|--------------|
| 1995        | C.Mous          | RCAS        | 39m50        |
| 1996        | A.Wauters       | SPA         | 38m54        |
| 1997        | Vandersmissen   | DAMP        | 38m94        |
| 1998        | D.Qualizza      | HERV        | 36m09        |
| 1999        | B.Descamps      | MOHA        | 38m50        |
| 2000        | B.Descamps      | MOHA        | 41m13        |
| <b>2001</b> | <b>A.Bailly</b> | <b>MOHA</b> | <b>48m22</b> |
| 2002        | B.Rausin        | SPA         | 40m58        |
| 2003        | A.Sustelo       | ESC         | 41m10        |
| 2004        | Y.Guemmar       | DACM        | 44m07        |
| 2005        | F.Gany          | SMAC        | 42m58        |
| 2006        | C.Delperdange   | CRAC        | 41m69        |
| 2007        | M.Henen         | DAMP        | 40m60        |
| 2008        | M.Henen         | DAMP        | 44m52        |
| 2009        | M.Hourriez      | OSGA        | 44m16        |
| 2010        | G.Kohl          | USBW        | 35m00        |
| 2011        | E.Quoidbach     | DACM        | 45m16        |
| 2012        | N.Stas          | RIWA        | 41m90        |

|             |                  |           |              |                 |      |              |      |       |
|-------------|------------------|-----------|--------------|-----------------|------|--------------|------|-------|
| <b>2013</b> | <b>J-B.Nutte</b> | <b>DS</b> | <b>16m24</b> | Saint Mard      | 2013 | D.Montilla   | RESC | 46m98 |
| 2014        | K.Paquot         | SER       | 12m83        | Braine l'Alleud | 2014 | L.Bovy       | WACO | 42m16 |
| 2015        | L.Wincq          | CABW      | 14m43        | Verviers        | 2015 | L.Wincq      | CABW | 41m08 |
| 2016        | M.Vanydegem      | SMAC      | 11m93        | Herve           | 2016 | Q.Marechal   | HF   | 39m35 |
| 2017        | M.Vanydegem      | SMAC      | 16m02        | Bertrix         | 2017 | N.Caucheteux | SER  | 45m36 |
| 2018        | J.Van Dycke      | CSF       | 13m66        | Naimette        | 2018 | L.Demaret    | USTA | 38m71 |
| 2019        | F. Caucheteux    | SER       | 12m79        | Dampicourt      | 2019 | S. Genow     | RIWA | 39m58 |

### Javelot

|             |                |             |              |
|-------------|----------------|-------------|--------------|
| 1995        | T.Carion       | ACLE        | 46m36        |
| 1996        | V.Chabottaux   | ROCA        | 39m48        |
| 1997        | B.Braconnier   | RFCL        | 48m22        |
| 1998        | G.Richez       | DS          | 41m86        |
| 1999        | B.Descamps     | MOHA        | 41m13        |
| 2000        | D.Gets         | USTA        | 46m89        |
| 2001        | T.Bodson       | HERV        | 43m26        |
| 2002        | A.Havard       | SPA         | 41m92        |
| 2003        | L.Ego          | LWA         | 41m08        |
| 2004        | P. Martin      | FCHA        | 45m04        |
| 2005        | C.Eyere Walker | HF          | 45m54        |
| 2006        | F.Duchatel     | RESC        | 43m57        |
| 2007        | R.Dufresne     | RFCL        | 43m55        |
| 2008        | T.bernard      | ROCA        | 41m94        |
| 2009        | T.Branders     | BBS         | 43m98        |
| 2010        | T.Reul         | LACE        | 46m12        |
| 2011        | J.Bruwier      | RFCL        | 49m18        |
| 2012        | N.Dartey       | DAMP        | 41.87        |
| 2013        | F.Colle        | CSDY        | 48m48        |
| <b>2014</b> | <b>F.Colle</b> | <b>CSDY</b> | <b>53m05</b> |
| 2015        | B.Navarra      | ACLO        | 42m99        |
| 2016        | R.Henry        | ROCA        | 42m50        |
| 2017        | B.Bouvard      | CAF         | 40m52        |
| 2018        | A.Girard       | OSGA        | 47m47        |
| 2019        | R. Demortier   | OCAN        | 48m26        |

### Octathlon

|             |                 |            |                |
|-------------|-----------------|------------|----------------|
| 1995        |                 |            |                |
| 1996        | X.Sautier       | SMAC       | 4750pts        |
| 1997        | T.Bock          | CSDY       | 4011pts        |
| 1998        | J.Deneyer       | SMAC       | 4397pts        |
| 1999        | C.Collin        | BBS        | 4807pts        |
| 2000        | Vandenhoven     | WS         | 4481pts        |
| 2001        | K.Vanautreve    | WS         | 4419pts        |
| 2002        | J.Solot         | SMAC       | 5086pts        |
| 2003        |                 |            |                |
| 2004        | M.Laby          | SMAC       | 4166pts        |
| 2005        |                 |            |                |
| 2006        |                 |            |                |
| 2007        | S.Lins          | RESC       | 4052pts        |
| 2008        | G.Chaspierre    | HF         | 4075pts        |
| 2009        | D.Elsen         | RESC       | 4868pts        |
| 2010        | V.Stas          | RIWA       | 4776pts        |
| 2011        | M.Sturbois      | CABW       | 4283pts        |
| 2012        | JB.Nutte        | DS         | 4106pts        |
| 2013        | J-B.Nutte       | DS         | 4812pts        |
| 2014        | P.Okeowo        | RESC       | 4175pts        |
| 2015        | J.Paquot        | SER        | 4334pts        |
| <b>2016</b> | <b>J.Paquot</b> | <b>SER</b> | <b>5092pts</b> |
| 2017        | A.Deguella      | SMAC       | 4051pts        |
| 2018        | A.Girard        | OSGA       | 4688pts        |
| 2019        | A.Pinte         | SER        | 4827pts        |

### Marteau

|                   |             |                   |             |              |
|-------------------|-------------|-------------------|-------------|--------------|
| La Louvière       | 1995        | G.Vico            | MOHA        | 39m92        |
| Dampicourt        | 1996        | S.Avarello        | MOHA        | 51m72        |
| La Louvière       | 1997        | D.Descamps        | MOHA        | 41m48        |
| Jambes            | 1998        | G.Janssens        | CABW        | 50m31        |
| Spa               | 1999        | D.Decret          | CABW        | 30m88        |
| Spa               | 2000        |                   |             |              |
| Spa               | 2001        | K.Huygens         | DACM        | 28m82        |
| Spa               | 2002        |                   |             |              |
| Verviers          | 2003        | A.Sustelo         | ESC         | 40m42        |
| Nivelles          | 2004        | F.Denys           | CABW        | 47m78        |
| Saint Mard        | 2005        | F.Gany            | SMAC        | 50m21        |
| Verviers          | 2006        | J.Agazzi          | CABW        | 43m78        |
| Spa               | 2007        | G.Delafontaine    | CABW        | 42m11        |
| Spa               | 2008        | J.Agazzi          | CABW        | 54m17        |
| Naimette          | 2009        | B.Fontaine        | CSDY        | 35m85        |
| Herve             | 2010        | Vanderpoorten     | SPA         | 43m13        |
| Nivelles          | 2011        | F.Thomas          | DAMP        | 30m86        |
| Herve             | 2012        | V.Deusscher       | CSDY        | 41m69        |
| Saint Mard        | 2013        | G.Braeckmans      | CABW        | 41m06        |
| Braine l'Alleud   | 2014        | K.Paquot          | SER         | 38m14        |
| Verviers/Nivelles | 2015        | F.Vangermeersch   | CRAC        | 36m58        |
| Herve             | 2016        | M.Demey           | CSDY        | 45m19        |
| Bertrix           | 2017        | N.Laborne         | ARCH        | 44m45        |
| Naimette          | 2018        | D.Point           | DAMP        | 29m74        |
| Dampicourt        | <b>2019</b> | <b>A. Bettolo</b> | <b>ARCH</b> | <b>59m05</b> |

### 1500m steeple

|      |                       |                 |             |                |
|------|-----------------------|-----------------|-------------|----------------|
| 1995 |                       |                 |             |                |
| 1996 |                       |                 |             |                |
| 1997 |                       |                 |             |                |
| 1998 | Namur                 |                 |             |                |
| 1999 | Bertrix               |                 |             |                |
| 2000 | Herentals             | G.Charlier      | OCAN        | 5.01.03        |
| 2001 | St Nicolas            |                 |             |                |
| 2002 | Herve                 | N.Dieudonne     | SMAC        | 4.39.70        |
| 2003 | Herentals             | J.Lafourte      | RFCL        | 5.11.49        |
| 2004 | Verviers              |                 |             |                |
| 2005 | Saint Mard            | D.Loupe         | DAMP        | 4.49.16        |
| 2006 | Herve                 | T.Higny         | HF          | 4.37.36        |
| 2007 | Beveren               | A.Louvrier      | UAFA        | 5.05.37        |
| 2008 | Liège                 | <b>V.Hustin</b> | <b>DAMP</b> | <b>4.31.18</b> |
| 2009 | Herentals             |                 |             |                |
| 2010 | Liège                 | S.Delplancq     | ACLO        | 5.18.76        |
| 2011 | Heuzden               | L.Guillaume     | CSF         | 5.13.65        |
| 2012 | Verviers              | T.Colquhoun     | DS          | 4.44.07        |
| 2013 | Bertrix               | J.Meeuws        | SMAC        | 4.51.95        |
| 2014 | Schaerbeek            | B.Huberland     | WACO        | 4.51.47        |
| 2015 | Schaerbeek/Verviers   | M.Volders       | HF          | 4.49.95        |
| 2016 | Bertrix/Herve         | R.Querinjean    | MALM        | 5.06.60        |
| 2017 | Forest/Bertrix        | A.Pirenne       | HERV        | 4.50.57        |
| 2018 | Schaerbeek/Naimette   | C.Labar         | ARCH        | 4.35.33        |
| 2019 | Schaerbeek/Dampicourt | T. Solbreux     | CABW        | 5.27.75        |



# GARÇONS : SCOLAIRES

| Année        | Nom               | Club        | Perf           | Lieu            | Année        | Nom              | Club        | Perf           |  |
|--------------|-------------------|-------------|----------------|-----------------|--------------|------------------|-------------|----------------|--|
| <b>100m</b>  |                   |             |                |                 | <b>200m</b>  |                  |             |                |  |
| 1995         | F.Trinteler       | DAMP        | 10.97          | La Louvière     | 1995         | S.Cordier        | DAMP        | 22.6           |  |
| 1996         | R.Colabella       | SER         | 11.15          | Dampicourt      | 1996         | Vandevelde       | ESC         | 22.90          |  |
| 1997         | R.Colabella       | SER         | 11.07          | La Louvière     | 1997         | Debaerdemaker    | SMAC        | 23.69          |  |
| 1998         | J.Delhaye         | CSF         | 11.49          | Jambes          | 1998         | R.Boucqueau      | USBR        | 23.57          |  |
| 1999         | JN. Lefort        | HF          | 11.26          | Spa             | 1999         | B.Noirfalise     | HERV        | 23.48          |  |
| 2000         | L.Fenau           | USTA        | 11.42          | Spa             | 2000         | D.Broothaerts    | ESC         | 22.75          |  |
| 2001         | H.Rahmoun         | CSF         | 10.86          |                 | 2001         | M.Schoeps        | UAFA        | 22.75          |  |
| 2002         | J.Thonar          | WS          | 11.41          | Spa             | 2002         | J.Thonar         | WS          | 23.02          |  |
| 2003         | M.Berote          | SMAC        | 11.12          | Verviers        | 2003         | A.Ettuani        | ESC         | 22.95          |  |
| 2004         | A. Boven          | CSF         | 11.23          | Nivelles        | 2004         | A.Destatte       | RCB         | 22.39          |  |
| 2005         | J.Borlée          | WS          | 11.06          | Saint Mard      | 2005         | J.Borlée         | WS          | 22.11          |  |
| 2006         | S.Heymans         | CABW        | 11.66          | Verviers        | 2006         | J.Coppe          | ROCA        | 23.59          |  |
| 2007         | T.Matine          | CSDY        | 11.20          | Spa             | 2007         | T.Matine         | CSDY        | 22.53          |  |
| 2008         | J.Watrin          | DAMP        | 10.89          | Spa             | 2008         | R.Plumat         | OSGA        | 22.74          |  |
| <b>2009</b>  | <b>J.Watrin</b>   | <b>DAMP</b> | <b>10.81</b>   | Naimette        | <b>2009</b>  | <b>J.Watrin</b>  | <b>DAMP</b> | <b>21.65</b>   |  |
| 2010         | O.Diallo          | RESC        | 11.13          | Herve           | 2010         | Decruyenaere     | USTA        | 23.01          |  |
| 2011         | O.Diallo          | RESC        | 11.15          | Nivelles        | 2011         | T.Sandron        | CSDY        | 23.14          |  |
| 2012         | T.Sandron         | CSDY        | 11.22          | Herve           | 2012         | T.Sandron        | CSDY        | 22.79          |  |
| 2013         | Q.Tjoen           | FCHA        | 11.08          | Saint Mard      | 2013         | C.Brunin         | MOHA        | 22.37          |  |
| 2014         | R.Kapenda         | SMAC        | 10.77W         | Braine l'Alleud | 2014         | R.Kapenda        | SMAC        | 22.49          |  |
| 2015         | J.Paquot          | SER         | 10.82          | Verviers        | 2015         | J.Paquot         | SER         | 21.80          |  |
| 2016         | T.Rositano        | CRAC        | 11.09          | Herve           | 2016         | T.Rositano       | CRAC        | 22.43          |  |
| 2017         | H.Piengon         | CABW        | 11.13          | Bertrix         | 2017         | S.Ghislain       | SMAC        | 22.78          |  |
| 2018         | A.Pinter          | CABW        | 10.99          | Naimette        | 2018         | A.Pinter         | CABW        | 22.37W         |  |
| 2019         | F. Nielsen*       | CABW        | 10.89          | Dampicourt      | 2019         | F. Nielsen*      | CABW        | 22.03          |  |
| <b>400m</b>  |                   |             |                |                 | <b>800m</b>  |                  |             |                |  |
| 1995         | F.Ruol            | SMAC        | 50.69          | La Louvière     | 1995         | S.Cassart        | DAMP        | 1.57.98        |  |
| 1996         | C.Wauters         | SPA         | 51.61          | Dampicourt      | 1996         | N.Crucifix       | WS          | 2.04.32        |  |
| 1997         | J.Monhonval       | DAMP        | 50.35          | La Louvière     | 1997         | F.Janssen        | RFCL        | 2.01.89        |  |
| 1998         | N.Clerckx         | USBR        | 53.79          | Jambes          | 1998         | C.Levacq         | ESC         | 1.57.06        |  |
| 1999         | D.Lambin          | DAMP        | 51.85          | Spa             | 1999         | J.Collot         | BBS         | 1.58.97        |  |
| 2000         | S.Wuidar          | HUY         | 50.99          | Spa             | 2000         | A.Cellier        | ARCH        | 2.04.25        |  |
| 2001         | M.Raets           | RCB         | 50.94          |                 | 2001         | A.Cellier        | ARCH        | 2.00.61        |  |
| 2002         | F.Pierlot         | DAMP        | 51.29          | Spa             | 2002         | T.Haymans        | ESC         | 1.59.23        |  |
| 2003         | C.Delaere         | MOHA        | 50.87          | Verviers        | 2003         | C.Vanhees        | ULA         | 1.58.81        |  |
| 2004         | J. Borlée         | SPA         | 50.51          | Nivelles        | 2004         | B.Miller         | RESC        | 1.58.41        |  |
| <b>2005</b>  | <b>K.Borlée</b>   | <b>WS</b>   | <b>48.6</b>    | Saint Mard      | 2005         | A.Ghislain       | UAFA        | 2.01.16        |  |
| 2006         | A.Froidmont       | UAC         | 51.72          | Verviers        | 2006         | J.Kahia          | CSF         | 1.56.04        |  |
| 2007         | F.Sevrin          | SPA         | 50.01          | Spa             | 2007         | C.Coppens        | CABW        | 2.02.4         |  |
| 2008         | G.Bokuetenge      | FCHA        | 51.58          | Spa             | 2008         | C.Coppens        | CABW        | 1.57.0         |  |
| 2009         | Q.Kebron          | RFCL        | 50.54          | Naimette        | 2009         | PA.Balhan        | SPA         | 1.55.29        |  |
| 2010         | M. Rginster       | RFCL        | 50.34          | Herve           | 2010         | D.Fintolini      | RFCL        | 1.57.81        |  |
| 2011         | R.Vanderbemden    | SER         | 49.48          | Nivelles        | 2011         | A.Guiot          | ULA         | 2.05.43        |  |
| 2012         | S.Hinnebens       | USBW        | 51.37          | Herve           | 2012         | A.Douley         | WS          | 2.05.92        |  |
| 2013         | B.Raiwet          | SMAC        | 50.72          | Saint Mard      | 2013         | D.Van De Wouwer  | CRAC        | 2.01.12        |  |
| 2014         | B.Semenou         | CABW        | 51.45          | Braine l'Alleud | 2014         | D.Van De Wouwer  | CRAC        | 1.58.81        |  |
| 2015         | L.Noel            | USBW        | 49.85          | Verviers        | 2015         | E.Crestan        | SMAC        | 1.57.13        |  |
| 2016         | L.Noel            | USBW        | 50.03          | Herve           | <b>2016</b>  | <b>E.Crestan</b> | <b>SMAC</b> | <b>1.54.15</b> |  |
| 2017         | S.Mazebo          | ATH         | 49.91          | Bertrix         | 2017         | A.Senard         | SER         | 1.56.43        |  |
| 2018         | F.Dehout          | CRAC        | 51.03          | Naimette        | 2018         | A.Schauwers      | SPA         | 2.01.89        |  |
| 2019         | B. Paquot         | SER         | 50.34          | Dampicourt      | 2019         | M. Latinne       | WS          | 1.59.66        |  |
| <b>1500m</b> |                   |             |                |                 | <b>3000m</b> |                  |             |                |  |
| 1995         | C.Lumen           | MOHA        | 4.06.26        | La Louvière     | 1995         | O.Bekkali        | RFCL        | 8.58.32        |  |
| 1996         | P.Orban           | HF          | 4.17.71        | Dampicourt      | 1996         | Vandenberghe     | CSDY        | 9.07.73        |  |
| 1997         | M.Vandiest        | CABW        | 4.09.98        | La Louvière     | 1997         | M.Gilson         | USBR        | 9.30.16        |  |
| <b>1998</b>  | <b>M.Vandiest</b> | <b>CABW</b> | <b>4.03.59</b> | Jambes          | 1998         | M.Vandamme       | SER         | 9.19.58        |  |
| 1999         | S.Durez           | DS          | 4.13.16        | Spa             | 1999         | F.Scoupe         | USBR        | 9.12.68        |  |

|      |                |      |         |                 |             |                   |           |                |
|------|----------------|------|---------|-----------------|-------------|-------------------|-----------|----------------|
| 2000 | T.Van Diest    | CABW | 4.13.74 | Spa             | 2000        | S.Heylens         | SMAC      | 8.56.41        |
| 2001 | E.Van Gasse    | RCB  | 4.07.42 |                 | 2001        | J.Goubau          | SMAC      | 9.18.05        |
| 2002 | M.Cremer       | LACE | 4.19.66 | Spa             | 2002        | F.Hernould        | OSGA      | 9.15.79        |
| 2003 | J.Weerts       | DAMP | 4.09.71 | Verviers        | 2003        | F.Hernould        | USTA      | 9.03.84        |
| 2004 | R.Longerich    | MALM | 4.08.78 | Nivelles        | <b>2004</b> | <b>B. Bong</b>    | <b>HF</b> | <b>8.47.14</b> |
| 2005 | T.Vandenabeele | CABW | 4.09.55 | Saint Mard      | 2005        | F.Boula           | ARCH      | 8.53.75        |
| 2006 | N.Azaoum       | CSF  | 4.15.79 | Verviers        | 2006        | F.Caelen          | HERV      | 9.00.31        |
| 2007 | N. El Berkani  | RCAS | 4.12.75 | Spa             | 2007        | V.Poncelet        | CABW      | 9.27.36        |
| 2008 | B.Vandeleene   | CABW | 4.14.42 | Spa             | 2008        | V.Poncelet        | CABW      | 9.05.65        |
| 2009 | D.Fintolini    | RFCL | 4.11.9  | Naimette        | 2009        | R.Bader           | HERV      | 9.35.78        |
| 2010 | P.Brognet      | CABW | 4.17.65 | Herve           | 2010        | V.Delmez          | CSDY      | 9.16.37        |
| 2011 | T.Brenard      | UAC  | 4.24.50 | Nivelles        | 2011        | J.Lhoir           | ULA       | 9.16.60        |
| 2012 | N.Dumont       | HERV | 4.18.64 | Herve           | 2012        | B.Marinx          | SMAC      | 9.13.23        |
| 2013 | S.Petitjean    | RESC | 4.11.72 | Saint Mard      | 2013        | B.Marinx          | SMAC      | 9.13.62        |
| 2014 | O.Lonneux      | RFCL | 4.20.32 | Braine l'Alleud | 2014        | C.Deflandre       | HERV      | 8.57.49        |
| 2015 | J.Celis        | HF   | 4.15.81 | Verviers        | 2015        | X.Kortleven       | SMAC      | 9.21.02        |
| 2016 | A.Draux        | CABW | 4.13.97 | Herve           | 2016        | J.Broze           | RIWA      | 9.42.68        |
| 2017 | L.Vandermessen | CABW | 4.05.67 | Bertrix         | 2017        | A.Lechat          | MOHA      | 9.23.67        |
| 2018 | E.Cook*        | WS   | 4.17.50 | Naimette        | 2018        | T.Dardenne        | BBS       | 9.15.75        |
| 2019 | T. Delrez      | RFCL | 4.37.13 | Dampicourt      | 2019        | C. Tapa Kibongani | CABW      | 9.20.8         |

### 110m H

|             |                 |             |              |                 |
|-------------|-----------------|-------------|--------------|-----------------|
| 1995        | A.Reychler      | RIWA        | 15.79        | La Louvière     |
| 1996        | F.Vandevelde    | ESC         | 14.74        | Dampicourt      |
| 1997        | N.Clement       | DAMP        | 15.56        | La Louvière     |
| 1998        | FX.Henin        | SMAC        | 16.21        | Jambes          |
| 1999        | D.Broothaerts   | ESC         | 14.45        | Spa             |
| 2000        | D.Broothaerts   | ESC         | 14.01        | Spa             |
| 2001        | M.Schoeps       | UAFA        | 15.24        |                 |
| 2002        | A.Deghelt       | SMAC        | 14.84        | Spa             |
| 2003        | S.Seghers       | UAFA        | 14.65        | Verviers        |
| 2004        | J.Bauwens       | ULA         | 15.40        | Nivelles        |
| 2005        | S.Goffaux       | CABW        | 14.69        | Saint Mard      |
| 2006        | S.Goffaux       | CABW        | 14.26        | Verviers        |
| 2007        | P.Delavallee    | USTA        | 14.62        | Spa             |
| 2008        | S.Chapelle      | CABW        | 14.90        | Spa             |
| 2009        | L.Kapata        | RCB         | 14.61        | Naimette        |
| 2010        | T.Durant        | CRAC        | 14.54        | Herve           |
| 2011        | T.Durant        | CRAC        | 13.96        | Nivelles        |
| 2012        | V.Stas          | RIWA        | 14.71        | Herve           |
| 2013        | T.Ruffacq       | DS          | 14.28        | Saint Mard      |
| 2014        | D.Caty          | CRAC        | 14.16        | Braine l'Alleud |
| 2015        | P.Okeowo        | RESC        | 14.81        | Verviers        |
| 2016        | P.Okeowo        | RESC        | 14.14        | Herve           |
| <b>2017</b> | <b>T.Carmoy</b> | <b>CRAC</b> | <b>13.76</b> | Bertrix         |
| 2018        | A.Chapaux       | ATH         | 14.37        | Naimette        |
| 2019        | T. Florkin      | FCHA        | 15.05        | Dampicourt      |

### 400m H/300mH

|             |                 |            |              |
|-------------|-----------------|------------|--------------|
| 1995        | <b>V.Autin</b>  | <b>WS</b>  | <b>38.99</b> |
| 1996        | F.Bay           | RFCL       | 40.18        |
| 1997        | N.Naif          | ESC        | 39.36        |
| 1998        | S.Pinchart      | FCHA       | 40.19        |
| 1999        | S.Pinchart      | FCHA       | 58.24        |
| 2000        | G.Vervloet      | ESC        | 57.34        |
| 2001        | X.Deroanne      | ROCA       | 57.27        |
| 2002        | S.Serck         | WS         | 57.06        |
| 2003        | S.Seghers       | UAFA       | 55.81        |
| 2004        | J.Jonas         | DS         | 56.14        |
| <b>2005</b> | <b>A.Gillet</b> | <b>BBS</b> | <b>53.86</b> |
| 2006        | M.Laby          | FCHA       | 55.26        |
| 2007        | C.Culot         | SPA        | 58.13        |
| 2008        | B.Higny         | HF         | 57.88        |
| 2009        | B.Higny         | HF         | 57.99        |
| 2010        | A.Hopchet       | CABW       | 57.94        |
| 2011        | A.Badji         | RESC       | 58.63        |
| 2012        | A.Badji         | RESC       | 56.19        |
| 2013        | G.Nijs          | RESC       | 59.22        |
| 2014        | D.Caty          | CRAC       | 59.47        |
| 2015        | M.Braem         | JSMC       | 57.39        |
| 2016        | L.Maggiolini    | CSDY       | 55.60        |
| 2017        | L.Maggiolini    | CSDY       | 55.52        |
| 2018        | B.Paquot        | SER        | 55.58        |
| 2019        | M. Reip         | HF         | 58.02        |

### Hauteur

|      |             |       |      |             |
|------|-------------|-------|------|-------------|
| 1995 | B.Bressa    | RISC  | 1m98 | La Louvière |
| 1996 | G.Lucas     | DAMP  | 1m89 | Dampicourt  |
| 1997 | S.Campeneer | USTA  | 1m94 | La Louvière |
| 1998 | Y.Abdissi   | SMAC  | 1m80 | Jambes      |
| 1999 | T.Bock      | CSDY  | 1m91 | Spa         |
| 2000 | J.Dehou     | LWA   | 1m88 | Spa         |
| 2001 | A.Decoster  | SMAC  | 1m93 |             |
| 2002 | A.Decoster  | SMAC  | 1m90 | Spa         |
| 2003 | J.Solot     | SMAC  | 1m89 | Verviers    |
| 2004 | X.Coster    | LWA   | 1m93 | Nivelles    |
| 2005 | X.Chalon    | DAMP  | 2m00 | Saint Mard  |
| 2006 | C.Campener  | RUSTA | 1m93 | Verviers    |
| 2007 | C.Campener  | USTA  | 1m95 | Spa         |
| 2008 | B.Namurois  | RFCL  | 1m90 | Spa         |
| 2009 | R.Lambert   | DAMP  | 1m90 | Naimette    |
| 2010 | A.Hutlet    | DAMP  | 1m89 | Herve       |

### Perche

|             |                  |            |             |
|-------------|------------------|------------|-------------|
| 1995        | T.Duval          | CABW       | 3m90        |
| 1996        | O.Lambert        | CABW       | 3m40        |
| 1997        | T.Tevel          | CABW       | 3m80        |
| 1998        | C.Hauglustaine   | HF         | 3m40        |
| 1999        | J.Baune          | SMAC       | 4m20        |
| 2000        | S.Hoffelt        | ULA        | 4m30        |
| 2001        | S.Hoffelt        | ULA        | 4m40        |
| 2002        | G.Nieus          | SMAC       | 3m80        |
| 2003        | O.Hoffelt        | ULA        | 4m05        |
| 2004        | K. Vantricht     | CSF        | 3m70        |
| 2005        | L.Vanhees        | ACO        | 4m50        |
| <b>2006</b> | <b>L.Vanhees</b> | <b>ACO</b> | <b>4m80</b> |
| 2007        | R.Darquennes     | CABW       | 4m30        |
| 2008        | R.Marbehant      | RFCL       | 4m00        |
| 2009        | A.Art            | ACO        | 4m60        |
| 2010        | Dewergifosse     | SMAC       | 4m30        |

|             |                 |             |             |                 |      |              |      |      |
|-------------|-----------------|-------------|-------------|-----------------|------|--------------|------|------|
| 2011        | A.Vansteenberge | HF          | 1m83        | Nivelles        | 2011 | R.Dombeu     | DAMP | 4m00 |
| 2012        | B.Hougardy      | SMAC        | 1m81        | Herve           | 2012 | R.Dombeu     | DAMP | 4m20 |
| 2013        | R.Pakuszewski   | CABW        | 1m90        | Saint Mard      | 2013 | M.Sturbois   | CABW | 4m00 |
| 2014        | J-B.Nutte       | DS          | 1m91        | Braine l'Alleud | 2014 | M.Nolf       | RIWA | 4m00 |
| 2015        | J-B.Nutte       | DS          | 2m00        | Verviers        | 2015 | F.Colle      | CSDY | 4m40 |
| 2016        | T.Carmoy        | CRAC        | 2m07        | Herve           | 2016 | F.Colle      | CSDY | 4m65 |
| <b>2017</b> | <b>T.Carmoy</b> | <b>CRAC</b> | <b>2m20</b> | Bertrix         | 2017 | M.Nutte      | DS   | 4m40 |
| 2018        | T.Fauconnier    | CABW        | 1m87        | Naimette        | 2018 | H.Barthelemy | MOHA | 4m30 |
| 2019        | E. Zgajewski    | ACLO        | 1m81        | Dampicourt      | 2019 | P. Straet    | HERV | 4m70 |

## Longueur

|             |                   |             |             |
|-------------|-------------------|-------------|-------------|
| 1995        | V.Foulart         | DS          | 6m48        |
| 1996        | N.Clement         | DAMP        | 6m46        |
| 1997        | N.Clement         | DAMP        | 6m92        |
| 1998        | G.Michel          | DS          | 6m57        |
| 1999        | E.Biname          | RFCL        | 6m57        |
| 2000        | E.Biname          | RFCL        | 6m80        |
| 2001        | N.Vandiest        | RIWA        | 6m44        |
| 2002        | V.Vandenhoven     | SMAC        | 6m60        |
| 2003        | C.Devivier        | SPA         | 6m51        |
| 2004        | S. Debeer         | CSF         | 6m39        |
| 2005        | B.Cartou-Delcourt | UAFA        | 6m40        |
| 2006        | N.Stempnick       | DS          | 6m76        |
| 2007        | J.D Heygere       | USTA        | 6m68        |
| 2008        | L.Loris           | CSF         | 6m45        |
| 2009        | G.Shahbazyan      | RFCL        | 6m63        |
| 2010        | T.Durant          | CRAC        | 6m44        |
| 2011        | T.Durant          | CRAC        | 6m56        |
| 2012        | V.Stas            | RIWA        | 6m60        |
| 2013        | H.Houpe           | CABW        | 6m31        |
| 2014        | S.Gillis          | SMAC        | 6m52w       |
| 2015        | S.Gillis          | SMAC        | 6m80        |
| <b>2016</b> | <b>M.Davies</b>   | <b>OSGA</b> | <b>6m96</b> |
| 2017        | M.Davies          | OSGA        | 6m90        |
| 2018        | T.Fauconnier      | CABW        | 6m56        |
| 2019        | M. Reip           | HF          | 6m46        |

## Poids

|             |                  |           |              |
|-------------|------------------|-----------|--------------|
| 1995        | S.Joiris         | DAMP      | 15m86        |
| 1996        | JP.Piron         | BBS       | 15m76        |
| 1997        | JF.Linard        | FCHA      | 14m43        |
| 1998        | X.Sautier        | SMAC      | 15m17        |
| 1999        | A.Petit          | BBS       | 13m76        |
| 2000        | L.Rausin         | SPA       | 13m48        |
| 2001        | L.Rausin         | SPA       | 14m49        |
| 2002        | D.Toussaint      | DAMP      | 14m63        |
| 2003        | J.Vanelsuwé      | MOHA      | 15m21        |
| 2004        | B. Rausin        | SPA       | 12m25        |
| 2005        | N.Stempncick     | DS        | 14m55        |
| 2006        | N.Stempncick     | DS        | 15m09        |
| 2007        | F.Gets           | USTA      | 13m73        |
| 2008        | F.Gets           | USTA      | 14m14        |
| 2009        | J.Guillaume      | BBS       | 14m31        |
| 2010        | S.Hedges         | CSDY      | 15m95        |
| 2011        | M.Hourriez       | GOSP      | 13m10        |
| 2012        | E.Discart        | MOHA      | 13m92        |
| 2013        | E.Quoidbach      | DACM      | 14m08        |
| 2014        | J-B.Nutte        | DS        | 15m28        |
| <b>2015</b> | <b>J-B.Nutte</b> | <b>DS</b> | <b>16m73</b> |
| 2016        | K.Paquot         | SER       | 13m27        |
| 2017        | M.Nutte          | DS        | 13m99        |
| 2018        | M.Vanydeghem     | SMAC      | 14m67        |
| 2019        | M.Vanydeghem     | SMAC      | 15m71        |

## Triple

|      |                     |            |              |
|------|---------------------|------------|--------------|
| 1995 | V.Foulart           | DS         | 13m42        |
| 1996 | V.Foulart           | DS         | 13m60        |
| 1997 | M.Velter            | DAMP       | 14m03        |
| 1998 | C.Franc             | ONH        | 13m21        |
| 1999 | K.Velter            | DAMP       | 13m25        |
| 2000 | F.Xhonneux          | ESC        | 14.39        |
| 2001 | V. Vandenhoven      | WS         | 13m39        |
| 2002 | V. Vandenhoven      | SMAC       | 14m31        |
| 2003 | C.Devivier          | SPA        | 13m71        |
| 2004 | L. Ego              | LWA        | 12m58        |
| 2005 | C.Debailleul        | RCB        | 13m72        |
| 2006 | <b>C.Debailleul</b> | <b>RCB</b> | <b>14m71</b> |
| 2007 | L.Loris             | CSF        | 12m97        |
| 2008 | J.Watrin            | DAMP       | 13m78        |
| 2009 | L.Kapata            | RCB        | 14m35        |
| 2010 | O.Thomas            | CABW       | 13m55        |
| 2011 | O.Thomas            | CABW       | 14m65        |
| 2012 | F.Sammels           | CABW       | 13m00        |
| 2013 | S.Haddouche         | USTA       | 12m50        |
| 2014 | S.Haddouche         | USTA       | 12m78w       |
| 2015 | M.Monseur           | SER        | 12m60        |
| 2016 | G.Geerts            | RESC       | 13m19        |
| 2017 | S.Kempeneers        | HERV       | 12m69        |
| 2018 | N.Lohoues           | CRAC       | 13m28w       |
| 2019 | E. Grandjean        | DAMP       | 12m55        |

## Disque

|      |                 |             |              |
|------|-----------------|-------------|--------------|
| 1995 | <b>S.Joiris</b> | <b>DAMP</b> | <b>50m00</b> |
| 1996 | JP.Piron        | BBS         | 38m58        |
| 1997 | C.Mous          | CAS         | 38m06        |
| 1998 | Y.Hallemans     | ESC         | 36m95        |
| 1999 | Vandersmissen   | DAMP        | 42m27        |
| 2000 | L.Rausin        | SPA         | 41m88        |
| 2001 | L.Rausin        | SPA         | 43m01        |
| 2002 | N.Hoffman       | DACM        | 39m53        |
| 2003 | P.Binamé        | RFCL        | 45m18        |
| 2004 | B. Rausin       | SPA         | 41m23        |
| 2005 | A.Logist        | HF          | 40m93        |
| 2006 | J.Arnoys        | DACM        | 42m73        |
| 2007 | N.Bartholome    | CAF         | 35m27        |
| 2008 | J.Agazzi        | CABW        | 35m59        |
| 2009 | A.Housmans      | GOSP        | 41m74        |
| 2010 | S.Hedges        | CSDY        | 47m00        |
| 2011 | M.Hourriez      | OSGA        | 47m62        |
| 2012 | A.Parisse       | BBS         | 43m94        |
| 2013 | E.Quoidbach     | DACM        | 40m29        |
| 2014 | M.Baral         | USBW        | 44m96        |
| 2015 | L.Andre         | MOHA        | 37m39        |
| 2016 | B.Troisfontaine | SER         | 39m55        |
| 2017 | D.Jacques       | BBS         | 36m64        |
| 2018 | M.Vanydeghem    | SMAC        | 42m48        |
| 2019 | M.Vanydeghem    | SMAC        | 46m01        |

## Javelot

|             |                   |            |              |
|-------------|-------------------|------------|--------------|
| 1995        | D.Montois         | USBR       | 53m42        |
| 1996        | T.Carion          | ACLE       | 46m62        |
| 1997        | C.Mous            | CAS        | 51m40        |
| 1998        | V.Chabottaux      | ROCA       | 48m18        |
| 1999        | K.Ghys            | CAS        | 46m28        |
| 2000        | F.Xhonneux        | ESC        | 48m43        |
| 2001        | S.Hoffelt         | ULA        | 51m37        |
| 2002        | S.Droesbeke       | ESC        | 51m75        |
| 2003        | D.Browaey         | ESC        | 47m88        |
| 2004        | A.Havard          | SPA        | 45m90        |
| 2005        | B.Carton-Delcourt | UAFA       | 51m30        |
| 2006        | P.Martin          | FCHA       | 50m24        |
| 2007        | F.Gets            | USTA       | 50m48        |
| 2008        | F.Gets            | USTA       | 50m60        |
| 2009        | S.Quertinmont     | SMAC       | 46m55        |
| 2010        | T.Bernard         | ROCA       | 48m81        |
| 2011        | R.Pondant         | SPA        | 51m02        |
| 2012        | T.Porru           | RFCL       | 46m49        |
| 2013        | T.Porru           | RFCL       | 49m82        |
| 2014        | L.Gerits          | SER        | 45m06        |
| 2015        | L.Bovy            | WACO       | 57m72        |
| <b>2016</b> | <b>L.Bovy</b>     | <b>SER</b> | <b>63m35</b> |
| 2017        | R.Henry           | ROCA       | 50m65        |
| 2018        | R.Honry           | ROCA       | 53m49        |
| 2019        | B. Bouvart        | CAF        | 54m81        |

## Marteau

|      |                   |             |                 |             |              |
|------|-------------------|-------------|-----------------|-------------|--------------|
| 1995 | La Louvière       | 1995        | N.Conka         | MOHA        | 55m30        |
| 1996 | Dampicourt        | 1996        | M.Dufour        | MOHA        | 50m96        |
| 1997 | La Louvière       | 1997        | M.Dufour        | MOHA        | 56m76        |
| 1998 | Jambes            | 1998        | S.Avarello      | MOHA        | 51m10        |
| 1999 | Spa               | 1999        | D.Brilot        | SMAC        | 30m55        |
| 2000 | Spa               | <b>2001</b> | <b>N.Pierre</b> | <b>CABW</b> | <b>60m84</b> |
| 2002 | Spa               | 2002        |                 |             |              |
| 2003 | Verviers          | 2003        | J.Vanelsuwé     | MOHA        | 47m17        |
| 2004 | Nivelles          | 2004        | T.Moreaux       | SMAC        | 50m21        |
| 2005 | Saint Mard        | 2005        | P.Montigny      | DS          | 42m18        |
| 2006 | Verviers          | 2006        | A.Logist        | HF          | 49m50        |
| 2007 | Spa               | 2007        | A.Stevens       | CABW        | 46m54        |
| 2008 | Spa               | 2008        | C.Hermand       | CABW        | 26m75        |
| 2009 | Naimette          | 2009        | T.Bernard       | ROCA        | 44m59        |
| 2010 | Herve             | 2010        | T.Moreaux       | SMAC        | 53m21        |
| 2011 | Nivelles          | 2011        | Q.Vanderpoorten | SPA         | 38m56        |
| 2012 | Herve             | 2012        | T.Porru         | RFCL        | 31m19        |
| 2013 | Saint Mard        | 2013        | V.De Busscher   | CSDY        | 44m89        |
| 2014 | Braine l'Alleud   | 2014        | G.Braeckmans    | CABW        | 46m33        |
| 2015 | Verviers/Nivelles | 2015        | G.Braeckmans    | CABW        | 52m69        |
| 2016 | Herve             | 2016        | A.Vangermeersch | CRAC        | 44m76        |
| 2017 | Bertrix           | 2017        | M.Demey         | CSDY        | 50m94        |
| 2018 | Naimette          | 2018        | M.Demey         | CSDY        | 56m60        |
| 2019 | Dampicourt        | 2019        | N. Laborne      | ARCH        | 43m53        |

## Enneathlon/Décathlon depuis 2014

|             |                  |             |                |
|-------------|------------------|-------------|----------------|
| 1995        |                  |             |                |
| 1996        | T.Duval          | CABW        | 5843pts        |
| 1997        | X.Sautier        | SMAC        | 5084pts        |
| 1998        | X.Sautier        | SMAC        | 6133pts        |
| 1999        | F.Gourmet        | ROCA        | 5625pts        |
| 2000        | F.Xhonneux       | ESC         | 5579pts        |
| 2001        | V.Vandenhoven    | WS          | 5452pts        |
| 2002        | V.Vandenhoven    | SMAC        | 5881pts        |
| 2003        |                  |             |                |
| 2004        | J.Solot          | SMAC        | 6048pts        |
| 2005        |                  |             |                |
| 2006        |                  |             |                |
| 2007        | C.Campeneer      | USTA        | 5700pts        |
| 2008        | B.Namurois       | RFCL        | 5706pts        |
| 2009        | S.Lins           | RESC        | 5071pts        |
| 2010        | D.Elsen          | RESC        | 5622pts        |
| 2011        | D.Elsen          | RESC        | 6235pts        |
| <b>2012</b> | <b>V.Stas</b>    | <b>RIWA</b> | <b>6391pts</b> |
| 2013        | M.Alaerts        | CABW        | 5678pts        |
| 2014        | J-B.Nutte        | DS          | 6250pts        |
| <b>2015</b> | <b>J-B.Nutte</b> | <b>DS</b>   | <b>6948pts</b> |
| 2016        | J.Kempeneers     | CSDY        | 5359pts        |
| 2017        | M.Nutte          | DS          | 6035pts        |
| 2018        | R.Henry          | ROCA        | 6206pts        |
| 2019        | A.Girard         | OSGA        | 6249pts        |

## 2000m steeple

|      |                        |             |                 |             |                |
|------|------------------------|-------------|-----------------|-------------|----------------|
| 1995 | La Louvière            | 1995        |                 |             |                |
| 1996 |                        | 1996        | F.Baron         | SPA         | 7.34.6         |
| 1997 |                        | 1997        | T.Vandenbril    | CAA         | 6.40.21        |
| 1998 | Namur                  | 1998        |                 |             |                |
| 1999 | Bertrix                | 1999        | J.Ambroise      | CSDY        | 6.55.91        |
| 2000 | Herentals              | 2000        | J-F.Bragard     | HERV        | 6.40.48        |
| 2001 | St Nicolas             | 2001        |                 |             |                |
| 2002 | Herve                  | 2002        | T.Hausmans      | MALM        | 6.21.90        |
| 2003 | Herentals              | 2003        |                 |             |                |
| 2004 | Verviers               | 2004        | N.Dieudonne     | SMAC        | 6.35.80        |
| 2005 | Saint Mard             | 2005        | B.Merveille     | CSF         | 6.35.26        |
| 2006 | Herve                  | 2006        | F.Thomas        | DAMP        | 6.48.95        |
| 2007 | Beveren                | 2007        | M.Bragard       | JSMC        | 6.49.53        |
| 2008 | Liège                  | 2008        | A.Emmerechts    | RESC        | 6.27.48        |
| 2009 | Herentals              | 2009        | D.Louvrier      | ATH         | 6.40.90        |
| 2010 | Liège                  | 2010        | T.Lejuste       | ATH         | 7.04.62        |
| 2011 | Heusden                | 2011        | L.Compere       | SPA         | 6.56.10        |
| 2012 | Verviers               | 2012        | L.Kanfoud       | CABW        | 6.23.49        |
| 2013 | Bertrix                | 2013        | N.Maroye        | CABW        | 6.35.93        |
| 2014 | Schaerbeek             | 2014        | T.Colquhoun     | DS          | 6.32.14        |
| 2015 | Schaerbeek/Verviers    | 2015        | J.Murez         | USTA        | 6.32.33        |
| 2016 | Bertrix/Herve          | <b>2016</b> | <b>R.Schyns</b> | <b>HERV</b> | <b>5.55.87</b> |
| 2017 | Forest/Bertrix         | 2017        | A.Solbreux      | CABW        | 6.54.18        |
| 2018 | Schaerbeek/Naimette    | 2018        | A.Pirenne       | HERV        | 6.39.94        |
| 2019 | Schaerbeek/ Dampicourt | 2019        | A. Pirenne      | HERV        | 6.25.77        |

## Décathlon Junior

|      |             |      |         |
|------|-------------|------|---------|
| 1993 | F.Gonet     | GOSP | 6130pts |
| 1994 | F.Gonet     | GOSP | 5226pts |
| 1995 |             |      |         |
| 1996 | S.Crets     | HERV | 5792pts |
| 1997 | JP.Piron    | BBS  | 5915pts |
| 1998 | JP.Piron    | BBS  | 5990pts |
| 1999 | C.Kessedjan | WS   | 5623pts |
| 2000 | F.Gourmet   | ROCA | 6668pts |
| 2001 | F.Gourmet   | RFCL | 7278pts |
| 2002 | F.Xhonneux  | ESC  | 6749pts |

|             |
|-------------|
| Charleroi   |
| La Louvière |
| Namur       |
| Bertrix     |
| Herentals   |
| St Nicolas  |
| Herve       |



|             |                 |             |                |            |
|-------------|-----------------|-------------|----------------|------------|
| 2003        |                 |             |                | Herentals  |
| 2004        | C.Gerckens      | LACE        | 6644pts        | Verviers   |
| 2005        |                 |             |                |            |
| 2006        |                 |             |                | Herve      |
| 2007        | B.Carton        | ACLE        | 7296pts        | Beveren    |
| 2008        | J.D'Heygere     | USTA        | 6385pts        | Liège      |
| 2009        | B.Namurois      | RFCL        | 6579pts        |            |
| 2010        | F.Gets          | USTA        | 6780pts        | Liège      |
| 2011        | Y.Mammerickx    | RCB         | 6099pts        | Heuzden    |
| 2012        | R.Pondant       | SPA         | 5914pts        | Verviers   |
| 2013        | V.Stas          | CABW        | 7011pts        | Bertrix    |
| <b>2014</b> | <b>V.Stas</b>   | <b>CABW</b> | <b>7299pts</b> | Schaerbeek |
| 2015        | F.Schauwers     | SPA         | 6275pts        | Schaerbeek |
| 2016        | J-B.Nutte       | DS          | 7187pts        | Bertrix    |
| 2017        | M.Lecocq De Pl. | RCB         | 6462pts        | Forest     |
| 2018        | G.Gobin         | SER         | 6278pts        | Schaerbeek |
| 2019        | J.Paquot        | RFCL        | 6587pts        | Schaerbeek |

## FILLES : CADETTES

| Année       | Nom              | Club        | Perf                | Lieu            | Année       | Nom              | Club        | Perf           |
|-------------|------------------|-------------|---------------------|-----------------|-------------|------------------|-------------|----------------|
| <b>100m</b> |                  |             |                     |                 | <b>200m</b> |                  |             |                |
| 1995        | S.Bancu          | BBS         | 13.04               | La Louvière     | 1995        | P.Mayence        | UAC         | 25.9           |
| 1996        | E.Davin          | DAMP        | 12.88               | Dampicourt      | 1996        | L.Demaret        | CABW        | 26.93          |
| 1997        | L.Demaret        | CABW        | 12.81               | La Louvière     | 1997        | L.Demaret        | CABW        | 26.25          |
| 1998        | E.Fraselle       | DAMP        | 12.99               | Jambes          | 1998        | C.Lempereur      | WS          | 27.2           |
| 1999        | A.Remacle        | BBS         | 12.90               | Spa             | 1999        | Vandermeulen     | HERV        | 27.01          |
| 2000        | S.Deherdt        | RCB         | 12.44               | Spa             | 2000        | S.Deherdt        | RCB         | 26.15          |
| 2001        | A.D'addario      | CSF         | 12.94               |                 | 2001        | V.Domken         | HF          | 26.42          |
| 2002        | R.Gerrebos       | SMAC        | 13.34               | Spa             | 2002        | C.Van Boeckel    | WRC         | 27.15          |
| 2003        | M.Warzée         | SER         | 12.95               | Verviers        | 2003        | S.Adam           | DAMP        | 26.89          |
| 2004        | I.De Blauwe      | DS          | 12.92               | Nivelles        | 2004        | L.Scimeca        | LWA         | 26.17          |
| 2005        | L-A.Remacle      | BBS         | 12.96               | Saint Mard      | 2005        | C.Stoffels       | LACE        | 26.75          |
| 2006        | F.Procureur      | MOHA        | 12.90               | Verviers        | 2006        | W.Labeye         | HF          | 26.82          |
| 2007        | C.Hermand        | CABW        | 12.61               | Spa             | 2007        | C.Hermand        | CABW        | 25.83          |
| 2008        | C.Bolingo        | RCB         | 12.28               | Spa             | 2008        | C.Laus           | USTA        | 25.51          |
| 2009        | P.Demolder       | MOHA        | 13.22               | Naimette        | 2009        | L.Leprince       | DAMP        | 25.91          |
| 2010        | T. Tshilumba     | DAMP        | 12.67               | Herve           | 2010        | L.Leprince       | DAMP        | 25.25          |
| 2011        | F.De Paoli       | USTA        | 12.80               | Nivelles        | 2011        | F.De Paoli       | USTA        | 26.6           |
| 2012        | C.Vanderveken    | RESC        | 12.87               | Herve           | 2012        | V.Warnier        | RFCL        | 26.86          |
| 2013        | C.Gautier        | CSDY        | 12.64               | Saint Mard      | 2013        | S.Carbonnelle    | USTA        | 25.94          |
| <b>2014</b> | <b>C.Gautier</b> | <b>CSDY</b> | <b>12.09w/12.00</b> | Braine l'Alleud | 2014        | C.Gautier        | CSDY        | 25.20w         |
| 2015        | L.Camara Aissat  | CSF         | 12.45               | Verviers        | 2015        | L.Camara Aissat  | CSF         | 25.68          |
| 2016        | A-C.Vranckx      | MOHA        | 12.58w              | Herve           | 2016        | A-C.Vranckx      | MOHA        | 26.14          |
| 2017        | Y.Ndjip Nyemeck  | RCB         | 12.27               | Bertrix         | 2017        | P.Cossez         | USTA        | 25.61          |
| 2018        | A.Mortant        | CABW        | 12.49               | Naimette        | <b>2018</b> | <b>E.Collard</b> | <b>ARCH</b> | <b>24.90</b>   |
| 2019        | A. Mortant       | CABW        | 12.16               | Dampicourt      | 2019        | L. Braem         | JSMC        | 26.83          |
| <b>400m</b> |                  |             |                     |                 | <b>800m</b> |                  |             |                |
| 1995        | L.Devenijn       | ACDC        | 60.3                | La Louvière     | 1995        | L.Delbecque      | ESC         | 2.29.88        |
| 1996        | S.Leplat         | ESC         | 60.42               | Dampicourt      | 1996        | A.Olivier        | CAF         | 2.22.0         |
| 1997        | D.Lumen          | MOHA        | 62.46               | La Louvière     | 1997        | M.Hendrickx      | ACLO        | 2.27.35        |
| 1998        | D.Lumen          | MOHA        | 61.08               | Jambes          | 1998        | M.Hendrickx      | ACLO        | 2.26.49        |
| 1999        | M.Becker         | MALM        | 59.96               | Spa             | 1999        | K.Hendricks      | LACE        | 2.28.57        |
| 2000        | V.Domken         | HF          | 60.77               | Spa             | 2000        | M.Becker         | MALM        | 2.21.72        |
| 2001        | V.Domken         | HF          | 59.64               |                 | 2001        | D.Gillet         | BBS         | 2.20.03        |
| 2002        | L.Servais        | MALM        | 59.69               | Spa             | 2002        | V.Delvaux        | ARCH        | 2.28.52        |
| 2003        | M.Brassel        | HUY         | 60.71               | Verviers        | 2003        | L.Servais        | MALM        | 2.16.63        |
| 2004        | N. De Bont       | CABW        | 58.45               | Nivelles        | <b>2004</b> | <b>C.Mahieu</b>  | <b>DAMP</b> | <b>2.15.82</b> |
| 2005        | A.Kever          | LACE        | 59.01               | Saint Mard      | 2005        | A.Pourcelet      | OSGA        | 2.26.86        |
| 2006        | E.Weert          | RFCL        | 61.06               | Verviers        | 2006        | L.Prevot         | RFCL        | 2.23.80        |

|      |                     |             |              |                 |      |                   |      |         |
|------|---------------------|-------------|--------------|-----------------|------|-------------------|------|---------|
| 2007 | C.Leseultre         | UAFA        | 59.39        | Spa             | 2007 | M.Tenaerts        | CABW | 2.22.2  |
| 2008 | C.Leseultre         | ATH         | 58.36        | Spa             | 2008 | P.Claude          | DAMP | 2.23.94 |
| 2009 | F. Semaille         | CABW        | 60.27        | Naimette        | 2009 | A.Gerardy         | ARCH | 2.21.99 |
| 2010 | F. Semaille         | CABW        | 60.55        | Herve           | 2010 | M. Hovine         | ATH  | 2.27.95 |
| 2011 | A.Klai              | RESC        | 58.92        | Nivelles        | 2011 | C.Draux           | CABW | 2.22.63 |
| 2012 | I. Benziane         | DACM        | 61.58        | Herve           | 2012 | C.Draux           | CABW | 2.25.09 |
| 2013 | V.Debougoux         | HF          | 59.38        | Saint Mard      | 2013 | C.Vandenbroucke   | EAH  | 2.18.60 |
| 2014 | J.Dejemeppe         | CSF         | 59.38        | Braine l'Alleud | 2014 | C.De Bie          | FLEU | 2.21.43 |
| 2015 | J.Thomas            | DAMP        | 59.69        | Verviers        | 2015 | N.De Meulemeester | CABW | 2.20.68 |
| 2016 | L.Schoemaker        | OSGA        | 56.91        | Herve           | 2016 | K.Margoum         | CSF  | 2.23.49 |
| 2017 | <b>L.Schoemaker</b> | <b>OSGA</b> | <b>56.43</b> | Bertrix         | 2017 | L.Delcommune      | HUY  | 2.22.68 |
| 2018 | C. Vanhamme         | JSMC        | 60.44        | Naimette        | 2018 | G.Botty           | SER  | 2.16.92 |
| 2019 | G. Botty            | SER         | 56.64        | Dampicourt      | 2019 | J. Lothaire       | BBS  | 2.23.74 |

### 1500m

|      |                    |             |                |                 |
|------|--------------------|-------------|----------------|-----------------|
| 1995 | A.Olivier          | CAF         | 4.47.41        | La Louvière     |
| 1996 | J.Mayon            | DAMP        | 5.07.24        | Dampicourt      |
| 1997 | S.Albert           | LACE        | 4.59.46        | La Louvière     |
| 1998 | S.Fortemps         | ULA         | 5.07.80        | Jambes          |
| 1999 | C.Istace           | BOA         | 4.56.30        | Spa             |
| 2000 | K.Denoncin         | BBS         | 4.52.94        | Spa             |
| 2001 | MJ.Lefbvre         | UAFA        | 4.59.23        |                 |
| 2002 | A.Laurent          | HF          | 4.55.73        | Spa             |
| 2003 | <b>M.Mahieu</b>    | <b>DAMP</b> | <b>4.41.94</b> | Verviers        |
| 2004 | M.Mahieu           | DAMP        | 4.42.62        | Nivelles        |
| 2005 | A. Van Kerrebroeck | OCAN        | 5.01.59        | Saint Mard      |
| 2006 | C.Gabriel          | MALM        | 4.59.70        | Verviers        |
| 2007 | A.Etienne          | RFCL        | 5.06.05        | Spa             |
| 2008 | A.Etienne          | RFCL        | 4.55.08        | Spa             |
| 2009 | M.Dauchot          | OSGA        | 5.09.71        | Naimette        |
| 2010 | M. Lecart          | USBW        | 5.00.9         | Herve           |
| 2011 | C.Pohl             | RFCL        | 4.59.14        | Nivelles        |
| 2012 | V.Demeyer          | DACM        | 4.54.85        | Herve           |
| 2013 | C. De Bie          | FLEU        | 4.57.79        | Saint Mard      |
| 2014 | M.Bovy             | WS          | 4.43.77        | Braine l'Alleud |
| 2015 | A.Deleersnyder     | ATH         | 5.01.51        | Verviers        |
| 2016 | L.Appelmans        | CSF         | 5.04.32        | Herve           |
| 2017 | L.Grandjean        | CAF         | 4.51.10        | Bertrix         |
| 2018 | I.Grandjean        | CAF         | 4.51.47        | Naimette        |
| 2019 | M. Dechamps        | CABW        | 4.56.70        | Dampicourt      |

### 80m H

|      |                     |      |        |                 |
|------|---------------------|------|--------|-----------------|
| 1995 | L.Guillet           | ESC  | 12.34  | La Louvière     |
| 1996 | E.Davin             | DAMP | 12.14  | Dampicourt      |
| 1997 | A.Giuliani          | ESC  | 12.77  | La Louvière     |
| 1998 | E.Fraselle          | DAMP | 12.51  | Jambes          |
| 1999 | E.Fraselle          | DAMP | 12.52  | Spa             |
| 2000 | T.Atterte           | SMAC | 12.47  | Spa             |
| 2001 | T.Atterte           | SMAC | 12.43  |                 |
| 2002 | I.Huybrechts        | ESC  | 12.74  | Spa             |
| 2003 | M.Warzée            | SER  | 12.14  | Verviers        |
| 2004 | L.Cincinatis        | CABW | 12.27  | Nivelles        |
| 2005 | C.Stoffels          | LACE | 12.52  | Saint Mard      |
| 2006 | C.Petry             | FCHA | 13.08  | Verviers        |
| 2007 | S.Wuillaume         | RFCL | 12.71  | Spa             |
| 2008 | C.Bolingo           | RCB  | 12.11  | Spa             |
| 2009 | A.Leprince          | DAMP | 12.16  | Naimette        |
| 2010 | L. Leprince         | DAMP | 11.73  | Herve           |
| 2011 | S.Vancouwenberghe   | DS   | 12.28  | Nivelles        |
| 2012 | N.Vanderveken       | RESC | 12.39  | Herve           |
| 2013 | M.Schauwers         | HF   | 12.08  | Saint Mard      |
| 2014 | M.Schauwers         | HF   | 11.73w | Braine l'Alleud |
| 2015 | F.Lopez Castellanos | MOHA | 12.07  | Verviers        |
| 2016 | I.Masson            | FCHA | 11.96  | Herve           |
| 2017 | Y.Ndjip Nyemeck     | RCB  | 11.89  | Bertrix         |

### 300m H

|      |                |      |       |
|------|----------------|------|-------|
| 1995 | G.Vanzeebroek  | ESC  | 48.53 |
| 1996 | M.Collin       | SMAC | 48.58 |
| 1997 | S.Reniers      | CAS  | 49.04 |
| 1998 | S.Gilson       | HF   | 49.39 |
| 1999 | K.Hendricks    | LACE | 47.46 |
| 2000 | K.Hendricks    | LACE | 47.79 |
| 2001 | V.Albert       | SPA  | 49.56 |
| 2002 | P.Blanquet     | DS   | 48.30 |
| 2003 | P.Blanquet     | DS   | 46.70 |
| 2004 | N. De Bont     | CABW | 46.11 |
| 2005 |                |      |       |
| 2006 | C.Gilles       | CABW | 47.16 |
| 2007 | E.Nysten       | CSDY | 49.5  |
| 2008 | A.Leprince     | DAMP | 46.99 |
| 2009 | A.Leprince     | DAMP | 44.95 |
| 2010 | J.Esukani      | RCB  | 48.97 |
| 2011 | J.Brackman     | DAMP | 46.6  |
| 2012 | J.Brackman     | DAMP | 45.04 |
| 2013 | O.Vanherpe     | USTA | 47.44 |
| 2014 | S.Lallemand    | FCHA | 49.15 |
| 2015 | K.Hamelat      | CRAC | 48.63 |
| 2016 | Z.Kooper       | RFCL | 47.95 |
| 2017 | A.Vandermeulen | ATH  | 45.98 |

|             |                   |             |              |            |             |                   |             |              |
|-------------|-------------------|-------------|--------------|------------|-------------|-------------------|-------------|--------------|
| 2018        | E.Goffin          | CSF         | 11.83        | Naimette   | 2018        | K. Lambert        | RESC        | 45.73        |
| <b>2019</b> | <b>A. Mortant</b> | <b>CABW</b> | <b>11.39</b> | Dampicourt | <b>2019</b> | <b>K. Lambert</b> | <b>RESC</b> | <b>44.53</b> |

### Hauteur

|             |                   |             |             |
|-------------|-------------------|-------------|-------------|
| 1995        | H.Akueni          | RSCA        | 1m59        |
| 1996        | A.Devaux          | JSMC        | 1m48        |
| 1997        | S.Gilson          | HF          | 1m55        |
| 1998        | A.Balthazart      | SMAC        | 1m50        |
| 1999        | J.Bourgois        | EAH         | 1m53        |
| 2000        | A-J.Locrel        | OSGA        | 1m58        |
| 2001        | C.Vanboeckel      | WRC         | 1m53        |
| 2002        | C.Van Boeckel     | WRC         | 1m62        |
| 2003        | D.Bernkens        | FAC         | 1m53        |
| 2004        | M.Dussard         | CABW        | 1m56        |
| 2005        | A.Roquet          | HERV        | 1m61        |
| 2006        | J.Debaene         | CRAC        | 1m53        |
| 2007        | J.Debaene         | CRAC        | 1m59        |
| 2008        | N.Thiam           | RFCL        | 1m50        |
| 2009        | N.Thiam           | RFCL        | 1m60        |
| 2010        | A.Lemmens         | RCB         | 1m56        |
| 2011        | C.Vanderveken     | RESC        | 1m57        |
| 2012        | S.Leonard         | FCHA        | 1m59        |
| 2013        | A.Mercenier       | HERV        | 1m66        |
| 2014        | M.Schauwers       | HF          | 1m65        |
| <b>2015</b> | <b>E.Depinois</b> | <b>OSGA</b> | <b>1m70</b> |
| 2016        | M.Fournaux        | CAF         | 1m53        |
| 2017        | L.Braux           | DAMP        | 1m64        |
| 2018        | F.Lousberg        | HF          | 1m60        |
| 2019        | A-L. Hevers       | HERV        | 1m65        |

### Perche

|             |                  |            |             |
|-------------|------------------|------------|-------------|
| 1995        | G.Vanzeebroek    | ESC        | 3m00        |
| 1996        |                  |            |             |
| 1997        | M.Laval          | BBS        | 2m20        |
| 1998        | J.Maes           | SMAC       | 2m50        |
| 1999        | A.Leroy          | HERV       | 2m70        |
| 2000        | A.Jadot          | RFCL       | 2m80        |
| 2001        | A.Jadot          | RFCL       | 2m90        |
| 2002        | G.Leterme        | CABW       | 2m70        |
| 2003        | G.Leterme        | CABW       | 3m00        |
| 2004        | A.Pakuszewski    | CABW       | 2m75        |
| 2005        | A.Pakuszewski    | CABW       | 2m75        |
| 2006        | M.Dewergifosse   | SMAC       | 2m60        |
| 2007        | L.Renier         | ACO        | 2m90        |
| 2008        | H.Ramay          | CABW       | 2m70        |
| 2009        | H.Ramay          | CABW       | 3m16        |
| 2010        | C.Calicis        | CABW       | 2m60        |
| 2011        | J.Smal           | SMAC       | 3m31        |
| 2012        | M.Vissers        | ACO        | 3m20        |
| 2013        | D.Jacob          | DAMP       | 2m90        |
| 2014        | D.Jacob          | DAMP       | 2m90        |
| 2015        | P. Uvier         | CABW       | 2m40        |
| 2016        | O.Mostosi        | CABW       | 2m70        |
| 2017        | O.Mostosi        | CABW       | 3m20        |
| 2018        | E.Ballas         | USBW       | 2m50        |
| <b>2019</b> | <b>L. Lepère</b> | <b>BBS</b> | <b>3m51</b> |

### Longueur

|             |                      |             |             |
|-------------|----------------------|-------------|-------------|
| 1995        | M.Yanga              | RISC        | 4m86        |
| 1996        | C.Brichet            | RCB         | 4m86        |
| 1997        | N.Coelen             | HF          | 5m13        |
| 1998        | A.Leroy              | HERV        | 5m03        |
| 1999        | A.Leroy              | HERV        | 5m17        |
| 2000        | L.Malbecq            | RIWA        | 5m30        |
| 2001        | A-J.Locrel           | CABW        | 5m02        |
| 2002        | C.Foucart            | SMAC        | 4m87        |
| 2003        | L.Scimeca            | LWA         | 5m15        |
| 2004        | L.Diop               | CABW        | 5m10        |
| 2005        | P.Hostyn             | RESC        | 4m89        |
| 2006        | A.Soebbotina         | OSGA        | 5m17        |
| 2007        | E.Loureiro           | RFCL        | 5m04        |
| 2008        | C.Verschuere         | JSMC        | 5m01        |
| <b>2009</b> | <b>L.Leprince</b>    | <b>DAMP</b> | <b>5m38</b> |
| 2010        | K.Duvivier           | CABW        | 5m15        |
| 2011        | M.Froidmont          | BBS         | 4m98        |
| 2012        | C.Orcel              | CSF         | 5m16        |
| 2013        | G.Coulon             | CSDY        | 5m19        |
| 2014        | S.Carbonnelle        | USTA        | 5m34w/5m21  |
| 2015        | F. Lopez Castellanos | MOHA        | 5m15        |
| 2016        | C.Evans              | HUY         | 5m23w/5m01  |
| 2017        | L.Gilson             | RFCL        | 5m26        |
| 2018        | L.Gilson             | RFCL        | 5m35w       |
| 2019        | E. Goffin            | CSF         | 5m08        |

### Triple

|             |                  |            |              |
|-------------|------------------|------------|--------------|
| 1995        | Zeidler          | SPA        | 10m65        |
| 1996        | C.Schklar        | SPA        | 10m46        |
| 1997        | C.Godart         | DS         | 10m54        |
| 1998        | A.China          | RFCL       | 10m04        |
| 1999        | C.Kompany        | ESC        | 11m20        |
| 2000        | A.D'addario      | CSF        | 11m43        |
| 2001        | A.D'addario      | CSF        | 10m99        |
| 2002        | G.Davin          | DAMP       | 10m37        |
| 2003        | S.Adam           | DAMP       | 10m77        |
| 2004        | L. Diop          | CABW       | 10m93        |
| 2005        | P.Hostyn         | RESC       | 10m78        |
| 2006        | M.Ekutshu        | RCB        | 10m92        |
| <b>2007</b> | <b>G.Lambert</b> | <b>RCB</b> | <b>11m77</b> |
| 2008        | H.Ramay          | CABW       | 10m48        |
| 2009        | E.Pharao         | RIWA       | 10m52        |
| 2010        | K.Duvivier       | CABW       | 11m68        |
| 2011        | E.Teirlinckx     | CABW       | 10m24        |
| 2012        | E.Teirlinckx     | CABW       | 10m79        |
| 2013        | C.Lecomte        | RESC       | 9m98         |
| 2014        | M.Pecher         | RCB        | 10m00w       |
| 2015        | C.Violle         | HERV       | 10m20        |
| 2016        | L.Sandon         | RESC       | 10m01        |
| 2017        | C.Jemine         | HERV       | 9m92         |
| 2018        | L.Gilson         | RFCL       | 10m87        |
| 2019        | I. Montreuil*    | ACCO       | 10m87        |

### Poids

|      |           |      |       |
|------|-----------|------|-------|
| 1995 | B.Olivier | CAF  | 13m57 |
| 1996 | V.Lucas   | DAMP | 10m29 |
| 1997 | A.Marotte | DAMP | 10m84 |
| 1998 | I.Sustelo | IXEL | 12m51 |
| 1999 | A.Lefevre | DAMP | 11m99 |
| 2000 | J.Nicaise | USBW | 10m38 |
| 2001 | J.Nicaise | USBW | 10m75 |

### Disque

|             |                  |             |              |
|-------------|------------------|-------------|--------------|
| 1995        | B.Olivier        | CAF         | 36m02        |
| 1996        | V.Willame        | RISC        | 26m56        |
| 1997        | C.Menten         | FAC         | 25m54        |
| <b>1998</b> | <b>I.Sustelo</b> | <b>IXEL</b> | <b>38m05</b> |
| 1999        | A.Lefevre        | DAMP        | 29m93        |
| 2000        | J.Halleman       | ESC         | 26m84        |
| 2001        | L.Willems        | HF          | 28m80        |

|             |                    |             |              |                 |      |                |      |       |
|-------------|--------------------|-------------|--------------|-----------------|------|----------------|------|-------|
| 2002        | A.Stock            | HF          | 10m85        | Spa             | 2002 | J.Frederic     | UAFA | 29m83 |
| 2003        | L.Demeyer          | ESC         | 10m82        | Verviers        | 2003 | A.Lowy         | CSF  | 27m20 |
| 2004        | A.Scimeca          | LWA         | 10m61        | Nivelles        | 2004 | A.Scimeca      | LWA  | 33m51 |
| 2005        | J.Ommenetti        | OSGA        | 10m01        | Saint Mard      | 2005 | A.Bouhy        | SPA  | 30m14 |
| 2006        | E.Mouzon           | RESC        | 10m67        | Verviers        | 2006 | V.Degrugillier | MOHA | 31m35 |
| 2007        | M.Duhent           | ACLE        | 11m24        | Spa             | 2007 | J.Piret        | CRAC | 27m87 |
| 2008        | M.Borbose          | DAMP        | 11m40        | Spa             | 2008 | M.Borbose      | DAMP | 34m28 |
| 2009        | N.Thiam            | RFCL        | 12m62        | Naimette        | 2009 | L.Camilotto    | ACLE | 28m83 |
| 2010        | L.Camilotto        | MOHA        | 10m25        | Herve           | 2010 | A.Fleury       | ACLE | 31m62 |
| 2011        | L.Soudan           | ACLE        | 10m34        | Nivelles        | 2011 | P.Ramay        | CABW | 32m24 |
| 2012        | L.Baggio           | HUY         | 11m45        | Herve           | 2012 | L.Pletinckx    | RCAS | 34m36 |
| 2013        | L.Baggio           | HUY         | 12m66        | Saint Mard      | 2013 | L.Baggio       | HUY  | 33m91 |
| 2014        | E.Buschgens        | DAMP        | 11m81        | Braine l'Alleud | 2014 | E.Dodrimont    | HF   | 36m75 |
| 2015        | F.Etsinda          | SER         | 10m73        | Verviers        | 2015 | C.Thomas       | BBS  | 21m65 |
| 2016        | F.Etsinda          | SER         | 11m02        | Herve           | 2016 | I.Soudan       | MOHA | 27m95 |
| 2017        | A.Vandermeulen     | ATH         | 11m57        | Bertrix         | 2017 | L.Sclavont     | CABW | 31m34 |
| 2018        | A.Vandermeulen     | ATH         | 12m62        | Naimette        | 2018 | S.Muller       | RCAS | 29m98 |
| <b>2019</b> | <b>J. Mathieu*</b> | <b>RESC</b> | <b>13m74</b> | Dampicourt      | 2019 | S. Muller      | RCAS | 31m83 |

### Javelot

|             |                 |             |              |                   |
|-------------|-----------------|-------------|--------------|-------------------|
| 1995        | J.Williams      | USBR        | 32m48        | La Louvière       |
| 1996        | J.Williams      | CSF         | 37m88        | Dampicourt        |
| 1997        | C.Brichet       | RCB         | 35m36        | La Louvière       |
| 1998        | C.Bastin        | RFCL        | 24m49        | Jambes            |
| 1999        | K.Molders       | WS          | 33m86        | Spa               |
| 2000        | J.Hallemans     | ESC         | 36m86        | Spa               |
| 2001        | G.Davin         | DAMP        | 29m29        |                   |
| 2002        | I.Huybrechts    | ESC         | 35m02        | Spa               |
| 2003        | F.Lesenfants    | SPA         | 27m30        | Verviers          |
| 2004        | G. Bree         | HERV        | 29m29        | Nivelles          |
| 2005        | A.Maigret       | SMAC        | 32m39        | Saint Mard        |
| 2006        | C.Laurent       | DAMP        | 34m08        | Verviers          |
| 2007        | J.Piret         | CRAC        | 35m50        | Spa               |
| 2008        | L.Liegeois      | HF          | 33m07        | Spa               |
| 2009        | L.Liegeois      | HF          | 38m92        | Naimette          |
| <b>2010</b> | <b>A.Fleury</b> | <b>ACLE</b> | <b>40m36</b> | Herve             |
| 2011        | J.Bernard       | CABW        | 30m10        | Nivelles          |
| 2012        | M.Vissers       | ACO         | 39m17        | Herve             |
| 2013        | M.Vissers       | ACO         | 38m85        | Saint Mard        |
| 2014        | C.Thomas        | BBS         | 27m97        | Braine l'Alleud   |
| 2015        | K.Neirynck      | OSGA        | 31m20        | Verviers/Nivelles |
| 2016        | K.Iven          | RESC        | 34m91        | Herve             |
| 2017        | K.Iven          | RESC        | 35m85        | Bertrix           |
| 2018        | C.Leonard       | SPA         | 30m42        | Naimette          |
| 2019        | S. Muller       | RCAS        | 32m79        | Dampicourt        |

### Marteau

|             |                    |             |              |
|-------------|--------------------|-------------|--------------|
| 1995        | V.Delbrassine      | RISC        | 26m48        |
| 1996        |                    |             |              |
| 1997        |                    |             |              |
| 1998        | C.Lejeune          | MOHA        | 23m34        |
| 1999        | B.Blaise           | SPA         | 21m78        |
| 2000        |                    |             |              |
| 2001        | A.Malengreau       | SMAC        | 15m02        |
| 2002        |                    |             |              |
| <b>2003</b> | <b>C.Despontin</b> | <b>ARCH</b> | <b>42m07</b> |
| 2004        | M.Glautier         | CABW        | 30m21        |
| 2005        | V.Degrugillier     | MOHA        | 38m58        |
| 2006        | V.Degrugillier     | MOHA        | 37m17        |
| 2007        | C.Speetjens        | MOHA        | 39m33        |
| 2008        | O.Gregoire         | SPA         | 20m24        |
| 2009        | O.Gregoire         | SPA         | 21m14        |
| 2010        |                    |             |              |
| 2011        | A.Gofflot          | DAMP        | 30m84        |
| 2012        | A.Gofflot          | DAMP        | 40m31        |
| 2013        | P.Jungers          | DAMP        | 16m69        |
| 2014        | -                  | -           | -            |
| 2015        | -                  | -           | -            |
| 2016        | I.Soudan           | MOHA        | 30m12        |
| 2017        | E.Hofmann          | SER         | 35m30        |
| 2018        | C.Huygens          | RESC        | 32m73        |
| 2019        | -                  |             |              |

### Hexathlon

|             |                |             |                |            |
|-------------|----------------|-------------|----------------|------------|
| 1995        |                |             |                |            |
| 1996        | C.Dullier      | SPA         | 3144pts        |            |
| 1997        | C.Brichet      | RCB         | 3599pts        |            |
| 1998        | A.Remacle      | BBS         | 3404pts        | Namur      |
| 1999        | A.Leroy        | HERV        | 3433pts        | Bertrix    |
| 2000        | AJ.Locrel      | OSGA        | 3427pts        |            |
| 2001        | AJ.Locrel      | CABW        | 3714pts        | St Nicolas |
| 2002        | S.Thelen       | HF          | 3522pts        | Herve      |
| 2003        |                |             |                | Herentals  |
| 2004        | Vanderheyde    | WS          | 3135pts        | Verviers   |
| 2005        |                |             |                | Saint Mard |
| 2006        |                |             |                | Herve      |
| 2007        | S.Wuillaume    | RFCL        | 3514pts        | Beveren    |
| 2008        | L.Liegeois     | HF          | 3573pts        | Liège      |
| <b>2009</b> | <b>N.Thiam</b> | <b>RFCL</b> | <b>4172pts</b> |            |
| 2010        | C.Laurant      | SPA         | 3159pts        | Liège      |
| 2011        | M.Froidmont    | BBS         | 3402pts        | Heuzden    |
| 2012        | L.Baggio       | HUY         | 3386pts        | Verviers   |

### 1500m steeple

|      |                   |      |         |
|------|-------------------|------|---------|
| 1995 |                   |      |         |
| 1996 |                   |      |         |
| 1997 |                   |      |         |
| 1998 |                   |      |         |
| 1999 |                   |      |         |
| 2000 | A.Dagniaux        | OCAN | 6.07.66 |
| 2001 |                   |      |         |
| 2002 | L.Delponchin      | UAFA | 6.06.06 |
| 2003 |                   |      |         |
| 2004 |                   |      |         |
| 2005 | J.Carton Delcourt | UAFA | 6.01.84 |
| 2006 | J.Carton Delcourt | ACLE | 6.00.24 |
| 2007 | E.Piroux          | UAFA | 5.49.69 |
| 2008 | L.Mathieu         | DAMP | 5.54.03 |
| 2009 | F.Louvrier        | ATH  | 5.44.25 |
| 2010 | E.Vandenabeele    | ACLO | 6.25.83 |
| 2011 | M.Bossut          | ATH  | 5.59.09 |
| 2012 |                   |      |         |



|      |                |      |         |                       |             |                |             |                |
|------|----------------|------|---------|-----------------------|-------------|----------------|-------------|----------------|
| 2013 | A.Mercenier    | HERV | 3101pts | Bertrix               | 2013        | -              | -           | -              |
| 2014 | L.Jacquemart   | BBS  | 3320pts | Braine l'Alleud       | 2014        | L.Fasciaux     | ATH         | 5.53.52        |
| 2015 | M.Fournaux     | CAF  | 3083pts | Schaerbeek/Verviers   | 2015        | L.Fasciaux     | ATH         | 5.54.65        |
| 2016 | C.Evans        | HUY  | 3697pts | Bertrix/Herve         | 2016        | R.Maroye       | CABW        | 5.58.35        |
| 2017 | A.Vandermeulen | ATH  | 3906pts | Forest/Bertrix        | <b>2017</b> | <b>E.Debie</b> | <b>MOHA</b> | <b>5.34.00</b> |
| 2018 | A.Vandermeulen | ATH  | 4034pts | Schaerbeek/Naimette   | 2018        | L.Vasteels     | USBW        | 5.36.34        |
| 2019 | S.Kempener     | CABW | 3427pts | Schaerbeek/Dampicourt | 2019        | A. Lengele     | OSGA        | 5.53.65        |

## FILLES : SCOLAIRES

| Année       | Nom              | Club        | Perf         | Lieu            | Année       | Nom                | Club        | Perf         |
|-------------|------------------|-------------|--------------|-----------------|-------------|--------------------|-------------|--------------|
| <b>100m</b> |                  |             |              | <b>200m</b>     |             |                    |             |              |
| 1995        | I.Ote            | RFCL        | 12.89        | La Louvière     | 1995        | I.Ote              | RFCL        | 26.1         |
| 1996        | I.Ote            | RFCL        | 12.56        | Dampicourt      | 1996        | H.Gilson           | SER         | 25.92        |
| 1997        | S.Leplat         | ESC         | 12.79        | La Louvière     | 1997        | H.Gilson           | SER         | 24.98        |
| 1998        | S.Luyimi         | SMAC        | 12.89        | Jambes          | 1998        | A.Giuliani         | ESC         | 26.85        |
| 1999        |                  |             |              | Spa             | 1999        |                    |             |              |
| 2000        | A.Remacle        | SMAC        | 12.68        | Spa             | 2000        | A.Baudinet         | HERV        | 26.18        |
| 2001        | S.Deherdt        | RCB         | 12.04        |                 | 2001        | S.Deherdt          | RCB         | 24.67        |
| 2002        | T.Zinga Botao    | WS          | 12.68        | Spa             | 2002        | L.Delplace         | SPA         | 26.26        |
| 2003        | O.Borlée         | SPA         | 12.27        | Verviers        | 2003        | O.Borlée           | SPA         | 25.21        |
| 2004        | C. Foucart       | SMAC        | 12.82        | Nivelles        | 2004        | S.Thelen           | HF          | 25.46        |
| 2005        | C. Foucart       | SMAC        | 12.68        | Saint Mard      | 2005        | L.Diop             | CABW        | 26.06        |
| 2006        | C.Stoffels       | LACE        | 12.63        | Verviers        | 2006        | C.Stoffels         | LACE        | 25.59        |
| 2007        | A.Zagre          | RCB         | 12.47        | Spa             | 2007        | B.Muzembo          | SMAC        | 26.24        |
| 2008        | F.Procureur      | MOHA        | 12.39        | Spa             | 2008        | F.Procureur        | MOHA        | 25.83        |
| 2009        | C. Bolingo       | RCB         | 12.38        | Naimette        | 2009        | C.Laus             | USTA        | 25.21        |
| 2010        | C. Bolingo       | RCB         | 11.92        | Herve           | 2010        | C.Laus             | USTA        | 24.82        |
| 2011        | C.Gaspar         | HF          | 12.64        | Nivelles        | 2011        | L.Leprince         | DAMP        | 25.83        |
| 2012        | C.Bonhomme       | DAMP        | 12.41        | Herve           | 2012        | L.Leprince         | DAMP        | 25.51        |
| 2013        | C.Bonhomme       | DAMP        | 12.26        | Saint Mard      | 2013        | C.Bonhomme         | DAMP        | 25.74        |
| 2014        | C.Van Der Veken  | RESC        | 12.22w       | Braine l'Alleud | 2014        | V.Debougoux        | HF          | 25.31w       |
| 2015        | C.Gautier        | CSDY        | 12.37        | Verviers        | 2015        | C.Gautier          | CSDY        | 25.90        |
| 2016        | C.Gautier        | CSDY        | 11.89        | Herve           | 2016        | L.Ferauge          | CABW        | 24.58        |
| <b>2017</b> | <b>L.Ferauge</b> | <b>CABW</b> | <b>11.87</b> | Bertrix         | <b>2017</b> | <b>L.Ferauge</b>   | <b>CABW</b> | <b>23.97</b> |
| 2018        | C.Chavepeyer     | ACLO        | 12.45        | Naimette        | 2018        | L.Schoemaker       | MOHA        | 24.83w       |
| 2019        | M. Depry         | FAC         | 12.16        | Dampicourt      | 2019        | M. Jehaes          | SER         | 25.93        |
| <b>400m</b> |                  |             |              | <b>800m</b>     |             |                    |             |              |
| 1995        | C.Martens        | RISC        | 59.07        | La Louvière     | 1995        | N.Lardinois        | ACLO        | 2.22.05      |
| 1996        | A.Roobaert       | CABW        | 59.91        | Dampicourt      | 1996        | J.Schmickrath      | ULA         | 2.20.54      |
| 1997        | S.Leplat         | ESC         | 59.49        | La Louvière     | 1997        | G.Schmit           | ULA         | 2.17.47      |
| 1998        |                  |             |              | Jambes          | 1998        |                    |             |              |
| 1999        | L.Demaret        | CABW        | 59.17        | Spa             | 1999        | S.Albert           | LACE        | 2.20.61      |
| 2000        | C.Lempereur      | WS          | 61.7         | Spa             | 2000        | I.Cecchi           | CSDY        | 2.27.80      |
| 2001        | M.Becker         | MALM        | 58.39        |                 | 2001        | K.Hendricks        | LACE        | 2.19.69      |
| 2002        | V.Domken         | HF          | 60.64        | Spa             | 2002        | A.Dagniaux         | SMAC        | 2.21.30      |
| 2003        | V.Domken         | HF          | 58.91        | Verviers        | 2003        | Y.Laamoumi         | UAC         | 2.19.96      |
| 2004        | L.Servais        | MALM        | 58.83        | Nivelles        | 2004        | A. Laurent         | HF          | 2.14.61      |
| 2005        | N.Lambin         | DAMP        | 60.19        | Saint Mard      | 2005        | C.Mahieu           | DAMP        | 2.20.05      |
| 2006        | N.Debont         | CABW        | 60.86        | Verviers        | 2006        | A.Boucher          | CABW        | 2.27.3       |
| 2007        | S.Erard          | BBS         | 58.85        | Spa             | 2007        | A. Van Kerrebroeck | OCAN        | 2.17.83      |
| 2008        | P.Hemroulle      | HUY         | 59.24        | Spa             | 2008        | C.Jacobs           | RCB         | 2.20.62      |
| 2009        | A. Bamps         | HERV        | 59.27        | Naimette        | 2009        | S.Bouanati         | ATH         | 2.25.91      |
| 2010        | E. Guillaume     | SMAC        | 58.58        | Herve           | 2010        | A.Gerardy          | ARCH        | 2.24.00      |
| 2011        | G.Detemmerman    | CABW        | 58.41        | Nivelles        | 2011        | A.Gerardy          | ARCH        | 2.19.63      |
| 2012        | N.Maheux         | ACLO        | 58.73        | Herve           | 2012        | L.Hayez            | WS          | 2.24.91      |
| 2013        | J.Brackman       | DAMP        | 57.31        | Saint Mard      | 2013        | C.Pohl             | HF          | 2.27.84      |
| 2014        | I.Benziane       | DACM        | 59.72        | Braine l'Alleud | 2014        | L.Carnol           | HF          | 2.22.22      |
| 2015        | V.Debougoux      | HF          | 56.79        | Verviers        | 2015        | E.Henrard          | LACE        | 2.19.28      |
| 2016        | O.Ricour         | EAH         | 58.04        | Herve           | 2016        | C.Baudinet         | RFCL        | 2.14.44      |
| <b>2017</b> | <b>N.Thiry</b>   | <b>SER</b>  | <b>56.28</b> | Bertrix         | 2017        | J.Thomas           | DAMP        | 2.20.34      |

|                |                     |             |                |                 |             |                     |             |                 |
|----------------|---------------------|-------------|----------------|-----------------|-------------|---------------------|-------------|-----------------|
| 2018           | L.Bosseler          | DAMP        | 60.49          | Naimette        | 2018        | C.Brever            | SER         | 2.21.21         |
| 2019           | E. Collard          | SER         | 57.88          | Dampicourt      | <b>2019</b> | <b>L. Grandjean</b> | <b>CAF</b>  | <b>2.12.90</b>  |
| <b>1500m</b>   |                     |             |                | <b>3000m</b>    |             |                     |             |                 |
| 1995           | N.Rousseau          | RFCL        | 4.43.96        | La Louvière     | 1995        | L.Rousseau          | USBI        | 10.51.06        |
| 1996           | D.Cawet             | ESC         | 5.09.44        | Dampicourt      | 1996        | C.Lallemand         | RISC        | 10.42.28        |
| 1997           | V.Marandini         | WRC         | 5.04.17        | La Louvière     | <b>1997</b> | <b>J.Mayon</b>      | <b>DAMP</b> | <b>10.24.09</b> |
| 1998           |                     |             |                | Jambes          | 1998        |                     |             |                 |
| 1999           | B.Machiels          | RFCL        | 5.00.73        | Spa             | 1999        | C.Dieu              | SMAC        | 12.33.43        |
| 2000           | C.Collin            | SMAC        | 5.00.43        | Spa             | 2000        | S.Fievez            | USTA        | 11.03.77        |
| 2001           | C.Christelbach      | HERV        | 5.01.47        |                 | 2001        | S.Fievez            | USTA        | 11.12.34        |
| 2002           | A-S.Maréchal        | HF          | 4.58.08        | Spa             | 2002        | C.Christelbach      | HERV        | 11.01.82        |
| 2003           | A-S.Maréchal        | HF          | 4.54.96        | Verviers        | 2003        | C.Pieters           | DACM        | 11.26.88        |
| 2004           | C.Gardien           | DAMP        | 5.06.33        | Nivelles        | 2004        | A. Saussez          | ACLO        | 10.55.6         |
| <b>2005</b>    | <b>A.Laurent</b>    | <b>HF</b>   | <b>4.35.97</b> | Saint Mard      | 2005        | C.Fievez            | USTA        | 10.56.98        |
| 2006           | E.Mol               | USTA        | 4.53.27        | Verviers        | 2006        | L.Vliegen           | RFCL        | 11.12.25        |
| 2007           | S.Alberghs          | RFCL        | 5.07.96        | Spa             | 2007        | K.Lentz             | MALM        | 11.20.82        |
| 2008           | C.Gabriel           | MALM        | 5.03.23        | Spa             | 2008        | P.Monfils           | CABW        | 10.57.65        |
| 2009           | M.Stordeur          | FCHA        | 4.54.08        | Naimette        | 2009        | P.Monfils           | CABW        | 10.32.22        |
| 2010           | C.Kniebs            | MALM        | 4.59.76        | Herve           | 2010        | G.Simon             | MOHA        | 10.44.01        |
| 2011           | M.Lecart            | USBW        | 4.58.26        | Nivelles        | 2011        | L.Folie             | ULA         | 11.21.07        |
| 2012           | M.Lecart            | USBW        | 5.05.10        | Herve           | 2012        | C.Delbrugere        | CABW        | 11.38.23        |
| 2013           | H.Sensee            | ARCH        | 4.59.66        | Saint Mard      | 2013        | V.Demeyer           | DACM        | 10.53.68        |
| 2014           | C.Draux             | CABW        | 4.51.72        | Braine l'Alleud | 2014        | V.Demeyer           | DACM        | 10.33.69        |
| 2015           | M.Bovy              | WS          | 4.48.88        | Verviers        | 2015        | J.Weyrich           | BBS         | 12.12.33        |
| 2016           | M.Deswaef           | RCB         | 4.53.62        | Herve           | 2016        | K.Smith             | RCB         | 10.36.36        |
| 2017           | C.Brever            | HERV        | 5.05.55        | Bertrix         | 2017        | O.Weber             | CRAC        | 11.05.36        |
| 2018           | C.Hock              | FCHA        | 5.12.17        | Naimette        | 2018        | A.Kempeners         | CABW        | 11.12.70        |
| 2019           | S. Laloux           | CSDY        | 5.02.42        | Dampicourt      | 2019        | F. Delrez           | RFCL        | 11.58.18        |
| <b>100m H</b>  |                     |             |                | <b>400m H</b>   |             |                     |             |                 |
| 1995           | P.Raffay            | RFCL        | 15.26          | La Louvière     | 1995        | J.Larou             | ESC         | 43.97           |
| 1996           | L.Guillet           | ESC         | 15.51          | Dampicourt      | 1996        | AS.Buyse            | CABW        | 46.66           |
| 1997           | E.Davin             | DAMP        | 14.75          | La Louvière     | 1997        | S.Bancu             | BBS         | 45.00           |
| 1998           |                     |             |                | Jambes          | 1998        |                     |             |                 |
| 1999           | MC.Baudinet         | HERV        | 15.38          | Spa             | 1999        | S.Reniers           | CAS         | 72.42           |
| 2000           | A.Balthazart        | SMAC        | 15.32          | Spa             | 2000        | C.Guisset           | ROCA        | 64.71           |
| 2001           | A.Remacle           | SMAC        | 15.06          |                 | 2001        | K.Hendricks         | LACE        | 62.07           |
| 2002           | V.Bastin            | SER         | 15.23          | Spa             | 2002        | K.Hendricks         | LACE        | 64.09           |
| 2003           | T.Atterte           | SMAC        | 15.76          | Verviers        | 2003        | J.Mottet            | RFCL        | 67.59           |
| 2004           | C.Foucart           | SMAC        | 15.38          | Nivelles        | 2004        | P. Blanquet         | DS          | 66.02           |
| 2005           | C.Foucart           | SMAC        | 15.05          | Saint Mard      | 2005        | M.Rinchon           | CABW        | 69.02           |
| 2006           | L.Cincinatis        | CABW        | 15.29          | Verviers        | 2006        | S.Erard             | BBS         | 67.17           |
| <b>2007</b>    | <b>L.Cincinatis</b> | <b>CABW</b> | <b>13.74</b>   | Spa             | 2007        | E.Hupperertz        | MALM        | 69.05           |
| 2008           | E.Mouzon            | ESC         | 14.49          | Spa             | 2008        | C.Gilles            | CABW        | 67.11           |
| 2009           | C.Bolingo           | RCB         | 14.64          | Naimette        | 2009        | N.Altimari          | ATH         | 66.29           |
| 2010           | C.Bolingo           | RCB         | 14.16          | Herve           | 2010        | A.Leprince          | DAMP        | 65.05           |
| 2011           | L. Leprince         | DAMP        | 15.43          | Nivelles        | 2011        | A.Leprince          | DAMP        | 65.21           |
| 2012           | L. Leprince         | DAMP        | 14.10          | Herve           | 2012        | J.Badji             | RESC        | 68.52           |
| 2013           | S. Van Cauwenberghe | DS          | 13.95          | Saint Mard      | 2013        | C.Famenne           | CABW        | 67.02           |
| 2014           | L.Barthel           | BBS         | 14.45          | Braine l'Alleud | <b>2014</b> | <b>J.Brackman</b>   | <b>DAMP</b> | <b>63.10</b>    |
| 2015           | L.Barthel           | BBS         | 14.79          | Verviers        | 2015        | F.Savary            | CSDY        | 73.14           |
| 2016           | M.Schauwers         | RESC        | 14.38          | Herve           | 2016        | E.Henry             | SER         | 66.19           |
| 2017           | I.Masson            | FCHA        | 14.05          | Bertrix         | 2017        | A.Schaaf            | LACE        | 67.33           |
| 2018           | I.Masson            | FCHA        | 14.20w         | Naimette        | 2018        | F.Bruno             | OSGA        | 68.21           |
| 2019           | L. Talotti          | MOHA        | 14.28w         | Dampicourt      | 2019        | P. Schepens         | SPA         | 69.73           |
| <b>Hauteur</b> |                     |             |                | <b>Perche</b>   |             |                     |             |                 |
| 1995           | A.Gillardin         | DAMP        | 1m63           | La Louvière     | 1995        | G.Henkinbrant       | MOHA        | 2m70            |
| 1996           | A.Gillardin         | DAMP        | 1m59           | Dampicourt      | 1996        | G.Vanzeebroek       | ESC         | 2m90            |
| 1997           | A.Devaux            | JSMC        | 1m55           | La Louvière     | 1997        | M.Collin            | SMAC        | 2m71            |
| 1998           |                     |             |                | Jambes          | 1998        |                     |             |                 |
| 1999           | J.Marechal          | SMAC        | 1m56           | Spa             | 1999        | J.Maes              | SMAC        | 2m50            |
| 2000           | A.Balthazart        | SMAC        | 1m55           | Spa             | 2000        | A-F.Krier           | ULA         | 3m10            |
| 2001           | V.Adams             | MALM        | 1m68           |                 | 2001        | A.Leroy             | HERV        | 3m40            |

|      |                    |             |             |                 |      |                 |            |             |
|------|--------------------|-------------|-------------|-----------------|------|-----------------|------------|-------------|
| 2002 | A.-J.Locrel        | CABW        | 1m65        | Spa             | 2002 | M.Zitolo        | OSGA       | 2m90        |
| 2003 | A.-J.Locrel        | CABW        | 1m63        | Verviers        | 2003 | M.Zitolo        | DS         | 3m10        |
| 2004 | C.Dubois           | USTA        | 1m50        | Nivelles        | 2004 | A.L.Richard     | ULA        | 3m20        |
| 2005 | L.Kuffer           | ULA         | 1m61        | Saint Mard      | 2005 | G.Leterme       | CABW       | 3m40        |
| 2006 | A.Roquet           | HERV        | 1m65        | Verviers        | 2006 | C.Avril         | SMAC       | 2m60        |
| 2007 | T.Reisch           | LACE        | 1m63        | Spa             | 2007 | M.De Wergifosse | SMAC       | 2m40        |
| 2008 | J.Debaene          | CRAC        | 1m67        | Spa             | 2008 | L.Renier        | ACO        | 2m70        |
| 2009 | J.Debaene          | CRAC        | 1m65        | Naimette        | 2009 | L.Renier        | ACO        | 3m00        |
| 2010 | N.Thiam            | RFCL        | 1m61        | Herve           | 2010 | M. D Otreppe    | DAMP       | 3m11        |
| 2011 | M.Lepoutre         | USTA        | 1m56        | Nivelles        | 2011 | M.Quirin        | ACO        | 3m65        |
| 2012 | S.Bekisz           | HF          | 1m65        | Herve           | 2012 | <b>M.Quirin</b> | <b>ACO</b> | <b>3m80</b> |
| 2013 | S.Leonard          | FCHA        | 1m62        | Saint Mard      | 2013 | C.Van De Sype   | RESC       | 3m16        |
| 2014 | A.Mercenier        | HERV        | 1m65        | Braine l'Alleud | 2014 | C.Van De Sype   | RESC       | 3m00        |
| 2015 | <b>A.Mercenier</b> | <b>HERV</b> | <b>1m75</b> | Verviers        | 2015 | D.Jacob         | DAMP       | 3m62        |
| 2016 | E.Pardoms          | CABW        | 1m69        | Herve           | 2016 | D.Jacob         | DAMP       | 3m50        |
| 2017 | E.Pardoms          | CABW        | 1m69        | Bertrix         | 2017 | M.Jallow        | CSDY       | 2m90        |
| 2018 | I.Masson           | FCHA        | 1m67        | Naimette        | 2018 | C.Bloch         | SER        | 3m35        |
| 2019 | L. Braux           | DAMP        | 1m67        | Dampicourt      | 2019 | C. Bloch        | SER        | 3m10        |

### Longueur

|      |                 |            |             |                 |
|------|-----------------|------------|-------------|-----------------|
| 1995 | M.Massin        | USTA       | 5m41        | La Louvière     |
| 1996 | H.Gilson        | SER        | 5m54        | Dampicourt      |
| 1997 | <b>H.Gilson</b> | <b>SER</b> | <b>6m00</b> | La Louvière     |
| 1998 |                 |            |             | Jambes          |
| 1999 | A.Decock        | ESC        | 5m20        | Spa             |
| 2000 | A.Remacle       | SMAC       | 5m65        | Spa             |
| 2001 | A.Remacle       | SMAC       | 5m50        |                 |
| 2002 | S.Olivier       | DAMP       | 5m11        | Spa             |
| 2003 | S.Thelen        | HF         | 5m47        | Verviers        |
| 2004 | A.Boesmans      | HUY        | 4m85        | Nivelles        |
| 2005 | L.Diop          | CABW       | 5m04        | Saint Mard      |
| 2006 | A.Roquet        | HERV       | 5m50        | Verviers        |
| 2007 | F.Gustin        | FCHA       | 5m39        | Spa             |
| 2008 | F.Gustin        | FCHA       | 5m31        | Spa             |
| 2009 | G.Lambert       | RCB        | 5m28        | Naimette        |
| 2010 | H.Ramay         | CABW       | 5m15        | Herve           |
| 2011 | C.Laurant       | SPA        | 5m12        | Nivelles        |
| 2012 | M.Froidmont     | BBS        | 5m30        | Herve           |
| 2013 | C.Orcel         | CSF        | 5m32        | Saint Mard      |
| 2014 | G.Coulon        | CSDY       | 5m52        | Braine l'Alleud |
| 2015 | M.L.Cooper      | MOHA       | 5m69        | Verviers        |
| 2016 | A.Semenou       | CABW       | 5m29        | Herve           |
| 2017 | C.Evans         | HUY        | 5m42        | Bertrix         |
| 2018 | A.Bekisz        | HF         | 5m66w       | Naimette        |
| 2019 | A.Bekisz        | HF         | 5m59        | Dampicourt      |

### Triple

|      |                  |            |              |
|------|------------------|------------|--------------|
| 1995 | S.Denay          | BBS        | 11m19        |
| 1996 | A.Gascard        | CABW       | 11m55        |
| 1997 | C.Schklar        | SPA        | 11m11        |
| 1998 |                  |            |              |
| 1999 | A.Decock         | ESC        |              |
| 2000 | C.Kompany        | ESC        | 11m45        |
| 2001 | S.Olivier        | DAMP       | 11m17        |
| 2002 | S.Olivier        | DAMP       | 11m40        |
| 2003 | A.D'addario      | CSF        | 11m47        |
| 2004 | S. Adam          | DAMP       | 10m94        |
| 2005 | F.Matumona       | RFCL       | 11m48        |
| 2006 | J.Elias          | FCHA       | 10m32        |
| 2007 | A.Bouhy          | SPA        | 10m25        |
| 2008 | G.Lambert        | RCB        | 11m83        |
| 2009 | <b>G.Lambert</b> | <b>RCB</b> | <b>12m17</b> |
| 2010 | E.Pharao         | CSDY       | 10m41        |
| 2011 | K.Duvivier       | CABW       | 11m48        |
| 2012 | K.Duvivier       | CABW       | 12m05        |
| 2013 | Y.Collard        | SPA        | 10m00        |
| 2014 | C.Van De Sype    | RESC       | 10m71w       |
| 2015 | S.Onana*         | DAMP       | 10m82        |
| 2016 | A.Semenou        | CABW       | 10m72        |
| 2017 | G.Dheur          | IAAC       | 10m99        |
| 2018 | R.Ombeni*        | CSF        | 11m85w       |
| 2019 | L. Gilson        | RFCL       | 10m79        |

### Poids

|      |                  |            |              |             |
|------|------------------|------------|--------------|-------------|
| 1995 | D.Bee            | RSCA       | 13m37        | La Louvière |
| 1996 | <b>B.Olivier</b> | <b>CAF</b> | <b>14m52</b> | Dampicourt  |
| 1997 | S.Reynaerts      | ESC        | 12m05        | La Louvière |
| 1998 |                  |            |              | Jambes      |
| 1999 | I.Sustelo        | IXEL       | 11m91        | Spa         |
| 2000 | A.Lefevre        | DAMP       | 10m55        | Spa         |
| 2001 | A.Lefevre        | DAMP       | 10m95        |             |
| 2002 | V.Waelkens       | JSMC       | 9m66         | Spa         |
| 2003 | L.Willems        | HF         | 9m96         | Verviers    |
| 2004 | A. Stock         | HF         | 10m02        | Nivelles    |
| 2005 | S.Lejeune        | HERV       | 9m33         | Saint Mard  |
| 2006 | J.Ommenetti      | OSGA       | 9m44         | Verviers    |
| 2007 | A.Scimeca        | USBW       | 12m26        | Spa         |
| 2008 | E.Mouzon         | RESC       | 10m43        | Spa         |
| 2009 | M.Borbouse       | DAMP       | 10m78        | Naimette    |
| 2010 | M.Borbouse       | DAMP       | 10m76        | Herve       |
| 2011 | L.Josse          | ACLO       | 8m98         | Nivelles    |
| 2012 | M.Froidmont      | BBS        | 12m02        | Herve       |

### Disque

|      |                  |            |              |
|------|------------------|------------|--------------|
| 1995 | Scaramozzino     | MOHA       | 38m86        |
| 1996 | B.Olivier        | CAF        | 35m34        |
| 1997 | Vandenbrande     | ESC        | 35m60        |
| 1998 | A.Lefevre        | DAMP       | 28m75        |
| 1999 | I.Sustelo        | IXEL       | 40m55        |
| 2000 | <b>I.Sustelo</b> | <b>ESC</b> | <b>45m05</b> |
| 2001 | A.Lefevre        | DAMP       | 32m62        |
| 2002 | L.Willems        | HF         | 36m87        |
| 2003 | L.Willems        | HF         | 35m90        |
| 2004 | A.Lowy           | WS         | 32m91        |
| 2005 | S.Lejeune        | HERV       | 32m06        |
| 2006 | M.Barbieux       | DS         | 27m59        |
| 2007 | A.Scimeca        | USBW       | 39m45        |
| 2008 | A.Bouhy          | SPA        | 29m08        |
| 2009 | M.Borbouse       | DAMP       | 38m29        |
| 2010 | M.Borbouse       | DAMP       | 38m72        |
| 2011 | A.Fleury         | ACLE       | 32m83        |
| 2012 | L.Josse          | ACLO       | 35m08        |

|      |                   |      |       |                 |      |               |      |       |
|------|-------------------|------|-------|-----------------|------|---------------|------|-------|
| 2013 | C.Van De Sype     | RESC | 11m85 | Saint Mard      | 2013 | P.Ramay       | CABW | 35m74 |
| 2014 | M.Stavart         | CSDY | 11m84 | Braine l'Alleud | 2014 | L-M.Pletinckx | RCAS | 37m85 |
| 2015 | L.Baggio          | HUY  | 13m31 | Verviers        | 2015 | E.Dodrimont   | HF   | 39m94 |
| 2016 | E.Buschgens       | DAMP | 13m31 | Herve           | 2016 | E.Dodrimont   | HF   | 43m54 |
| 2017 | C.Dendal          | OSGA | 11m81 | Bertrix         | 2017 | C.Thomas      | BBS  | 30m03 |
| 2018 | C.Dendal          | OSGA | 12m03 | Naimette        | 2018 | L.Sclavont    | CABW | 35m20 |
| 2019 | A. Van Der Meulen | ATH  | 12m07 | Dampicourt      | 2019 | L. Sclavont   | CABW | 39m48 |

### Javelot

|             |                   |             |              |
|-------------|-------------------|-------------|--------------|
| 1995        | H.Toska           | RSCA        | 41m04        |
| 1996        | V.Delbrassine     | RISC        | 34m34        |
| 1997        | J.Williams        | CSF         | 37m94        |
| 1998        |                   |             |              |
| 1999        | J.Sools           | RFCL        | 37m29        |
| 2000        | K.Molders         | WS          | 33m72        |
| 2001        | K.Molders         | WS          | 37m16        |
| 2002        | V.Waelkens        | JSMC        | 31m05        |
| 2003        | I.Huybrechts      | ULA         | 33m28        |
| 2004        | A.Lowy            | WS          | 32m28        |
| 2005        | L.Kuffer          | ULA         | 30m76        |
| 2006        | M.Dubois          | SPA         | 32m09        |
| 2007        | C.Laurent         | DAMP        | 32m63        |
| 2008        | J.Piret           | CRAC        | 34m55        |
| 2009        | J.Piret           | CRAC        | 36m19        |
| 2010        | N.Thiam           | RFCL        | 36m39        |
| 2011        | A.Fleury          | ACLE        | 40m83        |
| 2012        | J.Bernard         | RFCL        | 32m67        |
| 2013        | C.Baltus          | HERV        | 33m37        |
| 2014        | M.Vissers         | WACO        | 37m52        |
| 2015        | P.Smal            | SMAC        | 42m45        |
| 2016        | E.Huque           | CSDY        | 31m16        |
| 2017        | E.Cassandra       | HUY         | 39m53        |
| <b>2018</b> | <b>K.Neirynck</b> | <b>OSGA</b> | <b>42m70</b> |
| 2019        | K. Iven           | RESC        | 36m42        |

### Marteau

|                   |             |                  |             |              |
|-------------------|-------------|------------------|-------------|--------------|
| La Louvière       | <b>1995</b> | <b>J.Petit</b>   | <b>RFCL</b> | <b>52m48</b> |
| Dampicourt        | 1996        | C.Verbist        | WS          | 29m48        |
| La Louvière       | 1997        | M.Senechal       | CABW        | 33m54        |
| Jambes            | 1998        |                  |             |              |
| Spa               | 1999        | S.Luyimi         | SMAC        | 34m14        |
| Spa               | 2000        |                  |             |              |
| Spa               | 2001        |                  |             |              |
| Spa               | 2002        |                  |             |              |
| Verviers          | 2003        | A.Stock          | HF          | 24m25        |
| Nivelles          | 2004        | A.Coosemans      | HUY         | 37m95        |
| Saint Mard        | 2005        | C.Despontin      | ARCH        | 42m92        |
| Verviers          | 2006        | S.Laurent        | DAMP        | 37m85        |
| Spa               | 2007        | J.Vanwaeyenberge | RFCL        | 22m85        |
| Spa               | 2008        | C.Speetjens      | MOHA        | 37m55        |
| Naimette          | 2009        | C.Speetjens      | MOHA        | 35m96        |
| Herve             | 2010        | S.Knauf          | LACE        | 19m87        |
| Nivelles          | 2011        | L.Camilotto      | MOHA        | 39m39        |
| Herve             | 2012        | L.Camilotto      | MOHA        | 52m32        |
| Saint Mard        | 2013        | P.Ramay          | CABW        | 48m62        |
| Braine l'Alleud   | 2014        | -                | -           | -            |
| Verviers/Nivelles | 2015        | -                | -           | -            |
| Herve             | 2016        | W.Moukrime       | HF          | 25m00        |
| Bertrix           | 2017        | -                |             |              |
| Naimette          | 2018        | E.Hofmann        | SER         | 42m44        |
| Dampicourt        | 2019        | E. Hofmann       | RFCL        | 37m33        |

### Heptathlon

|             |                  |             |                |
|-------------|------------------|-------------|----------------|
| 1995        |                  |             |                |
| 1996        | A.Gascard        | CABW        | 4054pts        |
| 1997        | M.Collin         | SMAC        | 3731pts        |
| 1998        | C.Dullier        | SPA         | 4409pts        |
| 1999        | C.Dullier        | SPA         | 4102pts        |
| 2000        | A.Remacle        | SMAC        | 4670pts        |
| 2001        | A.Remacle        | SMAC        | 4660pts        |
| 2002        | AJ.Locrel        | CABW        | 3836pts        |
| 2003        |                  |             |                |
| 2004        | S.Dethier        | HF          | 3806pts        |
| 2005        |                  |             |                |
| 2006        |                  |             |                |
| 2007        | W.Labeye         | HF          | 4850pts        |
| 2008        | W.Labeye         | HF          | 5021pts        |
| 2009        | S.Wuillaume      | RFCL        | 4737pts        |
| 2010        | N.Thiam          | RFCL        | 4941pts        |
| <b>2011</b> | <b>N.Thiam</b>   | <b>RFCL</b> | <b>5458pts</b> |
| 2012        | C.Laurant        | SPA         | 4387pts        |
| 2013        | M-A.Froidmont    | BBS         | 3990pts        |
| 2014        | S.Léonard        | FCHA        | 4323pts        |
| 2015        | M.Schauwers      | RESC        | 4525pts        |
| 2016        | S.Lallemand      | FCHA        | 4107pts        |
| 2017        | C.Evans          | HUY         | 4512pts        |
| 2018        | C.Evans          | HUY         | 4601pts        |
| 2019        | A.Van Der Meulen | ATH         | 4918pts        |

### 1500m/2000m steeple

|                       |             |                    |             |                |
|-----------------------|-------------|--------------------|-------------|----------------|
| La Louvière           | 1995        |                    |             |                |
|                       | 1996        |                    |             |                |
|                       | 1997        |                    |             |                |
| Namur                 | 1998        |                    |             |                |
| Bertrix               | 1999        |                    |             |                |
| Herentals             | 2000        |                    |             |                |
|                       | 2001        |                    |             |                |
| St Nicolas            | 2002        |                    |             |                |
| Herentals             | 2003        |                    |             |                |
| Verviers              | 2004        | A. Malengreau      | SMAC        | 8.26.83        |
| Saint Mard            | 2005        | C.Mahieu           | DAMP        | 7.16.64        |
| Herve                 | 2006        | S.Loosen           | RCB         | 9.24.45        |
| Beveren               | 2007        | P.Bertrand         | SPA         | 8.49.68        |
|                       | 2008        | E.Piroux           | ATH         | 8.29.22        |
|                       | 2009        | A.Etienne          | RFCL        | 7.56.88        |
| Liège                 | 2010        | A.Etienne          | RFCL        | 8.24.20        |
| Heuzden               | 2011        |                    |             |                |
| Verviers              | 2012        | M.Bossut           | ATH         | 5.38.32        |
| Bertrix               | 2013        | J.Castreman        | CABW        | 7.38.13        |
| Braine l'Alleud       | 2014        | -                  | -           | -              |
| Schaerbeek/Verviers   | 2015        | M.Sabbe            | HERV        | 7.35.38        |
| Bertrix/Herve         | <b>2016</b> | <b>M.Sieracki°</b> | <b>USTA</b> | <b>7.25.12</b> |
| Forest/Bertrix        | 2017        | M.Rompen           | HF          | 8.04.96        |
| Schaerbeek/Naimette   | 2018        | E.Dubie            | MOHA        | 7.49.46        |
| Schaerbeek/Dampicourt | 2019        | I. Mairy           | DAMP        | 9.03.09        |

### Heptathlon Junior

|      |          |      |         |
|------|----------|------|---------|
| 1995 |          |      |         |
| 1996 | P.Raffay | RFCL | 3609pts |



|             |                  |            |                |            |
|-------------|------------------|------------|----------------|------------|
| 1997        | A.gascard        | CABW       | 3870pts        | Namur      |
| 1998        |                  |            |                | Bertrix    |
| 1999        | C.Schklar        | SPA        | 4170pts        |            |
| 2000        | C.Dullier        | SPA        | 4574pts        | St Nicolas |
| 2001        |                  |            |                |            |
| 2002        | A.Vanhoye        | HF         | 3228pts        |            |
| 2003        |                  |            |                | Herentals  |
| 2004        | A.Risselin       | RCSC       | 3751pts        | Verviers   |
| 2005        |                  |            |                |            |
| 2006        |                  |            |                | Herve      |
| 2007        | C.Foucart        | SMAC       | 4170pts        | Beveren    |
| 2008        | P.Hostyn         | CABW       | 4131pts        |            |
| 2009        | no               |            |                |            |
| 2010        | S.Wuillaume      | RFCL       | 4421pts        | Liège      |
| 2011        |                  |            |                | Heuzden    |
| 2013        | C.Laurant        | SPA        | 4457pts        | Bertrix    |
| <b>2014</b> | <b>C.Laurant</b> | <b>SPA</b> | 4867pts        | Schaerbeek |
| 2015        | M.Stavart        | CSDY       | 3981pts        | Schaerbeek |
| 2016        | G.Coulon         | CSDY       | 4500pts        | Bertrix    |
| 2017        | M.Clamar         | HUY        | 2835pts        | Forest     |
| 2018        | E.Pardoms        | CABW       | 4059pts        | Schaerbeek |
| 2019        | C.Evans          | HUY        | <b>5125pts</b> | Schaerbeek |